### **GLANDULAR SYSTEM**

# GLANDULAR HEALTH CLINICAL DATA

### GUT MICROBIOTA: THE NEGLECTED ENDOCRINE ORGAN

"The human gut microbiota provide important protective, structural, and metabolic functions to increase host health. These include the processing and digestion of food, the synthesis of vitamins, and other responsibilities that extend to more than just the GI tract. Considering the wide reaching effect that various microbes have on organs and systems in the body, it can be said that the gut microbiota resembles an endocrine organ of its own."

Read More...

## GUT BACTERIA MAY BE A SOURCE OF MALE STEROID HORMONES

"Researchers show that a bacterial species converts glucocorticoids into androgens, a group of male steroid hormones. The implication is that the host endocrine system may not be the only source of androgens and other regulatory molecules: The gut microbiome may be another."

Read More...

#### **ADDITIONAL STUDIES:**

How Gut Microbes Talk to Organs: The Role of Endocrine and Nervous Routes

<u>The Gut Microbial Endocrine Organ: Bacterially-Derived</u> <u>Signals Driving Cardiometabolic Diseases</u>

# PRODUCTS/INGREDIENTS THAT SUPPORT GLANDULAR HEALTH



The Purify Kit is the cornerstone of all elite health goals! It begins with a one-week purification step and is comprised of patented products clinically tested to give your microbiome the overhaul it needs to start clean and fuel good health.

#### **LEGACY BIOME PLUS KIT**



The Legacy Biome Plus Kit contains products/ingredients that help repair and heal the microbiome for long-term microbiome health. Fortify is a proprietary, clinically-studied program that combines positive lifestyle changes with cutting-edge supplements. By supporting a healthy gut microbiome, the Fortify program offers a path to healthy metabolic function, healthy cardiovascular function, and healthy body composition (weight management) in an all in one organized, proven program.

#### CHLOROPHYLL

- Cardiovascular support
- Blood cleansing
- Immune enhancement
- Increased intestinal health
- Overall increased sense of well-being

