

Part 1 Football Examination Questions

Here are the possible questions and answers on the Part 1 Football examination. Print out this page and use your rule book to study for the test.

When you take the examination, you will be presented with a random subset of these questions.

B 1 B	<p>3-7-5</p> <p>Team B has only 10 players on the field. Prior to the snap, B11 recognizes he is supposed to be in the game, and he enters on A's side of the neutral zone. The ball is snapped before B11 gets to B's side of the neutral zone. What is the result of this play?</p>	<ul style="list-style-type: none"> * A. Encroachment - 5-yard dead ball penalty * B. Illegal substitution - If Team A accepts the live ball penalty, it's a 5-yard penalty enforced from the previous spot. * C. Illegal participation - 15-yard penalty enforced from the succeeding spot * D. Illegal substitution - 5-yard penalty enforced from the succeeding spot
B 2 24	<p>10-5-2</p> <p>What is the enforcement spot for any foul by the defense when the run ends in the end zone and would result in a safety?</p>	<ul style="list-style-type: none"> * A. the spot of the foul * B. the goal line * C. the 10-yard line * D. the 20-yard line
B 3 1	<p>6-2-1, 9-7</p> <p>What is the penalty for illegal kicking or batting?</p>	<ul style="list-style-type: none"> * A. 5-yard penalty * B. 10-yard penalty * C. 15-yard penalty * D. 5-yard penalty and loss of down if charged to the offense
B 4 10	<p>2-17</p> <p>Some exceptions allow a player to block an opponent in the back. Which of the following is not one of these exceptions?</p>	<ul style="list-style-type: none"> * A. Blocking in the back in the free-blocking zone when the contact meets the requirements of 2-17. * B. Blocking in the back outside the free-blocking zone when the player can't avoid contact with the back, but the contact does not appear malicious. * C. Blocking in the back using the hands and arms to contact an opponent above the waist in warding off a blocker, or when attempting to reach a runner, or catch or recover a loose ball which he may legally touch or possess. * D. Blocking in the back to tackle a runner or player pretending to be a runner.
D 5 2	<p>A50 is 4 yards downfield with no one to block. A7 throws a forward pass that crosses the line of scrimmage. Is it legal for A50 to be 4 yards downfield on this play?</p>	<ul style="list-style-type: none"> * A. Yes - since A50 did not block an opponent. * B. No - It is Offensive Pass Interference. 15-yard penalty * C. No - It is Ineligible Downfield. 5-yard penalty and a loss of down * D. No - It is Ineligible Downfield. 5-yard penalty
A 6	<p>B55 holds A96 during a play where A24 scores a touchdown. Team A elects to enforce the penalty on the subsequent kickoff. During the successful 2-point try, B77 holds A62. Can Team A have the second holding penalty also enforced on the subsequent kickoff?</p> <p>8-2-2 C</p>	<ul style="list-style-type: none"> * A. Yes - The fouls did not occur during the same down. * B. No - This is a multiple foul and only one penalty can be enforced. * C. No - This is a double foul and only one penalty can be enforced. * D. Yes - Only at the discretion of the Referee.
A 7	<p>1-5 b-1</p> <p>Prior to the game, the umpire examines a hard cast on B72's forearm. In which situation is B72 allowed to play?</p>	<ul style="list-style-type: none"> * A. If the hard cast is padded with at least 1/2 inch thick, closed-cell, slow recovery foam padding. * B. If Team B's coach provides written authorization from a licensed medical physician directing the use of the cast as necessary to protect an injury. * C. If the hard cast is padded with at least 5/8 inch thick, closed-cell, slow recovery foam padding. * D. A & B
A 8	<p>A64 is the left guard. In which of the following plays does A64 execute a legal block below the waist in the free blocking zone?</p>	<ul style="list-style-type: none"> * A. Team A is in shotgun formation. At the snap, A64's immediate, initial block is below the waist. * B. A9 is in position to receive a direct snap. At the snap, A64 pulls behind the center and blocks below the waist while the ball is in the free blocking zone. * C. At the snap, B54 fills hard from his linebacker position 4 yards from the line of scrimmage. A64 blocks him below the waist while the ball is in the free blocking zone. * D. At the snap, linebacker B54 is lined up 1 yard from the line of scrimmage. A64 blocks B72, then blocks B54 below the waist while the ball is in the free blocking zone.
D 9	<p>It's Team A's ball, 1st and goal from Team B's 9-yard line. A20 is advancing towards Team B's goal line near the sideline. He dives towards the goal line with the ball extended and is contacted by B9. His knee touches down out of bounds at the 3-yard line. The ball crossed the sideline at the 1-yard line and breaks the plane of the goal line extended. A20 loses possession when his arm hits the ground. What is the result of this play?</p> <p>4-3-3</p>	<ul style="list-style-type: none"> * A. Touchdown * B. Team A's ball, 2nd and goal at Team B's 3-yard line * C. Touchback * D. Team A's ball, 2nd and goal at Team B's 1 yard line

