



Department of Veterans Affairs

ANKLE CONDITIONS DISABILITY BENEFITS QUESTIONNAIRE

IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY OR REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION ON REVERSE BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN

PATIENT/VETERAN'S SOCIAL SECURITY NUMBER

NOTE TO PHYSICIAN - The veteran or service member is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the claim. VA reserves the right to confirm the authenticity of ALL DBQs completed by private health care providers.

MEDICAL RECORD REVIEW

WAS THE VETERAN'S VA CLAIMS FILE REVIEWED?

☐ YES ☐ NO

IF YES, LIST ANY RECORDS THAT WERE REVIEWED BUT WERE NOT INCLUDED IN THE VETERAN'S VA CLAIMS FILE:

IF NO, CHECK ALL RECORDS REVIEWED:

- | | |
|---|---|
| <input type="checkbox"/> Military service treatment records | <input type="checkbox"/> Department of Defense Form 214 Separation Documents |
| <input type="checkbox"/> Military service personnel records | <input type="checkbox"/> Veterans Health Administration medical records (<i>VA treatment records</i>) |
| <input type="checkbox"/> Military enlistment examination | <input type="checkbox"/> Civilian medical records |
| <input type="checkbox"/> Military separation examination | <input type="checkbox"/> Interviews with collateral witnesses (<i>family and others who have known the veteran before and after military service</i>) |
| <input type="checkbox"/> Military post-deployment questionnaire | <input type="checkbox"/> Other: _____ |
| | <input type="checkbox"/> No records were reviewed |

SECTION I - DIAGNOSIS

NOTE: These are condition(s) for which an evaluation has been requested on an exam request form (Internal VA) or for which the Veteran has requested medical evidence be provided for submission to VA.

1A. LIST THE CLAIMED CONDITION(S) THAT PERTAIN TO THIS DBQ:

NOTE: These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in comments section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.

1B. SELECT DIAGNOSES ASSOCIATED WITH THE CLAIMED CONDITION(S) (*Check all that apply*):

- ☐ The Veteran does not have a current diagnosis associated with any claimed condition listed above. (*Explain your findings and reasons in comments section.*)
- | | | | |
|---|---|-----------------|--------------------------|
| <input type="checkbox"/> Lateral collateral ligament sprain (<i>chronic/recurrent</i>) | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Deltoid ligament sprain (<i>chronic/recurrent</i>) | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Osteochondritis dissecans to include osteochondral fracture | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Impingement (<i>anterior/posterior (or trigonum syndrome)/anterolateral</i>) | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Tendonitis (<i>achilles/peroneal/posterior tibial</i>) | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Retrocalcaneal bursitis | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Achilles tendon rupture | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Osteoarthritis of the ankle | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Avascular necrosis, talus | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Ankle joint replacement | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Ankylosis of ankle, subtalar or tarsal joint | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> Other (<i>specify</i>) _____ | | | |
| Other diagnosis #1: _____ | | | |
| Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | | ICD Code: _____ | Date of diagnosis: _____ |
| Other diagnosis #2: _____ | | | |
| Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | | ICD Code: _____ | Date of diagnosis: _____ |
| Other diagnosis #3: _____ | | | |
| Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | | ICD Code: _____ | Date of diagnosis: _____ |



SECTION I - DIAGNOSIS (Continued)

1C. COMMENTS (if any):

1D. WAS AN OPINION REQUESTED ABOUT THIS CONDITION (internal VA only)?

☐ YES ☐ NO ☐ N/A**SECTION II - MEDICAL HISTORY**

2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S ANKLE CONDITION (brief summary):

2B. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE FUNCTION OF THE ANKLE?

☐ YES ☐ NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF THE IMPACT OF FLARE-UPS IN HIS OR HER OWN WORDS:

2C. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT OF THE JOINT OR EXTREMITY BEING EVALUATED ON THIS DBQ (regardless of repetitive use)?

☐ YES ☐ NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS:

SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS

Measure ROM with a goniometer. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, wincing, etc..., on pressure or manipulation. Document painful movement in Section 5.

Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A.

3A. INITIAL ROM MEASUREMENTS

Ankle	Joint Movement	ROM Measurement	If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5:
RIGHT ANKLE	Plantar Flexion (normal endpoint = 45 degrees)	_____ <input type="checkbox"/> Not indicated <input type="checkbox"/> Not able to perform	
	Dorsiflexion (normal endpoint = 20 degrees)	_____ <input type="checkbox"/> Not indicated <input type="checkbox"/> Not able to perform	
LEFT ANKLE	Plantar Flexion (normal endpoint = 45 degrees)	_____ <input type="checkbox"/> Not indicated <input type="checkbox"/> Not able to perform	
	Dorsiflexion (normal endpoint = 20 degrees)	_____ <input type="checkbox"/> Not indicated <input type="checkbox"/> Not able to perform	

3B. DO ANY ABNORMAL ROMs NOTED ABOVE CONTRIBUTE TO FUNCTIONAL LOSS?

☐ YES (you will be asked to further describe these limitation in Section 6 below)☐ NO, EXPLAIN WHY THE ABNORMAL ROMs DO NOT CONTRIBUTE:

3C. IF ROM DOES NOT CONFORM TO THE NORMAL RANGE OF MOTION IDENTIFIED ABOVE BUT IS NORMAL FOR THIS VETERAN (for reasons other than an ankle condition, such as age, body habitus, neurologic disease), EXPLAIN:

SECTION IV - ROM MEASUREMENTS AFTER REPETITIVE USE TESTING

4A. POST-TEST ROM MEASUREMENTS

Ankle	Is the veteran able to perform repetitive-use testing?	Is there additional limitation in ROM after repetitive-use testing?	Joint Movement	Post-test ROM Measurement
RIGHT ANKLE	<input type="checkbox"/> Yes If yes, perform repetitive-use testing <input type="checkbox"/> No If no, provide reason below, then proceed to Section 5	<input type="checkbox"/> Yes <input type="checkbox"/> No, there is no change in ROM after repetitive testing If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	Plantar Flexion	_____
			Dorsiflexion	_____
LEFT ANKLE	<input type="checkbox"/> Yes If yes, perform repetitive-use testing <input type="checkbox"/> No If no, provide reason below, then proceed to Section 5	<input type="checkbox"/> Yes <input type="checkbox"/> No, there is no change in ROM after repetitive testing If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	Plantar Flexion	_____
			Dorsiflexion	_____

4B. DO ANY POST-TEST ADDITIONAL LIMITATIONS OF ROMs NOTED ABOVE CONTRIBUTE TO FUNCTIONAL LOSS?

- ☐ YES (you will be asked to further describe these limitations in Section 6 below)
- ☐ NO, EXPLAIN WHY THE POST-TEST ADDITIONAL LIMITATIONS OF ROMs DO NOT CONTRIBUTE:

SECTION V - PAIN

5A. ROM MOVEMENTS PAINFUL ON ACTIVE, PASSIVE AND/OR REPETITIVE USE TESTING

Ankle	Are any ROM movements painful on active, passive and/or repetitive use testing? <i>(If yes, identify whether active, passive, and/or repetitive use in question 5D)</i>	If yes (there are painful movements), does the pain contribute to functional loss or additional limitation of ROM?	If no (the pain does not contribute to functional loss or additional limitation of ROM), explain why the pain does not contribute:
RIGHT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> No	
LEFT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> No	

5B. PAIN WHEN USED IN WEIGHT-BEARING OR IN NON WEIGHT-BEARING

Ankle	Is there pain when the joint is used in weight-bearing or non weight-bearing? <i>(If yes, identify whether weight-bearing or non weight-bearing in question 5D)</i>	If yes (there is pain when used in weight-bearing or non weight-bearing), does the pain contribute to functional loss or additional limitation of ROM?	If no (the pain does not contribute to functional loss or additional limitation of ROM), explain why the pain does not contribute:
RIGHT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> No	
LEFT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> No	

