

# Lecture 5&6: Surveys & Observations

CS798H: Human Computer Interaction

# Interviews are...

- Great...
  - To get detailed responses, and some more from follow-up questions
  - When we know little about a topic and want to explore
  - To garner subjective opinion
  - To seek information about past experiences
- BUT, they are...
  - Limited in sample size (and so less generalizable to overall population)s
  - Costly to conduct
  - Susceptible to biases of interviewers and interviewees (people forget, etc.)
  - Primarily qualitative, hard to gain quantitative insights
  - Dependent on how comfortable interviewee can talk about the subject

# Methods: Strengths and weaknesses

|                               | Interview            | Survey               | Observations                              |
|-------------------------------|----------------------|----------------------|---|
| Time per participant          | High                 | Low                  | High                                      |
| No. of participants at once   | One                  | High                 | One                                       |
| Level of details              | Rich details         | Not rich             | Very rich details                         |
| Time covered                  | Present + past       | Present + past       | Only what is observed in present          |
| Scope for follow-up questions | Yes                  | No                   | No  |
| Truthfulness / reliability    | Recall errors / bias | Recall errors / bias | What happens is for the researcher to see |

These methods have complementary strengths and weaknesses, so we typically mix methods.  
(E.g., interviews + survey, observations + interview)

# Why mixed methods?

- Gather Additional / Complementary Data
  - Qualitative vs. quantitative (interviews for what, surveys for how many/much)
  - Observations for “what happens”, interviews for “why it happens”
- Triangulation
  - Arrive at the same results through multiple methods/sources/ways
  - Minimizes biases, offsets limitation of one method
  - E.g., geometric constructions, trigonometry, coordinate geometry, rotational geometry could all ascertain some property of circles/ polygons
  - E.g., conduct a larger survey to confirm data from small interview study is generalizable to the larger population.

# Triangulation: forms

- Methodological triangulation → use >1 method to answer research question
  - Interview with users + emotion analysis in app reviews
- Data triangulation → gather data from multiple sources / replicate
  - Conduct study elsewhere, prior data from someone else's experiment
  - Ask multiple questions, check if responses are all consistent.
- Theory triangulation → see if data agrees with prior theory, if not you might be missing something (or, if you're lucky, theory needs revision!)
  - Done often in physics (didn't agree with classical physics, needed relativity!)
- Participant triangulation → Member checking; confirm with participant.

# Surveys

- A direct method for empirical data collection
- Participants provide responses to a list of pre-decided questions
- Typically, takes <10min, compared to interviews that typically last 60-90 minutes.
- Less detailed, but can be sent a lot of people
- Great for quantitative results (e.g., X% of population)
- Great for generalizability (get results from way more people than in interviews)

# Conducting surveys

- Start with a research question (just like with interviews)
- Design survey questions (Ensure they answer the research question)
  - Usually closed + some open-ended questions.
  - Not too long (else, no one would fill it in), 5 min ideal, 10-15 min OK.
  - Think about optional and mandatory questions
- Identify how the survey will be conducted
  - Digital / Paper, Telephonic/In person /Simply send and expect to fill in.
- Identify sampling strategy and suitable sample size
- Identify recruitment method

# Survey questionnaire

- Keep it short! – Too many questions → fatigue/incomplete responses
- When long is necessary
  - Set expectations, break into sections, show progress, save and continue!
  - Break down / reduce, your scope is probably too broad.
  - Avoid too many consecutive questions of the same kind, to avoid fatigue
  - Most important questions top, so valuable even if incomplete
  - Randomize question order, to ensure you get similar number of questions answered across. (Requires questions not dependent on each other!).
- Motivation → Consider rewards: monetary, raffle, coupons, etc.



# Characteristics of survey questions

- Use clear, simple, unambiguous language
  - No scope for clarifications, as with interviews.
  - Where needed, provide descriptions, definitions, examples to clarify
  - Highlight when something is tricky (e.g., if it has NOT, make it bold / caps/underline).
  - PILOTs are your friend! (Also tells how long it takes to fill in, useful in recruitment).
- Ensure you don't exclude some respondents
  - Multiple languages, Accessibility (Braille, screen-reader, color blindness, etc.)
- Ensure relevance of questions
  - Ask questions only if relevant (e.g., based on prior responses)
  - At least don't make it mandatory → Else messes with quality of responses
- GUARD against biases

# What kinds of biases?

- Response biases (or biases in participant responses)
  - Acquiescence – saying yes, even when they don't totally mean it
  - Central tendency – choose middle most value most of the time
  - Extreme bias – tendency to choose extremes
  - Ordering bias – order of questions / options causes bias (esp. from fatigue, or leading-in)
  - Recall bias – recall most recent, most common, etc.
  - Social desirability bias: don't want to something that might not be socially acceptable
  - Bias due to power: The person administering the survey can be seen as authority
  - Satisficing: Pick something more or less, though not exactly what you feel.

