

no such thing as a right or wrong decision

there are just decisions. you will always experience the grass is greener on the other side syndrome. thats just the humanness of it all. we can overthink and try to predict the outcome of every single decision we make, but the reality is, we just really don't know how things will pan out. whats meant for you will be and whats not meant for you will not be. there is also just a huge compounding effect with all of the decisions we make in life and the opportunities we choose to engage in.

i think what matters most really isn't the decision you end up making, but that you have clarity of intention, your goals, purpose, and where you are eventually trying to get to, so that all of your decisions are at least somewhat well informed. there are some people who talk about 'trusting their gut,' and the reality is that most people haven't done the work necessary to be able to even trust their gut. there is an immense amount of value in instinct, gut feelings, and experiential learning, but if you haven't done the work on yourself to be someone with strong instincts & if you haven't clarified your intentions, the decisions you take may not be great and may lead you in an unintended direction.

i think the moral of the story here is have a goal (doesn't have to be super concrete, but nice if it is though), have a strong & clear intention, & understand the why behind everything you do. from there, you will take no wrong life decisions. they will be decisions well informed by your instincts, goals, and experiences and whatever path you take will surely lead you to somewhere great.

however, i still believe there in fact IS a such thing as right and wrong decisions IF you've not put in the work to know yourself and hone your instincts. (haha kind of contradicting my title but this is the exception & the most common case of why we make so many bad decisions in our life)

it might be helpful for me to clarify what i mean by doing the work necessary to get to a state where you can actually rely on your instincts. maybe another article...