PATIENT GUIDE - BUPRENORPHINE HOME INDUCTION + INITIAL MAINTENANCE

Before you start buprenorphine ("bupe" or "Suboxone"), you should feel very sick from withdrawal

You should feel at least 3 of these symptoms:

- Restless
- Yawning
- Runny nose
- Goose bumps
- · Chills or sweating
- Muscle twitches

- Muscle aches
- Anxious or irritable
- Stomach cramps, nausea, vomiting, or diarrhea

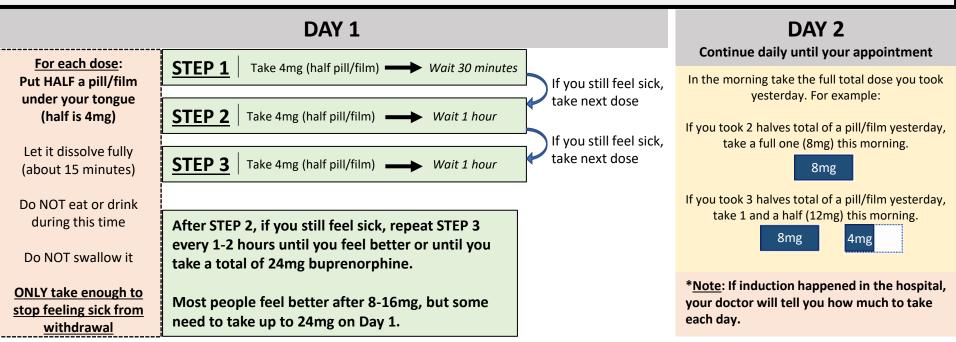
It should be at least:

- 12 hours since you used opioid pain pills (oxycodone/Percocet)
- 24 hours since you used fentanyl
- 36-72 hours since you used methadone

WARNING

- · AVOID Bupe when you are high, it will make you dope sick!
- AVOID Bupe with **alcohol** or **benzos** (Xanax, Klonopin, Ativan), it can increase overdose risk. Talk to your doctor if you are prescribed benzos.

Start buprenorphine at home (called induction) + Initial maintenance





- If your symptoms worsen, return to an Emergency Department
- To set up or confirm your 1st appointment: call our REACH PROGRAM (646-951-1693 or REACH@mountsinai.org)