# Survey questions: kinds

- Open ended questions (tell in 1-2 sentences, can be then put into categories / themes)
- Closed-ended questions
  - Single choice
  - Multiple choice (sometimes useful to say “which top 3” instead of “which all”)
  - Rank / order choices
  - Sliders for range of values
    - Likert turn range of values into single choice questions
    - E.g., Never Occasionally Sometimes Often Always
    - E.g., Strongly Disagree Disagree Neutral Agree Strongly Agree

# Asking closed-ended questions

- What to put in options?
  - Reuse questions from other surveys, with modifications as needed.
  - Seed with results from other methods (e.g., from interviews / prior research)
  - Always add an Other / Maybe / Don't know (Plan for surprises!).
  - When using Likert scales, use standard language
  - Rethink whether you need 5 or 7 (too many options can be confusing)
    - Consider defining / clarifying(e.g., Always = 5+ times a day, Often=1-2 times a day, Frequently = a few times a week, etc.)
  - Rethink whether you need odd / even (central tendency bias)

# Guarding against biases

- Randomize options within a question, randomize question orders
- Provided an option for Other/None of the above / All of the above
- Ask questions on both ends of the spectrum, to make either side socially acceptable
- Anonymity
- Avoid leading in:
  - E.g., “Social media is bad for older adults.” – Agree or Not
  - Replace with a pair of questions:  
“How much do you think social media is helpful for older adults” +  
“How much do you think social media is harmful for older adults”
  - You could then use: A great deal, Much, Somewhat, Little, Never for each of those.
- Hard question – middle value or not in likert scales.

# Sampling

- You identify the population of interest, and sample from them.
  - Include everyone → Census
  - Probabilistic sampling → Known probability of individual being included in the sample
    - Simple random → Randomly invite members to participate (ensure they satisfy inclusion/exclusion criteria)
    - Systematic → Every kth member
    - Stratified → Break into subpopulations, and randomly sample from them
    - Cluster → Break into subpopulation (where each cluster looks like the population itself!), and then draw from them.
  - Non-probabilistic
    - Convenience
    - Voluntary responses
    - Purposive → Decide who, for good reasons
    - Quota → X% from each subpopulation (usually representative of entire population)
    - Snowballing → not so much in surveys, as with other methods

# Sample size

- Until saturation
  - After some responses, the overall data we get saturates & stabilizes
  - Ensure diversity in demographics (sanity check!) & then stop!
- External constraints (time, budget, deadlines etc.)
- Probabilistic: depending on margin of error & confidence level
  - Written as  $z\% \pm e$  (Out of 100 repetitions of survey, error within e, Z% of the time)
  - Sample Size =  $\frac{K}{1+KN}$ , where  $K = z^2 \cdot \frac{P(1-P)}{e^2}$
  - P is a probability of a certain response from population, typically set to P=0.5
- How many to recruit: Sample size / expected response rate \* 100

# Recruitment channels

- Emails, social media, SMS, posters → self-selection bias
- What about people without tech / not registered?
- Pick people from telephone directory → what about those without phones?
- Consider recruitment / sampling on events, people, organizations as well!



Observations

# Observation Methods

- Direct method
- Simply observe people doing something
- Advantages:
  - Mitigates recall bias
  - Captures minor subconscious things people might do (e.g., typos!)
- Disadvantages:
  - Hawthorne effect bias
  - Time consuming
  - Only in time, not past history. Similarly, not why (directly).

# Conducting observational studies: same drill!

- Research questions
- What to observe?
  - What do you want to observe (e.g., learning to use a new app)
  - What exactly (app you give, or an app they choose and want to)
- When?
  - When they do it anyway (contextual inquiring)
  - When you tell them to (for the study)
- Where?
  - In a lab setting (in-vitro)
  - In the field (in-vivo)
- How long?
  - Entirety of task? fixed time? Can participants abandon task midway?

# Drill continued

- Participants
  - Should be sampled from the population of interest
- How many
  - Typically, until saturation, sometimes happens at 5 and a few more.
  - 8-15 is common (provided it saturates)
- What kind of data you get?
  - Qualitative (in the form of video/screen + audio recordings, or notes)
  - Just record anyway!

# Minimize biases

- More than one observer
- Observe from outside
- Tell participants it is OK to make mistakes, you are interested in their way, there is no right or wrong way
- Distance yourself from the task/product (tell them you are helping the team understand, not that you are part of the team!)
  - If you can't, hire someone to do it for you!
- Pick tasks from the real world!
  - Confirm if the tasks are reasonable post-study
- Triangulate – with post-study interviews, surveys, etc.

# Useful variations

- Contextual inquiry
  - Recruit “next time you do X, can you call me?” and run with your gear and notebook.
  - Note: Also useful to administer specialized surveys or interviews, sometimes
- Think-aloud
  - Ask people to talk along what they are doing (helps understand why might be doing what they are doing)
  - Alternatively, say you are an apprentice, and ask them to teach you.
  - Warning: think-aloud interferes with natural flows of thinking, so use with caution.
- Observe, make notes of times, and go back and ask follow-up questions
  - To add more details when not clear / something interesting happens

# Methods: Strengths and weaknesses

|                               | Interview      | Survey         | Observations                              |
|-------------------------------|----------------|----------------|---|
| Time per participant          | High           | Low            | High                                      |
| No. of participants at once   | One            | High           | One                                       |
| Level of details              | Rich details   | Not rich       | Very rich details                         |
| Time covered                  | Present + past | Present + past | Only what is observed in present          |
| Scope for follow-up questions | Yes            | No             | No  |
| Truthfulness                  | Recall bias    | Recall bias    | What happens is for the researcher to see |

# Readings

- Lazar, Chapter 7 (Edition 4) on data gathering methods
  - Covers surveys, interviews, observations
- Additional reading:
  - Lazar (link posted on Resources)
  - Skim through chapters on interviews, surveys and observations
  - Great for reading on biases, sampling, advise on designing good questions.
  - Highly recommended for CGS minors, PG students in Design/CGS/CS, or for anyone interested in usability, HCI, entrepreneurship and product management.