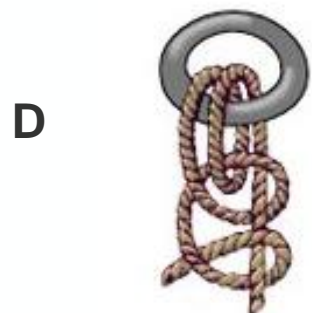
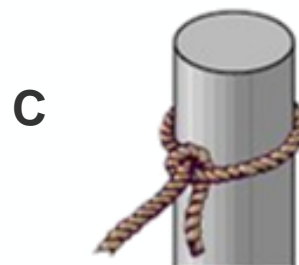
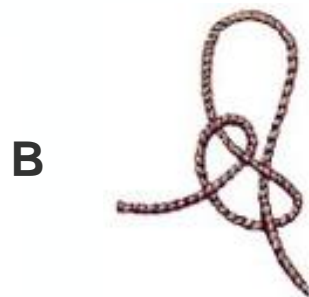


Trivia: Know your knots!



1. Sheepshank
2. Cat's Paw
3. Overhand
4. Half-hitch
5. Slipknot
6. Fisherman's Bend

We will start at 9:00 Pacific / 10:00 Mountain / 11:00 Central / 12:00 Eastern / 13:00 Atlantic / 13:30 NFLD

Please take a moment to ensure that you have downloaded course materials for today, refresh your beverage, and / or network with us.

TDU

Introduction to R

For Public Health Investigations



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada

The map

Day 1:

- Core-function coastline
- Syntax sound
- Clean data caves

Day 2:

- Markdown beach
- Automation bay
- Troubleshooting trail



What we heard



Exercise Debrief

Exercise 1:

COVID-19 line list

- Workspace setup
- Load data
- Clean the data including dates
- Create new variables
- Visualize and summarise the data
- Automate the results by writing a script

1. What was your favorite function or component of this activity?
2. Did anything surprise you? Did you do anything differently?
3. Do you foresee using any parts of this activity in your workplace? How?

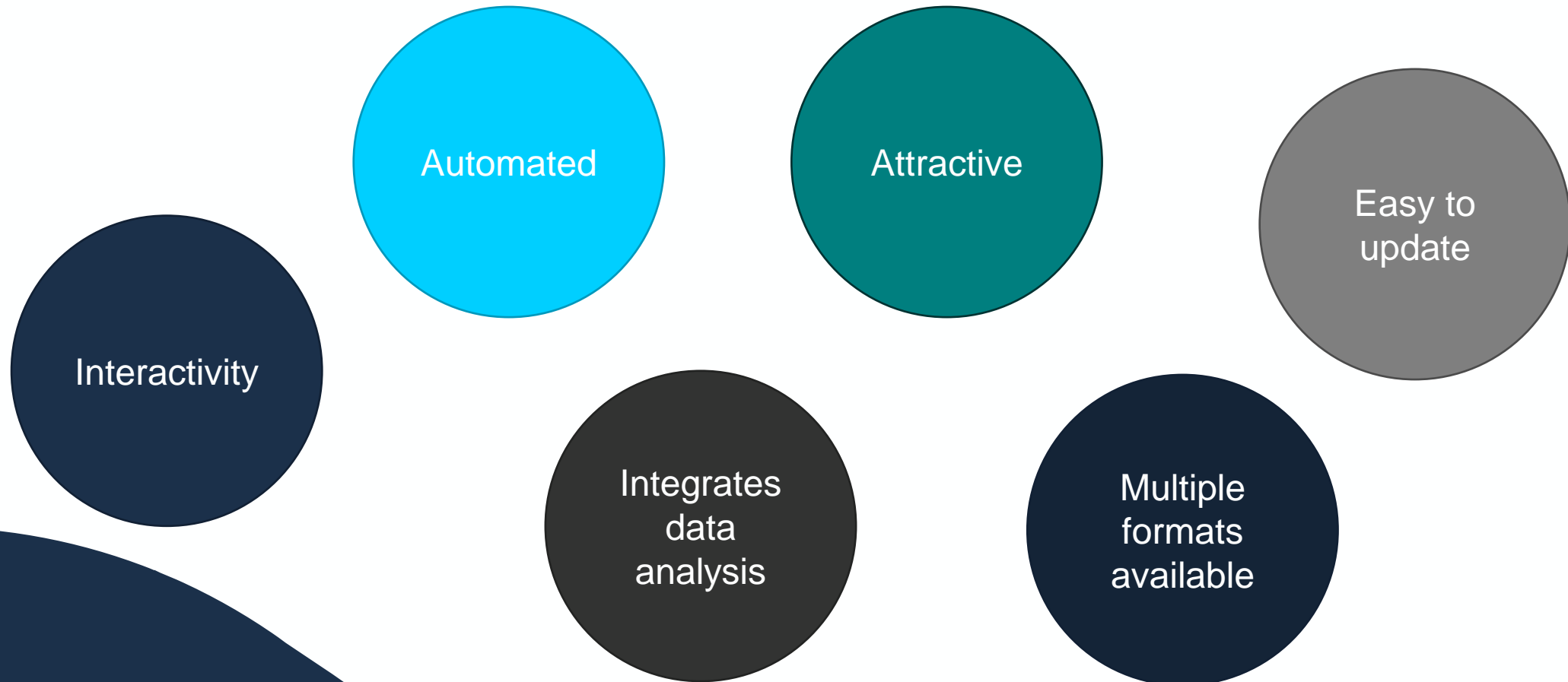
A background image showing two women, one with long dark hair and one with curly dark hair, looking at a laptop screen. They are in a room with bookshelves in the background. The image is overlaid with a dark blue semi-transparent layer.

