

义务教育教科书



英语

四年级
上册



Unit 1

Helping at home

What do family do together?



In this unit, you will



talk about jobs and how to help at home.



name jobs and describe family activities.



read and discover different ways to help your family.



read, write and say words with "ch".



Look and think

- How do these children help at home?
- How do you help at home?

Listen and chant

Can you help?

Yes, I can. I can clean my room.

Can she help?

Yes, she can. She can do some chores.

Can he help?

Yes, he can. He can sweep the floor.

Can we help?

Yes, we can. That's for sure.

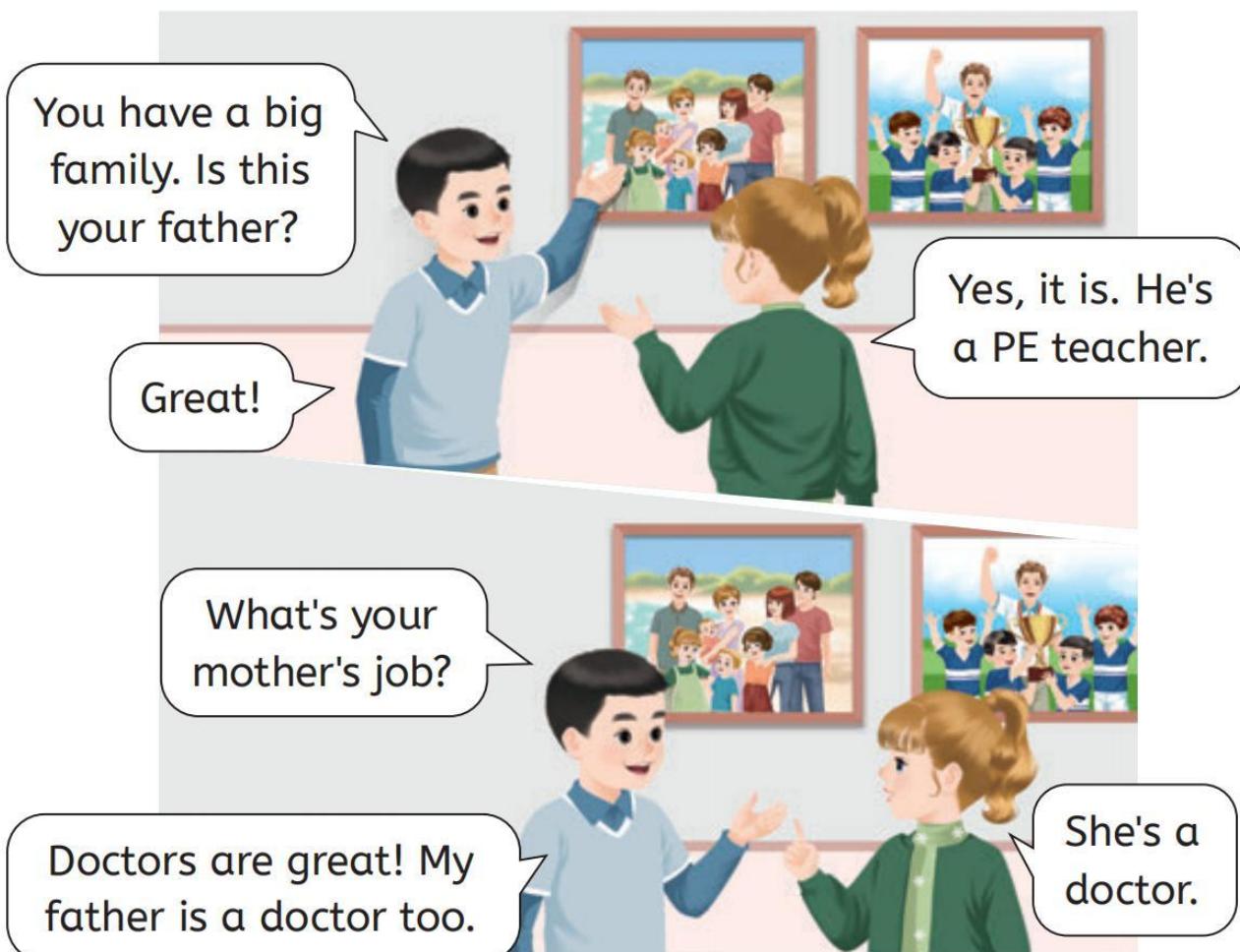
Listen and sing

Helping at home

A

How are families different?

Let's talk



Draw and say



Let's learn

They are helpful!



farmer



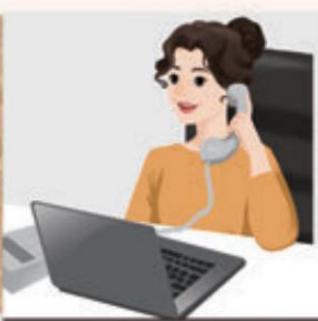
nurse



doctor



office worker



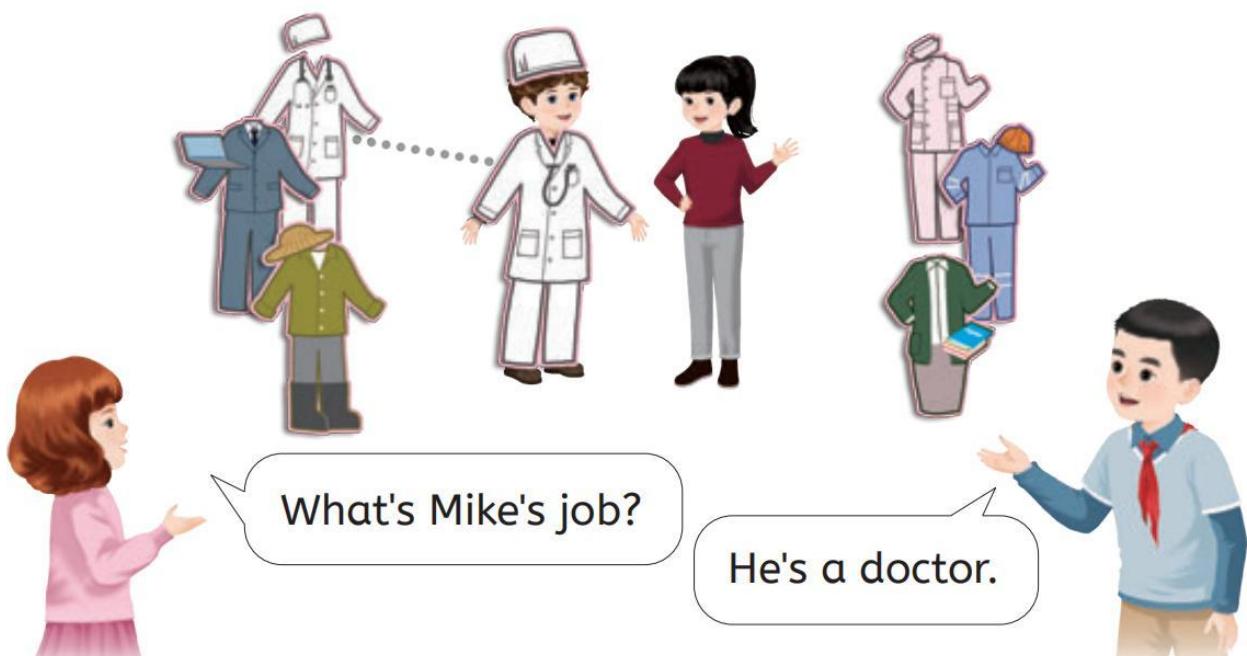
factory worker



What's your
father's job?

He's a factory worker.

Match and say





Let's spell

- Listen and repeat. Then read the story aloud. 🎧

ch



My grandpa teaches Chinese.



He makes great chairs.



My grandma makes good lunches.



She makes amazing peach buns.

- Read, listen and circle. 🎧

lunch
much

China
Chinese

chair
child

kitchen
teacher

- Look, listen and write. 🎧

My grandpa is a Chinese_____.

Peaches are lucky in_____.





How can we help our family?

Let's talk

Mum and Dad are busy and tired. What can we do for them?

We can do some chores.



I can cook.

I can clean the room.

We can also make a gift!

Discuss and make a list

- sing
- do some chores
- ...



- clean the room
- draw a picture
- ...

The Double Ninth Festival is coming. What can we do for our grandparents?

I can ...



Let's learn

Be happy together



I look after my sister. We sweep the floor.



We cook together.

We have fun.

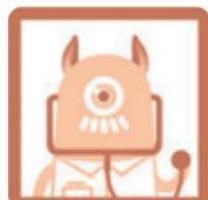
I have a happy family. We often cook together and ...



Listen and chant

I have a happy family.
Father, mother and me.
My father is a doctor.
My mother is a teacher.
We have fun together.

Mum and Dad are busy.
I sweep the floor so easily.
I look after my doggy.
I cook for my family.
We are a happy family.



Read and write

Read and tick.

Mum,
You are a great
nurse. You help
many people. I can
help you at home!

Xiao Lin



I'm helpful!

Xiao Lin,
You are still
a child. What
can you do?

Mum



Mum,
I am a big boy now. I
can sweep the floor.
I can cook. I can look
after Sally too!

Xiao Lin



Choose and write.

What's the mother's job? She is a _____.

What can the boy do? He can _____ the floor.

He can _____. He can _____ his sister.

doctor factory worker farmer nurse office worker
cook have fun look after sweep

How can you help your family?



I can _____ and _____.



Project: Make a poster of a happy home

- 1 What do Chen Jie's parents do? Listen, choose and match. 🎧

What is the job of Chen Jie's father?



What is the job of Chen Jie's mother?



doctor

factory worker

farmer

office worker

- 2 What do you do with your family? Do a survey.

