



## FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS) DISABILITY BENEFITS QUESTIONNAIRE

**IMPORTANT** - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY OR REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION ON REVERSE BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN

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PATIENT/VETERAN'S SOCIAL SECURITY NUMBER

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**NOTE TO PHYSICIAN** - The veteran or service member is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the claim. VA reserves the right to confirm the authenticity of ALL DBQs completed by private health care providers.

### MEDICAL RECORD REVIEW

WAS THE VETERAN'S VA CLAIMS FILE REVIEWED?

☒ YES ☐ NO

IF YES, LIST ANY RECORDS THAT WERE REVIEWED BUT WERE NOT INCLUDED IN THE VETERAN'S VA CLAIMS FILE:

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IF NO, CHECK ALL RECORDS REVIEWED:

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Military service treatment records | <input type="checkbox"/> Department of Defense Form 214 Separation Documents  |
| <input type="checkbox"/> Military service personnel records            | <input type="checkbox"/> Veterans Health Administration medical records ( <i>VA treatment records</i> )   |
| <input type="checkbox"/> Military enlistment examination               | <input type="checkbox"/> Civilian medical records   |
| <input type="checkbox"/> Military separation examination               | <input type="checkbox"/> Interviews with collateral witnesses ( <i>family and others who have known the veteran before and after military service</i> ) |
| <input type="checkbox"/> Military post-deployment questionnaire        | <input type="checkbox"/> Other: 76  |
| <input type="checkbox"/> No records were reviewed                      |   |

### SECTION I - DIAGNOSIS

**NOTE:** These are condition(s) for which an evaluation has been requested on an exam request form (Internal VA) or for which the Veteran has requested medical evidence be provided for submission to VA.

1A. LIST THE CLAIMED CONDITION(S) THAT PERTAIN TO THIS DBQ:

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**NOTE:** These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in comments section.

Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.

1B. SELECT DIAGNOSES ASSOCIATED WITH THE CLAIMED CONDITION(S) (*Check all that apply*):

☐ The Veteran does not have a current diagnosis associated with any claimed condition listed above. (*Explain your findings and reasons in comments section.*)

- |   |   |              |                       |
|---|---|--------------|-----------------------|
| <input type="checkbox"/> Flat foot (pes planus)<br>( <i>If checked, complete all of Section I, Section II, and Section III</i> )                      | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 47 | Date of diagnosis: 46 |
| <input type="checkbox"/> Morton's neuroma<br>( <i>If checked, complete all of Section I, Section II, and Section IV</i> )                             | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 44 | Date of diagnosis: 45 |
| <input type="checkbox"/> Metatarsalgia<br>( <i>If checked, complete all of Section I, Section II, and Section IV</i> )                                | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 38 | Date of diagnosis: 37 |
| <input type="checkbox"/> Hammer toes<br>( <i>If checked, complete all of Section I, Section II, and Section V</i> )                                   | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 35 | Date of diagnosis: 36 |
| <input type="checkbox"/> Hallux valgus<br>( <i>If checked, complete all of Section I, Section II, and Section VI</i> )                                | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 29 | Date of diagnosis: 28 |
| <input type="checkbox"/> Hallux rigidus<br>( <i>If checked, complete all of Section I, Section II, and Section VII</i> )                              | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 26 | Date of diagnosis: 27 |
| <input type="checkbox"/> Acquired pes cavus (claw foot)<br>( <i>If checked, complete all of Section I, Section II, and Section VIII</i> )             | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 20 | Date of diagnosis: 19 |
| <input type="checkbox"/> Malunion/nonunion of tarsal/metatarsal bones<br>( <i>If checked, complete all of Section I, Section II, and Section IX</i> ) | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 17 | Date of diagnosis: 18 |
| <input type="checkbox"/> Foot injury(ies) Specify:  | Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | ICD Code: 11 | Date of diagnosis: 10 |

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(*If checked, complete all of Section I, Section II, and Section X*)

<input type="checkbox"/> Plantar fasciitis	Side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 8	Date of diagnosis: 9
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(*If checked, complete all of Section I, Section II, and Section X*)

**SECTION I - DIAGNOSIS (Continued)**

1B. SELECT DIAGNOSES ASSOCIATED WITH THE CLAIMED CONDITION(S) (Check all that apply) (Continued):

☒ 112 Other (specify) (If checked, complete all of Section I, question #8 of Section II, and all of Section III)

Other diagnosis #1: 115

Side affected: ☒ 97 Right ☒ 108 Left ☒ 109 Both ICD Code: 110 Date of diagnosis: 111

Other diagnosis #2: 114

Side affected: ☒ 107 Right ☒ 106 Left ☒ 105 Both ICD Code: 104 Date of diagnosis: 103

Other diagnosis #3: 113

Side affected: ☒ 98 Right ☒ 99 Left ☒ 100 Both ICD Code: 101 Date of diagnosis: 102

1C. COMMENTS (if any):

84

1D. WAS AN OPINION REQUESTED ABOUT THIS CONDITION (internal VA only)?

