FOR YOUR EYES ONLY

EDIT ALL HIGHLIGHTED PORTIONS and whatever else necessary in order to be truthful.

CLICK [HERE](https://www.vba.va.gov/pubs/forms/VBA-21-4138-ARE.pdf) TO DOWNLOAD THE OFFICIAL PERSONAL STATEMENT FORM 21-4138

<https://www.va.gov/find-forms/about-form-21-4138/>

**INTEL BRIEFING:** 38CFR states: “Rhinitis with polyps (growths) is rated at a **30 percent rating**.”

\*\*REMOVE THE COLORS ON YOUR FINAL DRAFT\*\*

--------------------------------------------------------------------------------------------------------------------------------------------DO NOT INCLUDE ANYTHING ABOVE THIS BREAK-------------------------------------------------------------------------------------------------------------------------------------------

To Whom It May Concern,

I am writing to provide a personal statement in support of my claim for allergic rhinitis related to my military service. During my time in the service, I was frequently exposed to environmental irritants and began to notice worsening respiratory symptoms that have persisted since my discharge. I was [DIAGNOSED IN SERVICE/ GULF WAR VETERAN / EXPERIENCED THE BURN PITS]

One of the most prominent and concerning developments has been the presence of nasal polyps, which I recently had confirmed by an ENT specialist. The presence of these polyps has made breathing through my nose significantly more difficult and has contributed to several infections. My doctor has informed me that these polyps are consistent with severe allergic rhinitis.

Additionally, the constant nasal congestion, frequent runny nose, and postnasal drip have deeply impacted my daily life. Simple tasks, like sleeping and speaking, have become challenges. The itchiness and sneezing fits are not just uncomfortable but also disruptive.

In conclusion, my symptoms of allergic rhinitis, especially the presence of nasal polyps, have significantly impacted my daily life. I believe these issues are directly related to my time in the service, and I respectfully request that they be considered in my claim for compensation.

Thank you for your attention to this matter.

Sincerely,

[YOUR FULL NAME]