Reporting and Outputs

Interpreting data to help make a decision

Reporting in a 'perfect-world'

- Use the annotation tool to put a stamp on which of the following features of a reporting tool are important to you!



Tools for building reports in R

RMarkdown documents

- Several years of development, many extensions developed
- Primarily for R code
- Produces HTML, PDF, Word outputs natively
- Designed for use with RStudio
- Works best for single-document workflows



Quarto documents

- Successor to RMarkdown
- Built-in support for multiple coding languages (e.g., R, Python, Julia)
- More unified support
- Designed for use with RStudio as well as other IDEs (JupyterLab, VS Code, others)





R markdown – what is it?

- A tidyverse package: Rmarkdown
- The R markdown file format (.Rmd) is used to create documents in R (static or dynamic)
- Markdown is a formatting language that allows for documents to be written in plain text with formatting cues
 - R code can be written directly in the markdown document, or existing R scripts can be leveraged using the **source()** function and specifying the file pathway
 - Narrative text can be added and formatted nicely
 - Used to create reports and other data products in various formats

R markdown

- Three main components of an R markdown file (.Rmd):

1. Metadata

- YAML ('YAML ain't markup language') header
- Written between "---"

2. Text

- Markdown syntax

3. Code

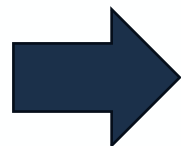
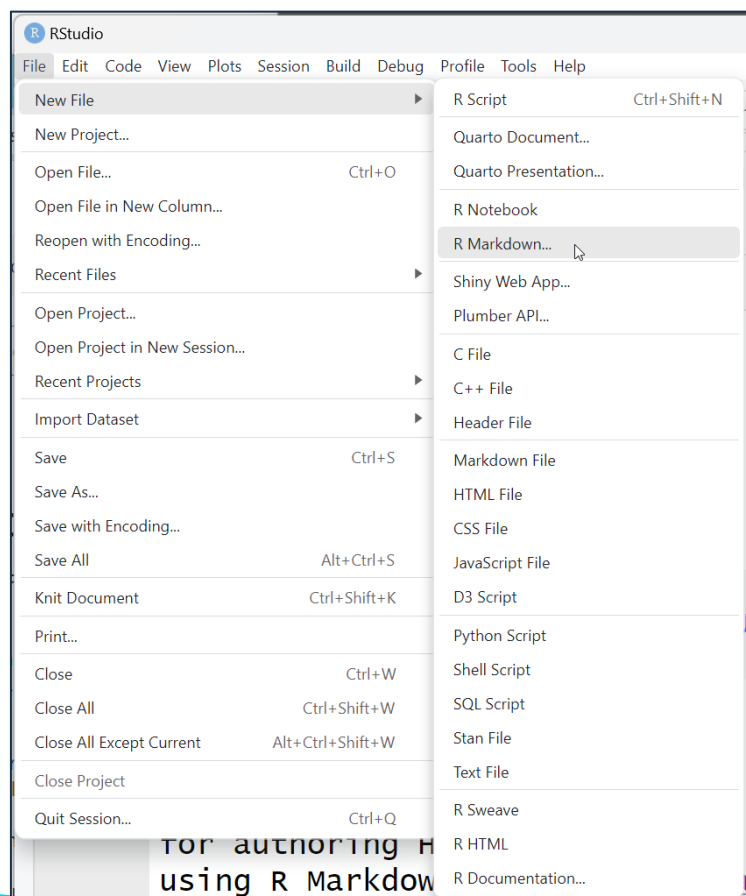
- R code chunks

```

1 ---
2 title: "Example"
3 author: "B. Hetman"
4 date: "2025-01-20"
5 output: html_document
6 ---
7
8 ```{r setup, include=FALSE}
9 knitr::opts_chunk$set(echo = TRUE)
10 ```
11
12 ## R Markdown
13
14 This is an R Markdown document. Markdown is a simple formatting syntax
15 for authoring HTML, PDF, and MS word documents. For more details on
16 using R Markdown see <http://rmarkdown.rstudio.com>.
17
18 When you click the **Knit** button a document will be generated that
19 includes both content as well as the output of any embedded R code
20 chunks within the document. You can embed an R code chunk like this:
21
22 ```{r cars}
23 summary(cars)
24 ```
25
26 ## Including Plots
27
28 You can also embed plots, for example:
29
30 ```{r pressure, echo=FALSE}
31 plot(pressure)
32 ```

