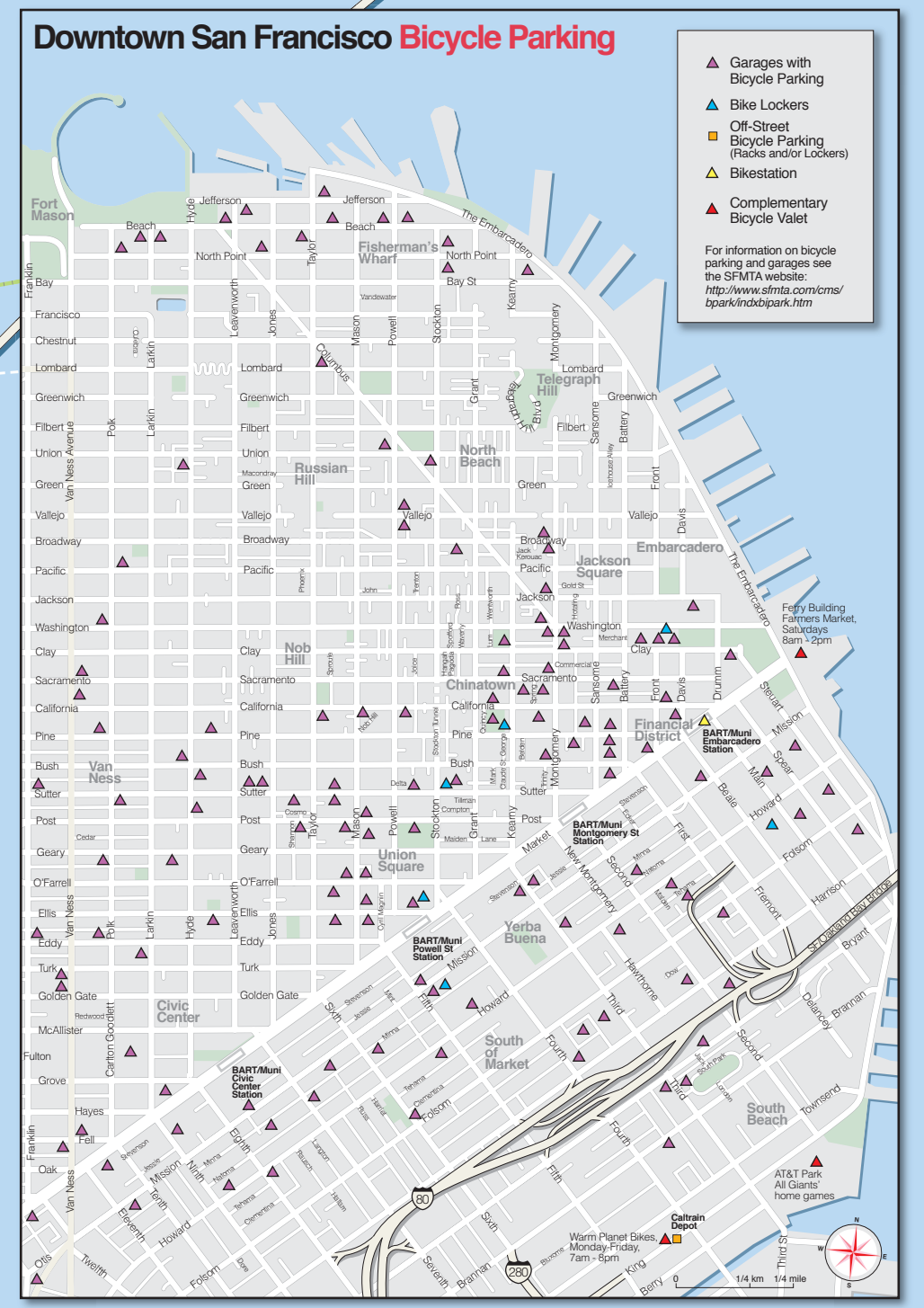


San Francisco Bike Map & Walking Guide

Pacific Coast Bicycle Route
Route 1 is the San Francisco portion of the Pacific Coast Bicycle Route along the Pacific Coast from Oregon to Mexico.
Golden Gate Bridge
Bicycle access 24 hours.
East side path:
Weekdays 6:30 am - 3:30 pm
West side path:
Weekdays, weekends and holidays 3:30 pm - 6:30 pm
No pedestrians allowed on west sidepath at any time
See reverse for detailed Presidio Map



Detail of the Duboce Bikeway Mural, drawn by Mona Caron and coordinated by Joel Pomerantz.



- Bike Path** (dedicated off-street - usually paved - bike path)
 - Bike Lane** (dedicated bike lane on roadway edge)
 - Bike Route** (bikes & cars share the same - often narrow - roadway)
 - Arrows indicate travel in one direction**
 - Hiking/Walking Trails**
 - San Francisco Bay Trail**
 - Stairways**
- Bicycle Shops**
- San Francisco bicycle shops which sell new and/or used bicycles. Most bicycle shops provide repairs as well as spare parts.
 - San Francisco bicycle shops which also rent bicycles
 - San Francisco bicycle shops which ONLY rent bicycles
 - Bicycle Parking (Racks & Lockers)
- Vista Points**
- BART line and stations
 - Caltrain line and stations
 - Cable Car line
 - Gate (most allow bicycles through)
 - Contours (50 ft intervals)
- Street Grades**
The grades of all San Francisco streets are color coded on this map according to their slope. The darker the color, the steeper the slope. If an easy route is desired, avoid the red. If you desire a more challenging and varied route, the steeper terrain is clearly indicated.
- Street grade 0-5%
 - Street grade 5-10%
 - Street grade 10-18%
 - Street grade over 18%

How to use the San Francisco Bike Map & Walking Guide
This map and guide is designed to help you choose biking, walking, and even running routes to get around in San Francisco on the least hilly terrain.
Numbered routes shown on the map are the Official San Francisco Bike Routes, and generally avoid steep hills and heavy traffic. Bike paths, bike lane, and shared roadway designations (see legend) are designed to help you choose a route appropriate to your skill, familiarity with the City, and destination.
Non-numbered routes (paths, lanes and shared roadway/wide curb lanes) are popular alternatives to the Official Routes. Always use caution when bicycling anywhere in San Francisco.

Understanding the Official San Francisco Bike Route System

Numbered bike routes are part of the Official San Francisco City Bike Route System.
Even numbers indicate east-west routes.
Odd numbers indicate north-south routes.
3-digit numbers indicate connector routes.

Street signs with a green bridge icon indicate local routes.
Street signs with a red bridge icon indicate cross-town routes.
Look for detour signs for alternate routes during construction.