

**Department of Veterans Affairs** **KNEE AND LOWER LEG CONDITIONS DISABILITY BENEFITS QUESTIONNAIRE**

**IMPORTANT** - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY OR REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION ON REVERSE BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN 67	PATIENT/VETERAN'S SOCIAL SECURITY NUMBER 66
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**NOTE TO PHYSICIAN** - The veteran or service member is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the claim. VA reserves the right to confirm the authenticity of ALL DBQs completed by private health care providers.

**MEDICAL RECORD REVIEW**

WAS THE VETERAN'S VA CLAIMS FILE REVIEWED?

☒ YES ☐ NO

IF YES, LIST ANY RECORDS THAT WERE REVIEWED BUT WERE NOT INCLUDED IN THE VETERAN'S VA CLAIMS FILE:

68

IF NO, CHECK ALL RECORDS REVIEWED:

<input checked="" type="checkbox"/> Military service treatment records	<input type="checkbox"/> Department of Defense Form 214 Separation Documents
<input checked="" type="checkbox"/> Military service personnel records	<input type="checkbox"/> Veterans Health Administration medical records ( <i>VA treatment records</i> )
<input checked="" type="checkbox"/> Military enlistment examination	<input type="checkbox"/> Civilian medical records
<input checked="" type="checkbox"/> Military separation examination	<input type="checkbox"/> Interviews with collateral witnesses ( <i>family and others who have known the veteran before and after military service</i> )
<input checked="" type="checkbox"/> Military post-deployment questionnaire	<input type="checkbox"/> Other: 70
<input type="checkbox"/> No records were reviewed	

**SECTION I - DIAGNOSIS**

**NOTE:** These are condition(s) for which an evaluation has been requested on an exam request form (Internal VA) or for which the Veteran has requested medical evidence be provided for submission to VA.

1A. LIST THE CLAIMED CONDITION(S) THAT PERTAIN TO THIS DBQ:

69

**NOTE:** These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in comments section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.

1B. SELECT DIAGNOSES ASSOCIATED WITH THE CLAIMED CONDITION(S) (*Check all that apply*):

☒ The Veteran does not have a current diagnosis associated with any claimed condition listed above. (*Explain your findings and reasons in comments section.*)

<input checked="" type="checkbox"/> Knee strain	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 42	Date of diagnosis: 41
<input checked="" type="checkbox"/> Knee tendonitis/tendons	Side affected: <input type="checkbox"/> Right <input checked="" type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 39	Date of diagnosis: 40
<input checked="" type="checkbox"/> Knee meniscal tear	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 33	Date of diagnosis: 32
<input checked="" type="checkbox"/> Knee anterior cruciate ligament tear	Side affected: <input type="checkbox"/> Right <input checked="" type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 30	Date of diagnosis: 31
<input checked="" type="checkbox"/> Knee posterior cruciate ligament tear	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 24	Date of diagnosis: 23
<input checked="" type="checkbox"/> Patellar or quadriceps tendon rupture	Side affected: <input type="checkbox"/> Right <input checked="" type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 21	Date of diagnosis: 22
<input checked="" type="checkbox"/> Knee joint osteoarthritis	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 15	Date of diagnosis: 14
<input checked="" type="checkbox"/> Knee joint ankylosis	Side affected: <input type="checkbox"/> Right <input checked="" type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 12	Date of diagnosis: 13
<input checked="" type="checkbox"/> Knee fracture ( <i>including patellar fracture</i> )	Side affected: <input type="checkbox"/> Right <input checked="" type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 6	Date of diagnosis: 5
<input checked="" type="checkbox"/> Stress fracture of tibia	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 75	Date of diagnosis: 74
<input checked="" type="checkbox"/> Tibia and/or Fibula fracture	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 123	Date of diagnosis: 122
<input checked="" type="checkbox"/> Recurrent patellar dislocation	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 117	Date of diagnosis: 116
<input checked="" type="checkbox"/> Recurrent subluxation	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 111	Date of diagnosis: 110
<input checked="" type="checkbox"/> Knee instability	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 105	Date of diagnosis: 104
<input checked="" type="checkbox"/> Patellar dislocation	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 99	Date of diagnosis: 98
<input checked="" type="checkbox"/> Knee cartilage restoration surgery	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 81	Date of diagnosis: 80
<input checked="" type="checkbox"/> Shin splints ( <i>including tibia and/or fibula stress fracture and/or exertional compartment syndrome</i> )	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 93	Date of diagnosis: 92
<input checked="" type="checkbox"/> Patellofemoral pain syndrome	Side affected: <input checked="" type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	ICD Code: 87	Date of diagnosis: 86

**SECTION I - DIAGNOSIS (Continued)**

1B. SELECT DIAGNOSES ASSOCIATED WITH THE CLAIMED CONDITION(S) (Check all that apply) (Continued)