☒ 96 YES ☒ 95 NO ☒ 94 N/A**SECTION II - MEDICAL HISTORY**

2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S FOOT CONDITION (brief summary):

83

2B. DOES THE VETERAN REPORT PAIN OF THE FOOT BEING EVALUATED ON THIS DBQ?

☒ 90 YES ☒ 89 NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF PAIN IN HIS OR HER OWN WORDS:

85

2C. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE FUNCTION OF THE FOOT?

☒ 93 YES ☒ 92 NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF THE IMPACT OF FLARE-UPS IN HIS OR HER OWN WORDS:

91

2D. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT OF THE FOOT BEING EVALUATED ON THIS DBQ (regardless of repetitive use)?

☒ 87 YES ☒ 88 NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS:

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**SECTION III - FLATFOOT (PES PLANUS)**

COMPLETE THIS SECTION IF THE VETERAN HAS FLATFOOT (PES PLANUS).

INDICATE ALL SIGNS AND SYMPTOMS THAT APPLY TO THE VETERAN'S FLATFOOT CONDITION, REGARDLESS OF WHETHER SIMILAR SIGNS AND SYMPTOMS APPEAR MORE THAN ONCE IN DIFFERENT SECTIONS.

3A. DOES THE VETERAN HAVE PAIN ON USE OF THE FEET?

☒ 135 YES ☒ 134 NOIF YES, INDICATE SIDE AFFECTED: ☒ 131 RIGHT ☒ 130 LEFT ☒ 129 BOTHIF YES, IS THE PAIN ACCENTUATED ON MANIPULATION? ☒ 132 YES ☒ 133 NOIF YES, INDICATE SIDE AFFECTED: ☒ 128 RIGHT ☒ 127 LEFT ☒ 126 BOTH

3B. DOES THE VETERAN HAVE PAIN ON MANIPULATION OF THE FEET?

☒ 119 YES ☒ 116 NOIF YES, INDICATE SIDE AFFECTED: ☒ 125 RIGHT ☒ 123 LEFT ☒ 121 BOTHIF YES, IS THE PAIN ACCENTUATED ON MANIPULATION? ☒ 118 YES ☒ 117 NOIF YES, INDICATE SIDE AFFECTED: ☒ 124 RIGHT ☒ 122 LEFT ☒ 120 BOTH

**SECTION III - FLATFOOT (Continued)**

3C. IS THERE INDICATION OF SWELLING ON USE?

☒ 172 YES ☐ 171 NO

IF YES, INDICATE SIDE AFFECTED: ☒ 142 RIGHT ☐ 143 LEFT ☐ 144 BOTH

3D. DOES THE VETERAN HAVE CHARACTERISTIC CALLUSES?

☒ 169 YES ☐ 170 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 141 RIGHT ☐ 140 LEFT ☐ 139 BOTH

3E. EFFECTS OF USE OF ARCH SUPPORTS, BUILT UP SHOES OR ORTHOTICS

Effecting Relief of Symptoms		Tried But Remains Symptomatic	
Device	Side Relieved	Device	Side Not Relieved
<input checked="" type="checkbox"/> 190 Arch Supports	<input checked="" type="checkbox"/> 193 Right <input checked="" type="checkbox"/> 192 Left <input type="checkbox"/> 191 Both	<input type="checkbox"/> 202 Arch Supports	<input type="checkbox"/> 205 Right <input type="checkbox"/> 204 Left <input type="checkbox"/> 203 Both
<input type="checkbox"/> 198 Built-up Shoes	<input type="checkbox"/> 201 Right <input type="checkbox"/> 200 Left <input type="checkbox"/> 199 Both	<input type="checkbox"/> 210 Built-up Shoes	<input type="checkbox"/> 213 Right <input type="checkbox"/> 212 Left <input type="checkbox"/> 211 Both
<input type="checkbox"/> 194 Orthotics	<input type="checkbox"/> 197 Right <input type="checkbox"/> 196 Left <input type="checkbox"/> 195 Both	<input type="checkbox"/> 206 Orthotics	<input type="checkbox"/> 209 Right <input type="checkbox"/> 208 Left <input type="checkbox"/> 207 Both

3F. DOES THE VETERAN HAVE EXTREME TENDERNESS OF PLANTAR SURFACES ON ONE OR BOTH FEET?