Name	Activity							
	Talk	Sing	Cook	Eat	Sweep the floor	Look after my brother/sister	...	



What do you do with your family?



I often ...

3 Make a poster of your home.

Happy home

(photo)

My mother is a/an _____.
We often _____ together.

(photo)

My father is a/an _____.
We often _____ together.

(photo)

I have a _____.
I can look after _____.

(photo)

4 Share your poster in class.



I have a happy family. My mother is a/an ...
We often ... together. My father is a/an ...

Self-assessment



1. I can ask what jobs people do.
2. I can say what I do with my family.
3. I can suggest ways to help my family.
4. I can sound out words with "ch" to spell them.

Reading time

1

My mum has magic hands. She is a good writer. She writes a lot of good books.



Mum is also a great cook.

She can cook great food for us!



This dish has some apples, oranges, tomatoes and broccoli.



This is a cute rice rabbit. Yummy!

Mum is very busy.

We can help her
at home.



We want to make this.

But now we have this!



8

Mum is still
happy! She's a
great mum!



**Family members can have different
jobs. They do many things together.
They help and look after each other.**

Unit 2

My friends

What makes your friends special?



In this unit, you will

- talk about friends and what they do together.
- describe people and activities friends do together.
- read and compare information about two friends.
- read, write and say words with "sh".



Look and think

- How are these children different?
- How special are your friends?

Listen and chant

Some friends are short.
Some friends are tall.
My friends are special.
I love them all.

Some friends' hair is short.
Some friends' hair is long.
My friends are great.
We all get along.

Listen and sing

My friends

A

Who are your friends?

Let's talk

Mum, I have a new friend.



His name is Zhang Peng.

Really? What's your friend's name?

Look! He's tall and strong.

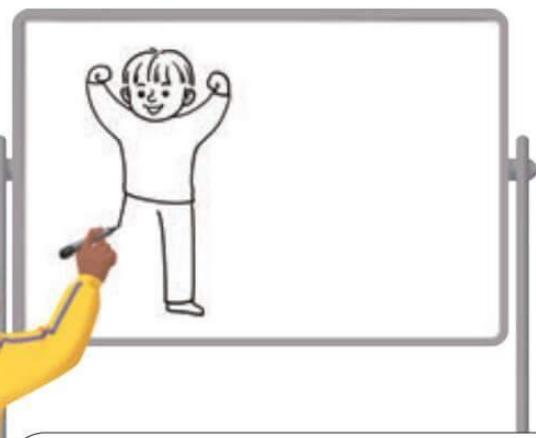


Yes. He's also kind. He often helps me.

He has nice short hair too.

Say and draw

He's tall and strong.
He has short hair.



Let me see. He's tall and strong.
I know! It's Zhang Peng.

Let's learn

tall and strong

kind long hair

short hair

short and thin

quiet

I have a friend.
She has long hair and ...

Her name is Sarah.

Who is she?

Listen and chant



Tim is my friend.
He's a good, good boy.
He's tall and thin.
He's a good, good boy.

Lily is my friend.
She's a good, good girl.
She's quiet and kind.
She's a good, good girl.



Let's spell

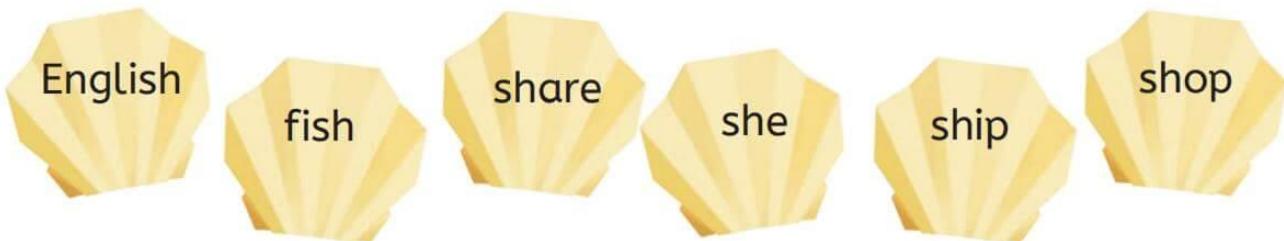
- Listen and repeat. Then read the story aloud. 🎧



sh



- Read, listen and number. 🎧



- Look, listen and write. 🎧

True friends _____. Tall or _____,
strong or not, they help each other.



B

How do we choose our friends?

Let's talk



Talk about your best friend



Who's your best friend?



Liu Jia. She's tall and ... She has long hair. She often ...

Let's learn

Who's your best friend?



Zhang Peng.
He often reads books with me.



He **reads** books with me.



He **helps** me with Chinese.



We **play games** together.



We **play football** together.

Look, choose and say

I like my friend. My friend **likes** me.



I **read** books.

My friend **read/reads** books with me.



I **play** games.

My friend **play/plays** games with me.



I **play** football.

My friend **play/plays** football with me.



I **help** my friend with Chinese.

My friend **help/helps** me with English.



Read and write

Read and compare.

My best friend

Liu Jia is tall. She has long hair. She often reads books with me. We both like animal books and often share. She likes *weiqi*, but I like ball games. I often play football and basketball. But we are still best friends. She is kind. And she always makes me smile!



Put the numbers in the correct places.



5



6

1. kind
2. like animal books
3. like *weiqi*
4. long hair
5. make others smile
6. play football and basketball
7. read books
8. share
9. tall

Choose and write.



Liu Jia is _____. She has _____ hair.

She often _____.

kind long short strong tall
helps me with ... plays football plays games reads books



What about your best friend?

_____ is _____. He/She has _____ hair.

He/She often _____.



Project: Make a book about your friend

- 1 Who are the children in the picture? Listen and circle Mike's best friend.



- 2 Choose a friend. Then write and talk.

He/She is ... short <hr/> <hr/> <hr/>	He/She has ... _____ hair _____ eyes <hr/> <hr/> <hr/>	He/She often ... plays games reads books <hr/> <hr/> <hr/>
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I have a friend. He's/She's ... He/She often ...

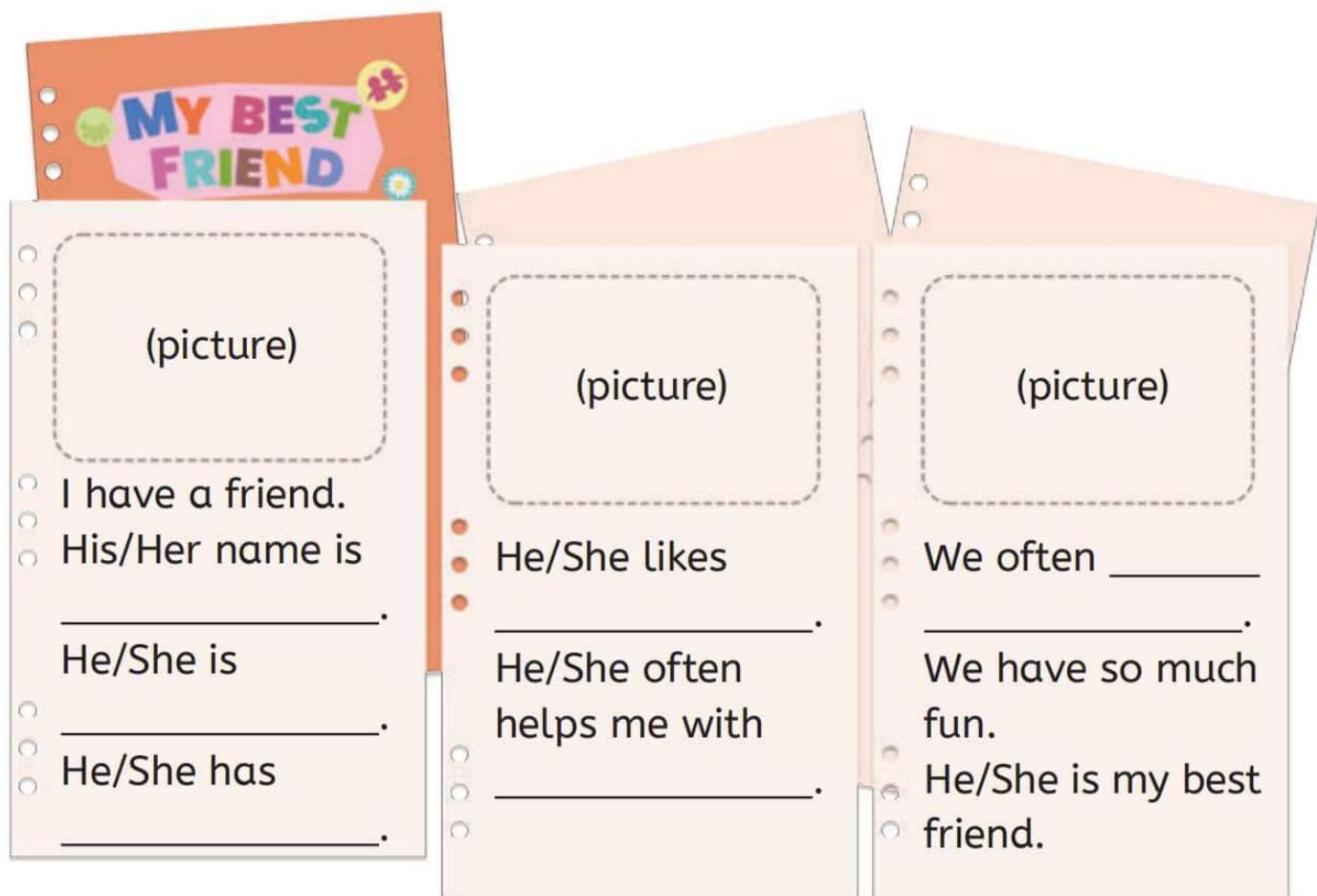


What's his/her name?



