



# Indian Psychiatric Society

## South Zonal Branch



### MID TERM CME FOR PRACTITIONERS

SATURDAY  
SUNDAY

1<sup>st</sup> & 2<sup>nd</sup>

JUNE  
2024

VENUE : Mourya Inn, Kurnool, Andhra Pradesh

Theme :

**Balance Intricacies and Complexities of Mind and Soma**

Organised by :

**Kurnool Psychiatric Society**  
**IPS A.P. State Branch**



# *Invitation*

## *from the Organizing Team*

**Dear delegates,**

On behalf of the Kurnool Psychiatric Society, we extend a warm welcome to all of you for the upcoming Continuing Medical Education (CME) event in 2024. With great excitement and anticipation, we invite you to join us as we delve into the theme of "Balancing intricacies and complexities of mind soma."

As an organizing committee, our primary objective is to create a platform that fosters knowledge exchange, collaboration, and innovation within the field of psychiatry. We understand that as practitioners, you face unique challenges in your daily practice - navigating the intricate workings of the human mind and its connection to physical wellbeing.

The CME event will serve as a hub for thought-provoking discussions, interactive workshops, and engaging presentations by renowned experts in the field. Our aim is to provide you with valuable insights and practical tools that can enhance your understanding and approach towards achieving a harmonious balance between mind and body.

By attending this event, you will have the opportunity to network with like-minded professionals who share your passion for advancing psychiatric care. It is our belief that through collaboration and shared learning experiences, we can collectively contribute towards improving patient outcomes.

We are confident that this CME event will leave a lasting impact on your professional development while providing you with fresh perspectives on addressing the intricacies and complexities faced in your practice.

We look forward to welcoming each one of you at this highly anticipated gathering in 2024. Together, let us embark on a journey towards greater understanding and mastery of balancing mind soma.

*With warm regards*



**Dr. P.S.N. Murthy**  
Organising Chief Patron



**Dr. B. Ramesh Babu**  
Organising Chairman



**Dr. K. Nagi Reddy**  
Organising Secretary

Organising Joint Secretaries

**Dr. K. Hariprasad, Dr. K. Suhruth Reddy**

&

Organising Committee

**IPS SZ Branch Mid Term CME for Practitioners 2024**  
**Kurnool Psychiatric Society**

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**Dr. N. Chaitanya Kumar, Dr. Gowtham Reddy,**

**Dr. Veerendra, Dr. Manideep Sai, Dr. Priyanka**

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### **SPORTS COMMITTEE : Dr. N. Chaitanya Kumar**

## SCIENTIFIC PROGRAM SCHEDULE

### DAY 1

Day 1, Time	Topic Title	Speaker
<b>8.30am to 9.30am</b>	<b>Registration</b>	
9.30.am to 10.0am	CME Inauguration & Welcome Address	
10am to 10.45 am	Evolution of the concept of Psychosomatic disorders	<b>Dr TP Sudhakar</b> Professor, Dept. of Psychiatry, Apollo Institute of Medical Sciences and Research, Chittoor
10.45am to 11.30am	Cultural and biological factors impacting the erstwhile “Psychosomatic disorders”	<b>Dr Smitha Ramadas</b> Professor of Psychiatry Government Medical College, Kottayam
11.30 to 12pm	Tea Break	
12pm to 12.45pm	Psychosomatic presentations in children and Adolescents - Developmental perspectives	<b>Dr Ravikanth Tangella</b> Consultant Psychiatrist Dr. Ravi's Child Guidance Clinic Hyderabad
12.45pm to 1.30pm	Management strategies in the context of medically unexplained symptoms, with case vignettes	<b>Dr Deepa Ramaswamy</b> Professor, Department of Psychiatry CMC, Vellore
1.30pm to 2.30pm	Conference Lunch	
2.30pm to 3.15pm	Pharmacotherapy for Psychosomatic disorders	<b>Dr Mahesh R Gowda</b> Director and Chief Psychiatrist, Spandana Hospital, Bengaluru
3.15pm to 4pm	Gut-brain Axis-role in psychosomatic disorders and Implications in treatment	<b>Dr Hema Tharoor</b> Senior Consultant Psychiatrist SCARF, Chennai
4.pm to 4.30pm	Tea Break	
4.30pm to 5.30pm	Panel Discussion : "What is liaison psychiatry? How and why should we practice it?"	<b>Dr Vishal Reddy India</b> Director and Chief Psychiatrist Indias Hospitals, Vijayawada
		<b>Dr Vidhu Kumar K</b> Professor of Psychiatry Government Medical College, Ernakulam
		<b>Dr Lokeshwara Reddy</b> Professor, Dept. of Psychiatry Government Hospital for Mentalcare, Vizag
		<b>Dr Rajshekar Bipeta</b> Professor, Dept. of Psychiatry IMH, Hyderabad