☒ 168 YES ☐ 167 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 136 RIGHT ☐ 137 LEFT ☐ 138 BOTH

IS THE TENDERNESS IMPROVED BY ORTHOPEDIC SHOES OR APPLIANCES?

RIGHT ☐ 166 YES ☐ 164 NO ☐ 165 N/A

LEFT ☐ 216 YES ☐ 215 NO ☐ 214 N/A

3G. DOES THE VETERAN HAVE DECREASED LONGITUDINAL ARCH HEIGHT OF ONE OR BOTH ON WEIGHT-BEARING?

☐ 186 YES ☐ 185 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 189 RIGHT ☐ 188 LEFT ☐ 187 BOTH

3H. IS THERE OBJECTIVE EVIDENCE OF MARKED DEFORMITY OF ONE OR BOTH FEET (*pronation, abduction etc.*)?

☐ 174 YES ☐ 173 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 147 RIGHT ☐ 146 LEFT ☐ 145 BOTH

3I. IS THERE MARKED PRONATION OF ONE FOOT OR BOTH FEET?

☐ 184 YES ☐ 183 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 162 RIGHT ☐ 161 LEFT ☐ 160 BOTH

IS THE CONDITION IMPROVED BY ORTHOPEDIC SHOES OR APPLIANCES?

RIGHT ☐ 219 YES ☐ 217 NO ☐ 218 N/A

LEFT ☐ 222 YES ☐ 221 NO ☐ 220 N/A

3J. FOR ONE OR BOTH FEET, DOES THE WEIGHT-BEARING LINE FALL OVER OR MEDIAL TO THE GREAT TOE?

☐ 182 YES ☐ 181 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 157 RIGHT ☐ 158 LEFT ☐ 159 BOTH

3K. IS THERE A LOWER EXTREMITY DEFORMITY OTHER THAN PES PLANUS, CAUSING ALTERATION OF THE WEIGHT-BEARING LINE?

☐ 179 YES ☐ 180 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 156 RIGHT ☐ 155 LEFT ☐ 154 BOTH

DESCRIBE LOWER EXTREMITY DEFORMITY OTHER THAN PES PLANUS CAUSING ALTERATION OF THE WEIGHT BEARING LINE:

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3L. DOES THE VETERAN HAVE "INWARD" BOWING OF THE ACHILLES' TENDON (*i.e., hindfoot valgus, with lateral deviation of the heel*) OF ONE OR BOTH FEET?

☐ 177 YES ☐ 178 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 151 RIGHT ☐ 152 LEFT ☐ 153 BOTH

3M. DOES THE VETERAN HAVE MARKED INWARD DISPLACEMENT AND SEVERE SPASM OF THE ACHILLES' TENDON (*rigid hindfoot*) ON MANIPULATION OF ONE OR BOTH FEET?

☐ 176 YES ☐ 175 NO

IF YES, INDICATE SIDE AFFECTED: ☐ 150 RIGHT ☐ 149 LEFT ☐ 148 BOTH

IS THE MARKED INWARD DISPLACEMENT AND SEVERE SPASM OF THE ACHILLES TENDON IMPROVED BY ORTHOPEDIC SHOES OR APPLIANCES?

RIGHT ☐ 225 YES ☐ 223 NO ☐ 224 N/A

LEFT ☐ 228 YES ☐ 227 NO ☐ 226 N/A

3N. COMMENTS, IF ANY:

**SECTION IV - MORTON'S NEUROMA (MORTON'S DISEASE) AND METATARSALGIA**

COMPLETE THIS SECTION IF THE VETERAN HAS MORTON'S NEUROMA OR METATARSALGIA.

4A. DOES THE VETERAN HAVE MORTON'S NEUROMA?

☒230 YES ☒231 NOIF YES, INDICATE SIDE AFFECTED: ☒232 RIGHT ☒233 LEFT ☒234 BOTH

4B. DOES THE VETERAN HAVE METATARSALGIA?

☒236 YES ☒235 NOIF YES, INDICATE SIDE AFFECTED: ☒239 RIGHT ☒238 LEFT ☒237 BOTH

4C. COMMENTS, IF ANY:

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**SECTION V - HAMMER TOE**

COMPLETE THIS SECTION IF THE VETERAN HAS HAMMER TOE.

5A. WHICH TOES ARE AFFECTED ON EACH SIDE?

RIGHT: ☒240 None ☒241 Great toe ☒242 Second toe ☒243 Third toe ☒244 Fourth toe ☒245 Little toeLEFT: ☒251 None ☒250 Great toe ☒249 Second toe ☒248 Third toe ☒247 Fourth toe ☒246 Little toe

5B. COMMENTS, IF ANY:

263

**SECTION VI - HALLUX VALGUS**

COMPLETE THIS SECTION IF THE VETERAN HAS HALLUX VALGUS.

