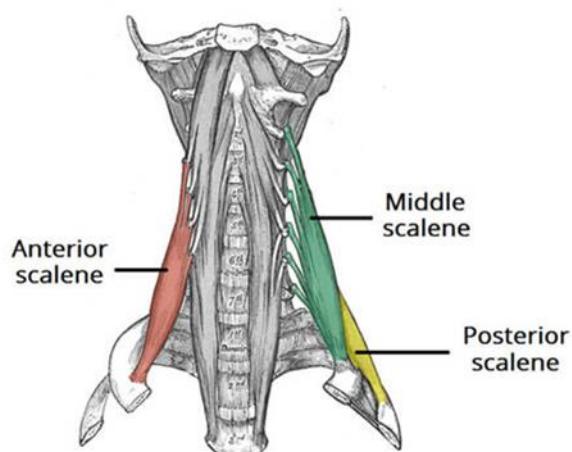


## Pediatric Respiratory Assessment Measure (PRAM)

	0	1	2	3
<b>Suprasternal Retractions</b>	Absent		Present	
<b>Scalene Muscle Contraction</b>	Absent		Present	
<b>Air Entry</b>	Normal	Decreased at base	Diffusely decreased	Absent/minimal
<b>Wheezing</b>	Absent	Expiratory only	Inspiratory and expiratory	Audible without a stethoscope/air entry absent or minimal
<b>Oxygen Saturation</b>	≥95% RA And no O <sub>2</sub>	92-94% RA And no O <sub>2</sub>	<92% RA Or on O <sub>2</sub>	

Total Score \_\_\_\_\_



## SCALENE MUSCLES

# Pediatric Asthma Pathway (ED)

## ED Phase 1a: Initial Assessment (within 30 min of arrival)

There is no role for routine CXR or blood gas

PRAM 1-3	PRAM 4-7	PRAM 8-12
Albuterol + ipratropium (max 3 doses back to back)	Albuterol + ipratropium (max 3 doses back to back)	Albuterol + ipratropium (3 doses back to back)
Consider: - Corticosteroid	Corticosteroid	Continuous or q1H albuterol Corticosteroid Magnesium  Consider: - Terbutaline - Epinephrine - BiPAP/ HFNC

## ED Phase 1b: Reassessment Hourly x 2h minimum

PRAM 1-3	PRAM 4-7 Admit to Floor*		PRAM 8-12 Admit to PICU
Discharge with albuterol  Consider: - Corticosteroid	<b>O2 sat &gt;92% on Room Air</b>	<b>O2 sat &lt;92% on Room Air</b>	Continuous or q1H albuterol Corticosteroid Magnesium  Consider: - Terbutaline - Epinephrine - BiPAP/ HFNC  Refer to PICU pathway
	Albuterol q2H Corticosteroid  Consider: - Magnesium	Administer O2 Corticosteroid Albuterol q2H  Consider: - Continuous or q1H albuterol - Magnesium - BiPAP - PICU consult	

If patient is on **continuous albuterol or q1H treatment**, admit patient to **PICU**.  
If Albuterol at **q2H**, **admit to floor** for further management.  
Consider BI Short Stay Unit for admissions anticipate to last <48h.

**\*If patient is a floor patient boarded in ED, use floor pathway**  
**\*If patient is admitted to observation status in ED, use ED Obs pathway**

### ED Discharge Checklist

- Nebulizer/MDI frequency doable at home
- Consider step-up therapy
- Prescriptions
- Recommended appointments and contact numbers (PMD, Pulmonology/Chest Clinic if needed)
- Place asthma action plan in AVS: .pedsasthmaplaneng or .pedsasthmaplanspan
- Consider completing asthma MAF
- Consider referral to AIRnyc for home-based asthma education, skill building, and environmental assessment: 718-577-2794; www.air-nyc.org Use MSH password carecoordination to complete referral.
- Tobacco smoke exposure: Refer to NY State Quitline 1-800-697-8487; www.nysmokefree.com

