GF= Gluten Free Possible / GF=Gluten Free

PLANT BASED MENU



Garlic Fries (GF) (V)

One pound, tossed in fresh minced garlic and parsley, drizzled with house made roasted garlic aioli 8

Pretzels & Cashew Queso (V)

Two house made pretzels, served with a cashew queso, and a side of stone ground mustard (Made fresh daily) 10.5

Cashew Queso Nachos (GF) (V)

De Leon Food's corn chips, cashew queso, house pinto beans, tomatoes, onions, jalapenos, cilantro, served with house salsa and guacamole 14

Pan Fried Brussels (*GF*) (V)

Pan fried with a lemon zest, served with Alpine Bakery bread, and drizzled with a balsamic glaze 10

Chips and Salsa (GF) (V)

De Leon Foods corn chips, served with house made salsa 5 Large house guacamole 3

Buffalo Cauliflower Flatbread (V)

Based with vegan buffalo ranch, lightly fried buffalo cauliflower, red onions, green onions, cilantro, and drizzled with vegan ranch 12

(Sub a gluten free flatbread for \$2)



SOUP SALAD & MAC

All salads are served with Alpine Bakery bread. Any salad can be served as a wrap with a side of fries for just \$1. Dressing choices are vegan bleu cheese, balsamic vinaigrette (V), vegan ranch, and pear vinaigrette (V)

Cascadia House Salad (*GF*) (V)

Organic baby spinach, cherry tomatoes, red onions, shredded carrots, and croutons 6 half/10 whole

Make it a combo, add soup 4

Vegan Tomato Basil Soup (V) (GF)

Our scratch made tomato basil soup, topped with fresh basil 5

Curry Mac (V)

Penne pasta, coconut and herb base with yellow curry, topped with bread crumbs, served with Alpine Bakery bread Whole 13 / Half 7

BURGERS & SANDWICHES

Served with fries, seasonal fruit, or house salad. Sub garlic fries for \$1.5, soup for \$2, and curry mac for \$4.

Small Planet TLTA (V)

Small Planet TOFU, marinated in our house smoky sauce, lettuce, tomato, avocado and basil garlic aioli, on grilled sourdough 14

BBQ TOFU Sandwich (V) (*GF*)

Small Planet TOFU, tossed in BBQ Sauce, creamy slaw, and crispy onion straws, served on an Alpine Bakery bun 14

Vegan Grilled Cheese (V)

Chao cheese, sliced tomato, grilled red onion, and avocado, on grilled sourdough 14

Impossible Philly (V)

Seasoned Impossible blend, chao cheese, chipotle aioli, grilled onions, peppers, and mushrooms, on an Alpine Bakery hoagie 16 Sub TOFU no charge

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Beyond Burger (V) (*GF*)

Beyond burger patty, butter lettuce, tomato, red onion, pickle, and house sauce, served on an Alpine Bakery bun 15

Beyond Mushroom Burger (V) (*GF*)

Beyond burger patty, butter lettuce, tomato, sauteed mushrooms and onions, chao cheese, and garlic aioli, served on an Alpine Bakery bun 16

Impossible Burger (V) (*GF*)

Impossible patty, butter lettuce, tomato, red onion, pickle, and house sauce, served on an Alpine Bakery bun 16

Impossible Trail Blazer (V) (*GF*)

Impossible patty, chao cheese, grilled jalapenos, tomato, butter lettuce, onion straws, and Sriracha aioli, served on an Alpine Bakery bun 17

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