6A. DOES THE VETERAN HAVE SYMPTOMS DUE TO A HALLUX VALGUS CONDITION?

☒253 YES ☒252 NOIF YES, INDICATE SEVERITY (*check all that apply*):☒254 MILD OR MODERATE SYMPTOMSSIDE AFFECTED: ☒256 RIGHT ☒257 LEFT ☒258 BOTH☒255 SEVERE SYMPTOMS, WITH FUNCTION EQUIVALENT TO AMPUTATION OF GREAT TOESIDE AFFECTED: ☒261 RIGHT ☒260 LEFT ☒259 BOTH

6B. HAS THE VETERAN HAD SURGERY FOR HALLUX VALGUS?

☒265 YES ☒264 NO

IF YES, INDICATE TYPE AND DATE OF SURGERY AND SIDE AFFECTED:

☒279 RESECTION OF METATARSAL HEADDATE OF SURGERY: 266 SIDE AFFECTED: ☒269 RIGHT ☒268 LEFT ☒267 BOTH☒280 METATARSAL OSTEOTOMY/METATARSAL HEAD OSTEOTOMY (*equivalent to metatarsal head resection*)DATE OF SURGERY: 270 SIDE AFFECTED: ☒274 RIGHT ☒273 LEFT ☒272 BOTH☒281 OTHER SURGERY FOR HALLUX VALGUS, DESCRIBE: 278DATE OF SURGERY: 271 SIDE AFFECTED: ☒277 RIGHT ☒276 LEFT ☒275 BOTH

6C. COMMENTS, IF ANY:

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**SECTION VII - HALLUX RIGIDUS**

COMPLETE THIS SECTION IF THE VETERAN HAS HALLUX RIGIDUS.

7A. DOES THE VETERAN HAVE SYMPTOMS DUE TO HALLUX RIGIDUS?

☒284 YES ☒283 NOIF YES, INDICATE SEVERITY (*check all that apply*):☒285 MILD OR MODERATE SYMPTOMS:SIDE AFFECTED: ☒287 RIGHT ☒288 LEFT ☒289 BOTH☒286 SEVERE SYMPTOMS, WITH FUNCTION EQUIVALENT TO AMPUTATION OF GREAT TOESIDE AFFECTED: ☒292 RIGHT ☒291 LEFT ☒290 BOTH

7B. COMMENTS, IF ANY:

293

**SECTION VIII - ACQUIRED PES CAVUS (CLAW FOOT)**

COMPLETE THIS SECTION IF THE VETERAN HAS ACQUIRED PES CAVUS.

8A. EFFECT ON TOES DUE TO PES CAVUS (check all that apply):

<input checked="" type="checkbox"/> 294 None	<input checked="" type="checkbox"/> 300 Right	<input checked="" type="checkbox"/> 299 Left	<input checked="" type="checkbox"/> 298 Both
<input checked="" type="checkbox"/> 295 Great toe dorsiflexed	<input checked="" type="checkbox"/> 303 Right	<input checked="" type="checkbox"/> 302 Left	<input checked="" type="checkbox"/> 301 Both
<input checked="" type="checkbox"/> 296 All toes tending to dorsiflexion	<input checked="" type="checkbox"/> 306 Right	<input checked="" type="checkbox"/> 305 Left	<input checked="" type="checkbox"/> 304 Both
<input checked="" type="checkbox"/> 297 All toes hammer toes	<input checked="" type="checkbox"/> 309 Right	<input checked="" type="checkbox"/> 308 Left	<input checked="" type="checkbox"/> 307 Both

☒ 354 Other, describe (if there is an effect on toes due to other etiology than pes cavus, indicate other etiology):

355

8B. PAIN AND TENDERNESS DUE TO PES CAVUS (check all that apply):

<input checked="" type="checkbox"/> 310 None	<input checked="" type="checkbox"/> 316 Right	<input checked="" type="checkbox"/> 315 Left	<input checked="" type="checkbox"/> 314 Both
<input checked="" type="checkbox"/> 311 Definite tenderness under metatarsal heads	<input checked="" type="checkbox"/> 319 Right	<input checked="" type="checkbox"/> 318 Left	<input checked="" type="checkbox"/> 317 Both
<input checked="" type="checkbox"/> 312 Marked tenderness under metatarsal heads	<input checked="" type="checkbox"/> 322 Right	<input checked="" type="checkbox"/> 321 Left	<input checked="" type="checkbox"/> 320 Both
<input checked="" type="checkbox"/> 313 Very painful callosities	<input checked="" type="checkbox"/> 325 Right	<input checked="" type="checkbox"/> 324 Left	<input checked="" type="checkbox"/> 323 Both

