



# YOU CAN HELP

## #feedbirmingham

**People are hungry. Please support the work of The Active Wellbeing Society, Birmingham Real Junk Food Project and Foodbanks in their fantastic efforts to feed people who need food during the Covid-19 crisis.**

**You can help #feedbirmingham...**



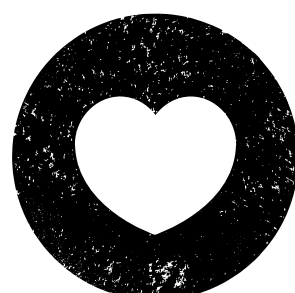
**Inspire and organise** your friends, family and neighbours to support and give.



**Deliver donations** to a local foodbank or to this venue. *Get in touch if you need help with this.*



**Sort a local location** for bagged non-perishable food items\* to be safely dropped.



**Know that your donations** will be distributed to vulnerable people across the city.

*"The Trussell Trust report that **81% more emergency food parcels** are being given out across the UK, including **122% more parcels going to children**, compared to the same period in 2019."*

Safe deliveries can be made to **St Mary and St Ambrose car park** (Corner of Raglan Road and Pershore Road, B5 7RA)

**Every Friday in May**  
between 11am and 2pm.

*For more info or for help collecting donations get in touch.*

Support financially: [www.tiny.cc/feedbirmingham](http://www.tiny.cc/feedbirmingham)

Email: [feedbrum@thrivetogogetherbham.org](mailto:feedbrum@thrivetogogetherbham.org)

Text: **07443 762478**

*\*Also needed: baby milk, nappies, egg boxes, plastic bags and toiletries.*

**NEAR NEIGHBOURS**  
BRINGING PEOPLE TOGETHER

**THRIVE TOGETHER BIRMINGHAM<sup>+</sup>**

 **edgbaston**  
foundation

**feedbirmingham.org**

**#BrumTogether**

Supporting the work of local foodbanks and:

  
**The Active Wellbeing Society**