☒ 165 Other (specify)

Other diagnosis #1: 168

Side affected: ☒ 150 Right ☒ 161 Left ☒ 162 Both ICD Code: 163 Date of diagnosis: 164

Other diagnosis #2: 167

Side affected: ☒ 160 Right ☒ 159 Left ☒ 158 Both ICD Code: 157 Date of diagnosis: 156

Other diagnosis #3: 166

Side affected: ☒ 151 Right ☒ 152 Left ☒ 153 Both ICD Code: 154 Date of diagnosis: 155

1C. COMMENTS (if any):

149

1D. WAS AN OPINION REQUESTED ABOUT THIS CONDITION (internal VA only)?

☒ 139 YES ☒ 138 NO ☒ 137 N/A**SECTION II - MEDICAL HISTORY**

2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S KNEE AND/OR LOWER LEG CONDITION (brief summary):

130

2B. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE FUNCTION OF THE KNEE AND/OR LOWER LEG?

☒ 136 YES ☒ 135 NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF THE IMPACT OF FLARE-UPS IN HIS OR HER OWN WORDS:

131

2C. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT OF THE JOINT OR EXTREMITY BEING EVALUATED ON THIS DBQ (regardless of repetitive use)?

☒ 133 YES ☒ 134 NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS:

132

**SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS**

Measure ROM with a goniometer. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, wincing, etc., on pressure or manipulation. Document painful movement in Section 5.

Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A.

3A. INITIAL ROM MEASUREMENTS

Knee	Joint Movement	ROM Measurement	If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5:
RIGHT KNEE  177	Flexion (normal endpoint = 140 degrees)	171 <input checked="" type="checkbox"/> 176 Not indicated <input checked="" type="checkbox"/> 172 Not able to perform	169
	Extension	175 <input checked="" type="checkbox"/> 173 Not indicated <input checked="" type="checkbox"/> 174 Not able to perform	170
LEFT KNEE  140	Flexion (normal endpoint = 140 degrees)	146 <input checked="" type="checkbox"/> 141 Not indicated <input checked="" type="checkbox"/> 145 Not able to perform	147
	Extension	142 <input checked="" type="checkbox"/> 144 Not indicated <input checked="" type="checkbox"/> 143 Not able to perform	148

### SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS (Continued)

3B. DO ANY ABNORMAL ROMs NOTED ABOVE CONTRIBUTE TO FUNCTIONAL LOSS?

☐ 181 YES (you will be asked to further describe these limitation in Section 6 below)

☐ 180 NO, EXPLAIN WHY THE ABNORMAL ROMs DO NOT CONTRIBUTE:

179

3C. IF ROM DOES NOT CONFORM TO THE NORMAL RANGE OF MOTION IDENTIFIED ABOVE BUT IS NORMAL FOR THIS VETERAN (for reasons other than a knee condition, such as age, body habitus, neurologic disease), EXPLAIN:

178

### SECTION IV - ROM MEASUREMENTS AFTER REPETITIVE USE TESTING

#### 4A. POST-TEST ROM MEASUREMENTS

Knee	Is the veteran able to perform repetitive-use testing?	Is there additional limitation in ROM after repetitive-use testing?	Joint Movement	Post-test ROM Measurement
RIGHT KNEE	<input type="checkbox"/> 204 Yes If yes, perform repetitive-use testing <input type="checkbox"/> 205 No If no, provide reason below, then proceed to Section 6	<input type="checkbox"/> 207 Yes <input type="checkbox"/> 206 No, there is no change in ROM after repetitive testing  If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	Flexion	203__
	208		Extension	202__
LEFT KNEE	<input type="checkbox"/> 186 Yes If yes, perform repetitive-use testing <input type="checkbox"/> 185 No If no, provide reason below, then proceed to Section 6	<input type="checkbox"/> 183 Yes <input type="checkbox"/> 184 No, there is no change in ROM after repetitive testing  If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	Flexion	187__
	182		Extension	188__

4B. DO ANY POST-TEST ADDITIONAL LIMITATIONS OF ROMs NOTED ABOVE CONTRIBUTE TO FUNCTIONAL LOSS?