```

Creating an RMarkdown document



The screenshot shows an R Markdown document in the RStudio editor. The document contains the following content:

```

---
title: "This is my R markdown document"
author: "J. Stares"
date: "2021-01-25"
output: html_document
---

This is the text in my R markdown document. After this section, I will include a
code chunk:

```{r}
#this is the first code chunk in my R markdown document
library(dplyr)
print(cars)
```

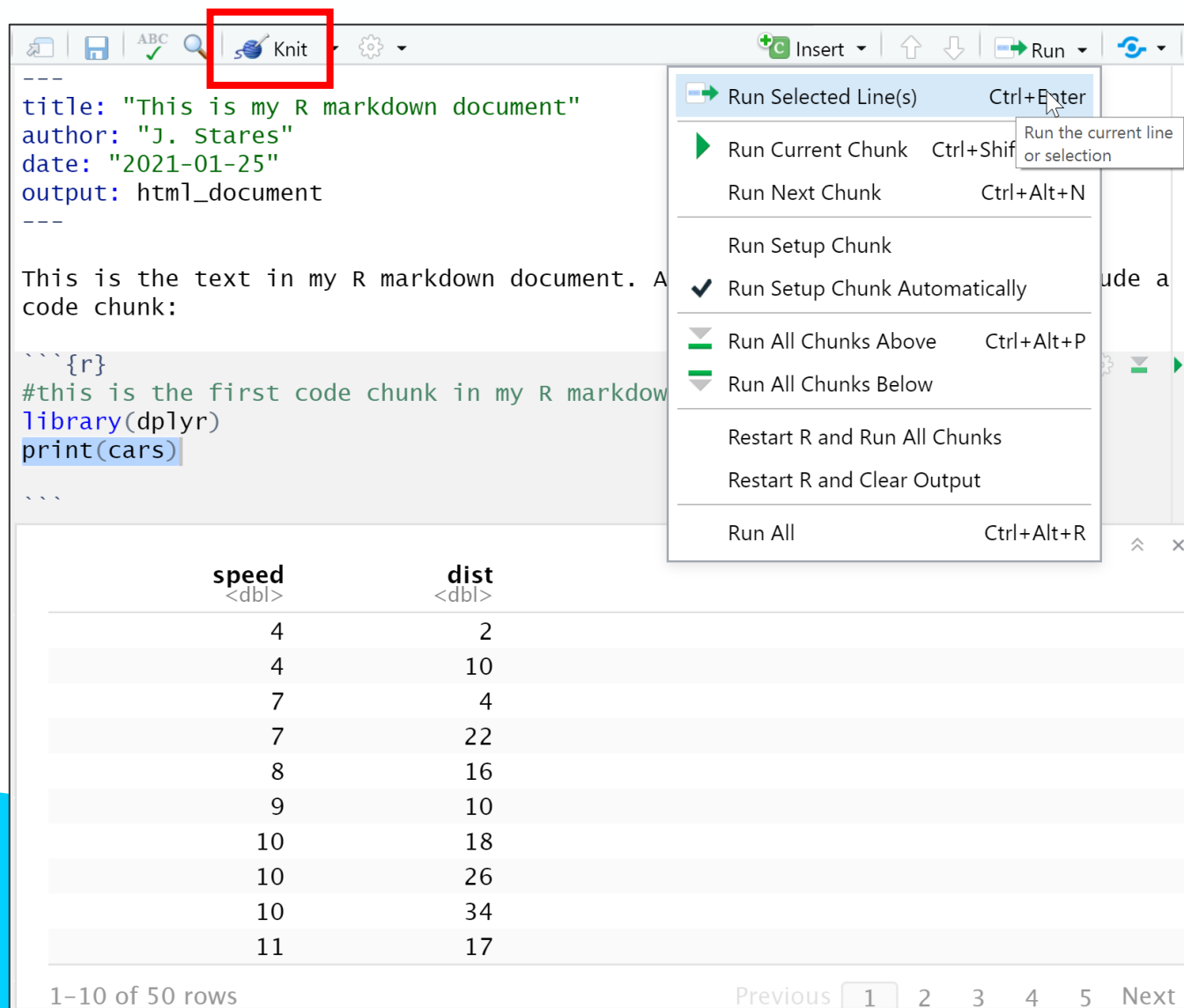
```