## SCIENTIFIC PROGRAM SCHEDULE

### DAY 2

Day 2, Time	Topic Title	Speaker
9.30am to 10.30am	Chronic Pain Syndrome : Psychiatric issues and role of Psychiatrist	<b>Dr Geetha Desai</b> Professor, Department of Psychiatry, NIMHANS, Bengaluru
10.30pm to 11.30am	Psychological interventions for psychosomatic disorders	<b>Dr Veena Satyanarayana</b> Professor Dept. of Psychology NIMHANS, Bengaluru
11.30 to 12pm	Tea Break	
12.pm to 1pm	Panel discussion : substance abuse comorbidity in Psychosomatic disorders : How to tackle	<b>Dr A Vijayachandra Reddy</b> Professor, Dept. of Psychiatry AIIMS, Mangalagiri
		<b>Dr N. Arun Kumar</b> Director and chief Consultant Psychiatrist ATHMA Hospitals, Trichy
		<b>Dr GV Lakshmi Narasimha</b> Assistant Professor of Psychiatry Centre for Addiction Medicine, NIMHANS, Bengaluru
		<b>Dr Dayal Narayan</b> Professor, Dept. of Psychiatry Government Medical College, Kozhikode.
1.pm to 1.45pm	Sex and Sleep	<b>Dr T.S.S Rao</b> Professor Emeritus, Dept. of Psychiatry JSS Medical College, Mysore.
1.45 to 2.30pm	Conference Lunch	
2.30pm to 3pm	Prizes distribution to PG's for best questions	
3pm onwards	Valedictory session	

## REGISTRATION CHARGES

Registration Fee shall be charge in INR and no other currency

REGISTRATION CATEGORY	FEB 15 <sup>th</sup> to APRIL 30 <sup>th</sup>	MAY 1 <sup>st</sup> to MAY 15 <sup>th</sup>	SPOT
IPS SOUTH ZONE MEMBERS	INR 3,500	INR 4,500	INR 6,000
IPS SOUTH ZONE NON-MEMBERS	INR 4,500	INR 5,500	INR 7,000
IPS SOUTH ZONE SENIOR MEMBERS (ABOVE 65 YEARS )	COMPLIMENTARY	COMPLIMENTARY	INR 5,000
PG STUDENT	INR 1,500	INR 2,000	INR 2,500
KURNOOL IMA MEMBERS	INR 2,500	INR 2,500	INR 3,500
ACCOMPANYING PERSON (FAMILY MEMBER ONLY)	INR 2,500	INR 2,500	INR 3,000
INDIAN CORPORATE	INR 11,000	INR 11,000	INR 11,000

### PAYMENTS TO BE DRAWN ON

Payment to be made  
through online mode only  
please visit :  
[www.ipssozop24.com](http://www.ipssozop24.com)

**SCAN  
& REGISTER**



**For Registration, please visit: <https://ipssozop24.com>**

### ACCOMMODATION (with distance from venue)

Mourya Inn (Venue) | DVR Mansion - 1km | Triguna Clarks Inn - 1km,  
 Sasya Pride - 0.8km | Suraj Grand - 1.6km | Athidi Grand - 2.6km,  
 R.K. Inn - 1.2km | Keshava Grand - 1.7km | Rajabhojanam - 1.8km,  
 S.V. Residency - 0.8km | B.A.S. Residency - 0.8km.

### TRAVEL

Kurnool (Orvakal) Airport with good domestic connectivity - 25km from the Venue (Flights from Chennai, Bangalore & Vizag.)