☒ 356 Other, describe (if the veteran has pain and tenderness due to other etiology than pes cavus, indicate other etiology):

359

8C. EFFECT ON PLANTAR FASCIA DUE TO PES CAVUS (check all that apply):

<input checked="" type="checkbox"/> 326 None	<input checked="" type="checkbox"/> 331 Right	<input checked="" type="checkbox"/> 330 Left	<input checked="" type="checkbox"/> 329 Both
<input checked="" type="checkbox"/> 327 Shortened plantar fascia	<input checked="" type="checkbox"/> 334 Right	<input checked="" type="checkbox"/> 333 Left	<input checked="" type="checkbox"/> 332 Both
<input checked="" type="checkbox"/> 328 Marked contraction of plantar fascia with dropped forefoot	<input checked="" type="checkbox"/> 337 Right	<input checked="" type="checkbox"/> 336 Left	<input checked="" type="checkbox"/> 335 Both

☒ 357 Other, describe (if there is an effect on plantar fascia due to other etiology than pes cavus, indicate other etiology):

360

8D. DORSIFLEXION AND VARGUS DEFORMITY DUE TO PES CAVUS (check all that apply):

<input checked="" type="checkbox"/> 338 None	<input checked="" type="checkbox"/> 344 Right	<input checked="" type="checkbox"/> 343 Left	<input checked="" type="checkbox"/> 342 Both
<input checked="" type="checkbox"/> 339 Some limitation of dorsiflexion at ankle	<input checked="" type="checkbox"/> 347 Right	<input checked="" type="checkbox"/> 346 Left	<input checked="" type="checkbox"/> 345 Both
<input checked="" type="checkbox"/> 340 Limitation of dorsiflexion at ankle to right angle	<input checked="" type="checkbox"/> 350 Right	<input checked="" type="checkbox"/> 349 Left	<input checked="" type="checkbox"/> 348 Both
<input checked="" type="checkbox"/> 341 Marked varus deformity	<input checked="" type="checkbox"/> 353 Right	<input checked="" type="checkbox"/> 352 Left	<input checked="" type="checkbox"/> 351 Both

☒ 358 Other, describe (if the veteran has dorsiflexion and varus deformity due to other etiology than pes cavus, indicate other etiology):

361

8E. COMMENTS, IF ANY:

362

**SECTION IX - MALUNION OR NONUNION OF TARSAL OR METATARSAL BONES**

COMPLETE THIS SECTION IF THE VETERAN HAS MALUNION OR NONUNION OF TARSAL OR METATARSAL BONES.

9A. INDICATE SEVERITY AND SIDE AFFECTED FOR MALUNION OR NONUNION OF TARSAL OR METATARSAL BONES:

<input checked="" type="checkbox"/> 363 MODERATE			
SIDE AFFECTED:	<input checked="" type="checkbox"/> 366 RIGHT	<input checked="" type="checkbox"/> 367 LEFT	<input checked="" type="checkbox"/> 368 BOTH
<input checked="" type="checkbox"/> 364 MODERATELY SEVERE			
SIDE AFFECTED:	<input checked="" type="checkbox"/> 371 RIGHT	<input checked="" type="checkbox"/> 370 LEFT	<input checked="" type="checkbox"/> 369 BOTH
<input checked="" type="checkbox"/> 365 SEVERE			
SIDE AFFECTED:	<input checked="" type="checkbox"/> 374 RIGHT	<input checked="" type="checkbox"/> 373 LEFT	<input checked="" type="checkbox"/> 372 BOTH

9B. COMMENTS, IF ANY:

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**SECTION X - FOOT INJURES AND OTHER CONDITIONS**

COMPLETE THIS SECTION IF THE VETERAN HAS ANY FOOT INJURIES OR OTHER FOOT CONDITIONS (SUCH AS PLANTAR FASCIITIS OR "BILATERAL WEAK FOOT") NOT ALREADY DESCRIBED.

**NOTE:** For VA purposes "bilateral weak foot" describes a symptomatic condition secondary to many constitutional conditions, and is characterized by atrophy of the musculature, disturbed circulation and weakness.

10A. DOES THE VETERAN HAVE ANY FOOT INJURIES OR OTHER FOOT CONDITIONS NOT ALREADY DESCRIBED?

☒ 377 YES ☒ 376 NO

IF YES, DESCRIBE THE FOOT INJURY OR OTHER FOOT CONDITIONS (including frequency and physical exam findings) AND COMPLETE QUESTION B (severity and side affected).

