

# Restraints

# Constant Observation (1:1):

- Must print out 1:1 form for ERT watching can be found under ED Documents
- Must complete documentation on EPIC

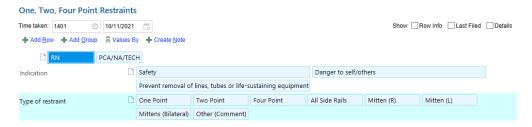
## **Brief Restraints:**

- Considered as a brief physical hold → Must have order in place
- Order should be discontinued once brief restraint is completed
- Document REASONING, start and end time, MD/provider made aware

#### 

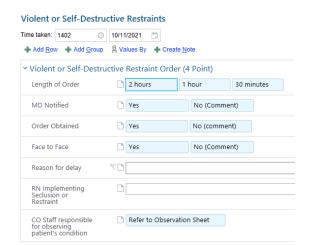
## **Non-Violent Restraints:**

- One or two point restraints = mittens or wrist restraints
- MUST BE DOCUMENTED q30 MINUTES
  - Q2 hrs & PRN restraint release
  - Document END TIME, provider notified
- · Order is good for 24hrs needs renewal



## **Violent Leather Restraints:**

- Patient needs to be on 1:1 (order needed)
- Order must be placed IMMEDIATELY
  - Order frequency:
    - 18 yrs+ = 2 hours
    - 9-17 yrs = 1 hours
    - <9 yrs = 30 minutes</li>
- DOCUMENTATION = q 15 minutes!
  - Q2 hrs & PRN restraint release
  - Must release 1 limb at a time (legs first)
- document each time individual restraint is removed
- Document END TIME, provider notified



Follow all documentation on EPIC

If restraints are <u>not used</u>: please inform provider, discontinue order, DOCUMENT restraints not used