

Guide to Making the Perfect Sandwich

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Guide to Making the Perfect Sandwich

The art of sandwich-making is a delicate balance of textures and flavors. Follow these steps to create sandwich perfection.

Essential Steps

1. Choose your bread wisely
2. Layer your ingredients strategically
3. Consider the sauce-to-filling ratio

Food Safety Notice

- Always wash your hands before food preparation
- Keep ingredients refrigerated until use
- Use clean cutting boards and utensils
- Check ingredient expiration dates

The Recipe

Now for the exciting part - let's build our sandwich!

Food Safety Notice

Always follow these safety guidelines:

- Always wash your hands before food preparation
- Keep ingredients refrigerated until use
- Use clean cutting boards and utensils
- Check ingredient expiration dates

Sandwich Recipes

Garden Veggie Delight

1. Toast 2 slices of whole grain bread
2. Spread with hummus
3. Layer: Cucumber, avocado, sprouts
4. Top with tomato and lettuce