

# NEUROLOGICAL SYSTEM

## NEUROLOGICAL HEALTH CLINICAL DATA

### THE MICROBIOME: A KEY REGULAR OF STRESS AND NEUROINFLAMMATION

“There is a growing emphasis on the relationship held between our gut microbiome and health/disease, including brain health and disorders of the central nervous system. Changes to [the microbiota-gut-brain axis] can lead to a broad spectrum of physiological and behavioral effects.”

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### GUT MICROBIOTA AND BRAIN FUNCTION: AN EVOLVING FIELD IN NEUROSCIENCE

“Increasingly, the human microbiome has attracted the attention of neuroscientists and psychiatrists for the potential role that microbiota play in influencing brain function, behavior, and mental health. In fact, the development of the brain itself in growing infants has been shown to be influenced by the microbiome.”

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### EFFECT OF INTESTINAL MICROBIAL ECOLOGY ON THE DEVELOPING BRAIN

“...Scientists introduced a single unique form of bacterium in the gut of lab mice and found that it caused an increase in anxiety-like behavior. In later studies, transplantation of the fecal microbiome from one mouse displaying a certain type of behaviors to another resulted in the recipient exhibiting the behaviors of the donor.”

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### ADDITIONAL STUDIES:

[\*Microbiota and Neurological Disorders: A Gut Feeling Early Responses to Intestinal Infection\*](#)

## PRODUCTS/INGREDIENTS THAT SUPPORT NEUROLOGICAL HEALTH

### PURIFY KIT



The Purify Kit is the cornerstone of all elite health goals! It begins with a one-week purification step and is comprised of patented products clinically tested to give your microbiome the overhaul it needs to start clean and fuel good health.

### LEGACY BIOME PLUS KIT



The Legacy Biome Plus Kit contains products/ingredients that help repair and heal the microbiome for long-term microbiome health. Fortify is a proprietary, clinically-studied program that combines positive lifestyle changes with cutting-edge supplements. By supporting a healthy gut microbiome, the Fortify program offers a path to healthy metabolic function, healthy cardiovascular function, and healthy body composition (weight management) in an all in one organized, proven program.

One Legacy Biome Plus Kit includes: 2 Biome Shakes, 2 Biome DTX, 1 Biome Actives, 1 Biome Balance, 1 Body Prime, 1 Metabolic LDL, 1 ProArgi-9+, 1 E9, and one shaker bottle.

### ESSENTIAL GREENS

- Phytonutrients provide health-protective benefits
- Antioxidants combat free radicals and help counter cell damage
- Chlorophyll enhances immunity and protects cells
- Alkalizing formula hydrates and detoxifies the body
- Greens are rich in nutrients and enhance energy



### e9



- Long lasting, healthy energy through a unique, low calorie formulation.
- Combines health benefits of L-arginine to support cardiovascular health.
- Enhances mental and physical energy levels.
- Maintains alertness, improves cognitive capacity, and increases physical performance.
- Stimulates the body’s natural ability to produce energy.

### BODY PRIME

- Supports cleansing and bowel motility\*
- Magnesium helps maintain healthy electrolyte balance and reduce fatigue
- Contributes to muscle function including the heart muscle
- Contributes to normal muscle contraction including normal heartbeat