☐ 191 YES (you will be asked to further describe these limitations in Section 6 below)

☐ 190 NO, EXPLAIN WHY THE POST-TEST ADDITIONAL LIMITATIONS OF ROMs DO NOT CONTRIBUTE:

189

### SECTION V - PAIN

#### 5A. ROM MOVEMENTS PAINFUL ON ACTIVE, PASSIVE AND/OR REPETITIVE USE TESTING

Knee	Are any ROM movements painful on active, passive and/or repetitive use testing? (If yes, identify whether active, passive, and/or repetitive use in question 5D)	If yes (there are painful movements), does the pain contribute to functional loss or additional limitation of ROM?	If no (the pain does not contribute to functional loss or additional limitation of ROM), explain why the pain does not contribute:
RIGHT KNEE	<input type="checkbox"/> 210 Yes <input type="checkbox"/> 211 No	<input type="checkbox"/> 212 Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> 213 No	209
LEFT KNEE	<input type="checkbox"/> 200 Yes <input type="checkbox"/> 197 No	<input type="checkbox"/> 198 Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> 199 No	201

#### 5B. PAIN WHEN USED IN WEIGHT-BEARING OR IN NON WEIGHT-BEARING

Knee	Is there pain when the joint is used in weight-bearing or non weight-bearing? (If yes, identify whether weight-bearing or non weight-bearing in question 5D)	If yes (there is pain when used in weight-bearing or non weight-bearing), does the pain contribute to functional loss or additional limitation of ROM?	If no (the pain does not contribute to functional loss or additional limitation of ROM), explain why the pain does not contribute:
RIGHT KNEE	<input type="checkbox"/> 218 Yes <input type="checkbox"/> 217 No	<input type="checkbox"/> 216 Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> 215 No	214
LEFT KNEE	<input type="checkbox"/> 193 Yes <input type="checkbox"/> 196 No	<input type="checkbox"/> 195 Yes (you will be asked to further describe these limitations in Section 6 below) <input type="checkbox"/> 194 No	192

**SECTION V - PAIN (Continued)**

**5C. LOCALIZED TENDERNESS OR PAIN ON PALPATION**

Knee	Does the Veteran have localized tenderness or pain to palpation of joints or soft tissue?	If yes, describe including location, severity and relationship to condition(s) listed in the Diagnosis section:
RIGHT KNEE	<input type="checkbox"/> 281 Yes <input type="checkbox"/> 282 No	283
LEFT KNEE	<input type="checkbox"/> 220 Yes <input type="checkbox"/> 219 No	
		221

5D. COMMENTS, IF ANY:

222

**SECTION VI - FUNCTIONAL LOSS AND ADDITIONAL LIMITATION OF ROM**

**NOTE:** The VA defines functional loss as the inability, due to damage or infection in parts of the system, to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. As regards the joints, factors of disability reside in reductions of their normal excursion of movements in different planes.

Using information from the history and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of ROM after repetitive use for the joint or extremity being evaluated on this DBQ:

6A. CONTRIBUTING FACTORS OF DISABILITY (*check all that apply and indicate side affected*):

- |   |  |
|---|--|
| <input type="checkbox"/> 271 No functional loss for <u>left</u> lower extremity attributable to claimed condition   |  |
| <input type="checkbox"/> 225 No functional loss for <u>right</u> lower extremity attributable to claimed condition  |  |
| <input type="checkbox"/> 226 Less movement than normal ( <i>due to ankylosis, limitation or blocking, adhesions, tendon-tie-ups, contracted scars, etc.</i> ) | <input type="checkbox"/> 268 Right <input type="checkbox"/> 227 Left <input type="checkbox"/> 269 Both |
| <input type="checkbox"/> 270 More movement than normal ( <i>from flail joints, resections, nonunion of fractures, relaxation of ligaments, etc.</i> )         | <input type="checkbox"/> 266 Right <input type="checkbox"/> 267 Left <input type="checkbox"/> 265 Both |
| <input type="checkbox"/> 224 Weakened movement ( <i>due to muscle injury, disease or injury of peripheral nerves, divided or lengthened tendons, etc.</i> )   | <input type="checkbox"/> 263 Right <input type="checkbox"/> 228 Left <input type="checkbox"/> 264 Both |
| <input type="checkbox"/> 223 Excess fatigability  | <input type="checkbox"/> 261 Right <input type="checkbox"/> 262 Left <input type="checkbox"/> 260 Both |
| <input type="checkbox"/> 278 Incoordination, impaired ability to execute skilled movements smoothly   | <input type="checkbox"/> 258 Right <input type="checkbox"/> 229 Left <input type="checkbox"/> 259 Both |
| <input type="checkbox"/> 277 Pain on movement   | <input type="checkbox"/> 256 Right <input type="checkbox"/> 257 Left <input type="checkbox"/> 255 Both |
| <input type="checkbox"/> 276 Swelling   | <input type="checkbox"/> 253 Right <input type="checkbox"/> 230 Left <input type="checkbox"/> 254 Both |
| <input type="checkbox"/> 275 Deformity  | <input type="checkbox"/> 251 Right <input type="checkbox"/> 252 Left <input type="checkbox"/> 250 Both |
| <input type="checkbox"/> 274 Atrophy of disuse  | <input type="checkbox"/> 248 Right <input type="checkbox"/> 231 Left <input type="checkbox"/> 249 Both |
| <input type="checkbox"/> 232 Instability of station   | <input type="checkbox"/> 246 Right <input type="checkbox"/> 247 Left <input type="checkbox"/> 245 Both |
| <input type="checkbox"/> 244 Disturbance of locomotion  | <input type="checkbox"/> 242 Right <input type="checkbox"/> 233 Left <input type="checkbox"/> 243 Both |
| <input type="checkbox"/> 234 Interference with sitting  | <input type="checkbox"/> 240 Right <input type="checkbox"/> 241 Left <input type="checkbox"/> 239 Both |
| <input type="checkbox"/> 238 Interference with standing   | <input type="checkbox"/> 236 Right <input type="checkbox"/> 235 Left <input type="checkbox"/> 237 Both |
| <input type="checkbox"/> 273 Other, describe:   |  |