378

### SECTION X - FOOT INJURES AND OTHER CONDITIONS *(Continued)*

10B. INDICATE SEVERITY AND SIDE AFFECTED.

<input checked="" type="checkbox"/> 388 Not Affected	<input checked="" type="checkbox"/> 389 Right	<input checked="" type="checkbox"/> 390 Left	<input checked="" type="checkbox"/> 391 Both
<input checked="" type="checkbox"/> 392 Mild	<input checked="" type="checkbox"/> 393 Right	<input checked="" type="checkbox"/> 394 Left	<input checked="" type="checkbox"/> 395 Both
<input checked="" type="checkbox"/> 379 Moderate	<input checked="" type="checkbox"/> 382 Right	<input checked="" type="checkbox"/> 383 Left	<input checked="" type="checkbox"/> 384 Both
<input checked="" type="checkbox"/> 380 Moderately severe	<input checked="" type="checkbox"/> 387 Right	<input checked="" type="checkbox"/> 386 Left	<input checked="" type="checkbox"/> 385 Both
<input checked="" type="checkbox"/> 381 Severe	<input checked="" type="checkbox"/> 398 Right	<input checked="" type="checkbox"/> 397 Left	<input checked="" type="checkbox"/> 396 Both

10C. DOES THE FOOT CONDITION CHRONICALLY COMPROMISE WEIGHT BEARING?

☒ 400 YES    ☒ 399 NO

10D. DOES THE FOOT CONDITION REQUIRE ARCH SUPPORTS, CUSTOM ORTHOTIC INSERTS OR SHOE MODIFICATIONS?

☒ 402 YES    ☒ 401 NO

10E. COMMENTS, IF ANY:

403

### SECTION XI - SURGICAL PROCEDURES

COMPLETE THIS SECTION IF THE VETERAN HAS HAD ANY SURGICAL PROCEDURES FOR THE CLAIMED CONDITION THAT HAVE NOT ALREADY BEEN DESCRIBED.

11A. HAS THE VETERAN HAD FOOT SURGERY *(arthroscopic or open)*?

☒ 405 YES    ☒ 404 NO

IF YES, INDICATE SIDE AFFECTED, TYPE OF PROCEDURE AND DATE OF SURGERY.

☒ 410 RIGHT FOOT PROCEDURE: 409

DATE OF SURGERY: 413

☒ 411 LEFT FOOT PROCEDURE: 408

DATE OF SURGERY: 412

11B. DOES THE VETERAN HAVE ANY RESIDUAL SIGNS OR SYMPTOMS DUE TO ARTHROSCOPIC OR OTHER FOOT SURGERY?

☒ 407 YES    ☒ 406 NO

IF YES, DESCRIBE RESIDUALS:

414

### SECTION XII - PAIN

Foot	Is there pain on physical exam?	If no, but the veteran reported pain in his/her medical history, please provide rationale below.	If yes (there is pain on physical exam), does the pain contribute to functional loss?	If no (the pain does not contribute to functional loss or additional limitations), explain why the pain does not contribute:
RIGHT FOOT	<input checked="" type="checkbox"/> 415 Yes <input checked="" type="checkbox"/> 416 No	425	<input checked="" type="checkbox"/> 422 Yes <i>(you will be asked to further describe these limitations in Section 13)</i> <input checked="" type="checkbox"/> 423 No	424
LEFT FOOT	<input checked="" type="checkbox"/> 420 Yes <input checked="" type="checkbox"/> 417 No	426	<input checked="" type="checkbox"/> 418 Yes <i>(you will be asked to further describe these limitations in Section 13)</i> <input checked="" type="checkbox"/> 419 No	421

### SECTION XIII - FUNCTIONAL LOSS AND LIMITATION OF MOTION

**NOTE:** The VA defines functional loss as the inability, due to damage or infection in parts of the system, to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. As regards the joints, factors of disability reside in reductions of their normal excursion of movements in different planes.

