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| Table 1. Demographics | |  |
| Variable | Sample 1 | Sample 2 |
| Females (%) | 38.3 | 69.7 |
| Age (M; SD) | 47.5; 16.3 | 42.0; 13.3 |
| European (%) | 84.6 | 75.4 |
| Maori or Pacifika (%) | 5.7 | 7.6 |
| Asian (%) | 1.8 | 3.4 |
| Other (%) | 7.9 | 13.6 |
| FCVS (M) | 15.6 | 18.3 |
| PVD (M) | 57.0 | 58.5 |
| WEMWBS (M) | - | 49.1 |