His/Her name is ...

3 Make a book about your friend.



4 Share your book in class.

I have a friend. Her name is ... She ...



Self-assessment



1. I can describe my friends.
2. I can tell people what I do with my friends.
3. I can explain why someone is my friend.
4. I can sound out words with "sh" to spell them.

Reading time

Tell me about your good friend.

Oh, he's great.

What does he look like?

He has small eyes and very big ears.

He has short legs, but his body
is very long.

What do you do together?



He likes the park very much. We often play games together.

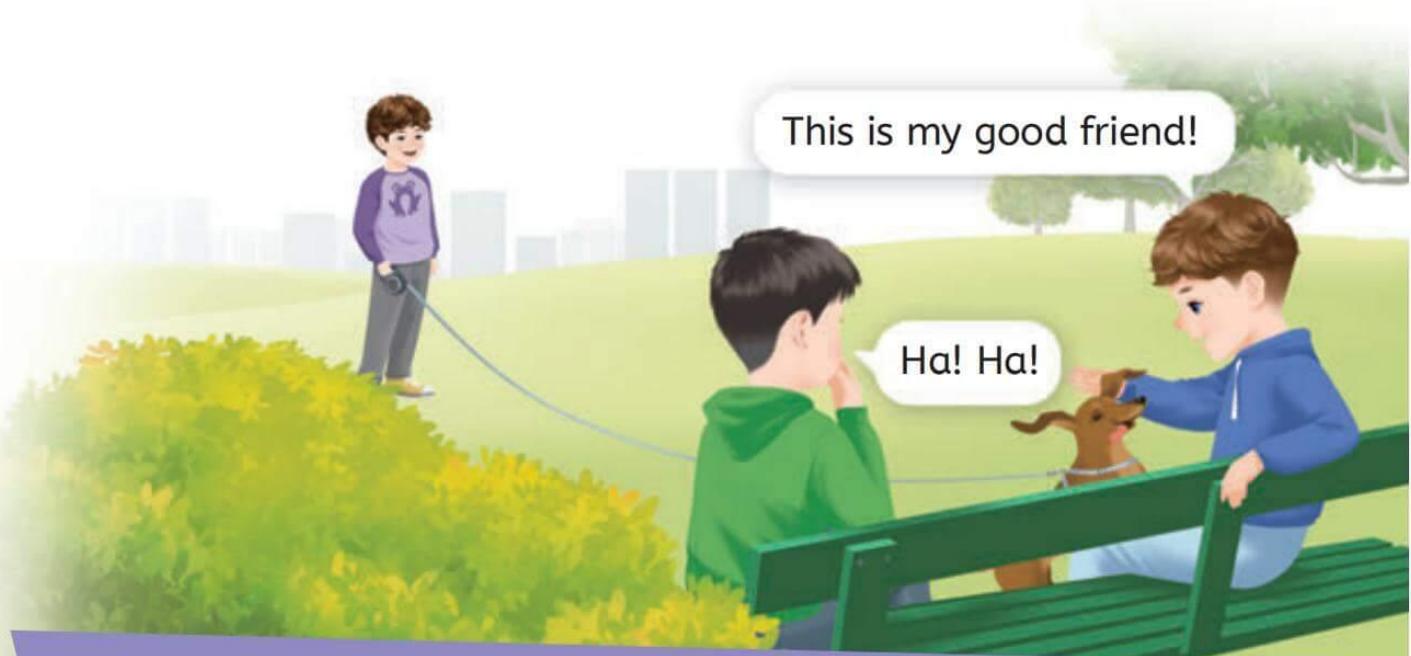
Can I meet your friend?



Sure. Look! Here he comes.

This is my good friend!

Ha! Ha!



We like different friends for different reasons.
And we always help each other.

Unit 3

Places we live in

What makes a community?



In this unit, you will

- introduce places and activities in a community.
- name places and describe activities people do in a community.
- read and discover why a museum is someone's favourite place.
- read, write and say words with "ck".



Look and think

- What is this place?
- What do people do here?

Listen and chant

What makes a community?
The animals or the families?
The park or the hospital?
The playground or the school?
We all make our community!
It's a place for us all!

Listen and sing

We love our community!

A

What can we see in a community?

Let's talk

Good afternoon!

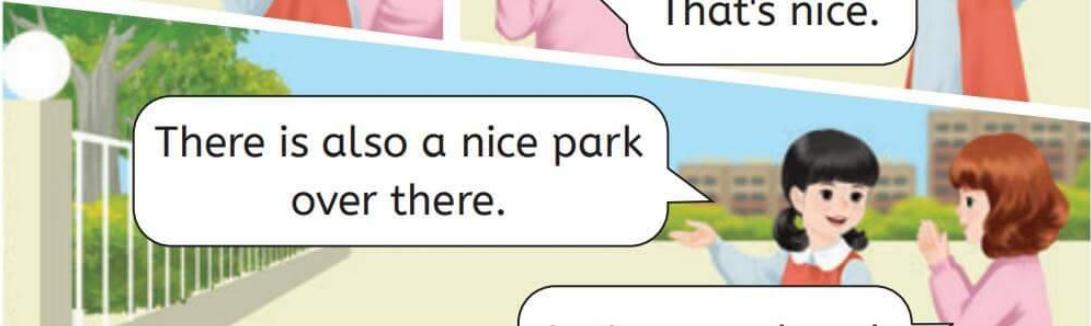


Your neighbours are very friendly.

Yes, they are. There is a playground. We all play there.

Good afternoon!

That's nice.



There is also a nice park over there.

Let's go and see!

Draw and say

There is a park in your community.

I often play there with my friends.



Let's learn



Choose, stick and say



There is a hospital.



There is also a playground.



Let's spell

- Listen, repeat and chant.

ck

Some ducks are in the park.

The poor ducklings feel cold there.

Some nice children go back home,

And get black socks for them to wear.



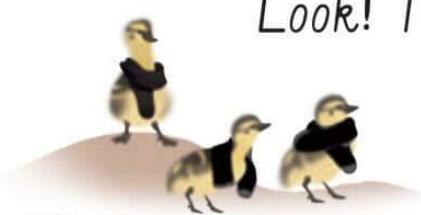
- Read, listen and tick.



- Look, listen and write.

These _____ are so cute.

Look! They have _____ socks.



B What do people do in a community?

Let's talk



This is a library.

Wow! There are so many books.

There is a Taiji club.



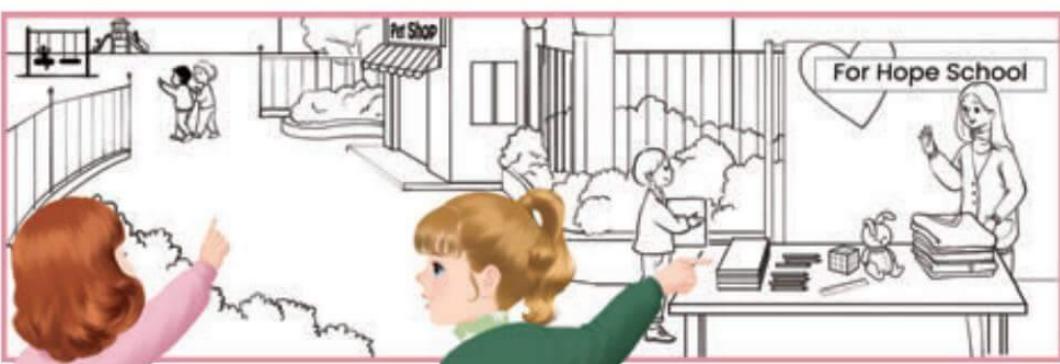
There is a gym too.

There are many people.

Great! Let's do some sports.



Look and say



There **is** a playground.

There **are** books, pencils and clothes.

Let's learn

The community and us



go shopping



take a walk



do sports



see a doctor



There is a playground in my community. I often do sports there.

Listen and do

There is a beautiful park. I often take a walk there.

There is a playground. I do sports there.

There is a shop. I go shopping there.

There is a hospital. I see a doctor there.



● Read and write

● Read and tick. 🎧



My favourite place in my community is the museum. There are many old things and photos. I can read stories about them. I can "hear" them too! There is a nice shop. People buy gifts and books there. The museum is in a nice park. We often play in the park. I love that museum!



Tick the reasons why the writer likes the museum.

- There are old things and photos.
- He can "hear" the old things.
- There is a nice shop.
- He can do sports.

● Look, choose and write.



There is a _____. We _____ there.

hospital park playground shop
do sports go shopping see a doctor take a walk



Write about a place in your community.

There is a _____. I often _____ there.



Project: Make a dream community model

- 1 Binbin and Amy are talking about their dream communities. Listen, tick and match.



bus stop hospital park playground school shop

- 2 What do you need in your dream community?
Discuss and draw.

We need a shop in our
dream community. People
can go shopping there.

We need a playground.
Children can have fun
there.



3 Make a model of your dream community.



4 Present your community model in class.

This is my dream community.
There is ... People often ...
There are ... People often ...



Self-assessment



1. I can tell people about places in my community.
2. I can say what people do in my community.
3. I can explain why I like a place in my community.
4. I can sound out words with "ck" to spell them.

Reading time

Hi! I'm Peter. My family moved to a community in Chengdu. This is my video diary.



Hi! I'm Xiao Lin.
What's your name?

00:05:08

Hi! I'm Peter. I'm from London. It's my first day here.

Nice to meet you!
You're a good player.

Thanks. You too.

Would you like some vegetables?

Yes, please.

Thanks, Xiao Lin.



