

Women's Mental Health Resources

Created by: Matthew Dominguez MD/MPH

Mount Sinai Women's Mental Health Clinics

Location: 1176 5th Ave
Manhattan, 10029

Transit: 96th St Stop 96th/5th Ave Stop
   M96 or M106

Services:

- Medication management during pregnancy and breastfeeding
- Individual therapy
- Counseling to deal with fetal loss, infertility, domestic violence, and sexual assault
- Referrals and assistance with resources



Criteria:

- For Medicaid and Private Insurance clinics, patients must be pregnant and establish care with Mt. Sinai OB/GYN before seeing mental health.
- Private pay patients may contact psychiatry directly before/during/after pregnancy.

Insurance:

Medicaid	Private Insurance	Self Pay
Info/Appt: (212) 241-6861	Info/Appt: (212) 241-9393	Info/Appt: (212) 659-8752
Walk-in Preg Test: - E Level Clinic - 8:30AM - 3:30PM	Insurance: Aetna, BCBS, Cigna, GHI, HIP, Oscar, Oxford, Magnacare, Multiplan, United, 1199	

Columbia University's Women's Program

Location: 3 Columbus Circle
Manhattan, 10019

Transit: 59th St. Columbus Circle Stop



Appointments/Info:

(212) 305-6001 Press 1, Press 3, Press 2



Weill Cornell's Women's Program

Location: 525 E 68th st.
Manhattan, 10065

Transit: 68th St. Stop 68th St/York Stop



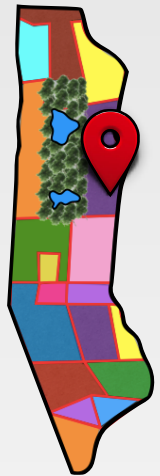
M66

Appointments/Info:

(212) 746-4850

Criteria:

- Must be > 19 yo
- Must be **uninsured**
- Resident of NYC
- Income less than 400% of Poverty Level



The Motherhood Center of New York

Location: 205 Lexington Ave
Manhattan, 10016

Transit: Grand Central Stop Madison/32nd Stop



M4

Appointments/Info:

(212) 335-0034

info@themothhoodcenter.com

Services:

- Medication management during pregnancy and breastfeeding
- Individual therapy
- Classes/Groups
- Day Program



Hotlines/Websites

Postpartum Support International:

1-800-944-4773

Text: 503-894-9453

postpartum.net

Perinatal Mental Health Alliance for People of Color:

pmhapoc.org

Postpartum Resource Center of New York:

855-631-0001

631-422-2255

postpartumny.org