IMMUNITY SYSTEM

IMMUNITY HEALTH CLINICAL DATA

ROLE OF THE MICROBIOTA IN IMMUNITY AND INFLAMMATION

"The various gut microbiota that live inside us have been shown to play an integral role in the introduction, training and function of the immune system. However, in high-income countries, the overuse of antibiotics, drastic changes in diet, and other changes to the microbiota has created a lack of the resilience and diversity required to house balanced immune responses."

Read More...

THE GUT: WHERE BACTERIA AND IMMUNE SYSTEM **MEET**

"Research indicates that a significant portion of your immune system is found in the GI tract, the part of the digestive system that consists of the stomach and intestines. This central hub for your microbiome can vastly influence the way your body reacts to various threats and potential illness."

Read More...

ADDITIONAL STUDIES:

The Lung Microbiome, Immunity and the Pathogenesis of Chronic Lung Disease

Interactions Between the Microbiota and the Immune **System**

The Interplay Between the Gut Microbiota and the Immune **System**

PRODUCTS/INGREDIENTS THAT **SUPPORT IMMUNITY HEALTH**

PURIFY KIT



The Purify Kit is the cornerstone of all elite health goals! It begins with a one-week purification step and is comprised of patented products clinically tested to give your microbiome the overhaul it needs to start clean and fuel good health.

LEGACY BIOME PLUS KIT



The Legacy Biome Plus Kit contains products/ingredients that help repair and heal the microbiome for long-term microbiome health. Fortify is a proprietary, clinically-studied program that combines positive lifestyle changes with cutting-edge supplements. By supporting a healthy gut microbiome, the Fortify program offers a path to healthy metabolic function, healthy cardiovascular function, and healthy body composition (weight management) in an all in one organized, proven program.

One Legacy Biome Plus Kit includes: 2 Biome Shakes, 2 Biome DTX, 1 Biome Actives, 1 Biome Balance, 1 Body Prime, 1 Metabolic LDL, 1 ProArgi-9+, 1 E9, and one shaker bottle.

PROARGI-9+

PROARGI-9

- Supports cardiovascular health
- Enhances blood flow to vital organs
- Combats the negative effects of premature cardiovascular aging
- Sweetened with Xylitol to enhance oral health
 - May aid in decreasing body fat
 - Anti-aging benefits
- Maintains healthy blood sugar levels already in normal range
- May boost energy levels

ESSENTIAL GREENS

- Phytonutrients provide healthprotective benefits
- Antioxidants combat free radicals
- and help counter cell damage Chlorophyll enhances immunity and protects cells
- Alkalizing formula hydrates and detoxifies the body
- Greens are rich in nutrients and enhance energy



BODY GUARD



- Provides optimal antioxidant protection to cell membranes.
- Shark liver oil has been found to be effective in lowering LDL-cholesterol and blood triglycerides and raising
- Promotes vasodilatation which contributes in lowering the blood pressure (hypertension).
- Has demonstrated anti-inflammatory properties.
- Has shown beneficial on skin problems.
- Can help arterial walls become more elastic. Can help maintain healthy mucous membranes
- (lungs), healthy skin, and reduces build-up of plaque. Alkylglycerols enhance immune system response.

HDL- cholesterol.

MISTICA

- Supports healthy psychological function
- Supports healthy red blood cell formation
- Supports normal homocysteine
- metabolism Anti-inflammatory



VITAMIN D3



- Provides 2500 IU of Vitamin D3 per tablet Aids in maintaining normal levels of
- calcium in the blood
 - Supports a healthy immune system Facilitates calcium absorption in the body
- hormones to promote bone mineralization
- Works with other vitamins, minerals and

to support a healthy skeletal system

CHLOROPHYLL

- Cardiovascular support Blood cleansing
- Immune enhancement
- Increased intestinal health
- Overall increased sense of well-being

CHLOROPHYLI

BIOME BALANCE



- Combats endotoxins, which may interfere with gut performance and glucose metabolism* Supports gut health*
- Supports healthy insulin response
- Supports already healthy cholesterol and
- triglyceride levels* Gluten Free I Vegan I Non GMO