5C. LOCALIZED TENDERNESS OR PAIN ON PALPATION

Ankle	Does the Veteran have localized tenderness or pain to palpation of joints or soft tissue?	If yes, describe including location, severity and relationship to condition(s) listed in the Diagnosis section:
RIGHT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	
LEFT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	

5D. COMMENTS, IF ANY:

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SECTION VI - FUNCTIONAL LOSS AND ADDITIONAL LIMITATION OF ROM

NOTE: The VA defines functional loss as the inability, due to damage or infection in parts of the system, to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. As regards the joints, factors of disability reside in reductions of their normal excursion of movements in different planes.

Using information from the history and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of ROM after repetitive use for the joint or extremity being evaluated on this DBQ:

6A. CONTRIBUTING FACTORS OF DISABILITY (*check all that apply and indicate side affected*):

- | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|
| <input type="checkbox"/> No functional loss for <u>left</u> lower extremity attributable to claimed condition
<input type="checkbox"/> No functional loss for <u>right</u> lower extremity attributable to claimed condition

<input type="checkbox"/> Less movement than normal (<i>due to ankylosis, limitation or blocking, adhesions, tendon-tie-ups, contracted scars, etc.</i>)
<input type="checkbox"/> More movement than normal (<i>from flail joints, resections, nonunion of fractures, relaxation of ligaments, etc.</i>)
<input type="checkbox"/> Weakened movement (<i>due to muscle injury, disease or injury of peripheral nerves, divided or lengthened tendons, etc.</i>)
<input type="checkbox"/> Excess fatigability
<input type="checkbox"/> Incoordination, impaired ability to execute skilled movements smoothly
<input type="checkbox"/> Pain on movement
<input type="checkbox"/> Swelling
<input type="checkbox"/> Deformity
<input type="checkbox"/> Atrophy of disuse
<input type="checkbox"/> Instability of station
<input type="checkbox"/> Disturbance of locomotion
<input type="checkbox"/> Interference with sitting
<input type="checkbox"/> Interference with standing
<input type="checkbox"/> Other, describe: | <table border="0"> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> <tr> <td><input type="checkbox"/> Right</td> <td><input type="checkbox"/> Left</td> <td><input type="checkbox"/> Both</td> </tr> </table> | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Right | <input type="checkbox"/> Left | <input type="checkbox"/> Both | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

NOTE: If any of the above factors is/are associated with limitation of motion, the examiner must give an opinion on whether pain, weakness, fatigability, or incoordination could significantly limit functional ability during flare-ups or when the joint is ***used repeatedly over a period of time*** and that opinion, if feasible, should be expressed in terms of the degree of additional ROM loss due to pain on use or during flare-ups. The following section will assist you in providing this required opinion.

6B. ARE ANY OF THE ABOVE FACTORS ASSOCIATED WITH LIMITATION OF MOTION?

- ☐ YES (*If yes, complete questions 6C and 6D*)
☐ NO (*If no, proceed to question 6D*)

6C. CONTRIBUTING FACTORS OF DISABILITY ASSOCIATED WITH LIMITATION OF MOTION

Ankle	Can pain, weakness, fatigability, or incoordination significantly limit functional ability during flare-ups or when the joint is <i>used repeatedly over a period of time</i> ?	If yes, please estimate ROM due to pain and/or functional loss during flare-ups or when the joint is used repeatedly over a period of time:	If there is a functional loss due to pain, during flare-ups and/or when the joint is used repeatedly over a period of time but the limitation of ROM cannot be estimated, please describe the functional loss:
RIGHT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	Plantar Flexion _____ <input type="checkbox"/> Est. ROM is not feasible	
		Dorsiflexion _____ <input type="checkbox"/> Est. ROM is not feasible	
LEFT ANKLE	<input type="checkbox"/> Yes <input type="checkbox"/> No	Plantar Flexion _____ <input type="checkbox"/> Est. ROM is not feasible	
		Dorsiflexion _____ <input type="checkbox"/> Est. ROM is not feasible	

CONTRIBUTING FACTORS OF DISABILITY NOT ASSOCIATED WITH LIMITATION OF MOTION

6D. IS THERE ANY FUNCTIONAL LOSS (*not associated with limitation of motion*) DURING FLARE-UPS OR WHEN THE JOINT IS USED REPEATEDLY OVER A PERIOD OF TIME OR OTHERWISE?

