

JOINT SYSTEM

JOINT HEALTH CLINICAL DATA

THE ROLE OF THE GUT MICROBIOME IN OSTEOARTHRITIS AND JOINT PAIN

“We here present the first association results of the gut microbiome with osteoarthritic pain and severity in both the knee and hip joints. This may provide potential validation of the relationship between the gut microbiome, low grade inflammation in the joint, and OsteoArthritis.”

[Read More...](#)

GUT MICROBIOTA AND INFLAMMATORY JOINT DISEASES

“Links have been demonstrated between the gut microbiota and joint inflammation in murine models of arthritis but have received little attention in human patients. Recent work has nevertheless demonstrated substantial alterations in the gut microbiota in patients with rheumatoid arthritis, psoriatic arthritis, or spondyloarthritis, with differences across diagnoses and studies.”

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GUT MICROBES, IMMUNITY, AND SPONDYLOARTHRITIS

“The last decade has witnessed an explosion of studies evaluating the impact of the human microbiota on a variety of disease states. The microbiota can affect diseases in multiple ways, including through abnormalities in the diversity and contents of the microbiota, as well as by acting as targets of immunologic dysregulation. Herein, evidence that the microbiota in spondyloarthritis is both altered and abnormally targeted by the immune system will be presented.”

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ADDITIONAL STUDIES:

[*Microbiota and Chronic Inflammatory Arthritis: An Interwoven Link*](#)
[*Efficacy and Safety of Fecal Microbiota Transplantation*](#)

PRODUCTS/INGREDIENTS THAT SUPPORT JOINT HEALTH

PURIFY KIT



The Purify Kit is the cornerstone of all elite health goals! It begins with a one-week purification step and is comprised of patented products clinically tested to give your microbiome the overhaul it needs to start clean and fuel good health.

LEGACY BIOME PLUS KIT



The Legacy Biome Plus Kit contains products/ingredients that help repair and heal the microbiome for long-term microbiome health. Fortify is a proprietary, clinically-studied program that combines positive lifestyle changes with cutting-edge supplements. By supporting a healthy gut microbiome, the Fortify program offers a path to healthy metabolic function, healthy cardiovascular function, and healthy body composition (weight management) in an all in one organized, proven program.

One Legacy Biome Plus Kit includes: 2 Biome Shakes, 2 Biome DTX, 1 Biome Actives, 1 Biome Balance, 1 Body Prime, 1 Metabolic LDL, 1 ProArgi-9+, 1 E9, and one shaker bottle.

PROARGI-9+



- Supports cardiovascular health
- Enhances blood flow to vital organs
- Combats the negative effects of premature cardiovascular aging
- Sweetened with Xylitol to enhance oral health
- May aid in decreasing body fat
- Anti-aging benefits
- Maintains healthy blood sugar levels already in normal range
- May boost energy levels

MISTICA

- Supports healthy psychological function
- Supports healthy red blood cell formation
- Supports normal homocysteine metabolism
- Anti-inflammatory



VITAMIN D3



- Provides 2500 IU of Vitamin D3 per tablet
- Aids in maintaining normal levels of calcium in the blood
- Supports a healthy immune system
- Facilitates calcium absorption in the body to support a healthy skeletal system
- Works with other vitamins, minerals and hormones to promote bone mineralization

VITAZONE

- Nourishes all 10 bodily zones
- Supplies essential nutrition in the form of vitamins and minerals
- Supports the body's metabolism and helps you feel great
- Gives your body the building blocks it needs
- Features optimal levels of antioxidants, phytonutrients, enzymes, and herbs