272

**NOTE:** If any of the above factors is/are associated with limitation of motion, the examiner must give an opinion on whether pain, weakness, fatigability, or incoordination could significantly limit functional ability during flare-ups or when the joint is ***used repeatedly over a period of time*** and that opinion, if feasible, should be expressed in terms of the degree of additional ROM loss due to pain on use or during flare-ups. The following section will assist you in providing this required opinion.

6B. ARE ANY OF THE ABOVE FACTORS ASSOCIATED WITH LIMITATION OF MOTION?

- ☐280 YES (*If yes, complete questions 6C and 6D*)
- ☐279 NO (*If no, proceed to question 6D*)

**SECTION VI - FUNCTIONAL LOSS AND ADDITIONAL LIMITATION OF ROM (Continued)**

**6C. CONTRIBUTING FACTORS OF DISABILITY ASSOCIATED WITH LIMITATION OF MOTION**

Knee	Can pain, weakness, fatigability, or incoordination significantly limit functional ability during flare-ups or when the joint is <b>used repeatedly over a period of time?</b>	If yes, please estimate ROM due to pain and/or functional loss during flare-ups or when the joint is used repeatedly over a period of time:		If there is a functional loss due to pain, during flare-ups and/or when the joint is used repeatedly over a period of time but the limitation of ROM cannot be estimated, please describe the functional loss:
RIGHT KNEE	<input checked="" type="checkbox"/> 315 Yes <input type="checkbox"/> 316 No	Flexion	313 <input checked="" type="checkbox"/> 311 Est. ROM is not feasible	317
		Extension	314 <input checked="" type="checkbox"/> 312 Est. ROM is not feasible	
LEFT KNEE	<input checked="" type="checkbox"/> 289 Yes <input type="checkbox"/> 288 No	Flexion	287 <input checked="" type="checkbox"/> 286 Est. ROM is not feasible	290
		Extension	284 <input checked="" type="checkbox"/> 285 Est. ROM is not feasible	

**6D. CONTRIBUTING FACTORS OF DISABILITY NOT ASSOCIATED WITH LIMITATION OF MOTION**

IS THERE ANY FUNCTIONAL LOSS (*not associated with limitation of motion*) DURING FLARE-UPS OR WHEN THE JOINT IS USED REPEATEDLY OVER A PERIOD OF TIME OR OTHERWISE?

RIGHT KNEE ☒ 319 YES ☐ 320 NO IF YES, DESCRIBE:

318  
LEFT KNEE ☒ 292 YES ☐ 291 NO IF YES, DESCRIBE:

293

**SECTION VII - MUSCLE STRENGTH TESTING**

**7A. MUSCLE STRENGTH - RATE STRENGTH ACCORDING TO THE FOLLOWING SCALE:**

- 0/5 No muscle movement
- 1/5 Palpable or visible muscle contraction, but no joint movement
- 2/5 Active movement with gravity eliminated
- 3/5 Active movement against gravity
- 4/5 Active movement against some resistance
- 5/5 Normal strength

Knee	Flexion/ Extension	Rate Strength	Is there a reduction in muscle strength?	If yes, is the reduction entirely due to the claimed condition in the Diagnosis section?	If no (the reduction is not entirely due to the claimed condition), provide rationale:
RIGHT KNEE 328	Flexion	/5 326	<input checked="" type="checkbox"/> 329 Yes <input type="checkbox"/> 330 No	<input checked="" type="checkbox"/> 332 Yes <input type="checkbox"/> 331 No	327
	Extension	/5 325			
LEFT KNEE 296	Flexion	/5 306	<input checked="" type="checkbox"/> 304 Yes <input type="checkbox"/> 303 No	<input checked="" type="checkbox"/> 297 Yes <input type="checkbox"/> 298 No	295
	Extension	/5 294			

**7B. DOES THE VETERAN HAVE MUSCLE ATROPHY?**

☒ 299 YES ☐ 300 NO

IF YES, IS THE MUSCLE ATROPHY DUE TO THE CLAIMED CONDITION IN THE DIAGNOSIS SECTION?

