# SHAREABLES

### GARLIC FRIES (09)

vegan | gluten free

garlic | parsley | garlic aioli

### **HOUSE MADE PRETZELS** (13)

vegan option | vegetarian

beer cheese | stone ground mustard

+ make it vegan with cashew queso

#### PULLED CHICKEN QUESADILLA (14)

pulled chicken | cheddar blend | pinto beans | chipotle aioili | cilantro | guacamole | salsa | lime crema

+ make it vegan with FYH mozzarella & onion

#### CHORIZO OUESO NACHOS (16)

vegan option | gluten free option

queso | chorizo | onion | pinto beans | tomato | pickled jalapeno | cilantro | lime crema | guacamole | salsa

+ make it vegan with cashew queso

#### 5 MILE PORK SLIDERS (13)

huckleberry slaw | shredded pork | sweet chili bbq sauce | crispy onion



vegan, gluten free — all three flavors

choose your flavor: salted | garlic butter | sweet and spicy

# CALAMARI (15)

lemon | sriracha aioli | lemon dill aioli | parsley

# MOZZARELLA MEDALLIONS (1)



fried mozzarella | house marinara | parsley

vegan option | gluten free option | vegetarian roasted garlic | olive oil | mozzarella | tomato | basil | balsamic glaze

- + make it vegan with FYH mozzarella
- + gf crust \$2

### **BUFFALO CAULIFLOWER FLATBREAD** (12)

fried cauliflower | buffalo sauce | red onion | green onion | cilantro | vegan ranch

+ gf crust \$2

# LEAVES & SOUP

DRESSINGS: pear vinaigrette | balsamic vinaigrette | honey mustard | caesar | bleu cheese | ranch | and vegan ranch

+ make any salad a wrap w/side \$2

#### OREGONZOLA STEAK SALAD (17)



nw raised angus steak | organic baby spinach | bleu crumble | bacon | dried cranberries | apple | candied walnuts | bleu cheese dressing

### SALMON CAESAR (17)

alaskan sockeye | romaine | parmesan | croutons | caesar

#### ARUGULA & PEAR SALAD (13)



vegan option | vegetarian | gluten free

arugula | pear | candied pecans | tomato | onion | cucumber | feta | pear vinaigrette + make it vegan with vegan parmesan

#### **CHICKEN BSTA SALAD (16)**



vegan option

grilled chicken | organic baby spinach | bacon tomato | avocado | croutons | choice of dressing + blackened chicken \$1

#### CASCADIA HOUSE SALAD (10) WHOLE (6) HALF



vegan option | vegetarian | gluten free option organic baby spinach | tomato | onion | carrot | croutons | parmesan

+ make it vegan with vegan parmesan

#### TOMATO BASIL SOUP (7) BOWL



parmesan | basil | served with alpine bakery baguette + make it vegan with vegan parmesan

Our 3% service charge on each guest check is fully retained by the company. It is used 100% to provide fair wages to our kitchen staff with equitable pay and benefits to our entire team. Thank you for your support!

\*Consuming raw or undercooked meats, poultry, shelfish, or eggs may increase your risk of foodborne illness

\*Although we do our best to prevent cross contamination, we use shared equipment and cannot promise completely allergen free food

# BURGERS & SANDWICHES

### ALL BURGERS & SANDWICHES SERVED WITH FRIES | SEASONAL FRUIT | OR HOUSE SALAD

SUB GARLIC OR HERB PARMESAN FRIES + \$1.50 | SUB SOUP + \$2 | SUB MAC&CHEESE OR CURRY MAC + \$4 | SUB GF BUN + \$2

### \*BISTRO BURGER 16

vegan option | gluten free option `

nw raised beef | arugula | pickled red onion | avocado | fontina | garlic aioli | alpine bakery bun + make it vegan with impossible patty | FYH gouda

## \*CASCADIA BURGER 17

gluten free option

nw raised beef | bacon | fried egg | tillamook cheddar | butter lettuce | tomato | onion | garlic aioli | alpine bakery bun

# \*TRAIL BLAZER (17)

vegan option | gluten free option

nw raised beef | bacon | fire roasted jalapenos | crispy onion | tillamook pepperjack | butter lettuce | tomato | sriracha aioli | alpine bakery bun + make it vegan with impossible patty | FYH pepperjack

## \*BASIC BURGER 14

vegan option | gluten free option

nw raised beef | butter lettuce | tomato | onion | pickle | tillamook cheddar | house sauce | alpine bakery bun

+ make it vegan with impossible patty | FYH cheddar

# \*NW STEAK DIP (17)

gluten free option

nw raised angus sirloin | fontina | crispy onion | horseradish aioli | au jus | hoagie

# \*WEST COAST PHILLY 17

vegan option | gluten free option

nw raised angus sirloin | grilled onion | peppers | mushroom | tillamook american | chipotle aioli | hoagie

+ make it vegan with impossible patty | FYH american

# CRISPY CHICKEN 17

vegan option

house breaded chicken | bacon | tillamook pepperjack | butter lettuce | tomato | pickle | chipotle aioli | alpine bakery bun

+ make it vegan with house breaded crispy gardein chick'n | FYH pepperjack

## CHICKEN BLTA (15)

aluten free option

Grilled chicken breast | bacon | lettuce | tomato | avocado | pesto aioli | alpine bakery bun

### THE DOMINATOR (18)

House breaded chicken | Dominator dust | avocado | pepper jack | lettuce | tomato | habanero aioli | alpine bakery bun

\*\*A Dominick Harris X Cascadia Collaboration

# TURKEY MELT 15

gluten free option

turkey breast | bacon | smoked gouda | butter lettuce | tomato | pesto aioli | grilled sourdough

#### **BLACKENED SALMON** (18)

gluten free option

blackened alaskan sockeye | arugula | tomato | lemon dill aioli | hoagie

# TOFU BANH MI (1

vegan | gluten free option

marinated tofu | bahn mi slaw | cucumber | fresh jalepeno | cilantro | sriracha aioli | hoagie

# TLTA (15)

vegan | gluten free option

marinated smokey small planet tofu | avocado | butter lettuce | tomato | basil aioli | grilled sourdough

# BBQ TOFU 15

vegan | gluten free option

bbq glazed small planet tofu | coleslaw | crispy onion | alpine bakery bun

# DISHES

# MAC & CHEESE 14 WHOLE 8 HALF

penne | fontina | parmesan | gouda | herbs | breadcrumbs | alpine bakery baguette + chicken \$5

# CURRY MAC (13) WHOLE (7) HALF

vega

penne | coconut herb sauce | herbs | bread crumbs | alpine bakery baguette

\*\*5% of each Dominator sold goes back to local community centers and charities