There are nice people and great places here. I love Chengdu! Bye for now!



The people, the places, and what we do are all important to our community. We can enjoy our lives there.

Unit 4

Helping in the community

How can we help our community?

In this unit, you will

-  talk about different jobs and ways to help in a community.
-  name jobs and describe volunteer work.
-  read and discover how young people can help their community.
-  read, write and say words with "ph".



Look and think

- What are the people doing?
- What jobs are important in a community?

Listen and chant

What do people do,
To help the community?
Some wash the windows.
Some help others cross the street.

What can you do,
To help your community?
I can sing for old people,
Or tell stories for kids!

Listen and sing

Helping in the community

A

What jobs does a community need?

Let's talk

Look!
Firefighters!

Our neighbour is a firefighter. He often helps people.

Yes, he's a very nice man.



Liu Jia's father is also very nice.

Why?

He's a school bus driver. He takes us to school every day.

That's an important job too!



Share and say



(photo)



He's a cleaner.
He cleans the community.



She's a nurse.
She helps people.

Let's learn



Match, act and guess

bus driver



cleaner



cook



police officer



delivery worker



You're a cleaner.

Let's spell

- Listen, repeat and chant. 🎵



ph

Philip has a phone.

He takes photos with his phone.

This is a photo of some elephants.

It's a photo from his phone!

- Read, listen and number. 🎵

elephant

Philip

phone

photo

- Look, listen and write. 🎵

There are some _____.

There are three _____ in the photo.



B

How can young people help their community?

Let's talk



Look! Those students
are so busy!

Chen Jie is
making the bed.



Here is Zhang Peng. He's
singing old songs.

Binbin and John are
telling funny stories.
Everyone is so happy!

Look and say

What are the students doing for their community?



Look! Some students are cleaning the
room in an old people's home. Some ...

Let's learn



She is **making** the bed.



He is **singing** old songs.



He is **telling** a funny story.



They are **cleaning** the room.



We're in an old people's home.
I'm making the bed.

Make fun sentences

A cook

is singing

at the bus stop.

A police officer

is cooking

for the children.

A cleaner

is making the bed

in the old people's home.

...

is telling a story

in the park.

...

...



A cook ...



... is cooking ...



... in the park.

Read and write

Read and match. 🎧

We are community volunteers. We often help children and old people.

In the kindergarten, John and Class One are singing songs together. Zhang Peng is telling stories to Class Two.

In the old people's home, Chen Jie is making the bed. Amy is drawing a picture of Mrs Xu. They are all happy.

We love the people here. We love our community.



Amy
Chen Jie
Zhang Peng
John and Class One

is
are

singing songs.
telling stories.
making the bed.
drawing a picture.

Look, choose and write.

John is _____ with Class One.

bus driver cleaner cook teacher
cleaning the room helping others singing songs telling stories



Choose a picture and complete the sentences.



He/She is a _____. 



He/She is _____ now.

C

Project: Make a poster of your school helpers

- 1 What jobs do you see? Listen, tick and match. 



cleaner cook delivery worker doctor driver police officer teacher

- 2 These four people do important jobs. Read and choose.



()



()



()



()

- A. Liu Jia's father takes us to school every day. Look! He is driving our school bus.
- B. Mrs Lin often helps us. She is helping some students cross the road right now.
- C. Mr Zhang cleans our school. Look! He is cleaning the playground now.
- D. Mrs Lu cooks nice food. She is cooking our lunch now.

3 Make your poster.

SCHOOL Workers & Helpers



Mr Zhang is a cleaner. _____ is a/an _____. _____ is a/an _____.
He cleans our school. He/She _____. He/She _____.
Look! He is cleaning the playground now. Look! He/She is _____. Look! He/She is _____.
the playground now. _____ now. _____ now.

4 Share your poster in class.



Our school needs many helpers. Mr Zhang is a cleaner. He cleans our school. He's ...

Self-assessment



1. I can describe people in my community and their jobs.
2. I can describe how people help in a community.
3. I can share how young people can help in their community.
4. I can sound out words with "ph" to spell them.

Reading time



Hello, boys and girls! Let's talk about safety in our community.



There is a big lake in the park.



My family often take a walk there.

That's nice! But don't swim there. It's not safe.

Yes, sir!

3

What's wrong here?

The light is red! But they're crossing the road.



Right! Don't cross at a red light!

4



5



We need many different jobs in our community.
We can all work together to make it a better place.

Unit 5

The weather and us

How does the weather affect people's lives?



In this unit, you will

-  talk about the weather and activities in different weather.
-  describe the weather and indoor and outdoor activities.
-  read and find key information about a trip to Sydney.
-  read, write and say words with "th".



Look and think

- What's the weather like in the picture?
- What can you do in this weather?

Listen and chant

It's sunny today.
I do sports and I play.
It's windy today.
I fly a kite and I play.

It's snowy today.
I make a snowman and I play.
It's rainy today.
I stay at home and I wait.

Listen and sing

The weather and us

A

How can the weather be different?

Let's talk

Hello! Mark speaking.



Hi, Mark! This is John. What's the weather like in Sydney?

Well, it's quite sunny today.



Is it hot?

No, it isn't. It's 21 degrees.

That's not too bad. It's only two degrees in Beijing.



Wow! It's cold!

Look and say



Beijing



London



Toronto



Sydney



Singapore



Moscow

What's the weather like in Beijing?



It's cool and sunny.



Let's learn

sunny	windy	cloudy	rainy	snowy
18°C	23°C	32°C	6°C	-6°C
cool	warm	hot	cold	cold

What's the weather like in Beijing tomorrow?

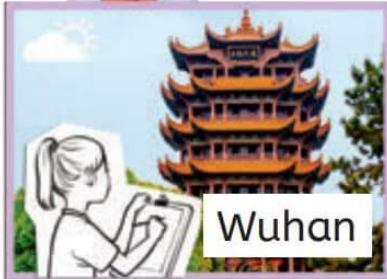
How about Sydney?

It's cool and sunny.

It's warm and windy.

Look, ask and answer

What's the weather like in Harbin?



It's cold and snowy. The boy is having fun in the snow.

Let's spell

- Listen and repeat. Then read the story aloud. 🎧

th



It's warm again.
I'm **thirsty** and hungry.



Good to see you!
You are so **thin** now.



These gifts are for you.



Thanks. They're my
favourite!

- Read, listen and circle. 🎧

thank

think

these

they

there

three

them

thin

- Look, listen and write. 🎧

Mum, you're very ____ now. ____ you, my dear!



B

What do we do in different weather?

Let's talk



Choose and say

warm and sunny

warm and windy



cold and rainy

cold and windy



hot and sunny

...

It's cold and rainy.

cold and rainy



Let's learn



play basketball



fly a kite



see a film



make a snowman



On sunny days, we can play basketball.



On snowy days, we can make a snowman.

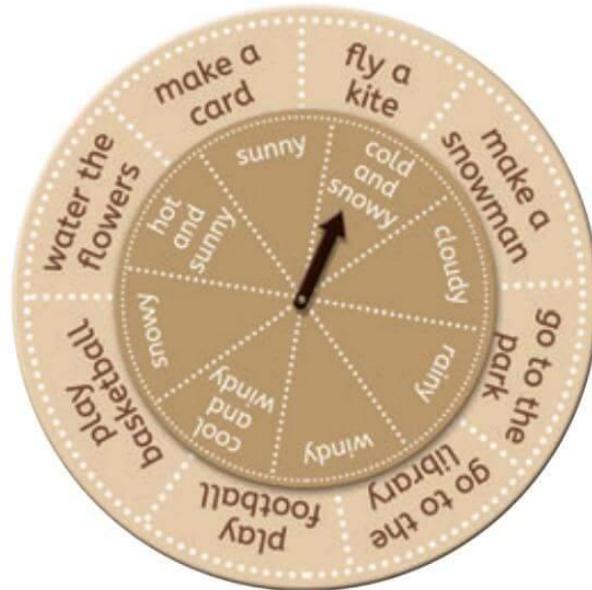
Play a wheel game

It's cold and snowy.

We can't fly a kite.
What can we do?



We can ...





Read and write



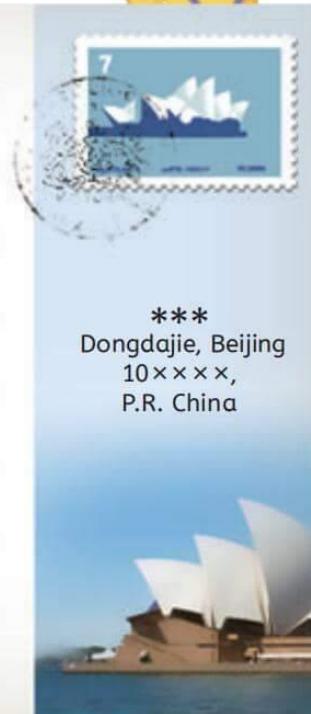
Read and answer. 🎧

Hi John,

How are you? I'm in a big park in Sydney today. It's hot and sunny here. It's fun to go to the park with my new friends. We play basketball together. Their children swim in the pool. How about you? Is it cold and windy in Beijing? Can you fly your kite?

Miss you!

Dad



1. What's the weather like in Sydney?

2. What can John's father do there?



Choose and write.

POSTCARD

Hi, Dad!

I'm doing fine in Beijing.

It's _____ here. I can _____



Carl Baker
*** Bridge St.
Sydney NSW 2000
Australia

cloudy rainy snowy sunny windy
fly a kite make a snowman play basketball read books see a film



Project: Make a bad weather reminder

- 1 Sort the weather from good to bad. Then listen and circle. 🎧

A

B

C

D

E

F

G

H

Good

B

A C

E

Bad

Weather



- 2 What can you do in different weather? Think, write and say.



