Days with purpose other than to facilitate your return to your employment after the end of your UPL are not valid "keeping in touch day" and they may break the continuity of your UPL.

79A Keeping in touch days

- (1) This Subdivision does not prevent an employee from performing work for his or her employer on a keeping in touch day while he or she is taking unpaid parental leave. If the employee does so, the performance of that work does not break the continuity of the period of unpaid parental leave.
- (2) A day on which the employee performs work for the employer during the period of leave is a *keeping in touch day* if:
 - (b) both the employee and the employer consent to the employee performing work for the employer on that day; and
- (3) The employee's decision whether to give the consent mentioned in paragraph (2)(b) is taken, for the purposes of section 344 (which deals with undue influence or pressure), to be a decision to make, or not make, an arrangement under the National Employment Standards.