

CLINICALLY-PROVEN PRODUCTS

Discover your health potential with products backed by science



OMEGA-3
Omega-3 is a natural triglyceride fish lipid concentrate containing essential fatty acids. All the benefits without the fishy taste!

OMEGA-3

The plentiful benefits of fish oil with no fishy flavor.

SYN-RGY OMEGA-3
1000 mg Soft Gel Capsules
60 Capsules

Omega-3 is a natural triglyceride fish lipid concentrate containing essential fatty acids that are not synthesized by the body and must be obtained through diet or supplementation. Providing 390 mg EPA/190 mg DHA per capsule.

BENEFITS

- Supports cardiovascular function
- Supports brain health
- Supports positive mood
- Helps regulate the body's ratio of HDL to LDLs

RECOMMENDED USE

Take one capsule with a meal 2 times daily.

| | Amount | % Daily Value |
|----------------------|--------|---------------|
| Total Omega-3 | 390 mg | 78% |
| EPA | 190 mg | 38% |
| DHA | 200 mg | 40% |

Other Ingredients: Capsule (gelatin, glycerin, water), natural lemon oil.

FACT SHEET: OMEGA-3
Supports cardiovascular function, brain health, and ratio of HDL to LDL regulation. [Learn more.](#)

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