Below the code chunk, a table is displayed, showing the output of the R code. The table has two columns: 'speed' and 'dist', both with a data type of '<dbl>'. The table contains 10 rows of data.

| speed
<dbl> | dist
<dbl> |
|----------------|---------------|
| 4 | 2 |
| 4 | 10 |
| 7 | 4 |
| 7 | 22 |
| 8 | 16 |
| 9 | 10 |
| 10 | 18 |
| 10 | 26 |
| 10 | 34 |
| 11 | 17 |

At the bottom of the table, it says '1-10 of 50 rows'. Navigation buttons for 'Previous', '1', '2', '3', '4', '5', and 'Next' are visible.

Testing and running your R markdown document



The screenshot shows the RStudio interface with an R Markdown document open. The 'Knit' button in the top toolbar is highlighted with a red box. A context menu is open over the 'Run' button, showing options like 'Run Selected Line(s)', 'Run Current Chunk', and 'Run All'. The document content includes a title, author, date, and a code chunk for the 'cars' dataset. Below the code, a table of the 'cars' dataset is displayed.

```
---  
title: "This is my R markdown document"  
author: "J. Stares"  
date: "2021-01-25"  
output: html_document  
---  
  
This is the text in my R markdown document. A  
code chunk:  
  
```{r}  
#this is the first code chunk in my R markdown
library(dplyr)
print(cars)
```
```



| speed
<dbl> | dist
<dbl> |
|----------------|---------------|
| 4 | 2 |
| 4 | 10 |
| 7 | 4 |
| 7 | 22 |
| 8 | 16 |
| 9 | 10 |
| 10 | 18 |
| 10 | 26 |
| 10 | 34 |
| 11 | 17 |

1-10 of 50 rows

Previous 1 2 3 4 5 Next


R markdown text format options

- Markdown allows for many text formatting options
- For example, specifying headers is done using the pound symbol (#)

| <div>  <div> <h2>R Markdown Reference Guide</h2> <p>Learn more about R Markdown at rmarkdown.rstudio.com
 Learn more about Interactive Docs at shiny.rstudio.com/articles</p> </div> <div> <p>Contents:</p> <ol style="list-style-type: none"> 1. Markdown Syntax 2. Knitr chunk options 3. Pandoc options </div> </div> | |
|--|--|
| Syntax | Becomes |
| Plain text | Plain text |
| End a line with two spaces to start a new paragraph. | End a line with two spaces to start a new paragraph. |
| <i>*italics*</i> and <i>_italics_</i> | <i>italics</i> and <i>italics</i> |
| **bold** and __bold__ | bold and bold |
| superscript^2^ | superscript ² |
| ~~strikethrough~~ | strikethrough |
| [link](www.rstudio.com) | link |
| # Header 1 | <h1>Header 1</h1> |
| ## Header 2 | <h2>Header 2</h2> |
| ### Header 3 | <h3>Header 3</h3> |
| #### Header 4 | <h4>Header 4</h4> |
| ##### Header 5 | <h5>Header 5</h5> |
| ##### Header 6 | <h6>Header 6</h6> |
| endash: -- | endash: — |
| emdash: --- | emdash: — |
| ellipsis: ... | ellipsis: … |
| inline equation: \$A = \pi * r^2\$ | inline equation: $A = \pi * r^2$ |
| image: | image:  |

R markdown paragraph format

- Markdown allows several options to create formatted quotes, lists, tables (and more)



R Markdown Reference Guide

Learn more about R Markdown at rmarkdown.rstudio.com
Learn more about Interactive Docs at shiny.rstudio.com/articles

Contents:

- 1. Markdown Syntax**
2. Knitr chunk options
3. Pandoc options

Syntax

➔

Becomes

```

***

> block quote

* unordered list
* item 2
  + sub-item 1
  + sub-item 2

1. ordered list
2. item 2
  + sub-item 1
  + sub-item 2

Table Header | Second Header
-----
Table Cell   | Cell 2
Cell 3       | Cell 4

```

```

block quote

• unordered list
• item 2
  ◦ sub-item 1
  ◦ sub-item 2

1. ordered list
2. item 2
  ◦ sub-item 1
  ◦ sub-item 2

Table Header      Second Header
-----
Table Cell        Cell 2
Cell 3            Cell 4

```

R markdown outputs

- Depending on the options in your YAML header and in the setup of your code chunks, different outputs will be displayed in the final product.