Good weather

Bad weather

It is ...

We can ...

There is ...

We can't ...

cool and cloudy

strong wind

warm and windy

heavy rain

cold and snowy

heavy snow

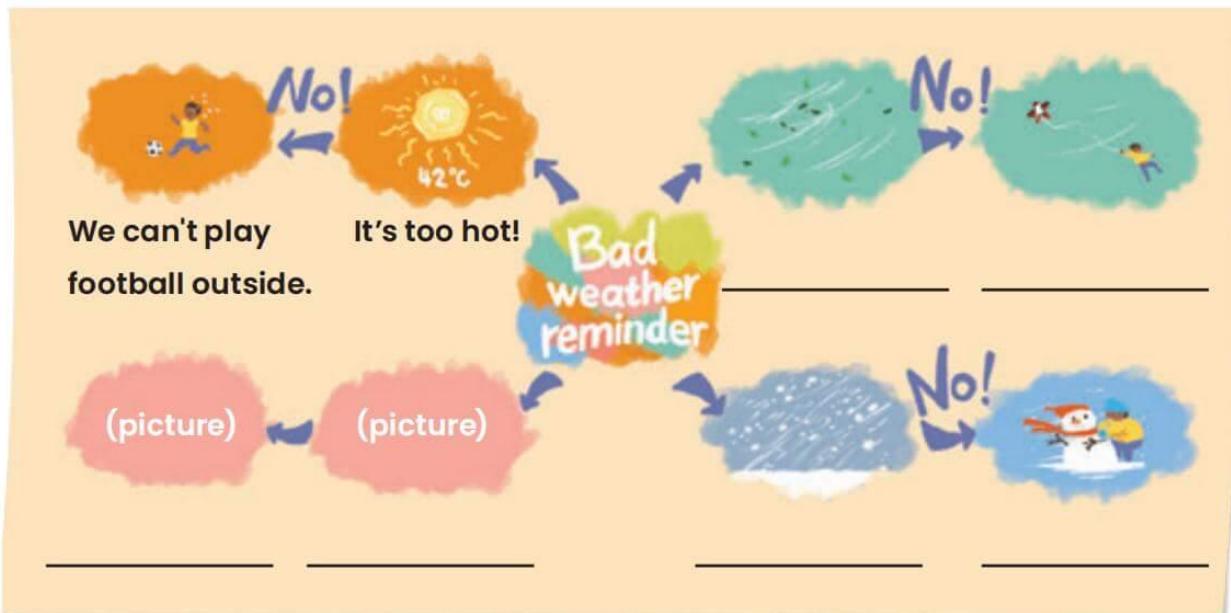


It's cool and cloudy. We can play basketball.



There is heavy rain now. We can't play basketball. But we can read some books.

3 Make a weather reminder.



4 Share your reminder in class.

This is my bad weather reminder. It's too hot. We can't play football outside. There is a strong wind. We can't ... Please stay at home in bad weather.



Self-assessment



1. I can ask about and describe the weather.
2. I can say what my friends and I do in different weather.
3. I can say how people can have fun in different weather.
4. I can sound out words with "th" to spell them.

Reading time

1

Mum, do the
children like me?

Of course! Why do
you say that?

Look, it's sunny! They're playing
football on the grass!

They look happy!

3

Look, it's windy! The boy is
flying a kite and smiling.

Yes. He's having fun.

4

Look, it's snowy!
They can play in the snow.

Yes, they're making a snowman
and having a snowball fight.



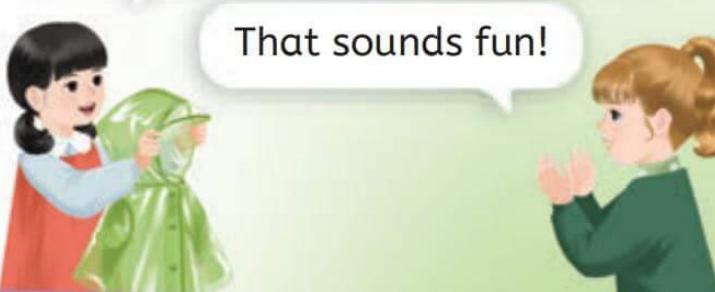
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They can play in
the rain, dear!

It's rainy and cool. We can wear
raincoats and rain boots. Let's go
out and dance in the rain.

That sounds fun!

They like me!



The weather is different from place to place.
It can affect our lives. We can have fun in
different weather.

Unit 6

Changing for the seasons

How are our lives different
in each season?

In this unit, you will

-  talk about what people wear and do in different seasons.
-  name clothes and describe different seasons.
-  read and identify facts and opinions about seasons.
-  read, write and say words with "wh".



Look and think

- What are these children doing?
- Do you like this season? Why?

Listen and chant

Spring, summer, autumn and winter.
Warm, hot, cool and cold.
Spring, summer, autumn and winter.
What clothes can we wear?

In spring, wear a sweater.
In summer, wear shorts.
In autumn, wear a jacket.
In winter, wear a lot!

Listen and sing

What should I wear today?

A

What do we wear in different seasons?

Let's talk

Whose sweater is this, Mum?



Can I wear this new shirt today?

Yes, but wear a coat too. It's cold and windy outside.

It's your dad's. Put it there, please.



Whose socks are these?



They're mine.



Match, ask and answer



Whose sweater is it?



It's Lu Wei's.



Whose shirts are these?



They're Xiao Fei's.

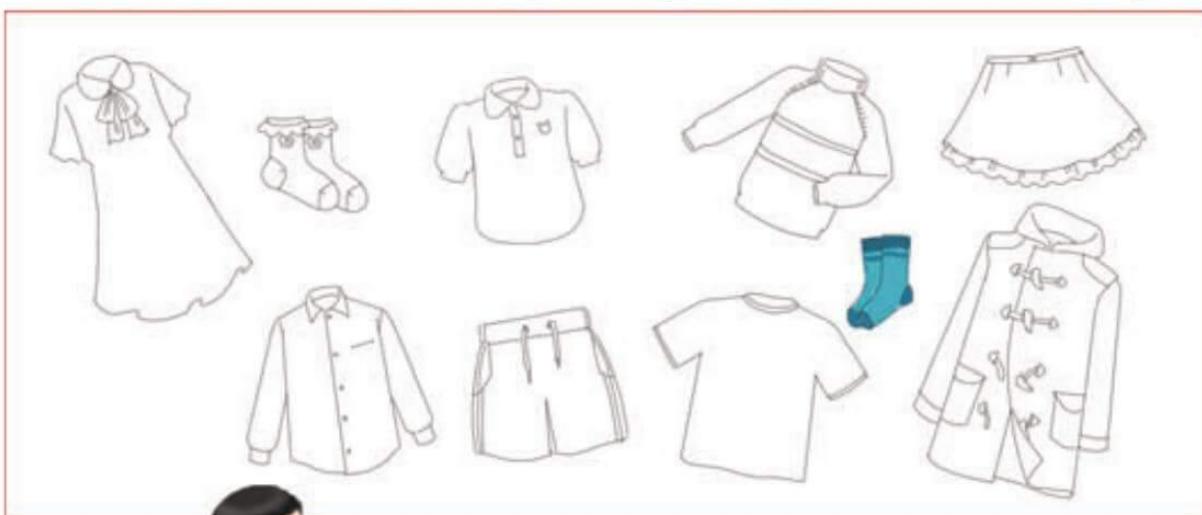
Let's learn



This purple dress is Mum's.
The pink socks are mine.

Choose, colour and say

Binbin and Xinxin are packing for their winter holidays.



The blue socks are mine.



Let's spell

- Listen, repeat and chant.

wh

Why is winter so cold?
What do you wear in the snow?
Oh, where is my glove?
Who can tell me? Who knows?



- Read, listen and circle.

where who

white why

what which

who whose

- Look, listen and write.

_____ glove is this? _____ are you from?



B

What do we do in different seasons?

Let's talk

Sarah, which season do you like?



Winter. It snows a lot. I can play in the snow and make a snowman. What about you?



I like winter too. There are many festivals. My family and I often get together and have fun.



Act and guess

Which season do you like?



Guess.

You like winter.

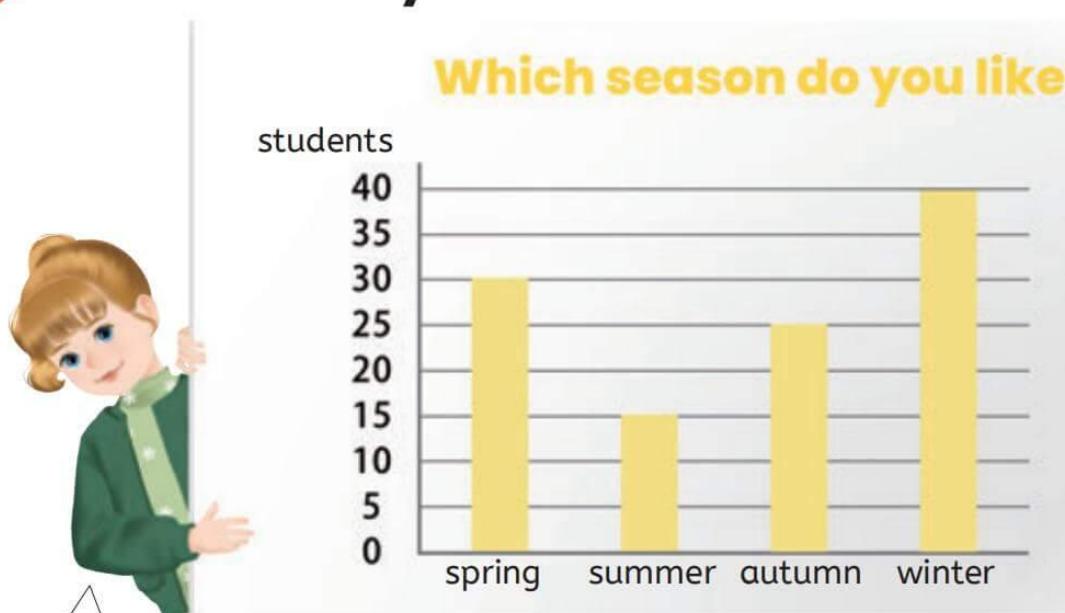
You're right!