**Include:** Patients treated for asthma in ED, ≥2 years of age

**Exclude:** children <2 years, bronchiolitis, pneumonia, **chronic** lung disease, airway anomalies, history of arrhythmias or heart disease, immune disorder, sickle cell disease

### Medication Dosing

#### Albuterol:

<15kg: 4 puffs MDI or 2.5 mg nebulized  
15-25kg: 6 puffs MDI or 5mg nebulized  
≥25 kg: 8 puffs MDI or 7.5 mg nebulized

#### Continuous albuterol via nebulizer:

<20 kg: 10 mg/hr  
≥20 kg: 15 mg/hr

#### Ipratropium bromide:

500 mcg nebulized

#### Dexamethasone (oral/IM):

0.6 mg/kg (max 16mg)  
\*2 days of dexamethasone is equivalent to 5 days of prednisone/prednisolone

#### Prednisone or Prednisolone (oral):

1st dose: 2 mg/kg/day (max dose 60 mg/day) followed by 1-2 mg/kg/day for 3-5 days

#### Methylprednisolone (IV):

First dose: 2 mg/kg (max- 60mg) followed by 1 mg/kg IV q6h (max 125 mg/day)

#### Indications for IV/IM steroids:

Inability to tolerate PO or concern for inadequate GI absorption.

### Adjunct Therapies

#### Magnesium sulfate (IV):

50-75 mg/kg (max 2g) over 20 minutes

#### Terbutaline (SQ):

<12y: 0.005-0.01 mg/kg/dose (max 0.4 mg/dose) q20 min x 3 doses  
>12y: 0.25 mg/dose q20 min x 3 doses (max total dose 0.75mg)

#### Terbutaline (IV):

Bolus: 2-10mcg/kg over 10 min (if >50kg, max 5mcg/kg), followed by Continuous 0.08-0.4mcg/kg/ min  
May titrate every 30 min

#### Epinephrine:

(1:1000 = 1 mg/ml): 0.01 mg/kg (max 0.4 mg) given SQ or IM q10-20min

# Pediatric Asthma Pathway (ED Observation)

<p>Observation Admission Criteria: ED Arrival after 7PM. PRAM 4-7 after ED Phase 1a Exclusion: O2 Requirement or clinically unlikely to improve by next morning</p>
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Phase 2: Albuterol q2h		
Reassessment q2h		
<p><b>PRAM 1-3:</b></p> <p>After one treatment in this phase, move to Phase 3 Continue corticosteroid Assess O2, wean as able</p>	<p><b>PRAM 4-7:</b></p> <p>Continue albuterol q2h Continue corticosteroid Assess O2, wean as able</p>	<p><b>PRAM 8-12:</b></p> <p>Escalation Pathway  Admit</p>
Phase 3: Albuterol q3H		
Reassessment q3h		
<p><b>PRAM 1-3:</b></p> <p>After one treatment in this phase, move to Phase 4 Continue corticosteroid Assess O2, wean as able Consider Discharge</p>	<p><b>PRAM 4-7:</b></p> <p>Continue albuterol q3h Continue corticosteroid Assess O2, wean as able Consider Admission if on ED Observation &gt;9:00 AM</p>	<p><b>PRAM 8-12:</b></p> <p>Step back to prior phase Escalation Pathway  Admit</p>
Phase 4: Albuterol q4H		
Reassessment q4h		
<p><b>PRAM 1-3:</b></p> <p>Discharge after one treatment</p>	<p><b>PRAM 4-7:</b></p> <p>Continue albuterol q4h Continue corticosteroid Assess O2, wean as able Consider Admission if on ED Observation &gt;9:00 AM</p>	<p><b>PRAM 8-12:</b></p> <p>Step back to prior phase Escalation Pathway  Admit</p>

**Include:** Patients treated for asthma in the ED, ≥2 years of age

**Exclude:** children <2 years, bronchiolitis, pneumonia, chronic lung disease, airway anomalies, history of arrhythmias or heart disease, immune disorder, sickle cell disease

