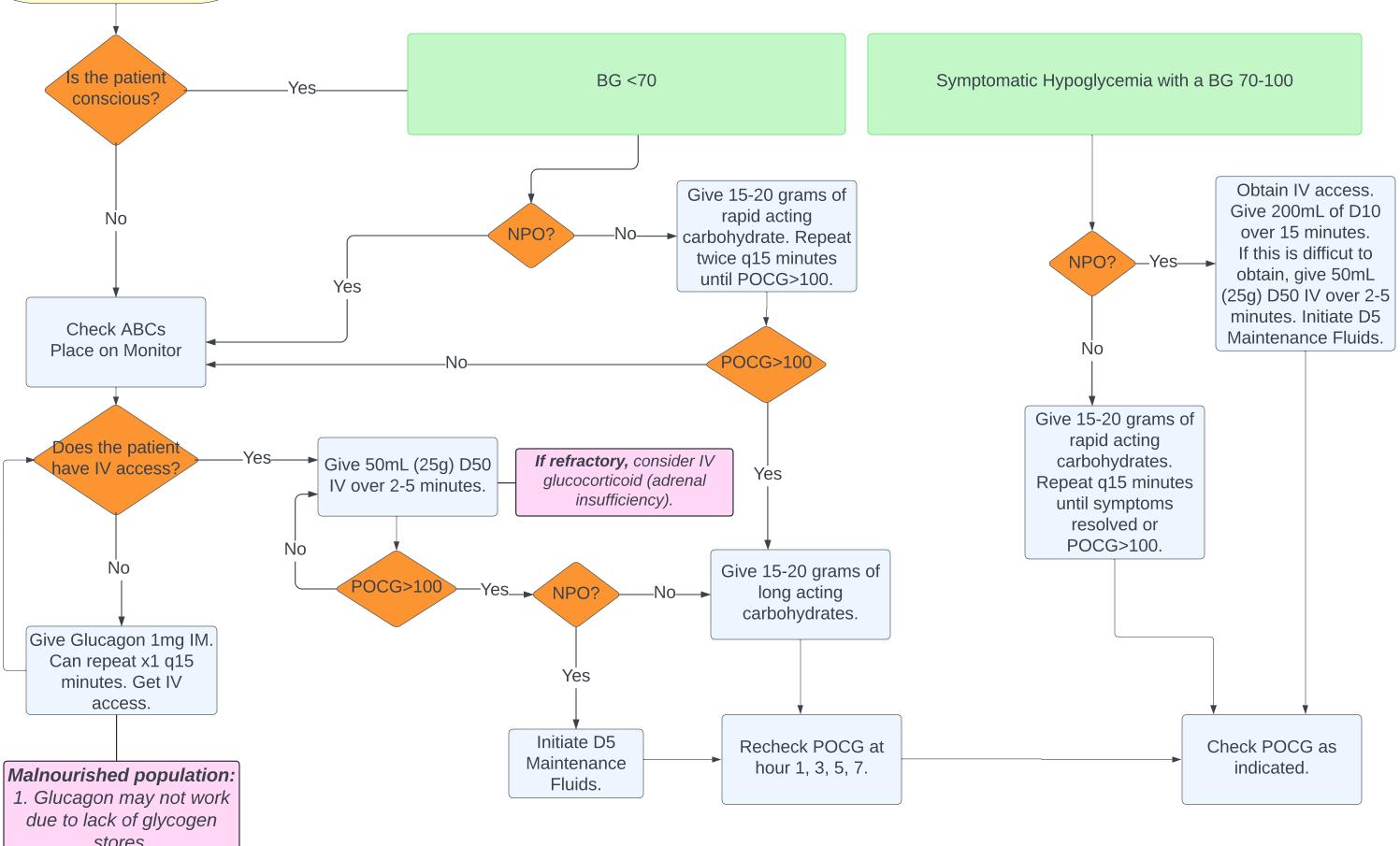
## **Adult patient presents to** ED and found to be hypoglycemic

(Blood Glucose <70 mg/dL or if symptomatic hypoglycemia)

## Symptoms of hypoglycemia include

shaking, sweating, nausea, vomiting, palpitations, dizziness, irritability, anxiety, tingling, lightheadedness, visual changes, slurred speech, confusion, loss of consciousness, seizures

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## **Abbreviations:**

ABCs: Airway, Breathing, Circulation POCG: Point-of-care Glucose BG: Blood Glucose q15: every 15 minutes IV: intravenous IM: intramuscular D50/10/5: Dextrose 50/10/5 % NPO: Nothing by mouth

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- stores.
- 2. Add thiamine, but do not delay glucose administration.

If patient is not diabetic, add

serum glucose, serum insulin,

c-peptide and oral

hypoglycemic agent screen in

addition to other hypoglycemia

workup

## If sulfonylurea overdose

is suspected, initiate octreotide

Examples of short acting carbs: 4 glucose tablets, 8 saltine

crackers, 1/2 cup fruit juice, 1/2 can regular soda, 1 tbsp sugar

Examples of long acting carbs: slice of whole grain bread, 300mL of milk, small apple