RETU Back Pain Pathway

Required testing prior to RETU admission

• Pregnancy test in women of reproductive age



Not appropriate for RETU

- High suspicion for cord pathology
- Progressive neurolic deficit
- Suspicion for aortic dissection

RETU Intake Evaluation

(do not repeat testing if already done in ED)

Exam Focus

- Neurologic
- Vascular

Initial Testing

- Labs: CBC, electrolytes, glucose (others as clinically indicated)
- Imaging: as clinically indicated

Monitoring

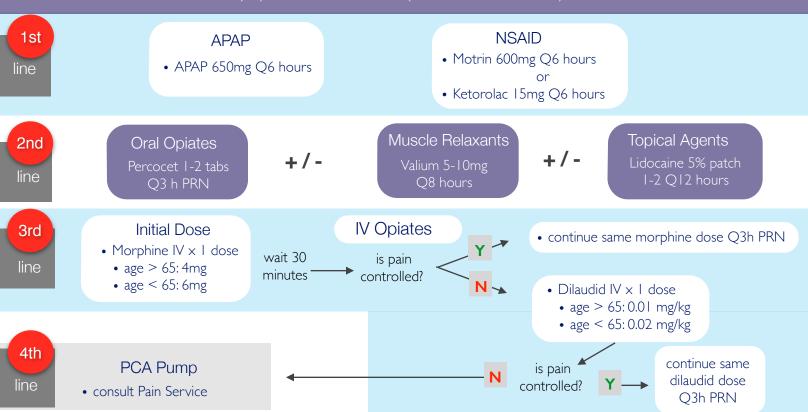
• other as clinically indicated

Consults

 pain service as clinically indicated

RETU Treatment

symptom based treatment (review treatment in ED)



Disposition Guidelines

Discharge from RETU

- symptoms resolved or greatly improved
- tolerating PO fluids and medications
- able to ambulate / care for self

Admission to Hospital

- symptoms worsening or failing to improve
- change in neuro exam
- unable to ambulate / care for self