

LGBTQ+ Mental Health Resources

Created by: Matthew Dominguez MD/MPH

Callen - Lorde Community Health Center

Locations: 356 W 18th St
Manhattan, 10011
(212) 271-7200

3144 3rd Ave
Bronx, 10451

Hours: 356 W 18th St
Manhattan, 10011
(212) 271-7200

3144 3rd Ave
Bronx, 10451

Transit: 14th St Stops



3 av/158 st



Bx 21

Website: callen-lorde.org



Services:

Medical: Primary care, adolescent health, women's health, sexual health, HIV/AIDS, transgender/non-binary (TG/NB) care.

Mental Health: Medication management, individual therapy, groups, crisis intervention, substance use

Dental: Fillings, root canals, crowns, bridges, dentures

Pharmacy: Free home delivery, 90 day supplies

Social: Food assistance, housing referrals, legal aid, public aid benefits.

Center For Transgender Medicine and Surgery

Location: 275 7th Ave
Manhattan, 10001

Hours: 9AM -10 PM M-Sat
- 9 PM Sunday

Transit: 14th st. Stop



Appointments/Info:
(212) 604-1730

Services:

Medical: Primary care, hormone therapy, gender affirming surgery

Mental Health: Medication management, individual therapy, surgical clearance letters



Gay Men's Health Crisis

Location: 307 W 38th st
Manhattan, 10018

Hours: 9AM - 6 PM M-F

Transit: 34th st. and 38th st Stops



Appointments/Info:
(212) 367-1000

Services:

Mental Health: Individual, family, group, couples therapy and medication management

Other: Housing, meals, legal, job assistance

ALL SERVICES ARE FREE



LGBT Center

Location: 208 W 13th St
Manhattan, 10011

Hours: 9AM -10 PM M-Sat
- 9 PM Sunday

Transit: 14th st. Stop



Appointments/Info:
(212) 620-7310

Services (13 yo - Adulthood):

Medical: HIV testing, health referrals

Mental Health: short-term counseling, groups, referrals



Hotlines/Websites

LGBT National Help Center:

Youth Hotline: 1-800-246-7743

Adult Hotline: 1-800-843-4564

Senior Hotline: 1-888-234-7243

glbthotline.org

Coming out, relationships, bullying, safer sex

Love is Respect: 1-866-331-9474 or Text: LOVEIS to 22522

loveisrespect.org

Counseling, LGBT, Immigration

PFLAG: pflag.org

Support for parents and families of LGBTQ+ individuals

Pride Institute: 1-800-547-7433

pride-institute.com

LGBTQ+ substance use and rehab resources

The Trevor Project: 1-866-488-7386 or Text: START to 678678

thetrevorproject.org

LGBT Youth Support

Updated 05/19