		* D. Team R's ball, 1st and 10, at Team R's 30. The game will start with the snap.
34 A	B1 intercepts Team A's pass at A's 10-yard line and returns it for a touchdown. B2 clips in Team A's end zone after the interception, but before the score. What is the correct ruling? 10-4-7	* A. Team B's ball, 1st and 10, at Team A's 15-yard line * B. Team B's ball, 1st and 10, at Team A's 35-yard line * C. Safety. Team B will free kick from their 20-yard line. * D. none of the above
35 42-2 C E-2	Team A is in a legal scrimmage kick formation. The place kick holder's knee(s) are on the ground, and a teammate is in a kicking position. When does the ball become dead?	* A. The holder catches or recovers a snap if his knee(s) are still on the ground, and he places the ball for a kick, or he rises to advance, hand, kick or pass the ball. * B. The holder rises and catches an errant snap and immediately returns to knee(s) and places the ball for a kick, or he rises to advance, hand, kick, or pass the ball. * C. When the holder muffs the snap or fumbles after his knee(s) have been off the ground, and he immediately returns to his knee(s) and places the ball for a kick, or he rises to advance, hand, kick, or pass the ball. * D. The ball remains live in all of the above situations.
36 2-4-1 9-6-1 C	Team A has the ball, 2nd and 10, at Team B's 40-yard line. Eligible receiver A2 gets blocked out of bounds. At the first opportunity to do so, he attempts to return to the field of play. A1 throws a legal forward pass which A2 catches while airborne prior to returning to the field of play. A2 catches the ball and lands in the field of play and is tackled at Team B's 29-yard line? What is the result of the play?	* A. This is an incomplete pass, since A2 was out of bounds when he left the ground and caught the pass. 3rd and 10 for Team A at Team B's 40-yard line * B. his is illegal participation by A2. Since A2 was out of bounds, it is illegal for him to return and participate. 15-yard penalty from Team B's 40-yard line; 2nd and 25 from Team A's 45 * C. This is a complete pass. 1st and 10 for Team A at Team B's 29-yard line * D. This is illegal touching. When eligible A2 was blocked out of bounds, A2 became ineligible. 2nd and 15 from Team B's 45
37 6-3-1a D 2-242 8-5-2a B	K85's punt from midfield lands at the R 10-yard line and bounces into the air. K32 attempts to keep the kick out of the end zone and bats it into R45 at the 3-yard line. The ball then rebounds from R45 and goes into the end zone. Thinking he was hit by the kick, R45 tries to cover the kick. Both R45 and K11 simultaneously recover the kick in the end zone. What is the correct ruling?	* A. Team K's ball, 1st and goal, at the Team R 3-yard line * B. Touchdown for Team K * C. Team R's ball, 1st and 10, at the Team R 3-yard line (first touching spot) * D. Touchback - Team R's ball, 1st and 10, at the 20-yard line
38 B	Punt returner R10 is standing on the 10-yard line. The punt goes deep over his head, and he catches the punt at the 2-yard line with his momentum taking him back into the end zone. While in the end zone, he is immediately tackled by K55. What is the correct ruling?	* A. momentum exception; 1st and 10 for Team R on the 20-yard line * B. momentum exception; 1st and 10 for Team R on the 2-yard line * C. Safety; score 2 points for Team K * D. none of the above