Using information from the history and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of ROM after repetitive use for the joint or extremity being evaluated on this DBQ:

**13A. CONTRIBUTING FACTORS OF DISABILITY** *(check all that apply and indicate side affected):*

- |   |  |
|---|--|
| <p><input type="checkbox"/>475 No functional loss for <u>left</u> lower extremity attributable to claimed condition</p> <p><input type="checkbox"/>429 No functional loss for <u>right</u> lower extremity attributable to claimed condition</p> <p><input type="checkbox"/>430 Less movement than normal <i>(due to ankylosis, limitation or blocking, adhesions, tendon-tie-ups, contracted scars, etc.)</i></p> <p><input type="checkbox"/>474 More movement than normal <i>(from flail joints, resections, nonunion of fractures, relaxation of ligaments, etc.)</i></p> <p><input type="checkbox"/>428 Weakened movement <i>(due to muscle injury, disease or injury of peripheral nerves, divided or lengthened tendons, etc.)</i></p> <p><input type="checkbox"/>427 Excess fatigability</p> <p><input type="checkbox"/>490 Incoordination, impaired ability to execute skilled movements smoothly</p> <p><input type="checkbox"/>481 Pain on movement</p> <p><input type="checkbox"/>489 Pain on weight-bearing</p> <p><input type="checkbox"/>485 Pain on non weight-bearing</p> <p><input type="checkbox"/>480 Swelling</p> <p><input type="checkbox"/>479 Deformity</p> <p><input type="checkbox"/>478 Atrophy of disuse</p> <p><input type="checkbox"/>436 Instability of station</p> <p><input type="checkbox"/>448 Disturbance of locomotion</p> <p><input type="checkbox"/>438 Interference with sitting</p> <p><input type="checkbox"/>442 Interference with standing</p> <p><input type="checkbox"/>477 Other, describe:</p> | <p><input type="checkbox"/>431 Right    <input type="checkbox"/>472 Left    <input type="checkbox"/>473 Both</p> <p><input type="checkbox"/>471 Right    <input type="checkbox"/>470 Left    <input type="checkbox"/>469 Both</p> <p><input type="checkbox"/>432 Right    <input type="checkbox"/>467 Left    <input type="checkbox"/>468 Both</p> <p><input type="checkbox"/>466 Right    <input type="checkbox"/>465 Left    <input type="checkbox"/>464 Both</p> <p><input type="checkbox"/>433 Right    <input type="checkbox"/>462 Left    <input type="checkbox"/>463 Both</p> <p><input type="checkbox"/>461 Right    <input type="checkbox"/>460 Left    <input type="checkbox"/>459 Both</p> <p><input type="checkbox"/>488 Right    <input type="checkbox"/>487 Left    <input type="checkbox"/>486 Both</p> <p><input type="checkbox"/>484 Right    <input type="checkbox"/>483 Left    <input type="checkbox"/>482 Both</p> <p><input type="checkbox"/>434 Right    <input type="checkbox"/>457 Left    <input type="checkbox"/>458 Both</p> <p><input type="checkbox"/>456 Right    <input type="checkbox"/>455 Left    <input type="checkbox"/>454 Both</p> <p><input type="checkbox"/>435 Right    <input type="checkbox"/>452 Left    <input type="checkbox"/>453 Both</p> <p><input type="checkbox"/>451 Right    <input type="checkbox"/>450 Left    <input type="checkbox"/>449 Both</p> <p><input type="checkbox"/>437 Right    <input type="checkbox"/>446 Left    <input type="checkbox"/>447 Both</p> <p><input type="checkbox"/>445 Right    <input type="checkbox"/>444 Left    <input type="checkbox"/>443 Both</p> <p><input type="checkbox"/>439 Right    <input type="checkbox"/>440 Left    <input type="checkbox"/>441 Both</p> |
|---|--|

476

**CONTRIBUTING FACTORS OF DISABILITY ASSOCIATED WITH LIMITATION OF MOTION**

**13B. IS THERE PAIN, WEAKNESS, FATIGABILITY, OR IN COORDINATION THAT SIGNIFICANTLY LIMITS FUNCTIONAL ABILITY DURING FLARE-UPS OR WHEN THE FOOT IS USED REPEATEDLY OVER A PERIOD OF TIME OR OTHERWISE?**

RIGHT FOOT    ☐498 YES    ☐499 NO  
 IF YES, *(there is a functional loss due to pain, during flare-ups and/or when the joint is used repeatedly over a period of time)* PLEASE DESCRIBE THE FUNCTIONAL LOSS:

497

LEFT FOOT    ☐501 YES    ☐500 NO  
 IF YES, *(there is a functional loss due to pain, during flare-ups and/or when the joint is used repeatedly over a period of time)* PLEASE DESCRIBE THE FUNCTIONAL LOSS:

502

**13C. IS THERE ANY OTHER FUNCTIONAL LOSS DURING FLARE-UPS OR WHEN THE FOOT IS USED REPEATEDLY OVER A PERIOD OF TIME?**

RIGHT FOOT    ☐492 YES    ☐493 NO    IF YES, DESCRIBE:

491

LEFT FOOT    ☐495 YES    ☐494 NO    IF YES, DESCRIBE:

496

**SECTION XIV - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS**

14A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS, OR ANY SCARS (*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☒ 512 YES ☐ 511 NO IF YES, COMPLETE QUESTIONS 14B-14D.

