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Guide to Making the Perfect Sandwich

The art of sandwich-making is a delicate balance of textures and flavors. Follow these steps to create sandwich perfection.

Essential Steps

- 1. Choose your bread wisely
- 2. Layer your ingredients strategically
- **3.** Consider the sauce-to-filling ratio

Food Safety Notice



CAUTION:

Please observe these safety guidelines:

- Always wash your hands before food preparation
- · Keep ingredients refrigerated until use
- Use clean cutting boards and utensils
- Check ingredient expiration dates

The Recipe

Now for the exciting part - let's build our sandwich!

Garden Veggie Delight

- 1. Toast 2 slices of whole grain bread
- 2. Spread with hummus
- 3. Layer: Cucumber, avocado, sprouts
- **4.** Top with tomato and lettuce

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