39 C	Team K has the ball, 3rd and 10 on its own 10-yard line. K48's punt is blocked. K10 recovers the ball on Team K's 4-yard line. K10 advances the ball to K's 15-yard line. What is the result of the play?	* A. Team R's ball - 1st and 10 at the 15-yard line * B. Team K's ball - 1st and 10 at the 4-yard line * C. Team K's ball - 4th and 5 at the 15-yard line * D. Team K's ball - 1st and 10 at the 15-yard line
40 C	Team A has the ball, 2nd and 7, at Team B's 15-yard line. B3 intercepts A1's legal forward pass at his 3-yard line and his momentum carries him into his own end zone. While still in his end zone, he fumbles the ball, and it rolls forward into the field of play where it goes out of bounds at team B's 4-yard line. What is the result of this play?	* A. It is a touchback, and it is team B's ball at its 20-yard line. * B. Team A scores a two-point safety. * C. It is Team B's ball, 1st and 10, at its own 4-yard line. * D. The momentum rule applies, and it is 1st and 10 for Team B at its 3-yard line.
41 B	Team A has the ball, 4th and 4, from the B 44-yard line. A22 runs to the B 34-yard line then throws an incomplete forward pass. What is the correct ruling?	* A. If declined, the result is B's ball, 1st and 10 from B's 44-yard line. * B. If accepted, the result is A's ball, 1st and 10 from B's 39-yard line. * C. If accepted, the result is B's ball, 1st and 10 from B's 39-yard line. * D. If accepted, the result is B's ball, 1st and 10 from B's 49-yard line.
42 B	Team K legally kicks during any scrimmage down, and the ball goes out of bounds behind the line of scrimmage. What is the correct ruling?	* A. The ball belongs to Team K. * B. The ball belongs to Team R. * C. It is a penalty, and the down must be replayed. * D. none of the above
43 B	At the end of the regular 15-minute half-time intermission, Team B is not on the field when the intermission ends, and the timer appropriately starts the 3-minute warm-up period. Team B does not arrive on the field until the 3-minute warm-up period has expired. What is the correct ruling?	* A. Assess Team B's head coach with a 15-yard unsportsmanlike conduct penalty and reset game clock to 3 minutes to allow Team B to warm up. * B. Assess Team B's head coach with a 15-yard unsportsmanlike conduct penalty. * C. Assess Team B's head coach with a 5-yard delay of game penalty. * D. Assess Team B's head coach with two 15-yard unsportsmanlike conduct penalties.
44 C	A free kick down ends with the ball in the field of play or out of bounds between the goal lines. Which of these statements is true?	* A. If the ball is out of bounds, the team to last touch the kicked ball before it went out of bounds has possession. * B. If the ball is in bounds, Team K has possession if both K and R players have joint possession of the kicked ball. * C. If the ball is out of bounds, Team R has possession at the inbounds spot if an R player touched the kicked ball before it went out of bounds. * D. If the ball is in bounds, Team K has possession if a K player recovered the kicked ball at K's 47-yard line.
45 8-2-4 A	On the last play of the game, Team A scores a touchdown to pull within 1 point of tying the game. After the touchdown and prior to the ready-for-play signal, Team B is assessed with an unsportsmanlike penalty. What option does Team A have regarding the penalty?	* A. Team A can have the penalty assessed on the try. * B. Team A can have the penalty assessed at the beginning of the overtime period. * C. Team A can have the penalty assessed on the succeeding kickoff. * D. Team A does not have an option in this situation.