☒ 301 YES ☐ 302 NO IF NO, PROVIDE RATIONALE:

305

FOR ANY MUSCLE ATROPHY DUE TO A DIAGNOSES LISTED IN SECTION 1, INDICATE SIDE AND SPECIFIC LOCATION OF ATROPHY, PROVIDING MEASUREMENTS IN CENTIMETERS OF NORMAL SIDE AND CORRESPONDING ATROPHIED SIDE, MEASURED AT MAXIMUM MUSCLE BULK.

LOCATION OF MUSCLE ATROPHY:

☒ 324 RIGHT LOWER EXTREMITY (*specify location of measurement such as "10cm above or below elbow"*):

323

CIRCUMFERENCE OF MORE NORMAL SIDE: 322 cm CIRCUMFERENCE OF ATROPHIED SIDE: 321 cm

☒ 310 LEFT LOWER EXTREMITY (*specify location of measurement such as "10cm above or below elbow"*):

308

CIRCUMFERENCE OF MORE NORMAL SIDE: 307 cm CIRCUMFERENCE OF ATROPHIED SIDE: 309 cm

**7C. COMMENTS, IF ANY:**

333

## SECTION VIII - ANKYLOSIS

**NOTE:** Ankylosis is the immobilization and consolidation of a joint due to disease, injury or surgical procedure.

COMPLETE THIS SECTION IF THE VETERAN HAS ANKYLOSIS OF THE KNEE AND/OR LOWER LEG.

8A. INDICATE SEVERITY OF ANKYLOSIS AND SIDE AFFECTED (*check all that apply*):

RIGHT SIDE:

- ☒ 338 Favorable angle in full extension or in slight flexion between 0 and 10 degrees  
☒ 336 In flexion between 10 and 20 degrees  
☒ 335 In flexion between 20 and 45 degrees  
☒ 344 Extremely unfavorable, in flexion at an angle of 45 degrees or more  
☒ 346 No ankylosis

LEFT SIDE:

- ☒ 339 Favorable angle in full extension or in slight flexion between 0 and 10 degrees  
☒ 341 In flexion between 10 and 20 degrees  
☒ 342 In flexion between 20 and 45 degrees  
☒ 343 Extremely unfavorable, in flexion at an angle of 45 degrees or more  
☒ 345 No ankylosis

8B. INDICATE ANGLE OF ANKYLOSIS IN DEGREES:

RIGHT SIDE:

☒ 348 N/A, no ankylosis of knee joint  
☐ 337 \_\_\_\_\_ degrees

LEFT SIDE:

☒ 347 N/A, no ankylosis of knee joint  
☐ 340 \_\_\_\_\_ degrees

8C. COMMENTS, IF ANY:

334

## SECTION IX - JOINT STABILITY TESTS

**NOTE:** Subluxation and lateral instability refers only to the knee joint itself (tibio-femoral) and not to the patello-femoral portion of the joint.

9A. IS THERE A HISTORY OF RECURRENT SUBLUXATION?

Right: ☒ 351 None ☒ 352 Slight ☒ 353 Moderate ☒ 354 Severe  
 Left: ☒ 355 None ☒ 356 Slight ☒ 357 Moderate ☒ 358 Severe

9B. IS THERE A HISTORY OF LATERAL INSTABILITY?

Right: ☒ 359 None ☒ 360 Slight ☒ 361 Moderate ☒ 362 Severe  
 Left: ☒ 363 None ☒ 364 Slight ☒ 365 Moderate ☒ 366 Severe

9C. IS THERE A HISTORY OF RECURRENT EFFUSION?

☒ 349 YES ☒ 350 NO IF YES, DESCRIBE:

