Perspectives

Henry Ho

Telephone: +1 (604) 719-6686 Email: design@perspectives.ubc.ca

Get Fit for FREE!

Workout all summer for FREE when you sign up for a new yearly membership at the:

BodyWorks[™] Fitness Centre

*Monthly dues as low as \$20 per month.







For more information contact Joseph Hamilton:

Joe.hamilton@ubc.ca or

604-822-3650

A Package of 3 one on one training sessions for \$99.



Your Kinesiology Undergraduate Society

Most commonly known as the KUS, is YOUR undergraduate society. The KUS works closely with the School of Kinesiology to enhance the student experience. The KUS is made up of a dedicated team of students who work hard to bring you academic, social and career focused activities throughout the year.

Want to get involved? Develop your leadership skills? Get more connected to the School? There are many volunteer opportunities with the KUS ranging from volunteering at events, to coordinator positions. Find out more information at twww.kus.ubc.ca and check out clothing, events and other KIN outings!

KUS OfficeWar Memorial Gym
Rm 120

Use this Pathway to:

- Shape your goals for your first year.
- Participate in events and activities.
- Reflect on your involvement.
- Submit to contribute to your road map.

www.students.kin.ubc.ca/roadmap

Your People



Robyn Leuty Student Development Co-ordinator robyn.leuty@ubc.ca



Fran Harrison Undergraduate Advisor <u>fran.harrison@ubc.ca</u>

Pathway to Success School of Kinesiology

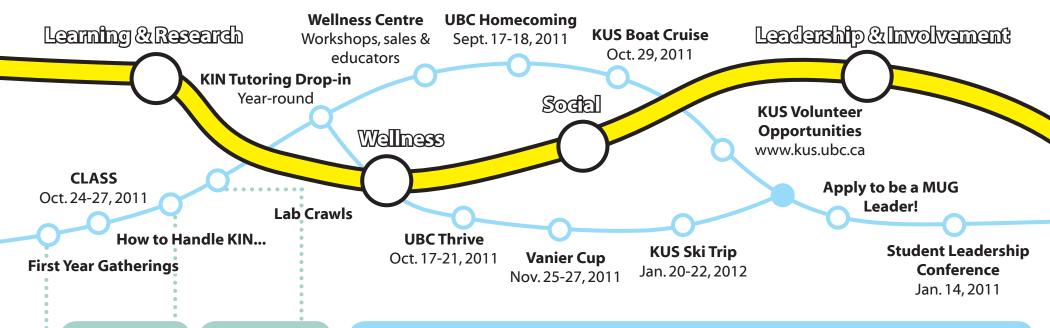


KIN Frosh Sept. 9-11, 2011

UBC REC Shopping Sept. 12-18, 2011







...Midterms
Sept. 29, 2011
...Labs
Oct. 20, 2011
...Finals

Oct. 25, 2011 4-6pm Jan. 31, 2012 4-6pm

Kinesiology Transition Program

Part of your transition involves exposure to campus life beyond the walls of a lecture hall – the School encourages each of its students to have a university experience that encompasses Learning & Research, Leadership & Involvement, Wellness, Career & Professional Development, Community Service and Intercultural Understanding. Not just libraries and textbooks. This **Kinesiology Transition Program** ensures that you are properly equipped with the knowledge, skills and resources to enable you to have a successful and fun university experience.

- Prof/TA Mixer Sept. 15, 2011
- Health & Wellness Oct. 6, 2011
- Vancouver Adventure Nov. 8, 2011
- Holiday Fun
 Dec 1, 2011

- Careers & Involvement
 Jan. 4. 2012
- Campus Amazing Race Feb. 23, 2012
- KIN Goes Green Mar. 8, 2012
- End of Year Celebration April 4, 2012



Tons of volunteer opportunities www.rec.ubc.ca