Let's learn



Do a survey



Thirty students like spring. Fifteen students like ...

● Read and write

● Read and write F (Fact) or O (Opinion). 
Colourful seasons, colourful life!

Spring is green.

It's full of life.

I take many walks,

And fly my kite.

Autumn is orange.

I like the falling leaves.

I wear sweaters and shirts,

And enjoy mooncakes.

Summer is blue.

I play games and sing songs,
Wear dresses and T-shirts.

The days are so long.

Winter is white.

I make snowmen with friends,
Wear warm coats and gloves.
Then spring comes again.

1. Spring is green. ()

2. I play games and sing songs. ()

3. I like the falling leaves. ()

4. Then spring comes again. ()

Fact: Something true

Opinion: Feelings & thoughts

● Look, choose and write.



Whose _____ is it?



It's mine.

coat dress shirt sweater



Which season do you like? Why?

I like _____. I can _____.

autumn spring summer winter

fly a kite make a snowman take a walk



Project: Make a travel card

- 1 What do the colours show? Listen, tick and match.



summer

autumn

winter

spring

- 2 Which are Mike's clothes? Which are Chen Jie's?
Look and choose.



cap coat dress shirt socks sweater

3 Discuss in pairs.

We can go to Haikou in winter.



Yes, it's hot there.



I can wear my new T-shirt.



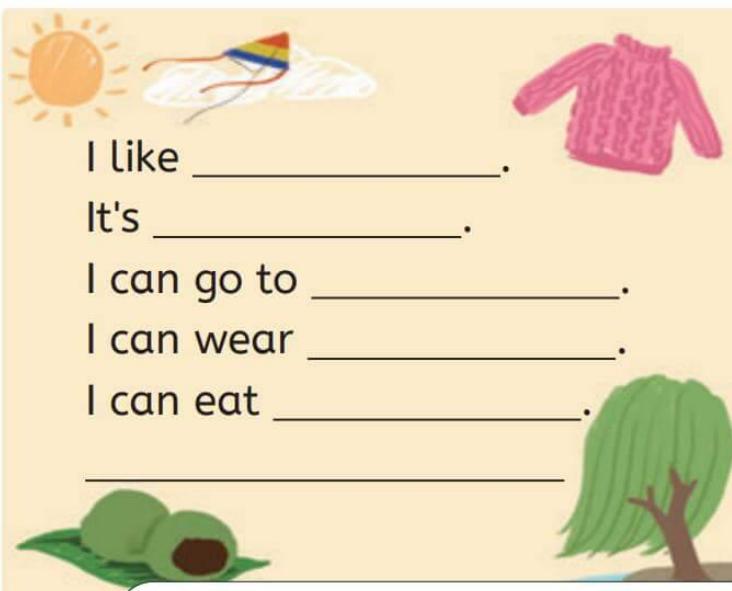
I can swim in the sea.



I can eat seafood.



4 Make a travel card and share in class.



I like _____.

It's _____.

I can go to _____.

I can wear _____.

I can eat _____.

I like spring. It's warm and windy.

I can go to the park and fly kites.

I can wear my pink sweater and ...



Self-assessment



1. I can ask about and say what people wear in different seasons.
2. I can tell people about my favourite season.
3. I can share ideas about how seasons affect our lives.
4. I can sound out words with "wh" to spell them.

Reading time

1

Welcome! And Merry Christmas!



Thank you!



Where is your coat?
It's very cold outside.

I don't have a coat, but
I have a warm sweater.

2

What do you usually
do on Christmas Day?

I put on my shorts and
T-shirt and go to the beach.



You can go to the beach
on Christmas Day?



Yes, but it's cool at night.
I need to wear a sweater.



4

Brrr! It's cold and snowy.
You need a warm hat.

Yes, I have one.
Thank you.

OK. Let's go.



Oh look! It's a snowman.

Yes, it looks like you.



6

I think he looks cold.
He needs a warm hat too.

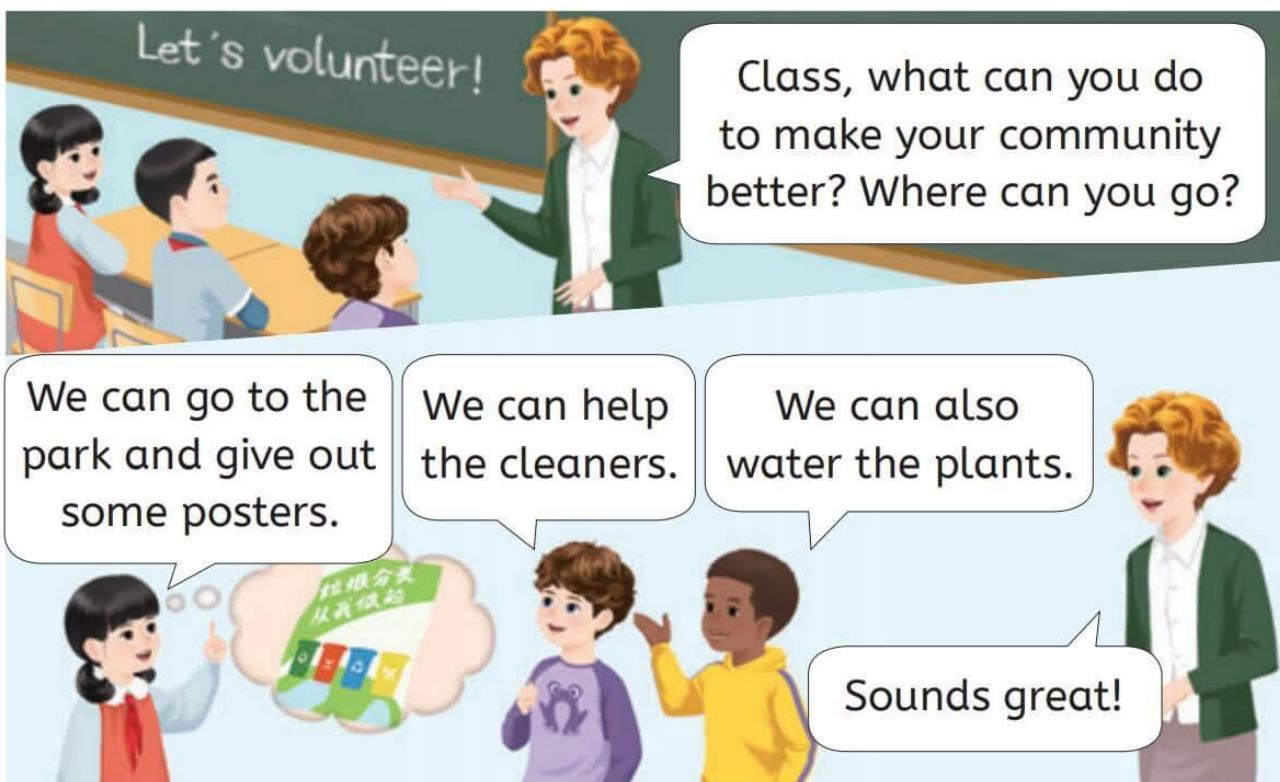
Ha! Ha! A snowman
loves cold weather.



We wear different clothes for each season.
We like different seasons for many reasons.

Revision Let's volunteer!

- Read aloud and act it out. 🎧



- Listen to two conversations and finish the plans. 🎧

Two conversation cards are shown side-by-side.

Left Card: Features four children: Sarah, Zhang Peng, Amy, and Lu Xiaoyu. Below them is a list of places and things to do.

Place to go: _____
Things to do: _____

Right Card: Features a family of five: Binbin, Xiaoming, Mum, Dad, and Uncle. Below them is a list of places and things to do.

Place to go: the children's centre
Things to do: _____

bus stop hospital
old people's home
park playground
shop

clean the room cook
do some chores do sports
go shopping play games
take a walk



Which idea do you like? What's your plan?

Look, ask and answer.



What is the weather like today?
What season is it?
What are the people wearing?



Who are they?
What are they like?
What are they doing?



Is this Binbin's father/mother/uncle? What's his/her job?

Look, choose and describe.



In picture 1, Chen Jie is giving out some posters. Mike is cleaning the board. John is ...

singing songs going shopping for old people making the bed sweeping the floor
looking after a doctor
playing football playing word games cooking telling a story seeing a doctor
looking after a patient

● Read, write and discuss.

I'm Wu Binbin. My family likes to volunteer. We often help at the children's centre. My dad is a doctor. He is kind. He often helps the children there. My mum is a cook. She cooks nice food there. My uncle is a PE teacher. He likes children. He plays football with them. What about me and my sister Xinxin? We play English word games with the children. All my family help make our community better.



Let's volunteer!



What do Binbin's family members do at the children's centre?

Family member	Job	What do they often do?
Binbin and Xinxin	—	They play English word games with the children.
Binbin's father	_____	He often _____ the children.
Binbin's mother	_____	She _____ nice food there.
Binbin's uncle	_____	He _____ with the children.



What do your family often do together to help your community?

● Listen and chant. 🎵



Three Chinese children help some people in the zoo.