- * C. out of bounds behind the goal line.
- * D. none of the above

23

In the last few seconds of a half, A1 completes a pass to A2 at Team B's 15-yard line. The ball is properly spotted and is ready for play. In the rush and confusion to stop the clock, Team A's snapper and quarterback A1 are the only players in legal position when the ball is snapped and legally "spiked" by A1. A foul for illegal formation occurs at the snap. What is the result of this play?

- * A. After the formation penalty is enforced and the ball is marked ready for play, the clock will start on the snap.
- * B. The formation foul causes the play to be whistled dead before the snap, and the clock will start on the ready for play signal.
- * C. The spiking of the ball to conserve time is illegal because of the formation foul, and Team A is penalized for delay of the game. The clock will start on the ready for play signal.
- * D. none of the above

24

Team A has the ball, 4th and 2, at Team B's 25-yard line. A1 is tackled at the B 24-yard line. B2 then piles on. What is the correct ruling?

- * A. Team B's ball, 1st and 10, at Team B's 9-yard line
- * B. Team A's ball, 1st and 10, at Team B's 12-yard line
- * C. Team B's ball, 1st and 10, at Team B's 12-yard line
- * D. Team A's ball, 1st and 10, at Team B's 9-yard line

25

Team A has the ball, 1st and 10, at their own 20-yard line. A12 drops back and throws a forward pass. Offensive lineman A65 is flagged for holding 8 yards behind the line of scrimmage at the 12-yard line while the ball is in the air. If the penalty is accepted, what is the correct enforcement?

- * A. Penalize Team A 10 yards from the 20-yard line. 1st and 20 from the 10-yard line
- * B. Penalize Team A half the distance from the 12-yard line. 1st and 24 from the 6-yard line
- * C. The defense gets the option of having the penalty enforced from the previous spot or the spot of the foul.
- * D. none of the above

26

An untouched free kick from K's 40-yard line goes out of bounds at Team K's 47-yard line. What is the most advantageous choice for Team R in this situation?

- * A. Team R's ball, 1st and 10 at Team K's 42-yard line
- * B. Team R's ball, 25 yards beyond the previous spot
- * C. Decline the penalty. Put the ball in play at the out of bounds spot.
- * D. Penalize from the previous spot and have Team K re-kick.

27

Clipping is legal as long as the player does which of the following?

- * A. clips the opponent, who is not the runner, below the waist from behind in the free-blocking zone
- * B. clips the opponent below the waist if that player is the runner or is pretending to be the runner
- * C. clips the opponent in the free-blocking zone while both players are on the line of scrimmage
- * D. clips the opponent after the opponent has advanced to a position behind the line of scrimmage

28

Team K's free kick is high and comes down over K's 45-yard line where it is muffed in flight by K2. K3 recovers the ball on Team R's 40-yard line. What is the result of this play?

- * A. Team K will be penalized 5-yards for first touching and have the ball 1st and 10 at Team R's 35-yard line.
- * B. Team R's ball, 1st and 10, at their 40-yard line.
- * C. Team R has the option of having the ball re-kicked 15-yards from the previous spot or having the 15-yard penalty enforced from Team K's 45-yard line.
- * D. Team K has fouled by recovering the ball at Team R's 40-yard line.

29

K1's punt on 4th and 10 is from his own 20-yard line. The kick is high and short. R1 gives a valid signal beyond the neutral zone and muffs the kick. The ball rebounds behind the neutral zone where K1 recovers the ball at his 15-yard line and advances to his 18-yard line. What is the correct ruling?

- * A. Team K may not advance a muff by R. Team K's ball, 1st and 10, at K's 15-yard line
- * B. It is a legal advance by K1. Team K's ball 1st and 10 from their 18-yard line.
- * C. Team K relinquished possession by kicking on fourth down. Team R's ball 1st and 10 from Team K's 18-yard line.
- * D. It is a legal advance by K1, but he did not reach the line to gain. Team R's ball, 1st and 10, from Team K's 18-yard line.

30

A80 runs a long pass pattern down the sideline and does not return to his team's huddle, remaining outside the 9-yard marks after the ready for play. On the next play, A80 catches a pass. What is the correct call?