367

9D. PERFORMANCE OF JOINT STABILITY TESTING

Knee	Was joint stability testing performed?	If joint stability testing was performed is there joint instability?	If yes ( <i>joint stability testing was performed</i> ), complete the section below:		
RIGHT KNEE	<input checked="" type="checkbox"/> 368 Yes <input checked="" type="checkbox"/> 369 No <input checked="" type="checkbox"/> 370 Not Indicated <input checked="" type="checkbox"/> 371 Indicated, but not able to perform If joint stability is indicated, but unable to test, provide reason: 374	<input checked="" type="checkbox"/> 373 Yes <input checked="" type="checkbox"/> 372 No	Anterior instability ( <i>Lachman test</i> )	<input checked="" type="checkbox"/> 378 Normal <input checked="" type="checkbox"/> 377 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 376 2+(5-10 millimeters) <input checked="" type="checkbox"/> 375 3+(10-15 millimeters)
			Posterior instability ( <i>Posterior drawer test</i> )	<input checked="" type="checkbox"/> 382 Normal <input checked="" type="checkbox"/> 381 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 380 2+(5-10 millimeters) <input checked="" type="checkbox"/> 379 3+(10-15 millimeters)
			Medial instability ( <i>Apply valgus pressure to knee in extension and with 30 degrees of flexion</i> ):	<input checked="" type="checkbox"/> 386 Normal <input checked="" type="checkbox"/> 385 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 384 2+(5-10 millimeters) <input checked="" type="checkbox"/> 383 3+(10-15 millimeters)
			Lateral instability ( <i>Apply valgus pressure to knee in extension and with 30 degrees of flexion</i> ):	<input checked="" type="checkbox"/> 390 Normal <input checked="" type="checkbox"/> 389 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 388 2+(5-10 millimeters) <input checked="" type="checkbox"/> 387 3+(10-15 millimeters)
LEFT KNEE	<input checked="" type="checkbox"/> 391 Yes <input checked="" type="checkbox"/> 392 No <input checked="" type="checkbox"/> 393 Not Indicated <input checked="" type="checkbox"/> 394 Indicated, but not able to perform If joint stability is indicated, but unable to test, provide reason: 397	<input checked="" type="checkbox"/> 396 Yes <input checked="" type="checkbox"/> 395 No	Anterior instability ( <i>Lachman test</i> )	<input checked="" type="checkbox"/> 401 Normal <input checked="" type="checkbox"/> 400 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 399 2+(5-10 millimeters) <input checked="" type="checkbox"/> 398 3+(10-15 millimeters)
			Posterior instability ( <i>Posterior drawer test</i> )	<input checked="" type="checkbox"/> 405 Normal <input checked="" type="checkbox"/> 404 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 403 2+(5-10 millimeters) <input checked="" type="checkbox"/> 402 3+(10-15 millimeters)
			Medial instability ( <i>Apply valgus pressure to knee in extension and with 30 degrees of flexion</i> ):	<input checked="" type="checkbox"/> 409 Normal <input checked="" type="checkbox"/> 408 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 407 2+(5-10 millimeters) <input checked="" type="checkbox"/> 406 3+(10-15 millimeters)
			Lateral instability ( <i>Apply valgus pressure to knee in extension and with 30 degrees of flexion</i> ):	<input checked="" type="checkbox"/> 413 Normal <input checked="" type="checkbox"/> 412 1+(0-5 millimeters)	<input checked="" type="checkbox"/> 411 2+(5-10 millimeters) <input checked="" type="checkbox"/> 410 3+(10-15 millimeters)

**SECTION IX - JOINT STABILITY TESTS (Continued)**

9E. COMMENTS, IF ANY:

414

**SECTION X - ADDITIONAL COMMENTS**

10A. DOES THE VETERAN NOW HAVE OR HAS HE OR SHE EVER HAD RECURRENT PATELLAR DISLOCATION, "SHIN SPLINTS" (*medial tibial stress syndrome*), STRESS FRACTURES, CHRONIC EXERTIONAL COMPARTMENT SYNDROME OR ANY OTHER TIBIAL OR FIBULAR IMPAIRMENT?

☒ 415 YES ☐ 416 NO

IF YES, INDICATE CONDITION AND COMPLETE THE APPROPRIATE SECTIONS BELOW:

☒ 425 RECURRENT PATELLAR DISLOCATION

IF CHECKED, INDICATE SEVERITY AND SIDE AFFECTED:

Right: ☒ 417 None ☐ 418 Slight ☐ 419 Moderate ☐ 420 Severe

Left: ☒ 421 None ☐ 422 Slight ☐ 423 Moderate ☐ 424 Severe

☒ 436 "SHIN SPLINTS" (*medial tibial stress syndrome*)

INDICATE SIDE AFFECTED: ☒ 427 Right ☐ 428 Left ☐ 429 Both

Does this condition affect ROM of knee? ☒ 453 Yes ☐ 452 No (*If yes, complete ROM section of knee on this DBQ.*)

Does this condition affect ROM of ankle? ☒ 455 Yes ☐ 454 No (*If yes, complete VA form 21-0960M-2 ANKLE CONDITIONS to document ROM of ankle.*)

Describe current symptoms: 426

☒ 437 STRESS FRACTURE OF THE LOWER LEG

INDICATE SIDE AFFECTED: ☒ 442 Right ☐ 443 Left ☐ 444 Both

Does this condition affect ROM of ankle? ☒ 457 Yes ☐ 456 No (*If yes, complete VA form 21-0960M-2 ANKLE CONDITIONS to document ROM of ankle.*)

Describe current symptoms: 441

☒ 438 CHRONIC EXERTIONAL COMPARTMENT SYNDROME (*an exercise-induced neuromuscular condition that can cause pain and swelling, especially after repetitive movements such as marching*)

INDICATE SIDE AFFECTED: ☒ 446 Right ☐ 447 Left ☐ 448 Both

Does this condition affect ROM of ankle? ☒ 459 Yes ☐ 458 No (*If yes, complete VA form 21-0960M-2 ANKLE CONDITIONS to document ROM of ankle.*)

Describe current symptoms: 445

☒ 439 ACQUIRED AND/OR TRAUMATIC GENU RECURVATUM WITH OBJECTIVELY DEMONSTRATED WEAKNESS AND INSECURITY IN WEIGHT-BEARING.

