6. . A mass on a frictionless surface is attached to a spring. The spring is compressed from its equilibrium position, B, to point A, a distance x from B. Point C is also a distance x from B, but in the opposite direction. When the mass is released and allowed to oscillated freely, at what point or points is its velocity maximized?  (A) A (B) B (C) C (D) Both A and C (E) Both A and B