# RETU Vertigo Pathway

## Required testing prior to RETU

- Neuro exam focusing on cerebellar function, eye movements, and brainstem signs
- Pregnancy test in women of childbearing age
- ECG
- Glucose



## Not appropriate for RETU

- Acute hearing loss, double vision, neuro deficits
- Severe headache or head trauma
- · Hemodynamic instability
- High clinical suspicion of centra vertigo
- Fever or sepsis

# RETU Intake Evaluation

(do not repeat testing if already done in ED)

#### Exam Focus

 Neurologic – cerebellar function, eye movements, and brainstem signs

### Initial Testing

- Labs: CBC, Chem7 (as clinically indicated)
- Imaging: CT or MRI (as clinically indicated)

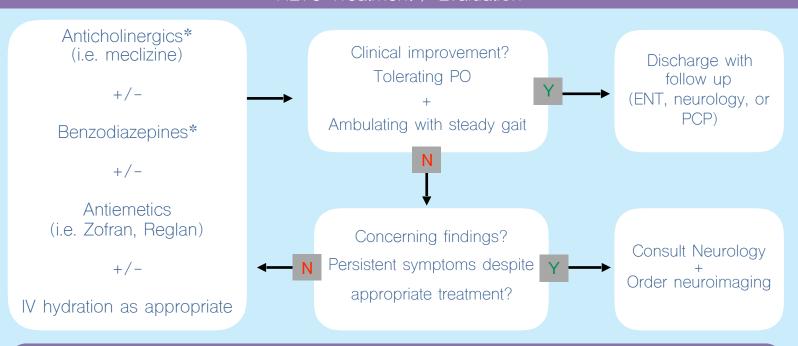
## Monitoring

- Serial Neuro exam
- Monitor hydration status
- Monitor PO status

### Consults

 Neurology consult (as clinically indicated)

# RETU Treatment / Evaluation



\* Avoid anticholinergics in elderly patients. Caution with benzo dosage in elderly patients.

# Disposition Guidelines

## Discharge from RETU

- · Acceptable vital signs
- Clinical improvement
- Able to ambulate and care for self safely at home
- Tolerating PO

#### Admission to Hospital

- Unacceptable VS or clinical condition (i.e. stroke)
- · Significant lab or imaging abnormalities
- Unable to tolerate PO or care for self at home
- · New inability to ambulate