INDICATE SIDE AFFECTED: ☒ 449 Right ☐ 450 Left ☐ 451 Both

☒ 440 LEG LENGTH DISCREPANCY (*shortening of any bones of the lower extremity*)

(*If checked, provide length of each lower extremity in inches (to the nearest 1/4 inch) or centimeters measuring from the anterior superior iliac spine to the internal malleolus of the tibia.*)

Measurements: Right leg: 434 ☒ 430cm ☐ 431inches Left leg: 435 ☒ 432cm ☐ 433inches

For any leg length discrepancy, please describe the relationship to the conditions listed in the Diagnosis section above:

460

10B. COMMENTS, IF ANY:

461

**SECTION XI - MENISCAL CONDITIONS**

11A. DOES THE VETERAN NOW HAVE OR HAS HE OR SHE EVER HAD A MENISCUS (*semilunar cartilage*) CONDITION?

☒ 462 YES ☐ 477 NO

(*If "Yes," indicate severity and frequency of symptoms, and side affected:*)

RIGHT SIDE:

☒ 463 No current symptoms

☒ 464 Meniscal dislocation

☒ 465 Meniscal tear

☒ 466 Frequent episodes of joint "locking"

☒ 467 Frequent episodes of joint pain

☒ 468 Frequent episodes of joint effusion

☒ 469 Other

LEFT SIDE:

☒ 470 No current symptoms

☒ 471 Meniscal dislocation

☒ 472 Meniscal tear

☒ 473 Frequent episodes of joint "locking"

☒ 474 Frequent episodes of joint pain

☒ 475 Frequent episodes of joint effusion

☒ 476 Other

11B. FOR ALL CHECKED BOXES ABOVE, DESCRIBE:

478

**SECTION XII - SURGICAL PROCEDURES**

12. INDICATE ANY SURGICAL PROCEDURES THAT THE VETERAN HAS HAD PERFORMED AND PROVIDE THE ADDITIONAL INFORMATION AS REQUESTED  
(*check all that apply*):

RIGHT SIDE:

☒ 485 TOTAL KNEE JOINT REPLACEMENT

DATE OF SURGERY: 483 \_\_\_\_\_

RESIDUALS:

☒ 484 None☒ 488 Intermediate degrees of residual weakness, pain or limitation of motion☒ 487 Chronic residuals consisting of severe painful motion or weakness☒ 486 Other, describe:

481

☒ 490 MENISCECTOMY, ARTHROSCOPIC OR OTHER KNEE SURGERY NOT DESCRIBED ABOVE:

TYPE OF SURGERY: 479 \_\_\_\_\_

DATE OF SURGERY: 482 \_\_\_\_\_

☒ 489 RESIDUAL SIGNS OF SYMPTOMS DUE TO MENISCECTOMY, ARTHROSCOPIC OR OTHER KNEE SURGERY NOT DESCRIBED ABOVE:

DESCRIBE RESIDUALS:

480

LEFT SIDE:

☒ 512 TOTAL KNEE JOINT REPLACEMENT

DATE OF SURGERY: 514 \_\_\_\_\_

RESIDUALS:

☒ 513 None☒ 509 Intermediate degrees of residual weakness, pain or limitation of motion☒ 510 Chronic residuals consisting of severe painful motion or weakness☒ 511 Other, describe:

516

☒ 507 MENISCECTOMY, ARTHROSCOPIC OR OTHER KNEE SURGERY NOT DESCRIBED ABOVE:

TYPE OF SURGERY: 518 \_\_\_\_\_

DATE OF SURGERY: 515 \_\_\_\_\_

☒ 508 RESIDUAL SIGNS OF SYMPTOMS DUE TO MENISCECTOMY, ARTHROSCOPIC OR OTHER KNEE SURGERY NOT DESCRIBED ABOVE:

DESCRIBE RESIDUALS:

517

**SECTION XIII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS**

13A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS, OR ANY SCARS  
(*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☒ 500 YES ☒ 499 NO IF YES, COMPLETE QUESTIONS 13B-13D.