14B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☒ 505 YES ☐ 506 NO IF YES, DESCRIBE (*brief summary*):

503

14C. DOES THE VETERAN HAVE ANY SCARS (*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☒ 507 YES ☐ 508 NO

IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (*6 square inches*); OR ARE LOCATED ON THE HEAD, FACE OR NECK?

☒ 509 YES ☐ 510 NO IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT.

IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS.

LOCATION: ☒ 513 \_\_\_\_\_

MEASUREMENTS: Length ☒ 514 \_\_\_\_\_ cm X width ☒ 515 \_\_\_\_\_ cm.

**NOTE:** An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.

14D. COMMENTS, IF ANY:

504

**SECTION XV - ASSISTIVE DEVICES**

15A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS MAY BE POSSIBLE?

☒ 517 YES ☐ 542 NO IF YES, IDENTIFY ASSISTIVE DEVICES USED (*check all that apply and indicate frequency*):

☒ 534 Wheelchair Frequency of use: ☒ 533 Occasional ☐ 532 Regular ☐ 531 Constant

☐ 518 Brace Frequency of use: ☐ 536 Occasional ☐ 540 Regular ☐ 541 Constant

☐ 530 Crutches Frequency of use: ☐ 529 Occasional ☐ 528 Regular ☐ 527 Constant

☐ 519 Cane Frequency of use: ☐ 524 Occasional ☐ 525 Regular ☐ 526 Constant

☐ 523 Walker Frequency of use: ☐ 522 Occasional ☐ 521 Regular ☐ 520 Constant

☐ 535 Other: ☒ 543 \_\_\_\_\_ Frequency of use: ☐ 539 Occasional ☐ 538 Regular ☐ 537 Constant

15B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION:

516

**SECTION XVI - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES**

16A. DUE TO THE VETERAN'S FOOT CONDITIONS, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTIONS REMAIN OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? (*Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.*)

☒ 548 YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROTHESIS WOULD EQUALLY SERVE THE VETERAN.

☐ 547 NO

IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES: ☒ 545 RIGHT LOWER ☐ 546 LEFT LOWER

FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES (*brief summary*):

544

**NOTE:** The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.



**SECTION XVII - DIAGNOSTIC TESTING**

**NOTE:** Testing listed below is not indicated for every condition. Plain or weight-bearing foot x-rays are not required to make the diagnosis of flatfoot. The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

17A. HAVE IMAGING STUDIES OF THE FOOT BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

556 YES 555 NO

IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DOCUMENTED?

551 YES 552 NO IF YES, INDICATE FOOT: 557 RIGHT 549 LEFT 550 BOTH

17B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS?

553 YES 554 NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS (*brief summary*):

558

17C. IF ANY TEST RESULTS ARE OTHER THAN NORMAL, INDICATE RELATIONSHIP OF ABNORMAL FINDINGS TO DIAGNOSED CONDITIONS:

559

**SECTION XVIII - FUNCTIONAL IMPACT**

**NOTE:** Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

18. REGARDLESS OF THE VETERAN'S CURRENT EMPLOYMENT STATUS, DO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECTION IMPACT HIS OR HER ABILITY TO PERFORM ANY TYPE OF OCCUPATIONAL TASK (*such as standing, walking, lifting, sitting, etc.*)?

562 YES 561 NO IF YES, DESCRIBE THE FUNCTIONAL IMPACT OF EACH CONDITION, PROVIDING ONE OR MORE EXAMPLES:

560

**SECTION XIX- REMARKS**

19. REMARKS, IF ANY:

563

**SECTION XX - PHYSICIAN'S CERTIFICATION AND SIGNATURE**

**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

20A. PHYSICIAN'S SIGNATURE

20B. PHYSICIAN'S PRINTED NAME

20C. DATE SIGNED

570

567

566

20D. PHYSICIAN'S PHONE NUMBER

20E. PHYSICIAN'S MEDICAL LICENSE NUMBER

20F. PHYSICIAN'S ADDRESS

569

568

565

**NOTE:** VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.

**IMPORTANT** - Physician please fax the completed form to 564 \_\_\_\_\_  
(VA Regional Office FAX No.)

**NOTE:** A list of VA Regional Office FAX Numbers can be found at [www.vba.va.gov/disabilityexams](http://www.vba.va.gov/disabilityexams) or obtained by calling 1-800-827-1000.

**PRIVACY ACT NOTICE:** VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

**RESPONDENT BURDEN:** We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at [www.reginfo.gov/public/do/PRAMain](http://www.reginfo.gov/public/do/PRAMain). If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.