

PAROTHA IS AN INDIAN CUISINE LAYERED FLAT BREAD THAT IS SHALLOW-FRIED. IT IS SOFT, GREASY, AND SALTY.



MOST OF THE CAFETERIA OWNERS IN A.D.
THAT OFFER PAROTHA ARE FROM KERALLA,
INDIA, AND THEY OFTEN HAVE A SIMILAR
STORY OF COMING HER TO TAKE OVER A
RELATIVE'S BUSINESS.





INTERESTINGLY, THEIR ALMOST EXACT SAME
MENU OF KARAK, PAROTHA AND JUICES,
WHILE INDIAN-INSPIRED, IS NOT PARTICULAR
TO KERALLA. IN FACT, NO ONE REALLY KNOWS
WHERE THEY HAVE REALLY COME FROM. THEY
WERE JUST BORN HERE IN THE UAE.

THE PAROTHAS ALSO SHARE A LOT WITH A CERTAIN NORTH AFRICAN DISH, DE-SPITE THAT THE TWO FOOD CULTURES ARE SO FAR AND REMOVED FROM EACH OTHER.



WHAT IS CALLED PARATA, POROTO, OR PARATHA IN INDIA, IS USUALLY FILLED WITH CHICKEN OR VEGETABLE AND CAN BE EATEN IN LUNCH TIME TO ACCOMPHANY MAIN DISHES AND DIP IN THE SAUCE...



BACK TO A.D., PAROTHAS ARE USUAL-LY STUFFED WITH OMAN CHIPS, KRAFT CHEESE, EGGS, CHICKEN... AND MORE.