RIGHT ANKLE ☐ YES ☐ NO IF YES, DESCRIBE:

LEFT ANKLE ☐ YES ☐ NO IF YES, DESCRIBE:

SECTION VII - MUSCLE STRENGTH TESTING

7A. MUSCLE STRENGTH - RATE STRENGTH ACCORDING TO THE FOLLOWING SCALE:

0/5 No muscle movement
 1/5 Palpable or visible muscle contraction, but no joint movement
 2/5 Active movement with gravity eliminated
 3/5 Active movement against gravity
 4/5 Active movement against some resistance
 5/5 Normal strength

Ankle	Flexion	Rate Strength	Is there a reduction in muscle strength?	If yes, is the reduction entirely due to the claimed condition in the Diagnosis section?	If no (the reduction is not entirely due to the claimed condition), provide rationale:
RIGHT ANKLE	Plantar Flexion	/5	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
	Dorsiflexion	/5			
LEFT ANKLE	Plantar Flexion	/5	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
	Dorsiflexion	/5			

7B. DOES THE VETERAN HAVE MUSCLE ATROPHY?

☐ YES ☐ NO

IF YES, IS THE MUSCLE ATROPHY DUE TO THE CLAIMED CONDITION IN THE DIAGNOSIS SECTION?

☐ YES ☐ NO IF NO, PROVIDE RATIONALE:

FOR ANY MUSCLE ATROPHY DUE TO A DIAGNOSES LISTED IN SECTION 1, INDICATE SIDE AND SPECIFIC LOCATION OF ATROPHY, PROVIDING MEASUREMENTS IN CENTIMETERS OF NORMAL SIDE AND CORRESPONDING ATROPHIED SIDE, MEASURED AT MAXIMUM MUSCLE BULK.

LOCATION OF MUSCLE ATROPHY:

☐ RIGHT LOWER EXTREMITY (*specify location of measurement such as "10cm above or below elbow"*):

CIRCUMFERENCE OF MORE NORMAL SIDE: _____ cm

CIRCUMFERENCE OF ATROPHIED SIDE: _____ cm

☐ LEFT LOWER EXTREMITY (*specify location of measurement such as "10cm above or below elbow"*):

CIRCUMFERENCE OF MORE NORMAL SIDE: _____ cm

CIRCUMFERENCE OF ATROPHIED SIDE: _____ cm

7C. COMMENTS, IF ANY:

SECTION VIII - ANKYLOSIS

COMPLETE THIS SECTION IF VETERAN HAS ANKYLOSIS OF THE ANKLE.

NOTE: Ankylosis is the immobilization and consolidation of a joint due to disease, injury or surgical procedure.

8A. INDICATE SEVERITY OF ANKYLOSIS AND SIDE AFFECTED (*check all that apply*):

RIGHT SIDE:

- ☐ In plantar flexion
If checked, provide degrees: _____
- ☐ In dorsiflexion
If checked, provide degrees: _____
- ☐ With an abduction deformity
- ☐ With an inversion deformity
- ☐ With an eversion deformity
- ☐ In good weight-bearing position
- ☐ In poor weight-bearing position
- ☐ No ankylosis

LEFT SIDE:

- ☐ In plantar flexion
If checked, provide degrees: _____
- ☐ In dorsiflexion
If checked, provide degrees: _____
- ☐ With an abduction deformity
- ☐ With an inversion deformity
- ☐ With an eversion deformity
- ☐ In good weight-bearing position
- ☐ In poor weight-bearing position
- ☐ No ankylosis

8B. COMMENTS, IF ANY:

SECTION IX - JOINT STABILITY			
Ankle	Is ankle instability or dislocation suspected?	If yes, complete the following:	
		Anterior Drawer Test Is there laxity compared with opposite side?	Talar Tilt Test (<i>inversion/eversion stress</i>) Is there laxity compared with opposite side?
RIGHT ANKLE	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNABLE TO TEST	<input type="checkbox"/> YES <input type="checkbox"/> NO
LEFT ANKLE	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNABLE TO TEST	<input type="checkbox"/> YES <input type="checkbox"/> NO

SECTION X - ADDITIONAL COMMENTS	
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10. DOES THE VETERAN NOW HAVE OR HAS HE OR SHE EVER HAD "SHIN SPLINTS", STRESS FRACTURES, ACHILLES TENDONITIS, ACHILLES TENDON RUPTURE, MALUNION OF CALCANEUS (*os calcis*) OR TALUS (*astragalus*), OR HAS THE VETERAN HAD A TALECTOMY (*astragalectomy*)?

☐ YES ☐ NO

IF YES, INDICATE CONDITION AND COMPLETE THE APPROPRIATE SECTIONS BELOW:

☐ SHIN SPLINTS (*medical tibial stress syndrome*)

INDICATE SIDE AFFECTED: ☐ RIGHT ☐ LEFT ☐ BOTH

DOES THIS CONDITION AFFECT ROM OF ANKLE?

☐ YES (If "yes," complete ROM section of ankle on this DBQ)

☐ NO

DOES THIS CONDITION AFFECT ROM OF KNEE?

☐ YES (If "yes," complete VA Form 21-0960M-9 Knee and Lower Leg Conditions)

☐ NO

DESCRIBE CURRENT SYMPTOMS:

☐ STRESS FRACTURE OF THE LOWER LEG

INDICATE SIDE AFFECTED: ☐ RIGHT ☐ LEFT ☐ BOTH

DESCRIBE CURRENT SYMPTOMS:

☐ ACHILLES TENDONITIS OR ACHILLES TENDON RUPTURE

INDICATE SIDE AFFECTED: ☐ RIGHT ☐ LEFT ☐ BOTH

DESCRIBE CURRENT SYMPTOMS:

☐ MALUNION OF CALCANEUS (*os calcis*) OR TALUS (*astragalus*)

INDICATE SEVERITY AND SIDE AFFECTED:

☐ MODERATE DEFORMITY ☐ RIGHT ☐ LEFT ☐ BOTH

☐ MARKED DEFORMITY ☐ RIGHT ☐ LEFT ☐ BOTH

<input type="checkbox"/>	TALECTOMY
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INDICATE SIDE AFFECTED: ☐ RIGHT ☐ LEFT ☐ BOTH

DESCRIBE CURRENT SYMPTOMS:

SECTION XI - SURGICAL PROCEDURES

11. INDICATE ANY SURGICAL PROCEDURES THAT THE VETERAN HAS HAD PERFORMED AND PROVIDE THE ADDITIONAL INFORMATION AS REQUESTED
(check all that apply):

RIGHT SIDE:

☐ TOTAL ANKLE JOINT REPLACEMENT

DATE OF SURGERY: _____

RESIDUALS:

- ☐ None
☐ Intermediate degrees of residual weakness, pain or limitation of motion
☐ Chronic residuals consisting of severe painful motion or weakness
☐ Other, describe: _____

LEFT SIDE:

☐ TOTAL ANKLE JOINT REPLACEMENT

DATE OF SURGERY: _____

RESIDUALS:

- ☐ None
☐ Intermediate degrees of residual weakness, pain or limitation of motion
☐ Chronic residuals consisting of severe painful motion or weakness
☐ Other, describe: _____

☐ ARTHROSCOPIC OR OTHER ANKLE SURGERY

TYPE OF SURGERY: _____

DATE OF SURGERY: _____

☐ ARTHROSCOPIC OR OTHER ANKLE SURGERY

TYPE OF SURGERY: _____

DATE OF SURGERY: _____

☐ RESIDUALS OF ARTHROSCOPIC OR OTHER ANKLE SURGERY

DESCRIBE RESIDUALS: _____

☐ RESIDUALS OF ARTHROSCOPIC OR OTHER ANKLE SURGERY

DESCRIBE RESIDUALS: _____

SECTION XII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS

12A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS, OR ANY SCARS
(surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☐ YES ☐ NO IF YES, COMPLETE QUESTIONS 12B-12D.

