## RETU GI Bleed Pathway

## **ED** Evaluation

# Required testing prior to RETU admission

- CBC
- PT/PTT
- EKG in elderly or comorbidities
- Troponin in elderly or comorbidities
- Rectal/qualac exam

#### Not appropriate for RETU

- Hemodynamic instability
- Ongoing active bleeding (eg, drop in Hg/Hct)
- Coagulopathy (eg, advanced liver disease, irreversible anticoagulation therapy)
- Significant active comorbid disease (eg, symptomatic heart failure, COPD)
- Suspected or known ischemic colitis
- Previous aortic graft placement or known aortic aneurysm
- Signs of intestinal obstruction or peritonitis
- High-risk low platelet count
- Anemia with findings suggesting inadequate perfusion (eg, persistent tachycardia abnormal orthostatics, AMS, heart failure, chest pain, exertion dyspnea)

# RETU Intake Evaluation (do not repeat testing if already done in ED)

#### Exam Focus

- Abdominal/rectal
- Cardiovascular
- Mental status

#### Initial Testing

- Labs: CBC (q3-6h), BMP, PT/PTT (others as clinically indicated)
- Imaging: CT imaging (as indicated)

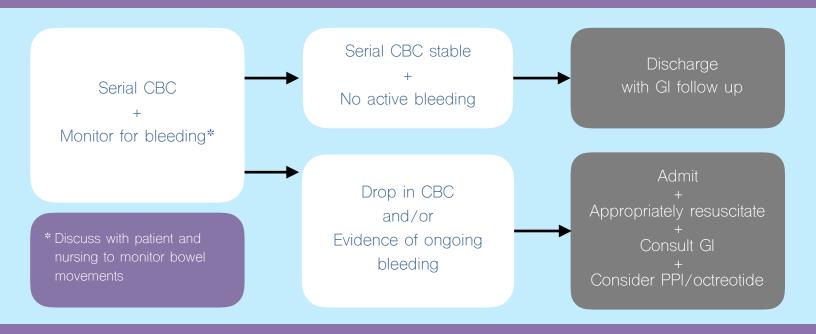
#### Monitoring

- Continuous telemetry monitoring (as indicated)
- Serial CBC
- · Monitor bowel movements

#### Consults

Gl consult (as indicated)

### RETU Treatment / Evaluation



## Disposition Guidelines

### Discharge from RETU

- Hemodynamically stable
- Stable serial CBC
- No further evidence of bleeding
- No endoscopy or colonoscopy indicated (per GI)

## Admission to Hospital

- · Deterioration of clinical condition
- · Hemodynamic instability
- Declining Hgb/Hct
- · Continued bleeding
- · Per specialist request