- * A. This is a legal play.
- * B. This is a foul for illegal participation. If accepted, the penalty is 15 yards from the previous spot.
- * C. This is a foul for illegal formation. If accepted, the penalty is 5 yards from the previous spot.
- * D. This is a foul for unsportsmanlike conduct. If accepted, the penalty is 15 yards from the succeeding spot.

31

Team A is running a sweep with several lead blockers out in front of the ball carrier. Defender B3 comes up from his safety position and takes out two of the lead blockers by submerging them from in front but below the waist. What is the correct call?

- * A. This is a legal play since defensive players are allowed to contact offensive players below the waist if it is an attempt to take out the lead blockers.
- * B. This is a foul for illegal block below the waist by B3. Penalize 15 yards from the previous spot.
- * C. This is a foul for illegal block below the waist by B3. Penalize 15 yards from the end of the run.
- * D. none of the above

32

Team A has the ball, 1st and goal on the 8-yard line. After taking the handoff, A40 is hit at the 4-yard line. Prior to being down, he intentionally fumbles the ball forward to A44 who recovers the ball at the 2-yard line and goes into the end zone as the clock runs out at the end of the first half. What is the correct ruling?

- * A. Touchdown for Team A
- * B. Team A's ball, 2nd down at the 4-yard line. There will be one untimed down.
- * C. Team A's ball, 2nd down at the 9-yard line after the penalty for an illegal forward pass. There will be one untimed down.
- * D. The half is over, no score.

33

R34 catches K1's kickoff and returns the ball to R's 30. While the kick is in flight, R24 blocks K1 below the waist at Team R's 40. Team K accepts the penalty. What is the correct ruling?

- * A. Team K will re-kick from Team R's 45. The game clock will start on the ready for play signal.
- * B. Team R's ball, 1st and 10, at Team R's 20. The game clock will start on the ready for play signal.
- * C. Team K will re-kick from Team R's 45. The game clock will start when the kick is touched other than first touching by Team K.

<p>B 3 46</p>	<p>A player who initiates contact against an opponent whose helmet has come completely off has committed</p> <p>9-4-41</p>	<ul style="list-style-type: none"> * A. unsportsmanlike conduct. * B. a personal foul. * C. illegal participation. * D. holding.
<p>C 47</p>	<p>Team A has the ball, 2nd and 19 at the A 11-yard line. A18 throws a forward pass that crosses the neutral zone. B22 intercepts the pass at the A 20-yard line and runs it back for a touchdown. B22 was called for defensive pass interference. What is the next play?</p> <p>7-5-10 pFW</p>	<ul style="list-style-type: none"> * A. Team A's ball, 1st and 10, at the 20-yard line * B. Team A's ball, 1st and 10, at the 26-yard line * C. Team A's ball, 2nd and 4, at the 26-yard line * D. Team B's ball, 1st and 10, at the 20-yard line
<p>C 48</p>	<p>When shall a period be extended?</p> <p>3-3-3a</p>	<ul style="list-style-type: none"> * A. when there is an accepted penalty by either team, and the clock expires before the next play can be run * B. when the penalty by an opponent is declined and the clock expires before the next play can be run * C. when the period ends, and a foul occurs during the live ball, and the penalty is accepted * D. when a foul occurs after the period has ended but before the next period begins
<p>D 49</p>	<p>Which of these items is NOT allowed to be imprinted on the football?</p> <p>1-3-1h</p>	<ul style="list-style-type: none"> * A. Conference name * B. School mascot * C. State association logo * D. United States flag
<p>C 50</p>	<p>Team A has the ball, 4th and 9, from their own 20-yard line. A1 fakes a kick then runs to his 25-yard line and kicks the ball. The ball goes out of bounds at the 50-yard line. Which of the following statements is true?</p> <p>9-7</p>	<ul style="list-style-type: none"> * A. The kick is illegal, and the resulting loose ball is treated as a fumble. * B. If the penalty for the illegal kick is declined, it will be Team B's ball, 1st and 10, from the 50. * C. If the penalty for the illegal kick is accepted, it is enforced from the end of the kick. * D. all of the above

9-7-1g