

## **References**

<sup>1</sup>Anxiety and Depression Association of America

(<https://adaa.org/understanding-anxiety/social-anxiety-disorder>)

<sup>2</sup>Ibid.

<sup>3</sup>Ibid.

<sup>4</sup>Cohen, Larry “8 Stats That Prove Social Anxiety Needs To Be Taken Seriously” *The Huffington Post*, 2018.