#### "BANGALORE TO KURNOOL"

MON, WED, FRI, SUN Dep : 9:35am, Arri : 10:50am

#### "CHENNAI TO KURNOOL"

TUE, THU, SAT Dep : 2:20pm, Arri: 3:25pm

#### "VIZAG TO KURNOOL"

MON, WED, FRI, SUN Dep : 1:45pm, Arri : 2:45pm

#### "KURNOOL TO BANGALORE"

MON, WED, FRI, SUN Dep : 3:05pm, Arri : 4:10pm

#### "KURNOOL TO CHENNAI"

TUE, THU, SAT Dep : 3:45pm, Arri: 4:55pm

#### "KURNOOL TO VIZAG"

MON, WED, FRI, SUN, Dep : 11:10am, Arri : 12:45pm

Kurnool Railway Station has very good rail connectivity to most of the South Indian States - 0.8km from the Venue

Kurnool Bus Station has very good bus connectivity to most of the South Indian States - 1.4km from the Venue

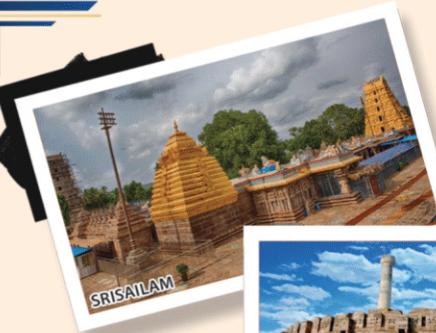
### CONFERENCE SECRETARIAT

IPS South Zonal Branch Mid Term CME for Practitioners 2024

Kurnool Psychiatric Society, Kurnool. [A.P.]

email - ipsszmid2024@gmail.com

Mobile No. : 98480 98067 | 91605 23104 | 94405 54183



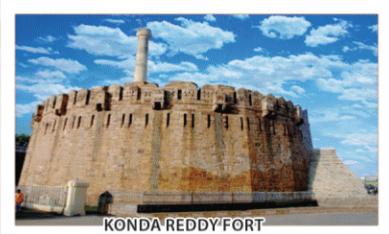
SRISAILAM



MAHANANDI



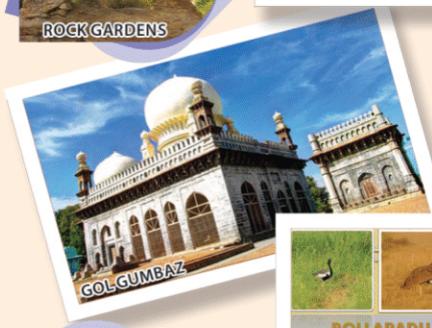
ROCK GARDENS



KONDA REDDY FORT



YAGANTI



GOLGUMBAZ



BANAGANAPALLI FORT



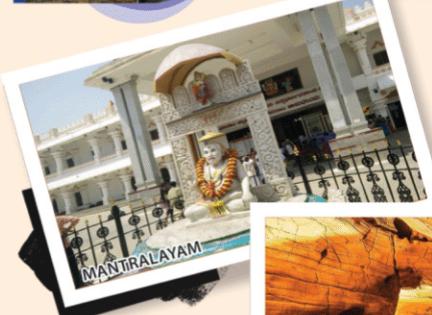
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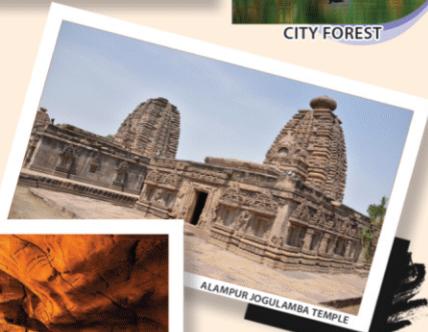
NALLAMALA JUNGLE CAMP



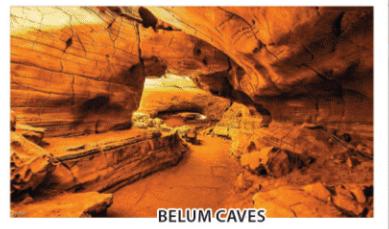
CITY FOREST



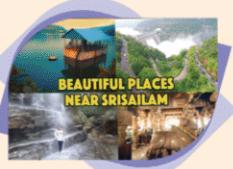
MANTRALAYAM



ALAMPUR JOGULAMBA TEMPLE



BELUM CAVES



BEAUTIFUL PLACES NEAR SRISAILAM

*Places of attraction*



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**CITA-S<sup>®</sup>** **Plus**  
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