

SKIN SYSTEM

SKIN HEALTH CLINICAL DATA

THE SKIN MICROBIOME

“The skin is an ecosystem containing millions of diverse micro-organisms, most of those organisms are harmless or even provide wide-reaching benefits to the host by such functions including protection against invasion from pathogenic or harmful organisms. Molecular approaches to characterizing microbial diversity have dramatically changed our view of the skin microbiome, subsequently raising many important questions about the host–microorganism relationship and its relevance to skin disease.”

[Read More...](#)

SKIN-GUT AXIS: THE RELATIONSHIP BETWEEN INTESTINAL BACTERIA AND SKIN HEALTH

“The relationship between intestinal bacteria and its development of skin related disease is an area that we are only beginning to understand. However, recent research in the field of dermatology has suggested that there is a link between skin disease (specifically the link towards psoriasis, rosacea, and dermatitis) and the various microbiota found in the gut.”

[Read More...](#)

ACNE VULGARIS, PROBIOTICS AND THE GUT-BRAIN-SKIN AXIS - BACK TO THE FUTURE?

“At the turn of the 20th century, dermatologists John H. Stokes and Donald M. Pillsbury founded the concept of the gut-brain-skin axis. Only recently have we been able to uncover the mysteries of how our colonies of gut microbes can affect and even influence inflammation, oxidative stress, lipid content and other profound implications in acne research.”

[Read More...](#)

ADDITIONAL STUDIES:

[*The Gut Microbiome as a Major Regulator of the Gut-Skin Axis*](#)

PRODUCTS/INGREDIENTS THAT SUPPORT SKIN HEALTH

PURIFY KIT



The Purify Kit is the cornerstone of all elite health goals—including the goal of having young and beautiful skin! It begins with a one-week purification step and is comprised of patented products clinically tested to give your microbiome the overhaul it needs to start clean and fuel good health.

CLEANSING GEL

- Gentle cleansing without stripping lipids
- Removes makeup and environmental irritants
- Cleans pores for a clear complexion
- May support healthy exfoliation
- Perfect for multiple skin types



HYDRATING TONER



- Increased moisture
- Non-astringent and gentle maintaining a healthy skin biome
- pH-balancing for lipid health
- Stabilizes the skin by inducing skin’s natural responses

YOUTH SERUM

- Wrinkle reduction for a more youthful glow
- Supports wrinkle improvement
- Increased complexion clarity



EYE CREAM



- Skin plumping
- Helps reduce wrinkles
- Reduce wrinkles in crow’s feet areas

BRIGHTENING SERUM

- Increases skin luminance
- May help to exfoliate dead skin
- Decreases skin roughness
- Supports skin strength



INTRINSIC EYE COMPLEX



- Protects against photosensitivity
- Increases evenness and lightens skin tone
- Increases skin smoothness and firmness

INTRINSIC EYE COMPLEX

- Increases skin hydration
- Extended moisturization
- Reveals a fresh appearance
- Supports skin strength



BIOME ACTIVES



- Provides 1 billion CFU (colony-forming units) of Bacillus coagulants per capsule
- Supports healthy bacteria by optimizing pH balance with lactic acid-forming bacteria
- Feeds healthy bacteria with prebiotics
- Supports healthy immune function

ESSENTIAL GREENS

- Phytonutrients provide health-protective benefits
- Antioxidants combat free radicals and help counter cell damage
- Chlorophyll enhances immunity and protects cells
- Alkalinizing formula hydrates and detoxifies the body
- Greens are rich in nutrients and enhance energy