This is my R markdown document

J. Stares

2021-01-25

This is the text in my R markdown document. After this section, I will include a code chunk:

```
#this is the first code chunk in my R markdown document  
library(dplyr)
```

```
## Warning: package 'dplyr' was built under R version 4.0.3
```

```
##  
## Attaching package: 'dplyr'
```


```
## The following objects are masked from 'package:stats':  
##  
##   filter, lag
```

```
## The following objects are masked from 'package:base':  
##  
##   intersect, setdiff, setequal, union
```

```
print(cars)
```

R markdown code chunk options (1)

- Entering different options into the curly braces following the three backticks will determine the treatment of the code chunk
- E.g.,
 - ````{r}` is the default
 - ````{r eval=TRUE, echo=FALSE}` will evaluate the code, but suppresses printing it to the final output
 - ````{r warning=FALSE}` will suppress the printing of warnings in the output



R Markdown Reference Guide

Learn more about R Markdown at rmarkdown.rstudio.com
Learn more about Interactive Docs at shiny.rstudio.com/articles

Contents:

1. Markdown Syntax
- 2. Knitr chunk options**
3. Pandoc options

| Syntax | Becomes |
|--|---|
| <p>Make a code chunk with three back ticks followed by an <code>r</code> in braces. End the chunk with three back ticks:</p> <pre>```{r} paste("Hello", "World!") ```</pre> | <p>Make a code chunk with three back ticks followed by an <code>r</code> in braces. End the chunk with three back ticks:</p> <pre>paste("Hello", "World!")</pre> <pre>## [1] "Hello World!"</pre> |
| <p>Place code inline with a single back ticks. The first back tick must be followed by an <code>R</code>, like this <code>`r paste("Hello", "World!")`</code>.</p> | <p>Place code inline with a single back ticks. The first back tick must be followed by an <code>R</code>, like this <code>Hello World!</code>.</p> |
| <p>Add chunk options within braces. For example, <code>`echo=FALSE`</code> will prevent source code from being displayed:</p> <pre>```{r eval=TRUE, echo=FALSE} paste("Hello", "World!") ```</pre> | <p>Add chunk options within braces. For example, <code>echo=FALSE</code> will prevent source code from being displayed:</p> <pre>## [1] "Hello World!"</pre> |

Learn more about chunk options at <http://yihui.name/knitr/options>

R markdown code chunk options (2)


Many more options available for creating clean, readable R markdown reports

| Chunk options | | |
|------------------------|---------------|---|
| option | default value | description |
| Code evaluation | | |
| child | NULL | A character vector of filenames. Knitr will knit the files and place them into the main document. |
| code | NULL | Set to R code. Knitr will replace the code in the chunk with the code in the code option. |
| engine | 'R' | Knitr will evaluate the chunk in the named language, e.g. engine = 'python'. Run <code>names(knitr::knit_engines\$get())</code> to see supported languages. |
| eval | TRUE | If FALSE , knitr will not run the code in the code chunk. |
| include | TRUE | If FALSE , knitr will run the chunk but not include the chunk in the final document. |
| purl | TRUE | If FALSE , knitr will not include the chunk when running <code>purl()</code> to extract the source code. |
| Results | | |
| collapse | FALSE | If TRUE , knitr will collapse all the source and output blocks created by the chunk into a single block. |
| echo | TRUE | If FALSE , knitr will not display the code in the code chunk above it's results in the final document. |
| results | 'markup' | If 'hide' , knitr will not display the code's results in the final document. If 'hold' , knitr will delay displaying all output pieces until the end of the chunk. If 'asis' , knitr will pass through results without reformatting them (useful if results return raw HTML, etc.) |