There are fish, dolphins and big elephants too.

They take photos of them.

The photos are really cool!

Tick, tock. Time for lunch.

Oh! What delicious food!



● Think about how you can help your community. Then make your volunteer plan.



Songs 歌曲

Unit 1

Helping at home

This is the way she cleans her room, cleans her room, cleans her room.

This is the way she cleans her room and helps her mum and dad.

This is the way he cleans his room, cleans his room, cleans his room.

This is the way he cleans his room and helps his mum and dad.

This is the way they clean their rooms, clean their rooms, clean their rooms.

This is the way they clean their rooms and help their parents at home.

Unit 2

My friends

You like me.

I like you.

I'm your friend.

You're my friend too.

We play games.

We like to have fun.

Let's make friends with everyone.

Unit 3

We love our community!

My community is important.

My community's special to me.

The park is my favourite place.

There are flowers and people to see.

Our community is important.

Our community helps you and me.

We can meet and help each other.

We love our community.

Unit 4

Helping in the community

Here's how you can help your town and community.

Help old people cross the road,
And keep your town clean.

There are many ways to help your town and community.

Plant a tree or make new friends,
And ask them around for tea.

Unit 5

The weather and us

What can we do on a rainy day?

What can we do on a rainy day?

What can we do on a rainy day?

We can go to the library—oh!

What can we do on a windy day?

What can we do on a windy day?

What can we do on a windy day?

We can fly our kite—oh!

What can we do on a sunny day?

What can we do on a sunny day?

What can we do on a sunny day?

We can do what we like—oh!

Unit 6

What should I wear today?

Wear your new sweater, please.

And wear a hat.

Do I have to wear all this?

Yes, it is cold.

Wear your yellow coat today.

Take an umbrella.

Do I have to take all this?

Yes, it is rainy.

Appendix 2

Words in each unit

单元词汇表

(注: 加*的词为《义务教育英语课程标准(2022年版)》中的二级词)

Unit 1

*PE /pi: 'i:/ 体育(课)	p. 4
*job /dʒɒb/ 工作; 职业	p. 4
*doctor /'dɒktə(r)/ 医生	p. 4
*farmer /'fa:mə(r)/ 农场主; 农民	p. 5
*nurse /nɜ:s/ 护士	p. 5
*worker /'wɜ:kə(r)/ 工人 office /'ɒfɪs/ worker 公司职员	p. 5
factory /'fæktri/ worker 工厂工人	p. 5
*busy /'bɪzi/ 忙碌的	p. 7
*tired /'taɪəd/ 疲倦的	p. 7
*chore /tʃɔ:(r)/ 家庭杂务	p. 7
*cook /kʊk/ 烹饪; 煮	p. 7
*clean /kli:n/ 打扫; 干净的	p. 7
*room /ru:m/ 房间	p. 7
*also /'ɔ:lsəʊ/ 也 look after 照顾	p. 7 p. 8
*sweep /swi:p/ 扫	p. 8
*floor /flɔ:(r)/ 地板; 地面 together /tə'geðə(r)/ 在一起; 共同	p. 8 p. 8
fun /fʌn/ 享乐; 乐趣	p. 8
*helpful /'helpfl/ 有帮助的; 有用的	p. 9
*people /'pi:pl/ 人; 人们	p. 9
*child /tʃaɪld/ (复数children /'tʃɪldrən/) 儿童; 小孩	p. 9

Unit 2

*his /hɪz/ 他的	p. 16
*strong /strɒŋ/ 强壮的	p. 16
*hair /heə(r)/ 头发	p. 16
*kind /kaɪnd/ 友好的	p. 16
*quiet /'kwaiət/ 文静的	p. 17
*best /best/ 最好的	p. 19
*read /ri:d/ 阅读	p. 20
*Chinese /tʃaɪ'nائز/ 中文; 中国人; 中国的	p. 20
*play /pleɪ/ 玩耍	p. 20
*game /geɪm/ 游戏	p. 20
*football /'fʊtbɔ:l/ 足球运动	p. 20
both /bəʊθ/ 两者	p. 21
*basketball /'ba:skitbɔ:l/ 篮球运动	p. 21
*always /'ɔ:lweɪz/ 总是	p. 21
Unit 3	
*afternoon /a:f'tə'nu:n/ 下午	p. 28
*there /ðeə(r)/ (表示存在 或发生)	p. 28
*playground /'pleɪgraʊnd/ 游乐场; 操场	p. 28
*park /pa:k/ 公园	p. 28
*over /'əvə(r)/ 在……的远端 (或对面)	p. 28
*hospital /'hɒspɪtl/ 医院	p. 29
*shop /ʃɒp/ 商店	p. 29

Appendix 2

*toilet /'tɔɪlət/ 厕所；卫生间	p. 29
*bus /bʌs/ 公共汽车	p. 29
*stop /stɒp/ 车站	p. 29
*library /'laɪbrəri/ 图书馆	p. 31
*sport /spɔ:t/ 体育运动	p. 31
*walk /wɔ:k/ 散步；行走	p. 32
*take /teɪk/ (与名词连用，表示举动、动作等)；带走；运走	p. 32
take a walk 散步	p. 32
*favourite /'feɪvərɪt/ 最喜欢的	p. 33
*place /pleɪs/ 地方；场所	p. 33
*photo /'fəutəʊ/ 照片	p. 33
*story /'stɔ:ri/ 故事	p. 33
*buy /baɪ/ 购买	p. 33

Unit 4

firefighter /'faɪəfæɪtə(r)/ 消防队员	p. 40
*why /waɪ/ 为什么	p. 40
*driver /'draɪvə(r)/ 司机	p. 40
cleaner /'kli:nə(r)/ 清洁工	p. 41
*cook /kuk/ 厨师	p. 41
delivery /dɪ'lɪvəri/ worker 快递员	p. 41
*police /pə'li:s/ 警察	p. 41
police officer /'pɔ:fɪsə(r)/ 警察；警员	p. 41
a lot /lɒt/ of /əv/ 大量；许多	p. 41
*those /ðəuz/ (that的复数形式) 那些	p. 43
*bed /bed/ 床	p. 43
make the bed 铺床	p. 43

*old /əuld/ 过去的；年纪大的；老的	p. 43
*tell /tel/ 讲述；告诉	p. 43
everyone /'evriwʌn/ 每人	p. 43
volunteer /,vɒlən'tɪə(r)/ 志愿者	p. 45
*Mrs /'mɪsɪz/ 太太；夫人	p. 45

Unit 5

*speak /spi:k/ 说话；发言	p. 52
*weather /'weðə(r)/ 天气	p. 52
*sunny /'sʌni/ 阳光充足的	p. 52
*hot /hɒt/ 热的	p. 52
*bad /bæd/ 令人不快的；坏的	p. 52
*cold /kəuld/ 冷的	p. 52
*windy /'wɪndi/ 多风的	p. 53
*cloudy /'klaʊdi/ 多云的	p. 53
rainy /'reɪni/ 阴雨的	p. 53
snowy /'snəui/ 多雪的	p. 53
*cool /ku:l/ 凉爽的	p. 53
*warm /wɔ:m/ 温暖的	p. 53
*tomorrow /tə'mɒrəʊ/ 在明天	p. 53
*rain /reɪn/ 下雨；雨	p. 55
closed /kləʊzd/ 关闭的	p. 55
*film /fɪlm/ 电影	p. 55
*fly /flaɪ/ 操纵(飞行器等)；飞	p. 56
*kite /kaɪt/ 风筝	p. 56
snowman /'snəʊmæn/ 雪人	p. 56
*their /ðeə(r)/ 他们的；她们的；它们的	p. 57
*swim /swɪm/ 游泳	p. 57
Sydney /'sɪdni/ 悉尼	p. 52

Appendix 2

Unit 6

*whose /hu:z/ 谁的	p. 64
*sweater /'swetə(r)/ 毛衣	p. 64
*sock /sɒk/ 短袜	p. 64
mine /maɪn/ 我的	p. 64
*wear /weə(r)/ 穿；戴	p. 64
*shirt /ʃɜ:t/ 衬衫	p. 64
*coat /kəʊt/ 大衣；外套	p. 64
*dress /dres/ 连衣裙	p. 65
*which /wɪtʃ/ 哪一个；哪一些	p. 67
*season /'si:zn/ 季节	p. 67
*winter /'wɪntə(r)/ 冬天	p. 67

*snow /snəʊ/ 下雪；雪	p. 67
*get /get/ (使) 达到，处于	p. 67
get together 聚会	p. 67
*spring /sprɪŋ/ 春天	p. 68
*summer /'sʌmə(r)/ 夏天	p. 68
*autumn /'ɔ:təm/ 秋天	p. 68
T-shirt /'ti:ʃɜ:t/ T恤衫	p. 69
fall /fɔ:l/ 落下	p. 69
leaf /li:f/ 叶	p. 69
glove /glav/ 手套	p. 69
*then /ðen/ 然后；那时	p. 69

Vocabulary

词汇表

(注: 加*的词为《义务教育英语课程标准(2022年版)》中的二级词)

A

- ***a lot** /lɒt/ of /əv/ 大量; 许多 p. 41
- ***afternoon** /'a:ftə'nu:n/ 下午 p. 28
- ***also** /'ɔ:lsəʊ/ 也 p. 7
- ***always** /'ɔ:lweɪz/ 总是 p. 21
- ***autumn** /'ɔ:təm/ 秋天 p. 68

