

Restraints

Constant Observation (1:1):

- Must print out 1:1 form for ERT watching – can be found under ED Documents
- Must complete documentation on EPIC

Brief Restraints:

- Considered as a brief physical hold → Must have order in place
- Order should be discontinued once brief restraint is completed
- Document REASONING, start and end time, MD/provider made aware

Brief Restraints

Time taken: 1359 10/11/2021

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Non- Violent Restraints:

- One or two – point restraints = mittens or wrist restraints
- **MUST BE DOCUMENTED q30 MINUTES**
 - **Q2 hrs & PRN restraint release**
 - Document END TIME, provider notified
- Order is good for 24hrs – needs renewal

One, Two, Four Point Restraints

Time taken: 1401 10/11/2021

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☐ RN ☐ PCA/NA/TECH

Indication ☐ Safety ☐ Danger to self/others

☐ Prevent removal of lines, tubes or life-sustaining equipment

Type of restraint ☐ One Point ☐ Two Point ☐ Four Point ☐ All Side Rails ☐ Mitten (R) ☐ Mitten (L)

☐ Mittens (Bilateral) ☐ Other (Comment)

Violent Leather Restraints:

- Patient needs to be on 1:1 (order needed)
- Order must be placed IMMEDIATELY
 - Order frequency:
 - 18 yrs+ = 2 hours
 - 9-17 yrs = 1 hours
 - <9 yrs = 30 minutes
- **DOCUMENTATION = q 15 minutes!**
 - **Q2 hrs & PRN restraint release**
- Must release 1 limb at a time (legs first)
 - document each time individual restraint is removed
- Document END TIME, provider notified

Violent or Self-Destructive Restraints

Time taken: 1402 10/11/2021

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Violent or Self-Destructive Restraint Order (4 Point)

Length of Order ☐ 2 hours ☐ 1 hour ☐ 30 minutes

MD Notified ☐ Yes ☐ No (Comment)

Order Obtained ☐ Yes ☐ No (comment)

Face to Face ☐ Yes ☐ No (Comment)

Reason for delay

RN Implementing Seclusion or Restraint

CO Staff responsible for observing patient's condition ☐ Refer to Observation Sheet

Follow all documentation on EPIC

If restraints are **not used**: please inform provider, discontinue order, DOCUMENT restraints not used