| error | TRUE | If FALSE , knitr will not display any error messages generated by the code. |
| message | TRUE | If FALSE , knitr will not display any messages generated by the code. |
| warning | TRUE | If FALSE , knitr will not display any warning messages generated by the code. |
| Code Decoration | | |
| comment | '###' | A character string. Knitr will append the string to the start of each line of results in the final document. |
| highlight | TRUE | If TRUE , knitr will highlight the source code in the final output. |
| prompt | FALSE | If TRUE , knitr will add > to the start of each line of code displayed in the final document. |
| strip.white | TRUE | If TRUE , knitr will remove white spaces that appear at the beginning or end of a code chunk. |
| tidy | FALSE | If TRUE , knitr will tidy code chunks for display with the <code>tidy_source()</code> function in the formatR package. |

R markdown: Let's review (1)

- What sorts of documents can be created using R markdown?
 - Pdf, word, html, ppt, dashboard, webpages and more
- Is the # needed to add narrative text to your R markdown file?
 - No, the # isn't needed to add narrative text – it is used for formatting
 - Note # still required to comment R code within code “chunks”
- Why would you use R markdown?
 - Reproduce your work at the click of a button, export results as a report or link to dashboard, create a transparent record of your work, etc.

R markdown: Let's review (2)

- What is the header used to open a chunk of R code in a markdown file?
 - ````\{r}`
- How do you suppress printing of R code in your rendered file?
 - In the code chunk header: `echo=FALSE`
````\{r, echo=FALSE}`
- How do you create an ordered list in a markdown document?
  - Just number the text:
    1. Item 1
    2. Item 2, etc.
- How do you render and export your document?
  - Knit the document:  Knit

A background image showing two women sitting at a desk, looking at a laptop screen. The woman on the right is smiling and pointing at the screen. The image is darkened with a blue overlay. A large, bright blue curved shape is in the bottom right corner.

# Considerations for Programming

Save yourself from yourself!



# Programming tips

| Do's                                                                                                                                                                                                                                                                                                                                  | Do Not's                                                                                                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Create a header that includes:</p> <ul style="list-style-type: none"> <li>• Date the code was written and date it was last modified</li> <li>• The author and person who last modified the code</li> <li>• Purpose of the code</li> <li>• Associated datasets and location</li> <li>• Pertinent notes (e.g., decisions)</li> </ul> | <p>Leave code and syntax documents in such a way that it is unclear what they are for, when they were created, or who created them (this is especially important for tasks which are run regularly but not frequently)</p> |
| <p>If using one script document, chunk the code by various stages of the project (e.g., loading data, processing data, analysing data, summarising data, visualising data, reporting and data export)</p>                                                                                                                             | <p>Leave code in such a state that it is unclear when to run which code block</p>                                                                                                                                          |