B

- ***bad** /bæd/ 令人不快的; 坏的 p. 52
- ***basketball** /'ba:skɪtbɔ:l/ 篮球运动 p. 21
- ***bed** /bed/ 床 p. 43
- ***best** /best/ 最好的 p. 19
- both** /bəuθ/ 两者 p. 21
- ***bus** /bʌs/ 公共汽车 p. 29
- ***busy** /'bɪzi/ 忙碌的 p. 7
- ***buy** /baɪ/ 购买 p. 33

C

- ***child** /tʃaɪld/ (复数**children** /'tʃɪldrən/) 儿童; 小孩 p. 9
- ***Chinese** /tʃai'ni:z/ 中文; 中国人; 中国的 p. 20
- ***chore** /tʃɔ:(r)/ 家庭杂务 p. 7
- ***clean** /kli:n/ 打扫; 干净的 p. 7
- cleaner** /'kli:nə(r)/ 清洁工 p. 41
- closed** /kləuzd/ 关闭的 p. 55
- ***cloudy** /'klaudi/ 多云的 p. 53

- ***coat** /kəut/ 大衣; 外套 p. 64
- ***cold** /kəuld/ 冷的 p. 52
- ***cook** /kuk/ 烹饪; 煮; 厨师 p. 7, 41
- ***cool** /ku:l/ 凉爽的 p. 53

D

- delivery** /dr'lɪvəri/ worker 快递员 p. 41
- ***doctor** /'dɒktə(r)/ 医生 p. 4
- ***dress** /dres/ 连衣裙 p. 65
- ***driver** /'draɪvə(r)/ 司机 p. 40

E

- everyone** /'evriwʌn/ 每人 p. 43

F

- factory** /'fæktri/ worker 工厂工人 p. 5
- fall** /fɔ:l/ 落下 p. 69
- ***farmer** /'fa:mə(r)/ 农场主; 农民 p. 5
- ***favourite** /'feɪvərit/ 最喜欢的 p. 33
- ***film** /film/ 电影 p. 55
- firefighter** /'faɪəfɪtə(r)/ 消防队员 p. 40
- floor** /flɔ:(r)/ 地板; 地面 p. 8
- ***fly** /flaɪ/ 操纵(飞行器等); 飞 p. 56
- ***football** /'fʊtbɔ:l/ 足球运动 p. 20

Appendix 3

fun /fʌn/ 享乐；乐趣

p. 8

G

*game /geɪm/ 游戏

p. 20

*get /get/ (使) 达到，处于

p. 67

get together 聚会

p. 67

glove /glʌv/ 手套

p. 69

H

*hair /heə(r)/ 头发

p. 16

*helpful /'helpfl/ 有帮助的；
有用的

p. 9

*his /hɪz/ 他的

p. 16

*hospital /'hɒspɪtl/ 医院

p. 29

*hot /hɒt/ 热的

p. 52

J

*job /dʒɒb/ 工作；职业

p. 4

K

*kind /kaɪnd/ 友好的

p. 16

*kite /kaɪt/ 风筝

p. 56

L

leaf /li:f/ 叶

p. 69

*library /'laɪbrəri/ 图书馆

p. 31

look after 照顾

p. 8

M

make the bed 铺床

p. 43

mine /maɪn/ 我的

p. 64

*Mrs /'mɪsɪz/ 太太；夫人

p. 45

N

*nurse /nɜ:s/ 护士

p. 5

O

office /'ɒfɪs/ worker 公司职员 p. 5

*old /əuld/ 过去的；年纪大的；
老的 p. 43

*over /'əʊvə(r)/ 在……的远端
(或对面) p. 28

P

*park /pa:k/ 公园 p. 28

*PE /pi: 'i:/ 体育(课) p. 4

*people /pi:pl/ 人；人们 p. 9

*photo /'fəutəʊ/ 照片 p. 33

*place /pleɪs/ 地方；场所 p. 33

*play /pleɪ/ 玩耍 p. 20

*playground /'pleɪgraʊnd/
游乐场；操场 p. 28

*police /pə'li:s/ 警察 p. 41

police officer /'pəfɪsə(r)/
警察；警员 p. 41

Q

*quiet /'kwɔ:tət/ 文静的 p. 17

R

*rain /reɪn/ 下雨；雨 p. 55

rainy /'reɪni/ 阴雨的 p. 53

*read /ri:d/ 阅读 p. 20

*room /ru:m/ 房间 p. 7

Appendix 3

S

- *season /'si:zn/ 季节 p. 67
- *shirt /ʃɜ:t/ 衬衫 p. 64
- *shop /ʃɒp/ 商店 p. 29
- *snow /snəʊ/ 下雪； 雪 p. 67
- snowman /'snəʊmæn/ 雪人 p. 56
- snowy /'snəʊi/ 多雪的 p. 53
- *sock /sɒk/ 短袜 p. 64
- *speak /spi:k/ 说话； 发言 p. 52
- *sport /spɔ:t/ 体育运动 p. 31
- *spring /sprɪŋ/ 春天 p. 68
- *stop /stɒp/ 车站 p. 29
- *story /'stɔ:ri/ 故事 p. 33
- *strong /strɒŋ/ 强壮的 p. 16
- *summer /'sʌmə(r)/ 夏天 p. 68
- *sunny /'sʌni/ 阳光充足的 p. 52
- *sweater /'swetə(r)/ 毛衣 p. 64
- *sweep /swi:p/ 扫 p. 8
- *swim /swɪm/ 游泳 p. 57
- Sydney /'sɪdni/ 悉尼 p. 52

T

- *take /teɪk/ (与名词连用，表示举动、动作等)； 带走；运走 p. 32
- take a walk 散步 p. 32
- *tell /tel/ 讲述； 告诉 p. 43
- *their /ðeə(r)/ 他们的； 她们的； 它们的 p. 57

*then /ðen/ 然后； 那时 p. 69

*there /ðeə(r)/ (表示存在或发生) p. 28

*those /ðəʊz/ (that的复数形式) 那些 p. 43

*tired /'taɪəd/ 疲倦的 p. 7
together /tə'geðə(r)/ 在一起；共同 p. 8

*toilet /'tɔ:lət/ 厕所； 卫生间 p. 29

*tomorrow /tə'mɒrəʊ/ 在明天 p. 53
T-shirt /'ti:ʃɜ:t/ T恤衫 p. 69

V

volunteer /vɒlən'tju:(r)/ 志愿者 p. 45

W

- *walk /wɔ:k/ 散步； 行走 p. 32
- *warm /wɔ:m/ 温暖的 p. 53
- *wear /weə(r)/ 穿； 戴 p. 64
- *weather /'weðə(r)/ 天气 p. 52
- *which /wɪtʃ/ 哪一个； 哪一些 p. 67
- *whose /hu:z/ 谁的 p. 64
- *why /wai/ 为什么 p. 40
- *windy /'wɪndi/ 多风的 p. 53
- *winter /'wɪntə(r)/ 冬天 p. 67
- *worker /'wɜ:kə(r)/ 工人 p. 5

Useful expressions

常用表达法

Unit 1

What's your mother's job?

你妈妈做什么工作？

She's a doctor.

她是位医生。

Mum and Dad are busy and tired.

What can we do for them?

爸爸妈妈又忙又累。我们能为他们做些什么？

We can do some chores.

我们可以做一些家务活。

Unit 2

What's your friend's name?

你的朋友叫什么名字？

His name is Zhang Peng.

他叫张鹏。

He's tall and strong.

他又高又壮。

He's also kind. He often helps me.

他也很友善。他经常帮助我。

Who's your best friend?

谁是你最好的朋友？

Chen Jie. She's funny. She often makes me smile.

陈杰。她很有趣。她经常让我开心。

Unit 3

There is a playground. We all play there.

那里有个游乐场。我们都在那里玩儿。

There is a Taiji club.

这里有一个太极俱乐部。

There are many people.

这里有好多人。

There is a gym too.

这里还有一个体育馆。

Great! Let's do some sports.

太棒了！我们一起做运动吧。

My favourite place in my community is the museum.

在我的社区里，我最喜欢的地方就是博物馆。

Unit 4

Our neighbour is a firefighter. He often helps people.

我们的邻居是消防员。他经常帮助别人。

He's a school bus driver. He takes us to school every day.

他是校车司机。他每天送我们去学校。

That's an important job too!

那个工作也很重要！

Chen Jie is making the bed.

陈杰正在铺床。

In the kindergarten, John and Class One are singing songs together.

在幼儿园，约翰和一班（的小朋友们）在一起唱歌。

Unit 5

Hello! Mark speaking.

你好！我是马克。

Hi, Mark! This is John. What's the weather like in Sydney?

嗨，马克！我是约翰。悉尼的天气怎么样？

Well, it's quite sunny today.

噢，今天是大晴天。

It's only two degrees in Beijing.

北京只有两度。

It's raining now.

现在下雨了。

We can't play basketball in the park.

我们不能在公园打篮球了。

It's OK. We can go to the library.

没关系。我们可以去图书馆。

There is a new film on. Let's go and see it.

有一部新电影上映。我们一起去看吧。

It's hot and sunny here.

这里很热，是个大晴天。

Their children swim in the pool.

他们的孩子在泳池里游泳。

Miss you!

想你！

Unit 6

Whose sweater is this, Mum?

这是谁的毛衣，妈妈？

It's your dad's.

是你爸爸的。

Can I wear this new shirt today?

我今天可以穿这件新衬衫吗？

Yes, but wear a coat too. It's cold and windy outside.

可以，但是再穿一件外套吧。外面有风，很冷。

Which season do you like?

你喜欢哪个季节？

Winter. It snows a lot.

冬天。冬天经常下雪。

I like winter too. There are many festivals.

我也喜欢冬天。（在冬天）有很多节日。

It's full of life.

（春天）充满生机。

And enjoy mooncakes.

还品尝月饼。

Then spring comes again.

接着春天又来了。