# TOQEER AHMAD

# Laboratory Technician | Specimen Analysis

#### **EXPERIENCE**

# Chief Executive Officer & Lab Technician

#### Doctor's Lab

- 🗰 05/2020 Present
- Havelian
- Oversaw daily laboratory operations, ensuring efficient workflow and highquality standards.
- · Conducted routine and specialized tests to diagnose and monitor patient health
- Maintained and calibrated laboratory equipment to ensure accurate test results.
- · Implemented safety protocols and standard operating procedures to maintain a safe work environment.
- · Managed inventory, ordered lab supplies, and monitored usage to reduce waste and costs.
- Developed and delivered training programs for new laboratory technicians, ensuring they understood lab procedures and safety protocols.
- · Evaluated employee performance, provided feedback, and supported professional development.
- · Collaborated with medical professionals to interpret test results and provide accurate patient diagnoses.
- Developed strategies to enhance lab services, improve patient care, and increase operational efficiency.

# Lab Technician

#### Health Care Lab

- **=** 02/2018 05/2020
- Pakista

- · Conducted routine and specialized laboratory tests to diagnose various health conditions.
- Ensured proper sample handling, labeling, and storage to maintain specimen integrity.
- · Assisted in maintaining lab equipment, performing regular checks and calibrations.
- Followed established protocols and safety procedures to ensure a safe working environment.
- · Recorded and analyzed test results, preparing reports for review by senior lab personnel and physicians.
- · Collaborated with healthcare teams to provide accurate and timely diagnostic information.

# Lab Assistant

# BENAZIR BHUTTO SHAHEED (DHQ) TEACHING HOSPITAL

- · Conducted various diagnostic tests in a hospital laboratory setting, supporting patient care.
- · Assisted in training new lab staff and students, sharing knowledge of lab techniques and safety standards.
- Worked closely with hospital staff to provide accurate and efficient laboratory services.
- Maintained detailed records of lab activities, test results, and equipment maintenance.
- Ensured compliance with hospital protocols and standards to maintain highquality patient care.

# **EDUCATION**

# Diploma in Pathology

Faculty of Paramedical & Allied Health Sciences

**m** 08/2019

Peshawar

#### Intermediate

Al-Argam Academy of Excellence

**=** 04/2014 - 04/2016

Havelian

# Matriculation

Government High School II

**=** 04/2011 - 03/2013

Havelian

#### SUMMARY

Passionate Lab Technician with 3+ years' experience in clinical lab settings. Expert in conducting specimen testing and quality control with a proven track record of improving sample throughput. Excels in delivering accurate results in fast-paced environments.

### **SKILLS**

Specimen Analysis Quality Assurance

Lab Equipment Maintenance Word

Communication Problem Solving Sampling

Diagnostic Testing Excel

Community Service Chemistry

Healthcare Collaboration Management

Training and Development Leadership

# **VOLUNTEERING**

#### **Blood Donor**

### Various Locations

- · Donated blood regularly to help save lives and support community health initiatives.
- · Participated in blood donation drives organized by local hospitals and charities.
- Provided blood donations specifically for thalassemia patients and other individuals in need of regular transfusions.

# Flood Relief Volunteer

# Flood Relief Efforts

- Assisted in providing essential supplies, medical aid, and support to individuals affected by flooding.
- Worked with local organizations to distribute food, clothing, and medical supplies to flood victims.
- Helped coordinate relief efforts, ensuring efficient allocation of resources and aid to those in need.

# COURSES

# Office Automation Course

International Education Academy

# REFERENCES

Will be provided on demand.

# LANGUAGES

English

Urdu Native ••••

Intermediate ••••