13B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY  
CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

☒ 493 YES ☒ 494 NO IF YES, DESCRIBE (*brief summary*):

492

13C. DOES THE VETERAN HAVE ANY SCARS (*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN  
THE DIAGNOSIS SECTION ABOVE?

☒ 495 YES ☒ 496 NO

IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (*6 square inches*); OR ARE  
LOCATED ON THE HEAD, FACE OR NECK?

☒ 497 YES ☒ 498 NO IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT.

IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS.

LOCATION 501 \_\_\_\_\_ MEASUREMENTS: length 502 \_\_\_\_\_ cm X width 503 \_\_\_\_\_ cm.

**NOTE:** An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations  
and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.

13D. COMMENTS, IF ANY:

491

**SECTION XIV - ASSISTIVE DEVICES**

14A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS  
MAY BE POSSIBLE?

☒ 505 YES ☒ 506 NO

IF YES, IDENTIFY ASSISTIVE DEVICES USED (*check all that apply and indicate frequency*):

☒ 535 Wheelchair Frequency of use: ☒ 534 Occasional ☒ 533 Regular ☒ 532 Constant☒ 519 Brace Frequency of use: ☒ 537 Occasional ☒ 541 Regular ☒ 542 Constant☒ 531 Crutches Frequency of use: ☒ 530 Occasional ☒ 529 Regular ☒ 528 Constant☒ 520 Cane Frequency of use: ☒ 525 Occasional ☒ 526 Regular ☒ 527 Constant☒ 524 Walker Frequency of use: ☒ 523 Occasional ☒ 522 Regular ☒ 521 Constant☒ 536 Other: 543 \_\_\_\_\_ Frequency of use: ☒ 540 Occasional ☒ 539 Regular ☒ 538 Constant

14B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION:

504



**SECTION XV - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES**

15. DUE TO THE VETERAN'S KNEE OR LOWER LEG CONDITION(S), IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTIONS REMAIN OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? (*Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.*)

☒ 548 YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROSTHESIS WOULD EQUALLY SERVE THE VETERAN.

☐ 547 NO

IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES: ☒ 545 RIGHT LOWER ☒ 546 LEFT LOWER

FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES (*brief summary*):

544

**NOTE:** The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

**SECTION XVI - DIAGNOSTIC TESTING**

**NOTE:** Testing listed below is not indicated for every condition. The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

16A. HAVE IMAGING STUDIES OF THE KNEE BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

☒ 561 YES ☐ 560 NO

IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DOCUMENTED?

☒ 556 YES ☐ 557 NO IF YES, INDICATE KNEE: ☒ 562 RIGHT ☐ 554 LEFT ☐ 555 BOTH

16B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS?

☒ 558 YES ☐ 559 NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS (*brief summary*):

563

16C. IS THERE OBJECTIVE EVIDENCE OF CREPITUS?

☒ 551 YES ☐ 550 NO IF YES, INDICATE KNEE: ☒ 549 RIGHT ☐ 553 LEFT ☐ 552 BOTH

16D. IF ANY TEST RESULTS ARE OTHER THAN NORMAL, INDICATE RELATIONSHIP OF ABNORMAL FINDINGS TO DIAGNOSED CONDITIONS:

564

**SECTION XVII - FUNCTIONAL IMPACT**

**NOTE:** Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

17. REGARDLESS OF THE VETERAN'S CURRENT EMPLOYMENT STATUS, DO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECTION IMPACT HIS OR HER ABILITY TO PERFORM ANY TYPE OF OCCUPATIONAL TASK (*such as standing, walking, lifting, sitting, etc.*)?

☒ 567 YES ☐ 566 NO IF YES, DESCRIBE THE FUNCTIONAL IMPACT OF EACH CONDITION, PROVIDING ONE OR MORE EXAMPLES:

565

## SECTION XVIII - REMARKS

18. REMARKS, IF ANY:

568

## SECTION XIX - PHYSICIAN'S CERTIFICATION AND SIGNATURE

**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

19A. PHYSICIAN'S SIGNATURE		19B. PHYSICIAN'S PRINTED NAME		19C. DATE SIGNED
575		572		571
19D. PHYSICIAN'S PHONE NUMBER	19E. PHYSICIAN'S MEDICAL LICENSE NUMBER		19F. PHYSICIAN'S ADDRESS	
574	573		570	

**NOTE:** VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.**IMPORTANT** - Physician please fax the completed form to 569  
(VA Regional Office FAX No.)**NOTE:** A list of VA Regional Office FAX Numbers can be found at [www.vba.va.gov/disabilityexams](http://www.vba.va.gov/disabilityexams) or obtained by calling 1-800-827-1000.

**PRIVACY ACT NOTICE:** VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

**RESPONDENT BURDEN:** We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at [www.reginfo.gov/public/do/PRAMain](http://www.reginfo.gov/public/do/PRAMain). If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.