

8

8

11

5

14

15

V=Vegan v=Vegetarian GF=Gluten Free * *=Possible



Herbed Parmesan Fries (v)(*V*)

Fries tossed in rosemary and thyme, topped with parmesan

Two house made pretzels, served with stone ground mustard and a stout beer cheese

Hummus and Bread (V)

House made seasonally-flavored hummus, celery, and carrots served with Alpine Bakery bread

Pan Fried Brussels with Brussels Dip (v)(GF)(*V*)

Pan fried with a lemon zest, served with house made brussel dip, topped with parmesan, and served with Alpine Bakery bread

Drumsticks

One pound tossed in our house made buffalo sauce, or Fletcher's BBQ sauce, served with celery and carrots

Nachos (*v*)(GF) 12

House made chips, Mary's Farm chicken, cheddar and fontina cheese, house pinto beans, tomato, and onion, served with house made salsa, guacamole, and cilantro lime crème

Quesadilla

Cheddar cheese, Mary's Farm chicken, pinto beans, chipotle aioli, all inside a 12" flour tortila, served with salsa. Add guacamole and sour cream for .50 EA

Chips and Salsa

House made chips served with our house made salsa



All salads are served with Alpine Bakery bread. Any salad can be served as a wrap with a side of fries

Chicken BLTA Salad (*GF*)(*v*)

12 Baby spinach, Hills Farm house cut bacon,, Mary's Farm chicken, avocado, diced tomatoes, house croutons, and your choice of dressing.

NW Salmon Caesar Salad (*GF*)(*v*)

Northwest salmon, romaine, parmesan, and house croutons, tossed in Caesar dressing

Substitue a Mary's Farm chicken breast for no charge

Oregonzola Steak Salad (*GF*)(*v*) ♠

St. Helens Farms culotte, baby spinach, Hill's Farm house cut bacon, Rogue Oregonzola, dried cherries, apples, candied walnuts, served with Oregonzola bleu dressing

Cascadia House Salad (*GF*) (v) 6 half / 10 whole

Baby spinach, cherry tomatoes, red onions, shredded carrots, croutons, and topped with parmesan.

Your choice of dressing: house pear vinaigrette (v), balsamic vinaigrette (v), vegan balsamic vinaigrette (V), house bleu cheese (v), house Caesar, honey mustard (v), or house ranch

SANDWICHES

Served with fries, seasonal fruit, or house salad Substitute an Alpine Bakery gluten free bun for \$2 Substitute a Mary's Farm chicken breast for \$1.50

The Steak Dip 135

St Helen's Farms sliced culotte steak, fontina, horseradish aioli, with au jus, served on an Alpine Bakery hoagie

Cascadia Burger (*GF*) \land

Gebber's Farm beef, Hill's Farm house cut bacon, Tillamook smoked cheddar, Wilcox Farms fried egg, butter lettuce, tomatoes, red onion, and chipotle aioli, served on an Alpine Bakery bun

Basic Burger (*GF*)

Gebber's Farm beef, Tillamook smoked cheddar, butter lettuce, tomatoes, and red onion, served on an Alpine Bakery bun

The Bean Beet Burger (V)(*GF*) (Contains nuts) 11

House made bean and beet patty, butter lettuce, tomatoes, red onion, cilantro, and vegan chipotle aioli served on an Alpine Bakery bun

NW Salmon Sandwich

Northwest salmon, spinach, tomatoes, and lemon dill aioli, served on an Alpine Bakery hoagie

Chicken BLTA (*GF*)

Mary's Farm chicken, Hill's Farm house cut bacon, lettuce, tomato, avocado, and cilantro lime aioli, served on an Alpine Bakery bun

BBQ TOFU Sandwich (*GF*) (V) (Contains nuts)

Small Planet TOFU, Fletcher's BBQ Sauce, creamy vegan slaw, and crispy onion straws, served on an Alpine Bakery

D's BBQ Burger (*GF*) (Contains nuts)

Gebber's Farm beef, Hills Farm house cut bacon, Fletcher's BBQ sauce, onion straws, and Tillamook smoked cheddar, served on an Alpine bakery bun

West Coast Philly

13.5

15

12

14

11

13.5

St. Helens Farm culotte steak, good ol' American cheese, onions, peppers and house chipotle aioli, served on an Alpine Bakery Hoagie

Grilled Cheese

12

Smoked cheddar, fontina, Hill's Farm house cut bacon, tomato, and onion on grilled Alpine Bakery sourdough



Mac & Cheese

15

Mary's Farm chicken, Tillamook smoked cheddar, fontina, penne noodles, fresh herbs, topped with breadcrumbs, and parmesan, served with toasted Alpine Bakery Bread

Vegan Curry Mac (V)

12

Coconut and herb base, served with toasted Alpine Bakery bread

Steak Frites (GF) (Contains nuts) ∧

16

St Helen's Farm culotte steak, herbed parmesan fries, served on a bed of crispy onions, topped with garlic compound butter, served with a side salad. (Please allow extra time for your steak to be done to perfection, our steaks are a thick hand cut)

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