

Child and Adolescent Mental Health Resources

Created by: Matthew Dominguez MD/MPH

The Door Adolescent Health Center

Hours:

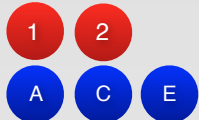
Recreation Center: 2 - 8 PM Daily (10 PM Wed)

Health Center: 10AM - 6PM M-F

Location:

555 Broome St.
Manhattan, 10013
(Broome & 6th Ave)

Transit:



Website: <https://door.org>



Appointments:

Health Center: (212) 453-0221 or (212)-453-0222

Homeless Drop-In: 11AM - 8PM M-F

12- 6 PM Weekends

Services:

Health: Primary care, dental, eye/vision, dermatology, nutrition, and sexual health

Mental Health: Individual counseling, discussion groups, mindfulness classes

Medication: Onsite pharmacy providing the most common medications

Legal: Criminal law clinic, immigration, family court, emancipation

Education/Career: GED program, job/internship training, college advising, tutoring/classes

Homeless Support: Free meals, emergency food/clothing, shelter referral, safe space for recreation

Eligibility:

- Ages 12 -24

- Must become a member, brief interview, walk-in between 2-5PM (7PM Weds)

- No insurance needed for any services

- No parental consent needed

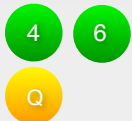
Mt. Sinai Child/Adolescent Psychiatry Clinic

Hours: 8AM -7:00 PM M-Th
-5:30 PM Friday

Location:

UES
1240 Park Ave (Basement)
Manhattan, 10029

Transit:

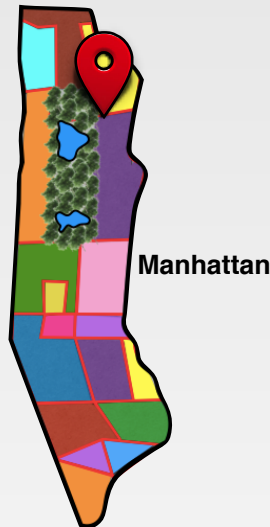


Appointments/Info:

(212) 241-7175

Insurance:

Various Medicaid Providers Accepted



Mt. Sinai St. Lukes Child & Family Institute

Hours: 8AM -7:00 PM M-Th
-5:30 PM Friday

Location:

UWS
411 114th st (at Amsterdam)
Manhattan, 10019

Transit:

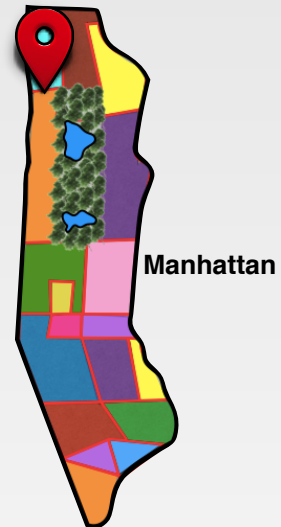


Appointments/Info:

(212) 523-4885 or (212) 523-3082

Insurance:

Various Medicaid Providers Accepted



Mt. Sinai Beth Israel Outpatient Behavioral Services

Hours: 8AM -7:00 PM M-Th
-5:30 PM Friday

Location:

LES
10 Nathan D Perlan Place
Manhattan, 10003
(1st ave between 15/16th st)

Transit:



Appointments/Info:

(212) 420-2400 or (212) 420-4135

Insurance:

Various Medicaid Providers Accepted



Hotlines/Websites

Childhelp: 1-888-422-4453

childhelp.org

For survivors of child abuse

Day One: 1-800-214-4150 or Text: 646-535-3291

dayoneny.org

Counseling, legal advice (DV, Immigration)

Love is Respect: 1-866-331-9474 or Text: LOVEIS to 22522

loveisrespect.org

Counseling, LGBT, Immigration

New York Foundling: 1-888-435-7553

nyfoundling.org

Foster care, juvenile justice, low-income

The Trevor Project: 1-866-488-7386 or Text: START to 678678

thetrevorproject.org

LGBT Youth Support

Updated 05/19

Intellectual and Developmental Disability Resources

Created by: Matthew Dominguez MD/MPH

AHRC New York

Hours: 8AM -7:00 PM M-Th
-5:30 PM Friday

Locations: 2488 Grand Concourse Bronx, 10458 (718) 367-3691
83 Maiden Lane Manhattan, 10038 (212) 780-2652

Transit: Fordham Rd Stop

4

Fulton St Stop

5

2

3

General Information:
(212) 780-4491

Website: ahrc.org

Services:

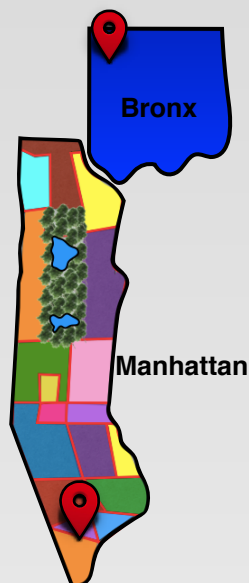
Mental Health: Psychological testing/diagnosis, individual/group/family counseling

Rehab: TBI, independence, social skills

Recreation: Daily activities, camps

Education: Programs from preschool through college, autism programs

Career: Job training, internships, volunteer opportunities



YAI National Institute for People with Disabilities

Hours: 8AM -7:00 PM M-Th
-5:30 PM Friday

Locations: 3060 East Tremont Ave Bronx, 10461 (718) 239-1790
406 10th Ave Manhattan, 10001 (212) 273-6100
37-11 35th Ave Astoria, 11101 (718) 482-8121
3364 Nostrand Ave Brooklyn, 11229 (718) 743-3850

Transit: Middleton Rd Stop

6

34th St Stop

7

C

E

Steinway St Stop

M

R

W



B44

General Information:
(212) 924-5465

Website: yai.org

Services:

Medical: Primary care and specialty clinics. For appointments call (212) 273-6272

Mental Health: Psychological testing/diagnosis, individual/group/family counseling, crisis intervention

Parents: Parenting skills courses, after school/holiday/overnight respite

Recreation: Daily activities, Saturday "club fun", social skills programs

Education: Family education, person-centered tools

Career: Job training/coaching, resume writing, interview prep, application help