## Medication Dosing

### Albuterol:

<15kg: 4 puffs MDI or 2.5 mg nebulized  
15-25kg: 6 puffs MDI or 5mg nebulized  
≥25 kg: 8 puffs MDI or 7.5 mg nebulized

### Ipratropium bromide:

500 mcg nebulized

### Dexamethasone (oral/IM):

0.6 mg/kg (max 16 mg)  
\*2 days of dexamethasone is equivalent to 5 days of prednisone/prednisolone

### Prednisone or Prednisolone (oral):

1st dose: 2 mg/kg/day (max dose 60 mg/day) followed by 1-2 mg/kg/day for 3-5 days

### Methylprednisolone (IV):

First dose: 2 mg/kg (max- 60mg) followed by 1 mg/kg IV q6h (max 125 mg/day)

## Adjunct Therapies

### Magnesium sulfate (IV):

50-75 mg/kg (max 2g) over 20 minutes

### Terbutaline (SQ):

<12y: 0.005-0.01 mg/kg/dose (max 0.4 mg/dose) q20 min x 3 doses  
>12y: 0.25 mg/dose q20 min x 3 doses (max total dose 0.75mg)

### Terbutaline (IV):

Bolus: 2-10mcg/kg over 10 min (if >50kg, max 5mcg/kg), followed by Continuous 0.08-0.4mcg/kg/ min  
May titrate every 30 min

### Epinephrine:

(1:1000 = 1 mg/ml): 0.01 mg/kg (max 0.4 mg) given SQ or IM q10-20min

## Escalation Pathway

- Consider Adjunct Therapies
- Albuterol + Ipratropium
- Reassess after interventions
- If PRAM still ≥ 8 admit to PICU
- If PRAM <8, nebs q2 h+ = admit to floor or consider transfer to BI Short Stay if admission likely < 48 hours.

## Discharge Checklist

- Nebulizer/MDI frequency doable at home
- Consider step-up therapy
- Prescribed medications
- Place asthma action plan in AVS: .pedsasthmaplaneng or .pedsasthmaplanspan
- Asthma MAF
- Appointment with PMD and Pulmonology/Chest Clinic (if needed) and contact numbers
- Consider referral to AIRnyc for home-based asthma education, skill building, and environmental assessment: 718-577-2794; www.air-nyc.org Use MSH password carecoordination to complete referral.
- Tobacco smoke exposure: Refer to NY State Quitline 1-800-697-8487; www.nysmokefree.com

# Pediatric Asthma Pathway (Inpatient Floor)

<p>Admission checklist:</p> <p>History (ED visits, hospitalization, ICU, intubated, corticosteroid use in past year, atopy, family history)</p> <p>Triggers (tobacco smoke exposure, weather, illness, exercise, animals)</p> <p>Use orderset "Pediatric Asthma Admission MSH IP"</p> <p>Order IP Consult to Pediatric Environmental Medicine and Public Health</p>
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Phase 2: Albuterol q2h		
Reassessment q2h		
<p><b>PRAM 8-12:</b></p> <p>Refer to escalation pathway</p>	<p><b>PRAM 4-7:</b></p> <p>Continue albuterol q2h Continue corticosteroid Assess O2, wean as able</p>	<p><b>PRAM 1-3:</b></p> <p>After one treatment in this phase, move to Phase 3 Continue corticosteroid Assess O2, wean as able</p>
Phase 3: Albuterol q3h		
Reassessment q3h		
<p><b>PRAM 8-12:</b></p> <p>Step back to prior phase Consider escalation pathway</p>	<p><b>PRAM 4-7:</b></p> <p>Continue albuterol q3h Continue corticosteroid Assess O2, wean as able</p>	<p><b>PRAM 1-3:</b></p> <p>After one treatment in this phase, move to Phase 4 Continue corticosteroid Assess O2, wean as able</p>
Phase 4: Albuterol q4h		
Reassessment q4h		
<p><b>PRAM 8-12:</b></p> <p>Step back to prior phase Consider escalation pathway</p>	<p><b>PRAM 4-7:</b></p> <p>Continue albuterol q4h Continue corticosteroid Assess O2, wean as able</p>	<p><b>PRAM 1-3:</b></p> <p>Discharge after one treatment</p>