| <p>Write brief comments throughout explaining what code blocks or complicated code is doing</p>                                                                                                                                                                                                                                       | <p>Leave code in such a state that is unclear what they are meant to do</p>                                                                                                                                                |
| <p>Revise code such that it can be run all at once, especially if automating tasks</p>                                                                                                                                                                                                                                                | <p>Leave code in your script that does not work or that is not needed</p>                                                                                                                                                  |

# Automation: When is it appropriate?

## Appropriate:

- Conducting an analysis that will be repeated regularly
- Conducting an analysis that will be revisited at a later date
- Other?

## Not appropriate

- Conducting an analysis which will be run once only
- Handing over a “one-off” data analysis to another individual
- Other?

# Ten considerations for data analysis reference

- Use this handy list to help you plan your project at the outset
- Checklists aren't a replacement for critical thinking skills
- You may need to add other considerations (e.g., data privacy)
- Or you may need to skip considerations depending on your objective

|                                                      |                                                                                                                                                |
|------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Read</b><br>Read data into R                      | Consider (1) the type of data, (2) how they are stored, and (3) the size of the dataset.                                                       |
| <b>Format</b><br>Format the data                     | Long or wide format? Plan the analysis keeping in mind what your needs are. Long: summarising, visualising. Wide: human-readable, tables.      |
| <b>Select</b><br>Select portions of the dataset      | Decide what data you'll need in advance from the dataset: subsets vs. filtered dataset. Consider the pros and cons of the approach.            |
| <b>Modify</b><br>Create and modify variables         | Consider: (1) what variables you need, (2) calculations you will perform, and (3) algorithms needed to create the variables.                   |
| <b>Link</b><br>Conduct data linkage(s)               | Assign a key variable(s) that you will link datasets on. Consider the join type you will need: inner, left, right, full, semi, or anti join.   |
| <b>Analyse</b><br>Analyse the data                   | Consider grouping data meaningfully in performing calculations and obtaining descriptive statistics. Evaluate outputs and interpret summaries. |
| <b>Visualise</b><br>Visualise the data               | Use tables or charts, and consider the best way to display information. Often, the simpler the better. What are the data telling you?          |
| <b>Report</b><br>Report the findings                 | Communicate the findings to those who need the information created from your work. Consider the audience you are communicating with.           |
| <b>Celebrate</b>                                     | Preferably with cake!                                                                                                                          |