12B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY
CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☐ YES ☐ NO IF YES, DESCRIBE (brief summary): _____

12C. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN
THE DIAGNOSIS SECTION ABOVE?

☐ YES ☐ NO

IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (6 SQUARE INCHES);
OR ARE LOCATED ON THE HEAD, FACE OR NECK?

☐ YES ☐ NO

IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT.

IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS.

LOCATION: _____ MEASUREMENTS: length _____ cm X width _____ cm.

NOTE: An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.

12D. COMMENTS, IF ANY:

SECTION XIII - ASSISTIVE DEVICES

13A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS
MAY BE POSSIBLE?

☐ YES ☐ NO IF YES, IDENTIFY ASSISTIVE DEVICES USED (check all that apply and indicate frequency):

<input type="checkbox"/> Wheelchair	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Brace	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Crutches	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Cane	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Walker	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Other: _____	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant

13B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION:

SECTION XIV - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES

14A. DUE TO THE VETERAN'S ANKLE CONDITIONS, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTIONS REMAINS OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? *(Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.)*

- ☐ YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROSTHESIS WOULD EQUALLY SERVE THE VETERAN.
☐ NO

IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES: ☐ RIGHT LOWER ☐ LEFT LOWER

FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES *(brief summary)*:

NOTE: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

SECTION XV - DIAGNOSTIC TESTING

NOTE: Testing listed below is not indicated for every condition. The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

15A. HAVE IMAGING STUDIES OF THE ANKLE BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

- ☐ YES ☐ NO

IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DOCUMENTED?

- ☐ YES ☐ NO IF YES, INDICATE ANKLE: ☐ RIGHT ☐ LEFT ☐ BOTH

15B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS?

- ☐ YES ☐ NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS *(brief summary)*:

15C. IS THERE OBJECTIVE EVIDENCE OF CREPITUS?

- ☐ YES ☐ NO IF YES, INDICATE ANKLE: ☐ RIGHT ☐ LEFT ☐ BOTH

15D. IF ANY TEST RESULTS ARE OTHER THAN NORMAL, INDICATE RELATIONSHIP OF ABNORMAL FINDINGS TO DIAGNOSED CONDITIONS:

SECTION XVI - FUNCTIONAL IMPACT

NOTE: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

16. REGARDLESS OF THE VETERAN'S CURRENT EMPLOYMENT STATUS, DO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECTION IMPACT HIS OR HER ABILITY TO PERFORM ANY TYPE OF OCCUPATIONAL TASK *(such as standing, walking, lifting, sitting, etc.)*?

- ☐ YES ☐ NO IF YES, DESCRIBE THE FUNCTIONAL IMPACT OF EACH CONDITION, PROVIDING ONE OR MORE EXAMPLES:

SECTION XVII - REMARKS

17. REMARKS, IF ANY:

SECTION XVIII - PHYSICIAN'S CERTIFICATION AND SIGNATURE**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

18A. PHYSICIAN'S SIGNATURE

18B. PHYSICIAN'S PRINTED NAME

18C. DATE SIGNED

18D. PHYSICIAN'S PHONE NUMBER

18E. PHYSICIAN'S MEDICAL LICENSE NUMBER

18F. PHYSICIAN'S ADDRESS

NOTE: VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.**IMPORTANT** - Physician please fax the completed form to _____
(VA Regional Office FAX No.)**NOTE:** A list of VA Regional Office FAX Numbers can be found at www.vba.va.gov/disabilityexams or obtained by calling 1-800-827-1000.

PRIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.