**Include:** Patients treated for asthma on the floor, ≥2 years of age

**Exclude:** children <2 years, bronchiolitis, pneumonia, chronic lung disease, airway anomalies, history of arrhythmias or heart disease, immune disorder, sickle cell disease

## Medication Dosing

### Albuterol:

<15kg: 4 puffs MDI or 2.5 mg nebulized  
15-25kg: 6 puffs MDI or 5mg nebulized  
≥25 kg: 8 puffs MDI or 7.5 mg nebulized

### Ipratropium bromide:

500 mcg nebulized

### Dexamethasone (oral/IM):

0.6 mg/kg (max 16 mg)  
\*2 days of dexamethasone is equivalent to 5 days of prednisone/prednisolone

### Prednisone or Prednisolone (oral):

1st dose: 2 mg/kg/day (max dose 60 mg/day) followed by 1-2 mg/kg/day for 3-5 days

### Methylprednisolone (IV):

First dose: 2 mg/kg (max- 60mg) followed by 1 mg/kg IV q6h (max 125 mg/day)

### Indications for IV/IM steroids:

Inability to tolerate PO or concern for inadequate GI absorption.

## Adjunct Therapies

### Magnesium sulfate (IV):

50-75 mg/kg (max 2g) over 20 minutes

## Escalation Pathway

- Albuterol + Ipratropium: 3 doses q20mins over 1 hour
- Reassess after interventions
- If PRAM still ≥/8 call RRT
- Consider Magnesium if accepted to PICU

## Discharge Checklist

- Nebulizer/MDI frequency doable at home
- Education by Asthma Social work
- Consider step-up therapy
- Delivery of prescribed medications
- Place asthma action plan in AVS: .pedsasthmaplaneng or .pedsasthmaplanspan
- Asthma MAF
- Appointment with PMD and Pulmonology/Chest Clinic if needed, with contact numbers
- Consider referral to AIRnyc for home-based asthma education, skill building, and environmental assessment: 718-577-2794; www.air-nyc.org Use MSH password carecoordination to complete referral.
- Tobacco smoke exposure: Refer to NY State Quitline 1-800-697-8487; [www.nysmokefree.com](http://www.nysmokefree.com)

## Pediatric Asthma Pathway (PICU)\*

<p>Admission checklist:</p> <p>History (ED visits, hospitalization, ICU, intubated, corticosteroid use in past year, atopy, family history)</p> <p>Triggers (tobacco smoke exposure, weather, illness, exercise, animals)</p> <p>Use orderset "Pediatric ICU Asthma Admission MSH IP"</p> <p>Order IP Consult to Pediatric Environmental Medicine and Public Health</p>		
<p>Continuous Albuterol O2</p> <p>Consider noninvasive ventilation</p> <p>Continue/ Initiate Methylprednisolone</p> <p>Consider repeating Magnesium</p>		
<b>Reassessment q30 min x 2 then q1h</b>		
<p><b>PRAM 1-5:</b></p> <p>Enter weaning pathway</p> <p>Oral corticosteroid</p> <p>Assess O2, wean as able</p>	<p><b>PRAM 6-7:</b></p> <p>Continue continuous Albuterol</p> <p>Continue IV corticosteroid</p> <p>Assess O2, wean as able</p> <p>If score significantly improved, consider:</p> <ul style="list-style-type: none"> <li>- Weaning pathway</li> <li>- Oral steroid</li> </ul>	<p><b>PRAM 8-12:</b></p> <p>Continue continuous albuterol</p> <p>Continue IV corticosteroid</p> <p>Consider:</p> <ul style="list-style-type: none"> <li>- Terbutaline</li> <li>- Noninvasive ventilation</li> <li>- Mechanical ventilation</li> </ul>
<b>Weaning Pathway</b>	<b>Reassessment q1h</b>	<b>Reassessment q1h</b> <b>If PRAM &gt; 10</b> <b>reassessment q15-30min</b>