| <b>Review</b><br>Review, revise, and re-do as needed | Often, we can go back and simplify/optimize. This is important especially if the code will be used again.                                      |

# Getting the most from Google

- It is an extraordinary human that can sit and write R code like they are writing a letter
- Google is your friend!
  - As are [stackoverflow.com](https://stackoverflow.com), [tidyverse.org](https://tidyverse.org), [rdocumentation.org](https://rdocumentation.org), [cookbook-r.com](https://cookbook-r.com), etc.
- Tip in framing web search: software + version + key terms





# If you can't tie knots...



Photo by Miguel A. Amutio on Unsplash



Photo by Pascal van de Vendel on Unsplash

# ...tie lots!

# Break



- Take a few minutes for yourself
  - Too many scraps of paper on your desk?
  - Need a mindfulness activity suggestion?
  - Build yourself a flotilla of paper ships:  
<https://www.wikihow.com/Make-a-Paper-Ship>

Please return by:  
[TIME] Pacific / [TIME] Mountain / [TIME] Central / [TIME] Eastern / [TIME] Atlantic / [TIME] NFLD



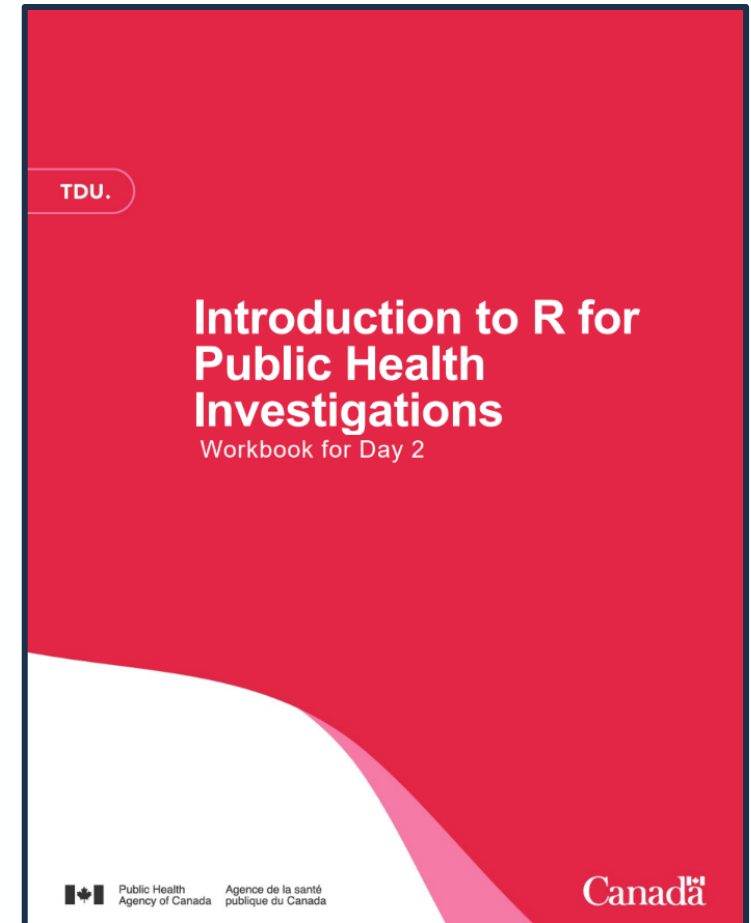


# Independent Study and Drop-In Office Hours

Practice makes perfect

## Exercise 2

- Scenario: You've been mobilized to support an investigation of a tuberculosis outbreak in a remote, northern area.
- For this request you will:
- Setup your workspace
- Clean and process data
- Create descriptive epi figures and summary tables relevant to the outbreak investigation
- Create a social network diagram
- Build an automated report using R markdown



# Approach

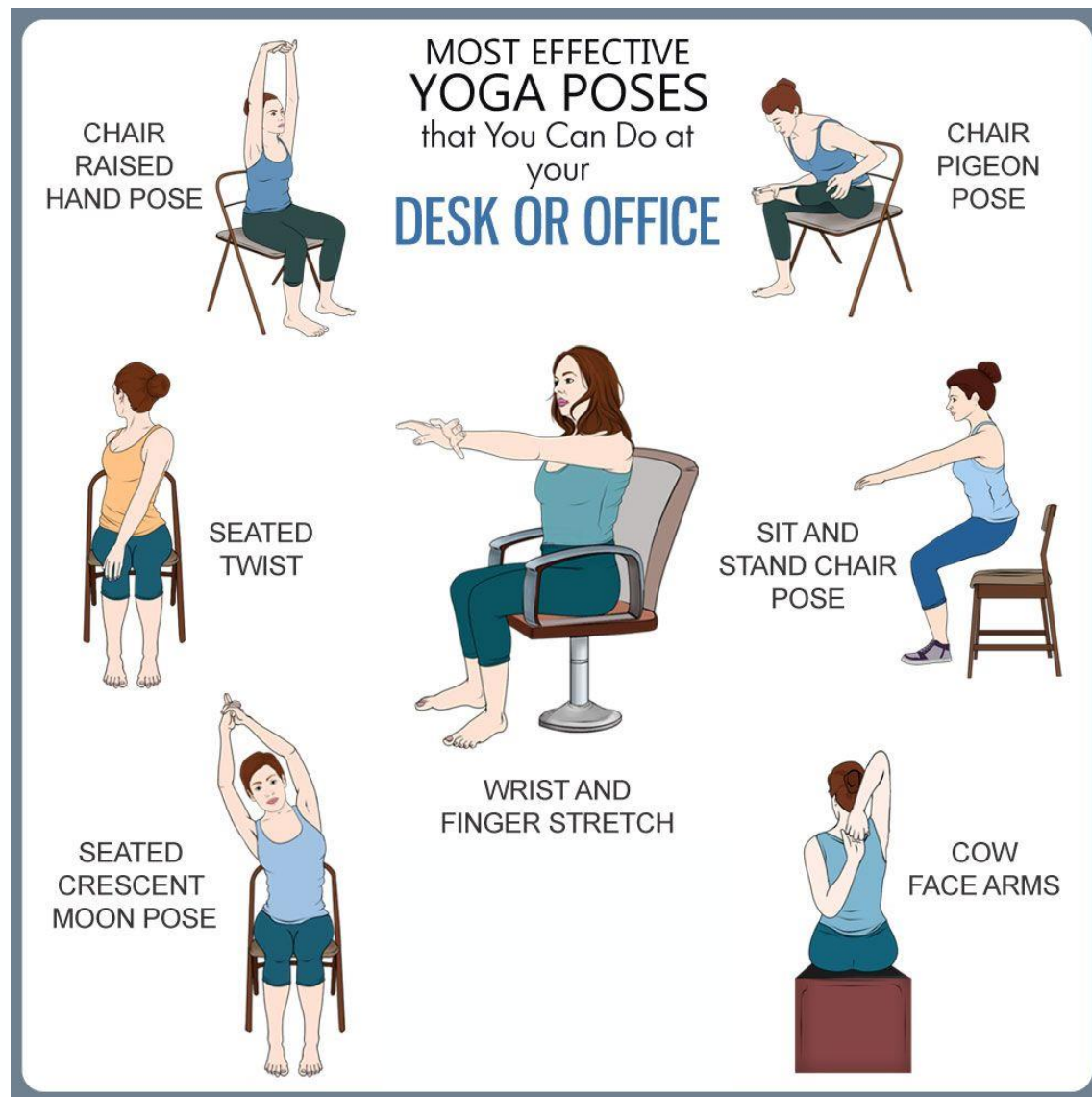
- We recommend:
  - **Novice users:** Use the workbook and R script(s) provided on GitHub as a guide. Run the available scripts and prioritize your understanding what each chunk of code and functions used are doing. Do not worry about being able to write or debug code.
  - **Beginner/Intermediate users:** R code is provided as a screen capture image in the workbook. You should have sufficient understanding of coding to get a general sense of what the code is doing by reading it or doing a little research. We would like you write the code out from the guide as you progress through the scenario. Cross reference to the R script(s) provided on GitHub if you encounter any tangly problems.
  - **Advanced users:** We encourage you to try writing your own code where you like and contrast it with the code used for the exercise, and to help your peers as questions arise. Cross reference to the R script(s) provided on GitHub if you encounter any tangly problems.

# Independent Study and Drop-In Office Hours

- We will walk through the first steps of the exercise to ensure that everyone is able to get started (optional attendance)
- You are free to stay in the virtual classroom or leave while you work through the exercise
- We'll be here in the virtual classroom to answer your questions as they arise
- Please return by 12:15 Pacific / 13:15 Mountain / 14:15 Central / 15:15 Eastern / 16:15 Atlantic / 16:45 NFLD



# A gentle reminder to take a break and stretch



**Please return by:**  
**12:15 Pacific**  
**13:15 Mountain**  
**14:15 Central**  
**15:15 Eastern**  
**16:15 Atlantic**  
**16:45 NFLD**



# Questions?

A background image showing two women sitting at a table in a library, looking at a tablet together. The image is darkened with a blue overlay. A large blue wave shape is at the bottom right.

# Wrap-up

# Reminder

- Complete exercise 2 as we will debrief when we meet tomorrow
- Please reach out to your course facilitators if you have questions

# Feedback for day 2

- Please take a moment to answer a few questions
- <https://www.slido.com/>
- #IntroR2025

