

SYNERGY SPONSORS SPEED WINDSURFING WORLD CHAMPION



She's a world champion, a world record holder, and an osteopath. Proudly sporting a Synergy logo on her windsurfing sail, she is also one of Synergy's sponsored athletes who not only uses Synergy products, but shares them with her patients at her medical practice in England.

In May 2016, at almost 50 years old, Zara Davis snagged her first-ever world championship title in women's speed windsurfing while competing at the Dunkerbeck GPS Speed Challenge in Fuerteventura. She not only beat out all of the other women in the competition, but recorded a better time than more than half of the men. Zara is also a six-time Europe speed windsurfing champion and is known by many as "the fastest woman on water".

"Everything to do with windsurfing is physically demanding," Zara said. "The hardest thing is balance and stability. You use every muscle in the body all the time. For this reason, it's extremely demanding on the cardiovascular system."

Zara's supplement routine includes ProArgi-9+, e9, Chlorophyll and Mistica. *"In my medical practice, I work with a lot of elite athletes. I would be very uncomfortable putting anything in my practice that I knew wasn't pure,"* Zara said.

Zara knows a good product when she sees one. The in-depth quality testing and strict production standards that Synergy requires in its manufacturing facility make Zara confident that the company's products will make a difference in her athletic performance and in the lives of her patients.