### Medication Dosing

#### Continuous Albuterol (via nebulizer):

<20kg: 10mg/hr<sup>SEP</sup>  
 ≥20kg: 15mg/hr

#### Methylprednisolone:

First dose: 2 mg/kg (max 60 mg)  
 followed by 1mg/kg IV q6h (max 125 mg/day)

#### Magnesium sulfate (IV):

IV: 50-75mg/kg (max 2g) over 20 min

#### Terbutaline (SQ):

<12y: 0.005-0.01 mg/kg/dose (max 0.4 mg/dose) q20 min x 3 doses  
 >12y: 0.25 mg/dose q20 min x 3 doses  
 (max total dose 0.75mg)

#### Terbutaline (IV):

Bolus: 2-10mcg/kg over 10 min (if >50kg, max 5mcg/kg), followed by Continuous 0.08-0.4mcg/kg/ min  
 Titrate to effect

#### Epinephrine:

(1:1000 = 1 mg/ml): 0.01 mg/kg (max 0.4 mg) given SQ or IM q10-20min

<b>Weaning Pathway</b>		
<b>Reassessment q1h**</b>		
<p><b>PRAM 1-5:</b></p> <p>Discontinue noninvasive ventilation</p> <p>Wean Terbutaline</p> <p>Continue continuous albuterol</p> <p>Continue corticosteroid</p> <p>Assess O2, wean as able//</p>	<p><b>PRAM 6-7:</b></p> <p>Consider:</p> <ul style="list-style-type: none"> <li>- Weaning noninvasive ventilation support</li> <li>- Weaning Terbutaline</li> </ul> <p>Continue continuous albuterol</p> <p>Continue corticosteroid</p> <p>Assess O2, wean as able</p>	<p><b>PRAM 8-12:</b></p> <p>Exit weaning pathway</p> <p>Return to Severe pathway above</p>
<b>Reassessment q1h**</b>		
<p><b>PRAM 1-5:</b></p> <p>Wean terbutaline off</p> <p>Stop continuous Albuterol</p> <p>Start albuterol q2h</p> <p>Oral corticosteroid</p> <p>Assess O2, wean as able</p>	<p><b>PRAM 6-7:</b></p> <p>If off noninvasive ventilation AND terbutaline:</p> <p>Stop continuous albuterol</p> <p>Start albuterol q2h</p> <p>Oral corticosteroid</p> <p>Assess O2, wean as able</p>	<p><b>PRAM 8-12:</b></p> <p>Exit weaning pathway</p> <p>Return to Severe pathway above</p>
<b>Reassessment q1h x 2h minimum</b>		
<p><b>PRAM 1-5:</b></p> <p>Assess O2, wean as able</p> <p>Transfer to floor</p>	<p><b>PRAM 6-7:</b></p> <p>Assess O2, wean as able</p> <p>Consider transfer to floor</p>	<p><b>PRAM 8-12:</b></p> <p>Exit weaning pathway</p> <p>Return to Severe pathway</p>

### Weaning Medications

#### Continuous Albuterol:

Wean to 10 mg/hr for 2 hrs then stop if PRAM ≤5 and use intermittent albuterol

#### Albuterol dosing:

<15kg: 4 puffs MDI or 2.5 mg nebulized  
 15-25kg: 6 puffs MDI or 5mg nebulized  
 ≥25 kg: 8 puffs MDI or 7.5 mg nebulized

#### Methylprednisolone:

IV: 1 mg/kg q6hrs  
 Switch to Prednisone/Prednisolone if off assisted ventilation and on PO

#### Prednisone or Prednisolone (oral):

1st dose: 2 mg/kg/day (max dose 60 mg/day) Subsequently: 1-2 mg/kg/day for 3-5 days

#### Terbutaline:

Wean by 50% q1hr x 2 then turn off

**\*If patient is floor patient boarded in PICU, use floor pathway**

**\*\*These steps may be repeated**