Vocabulary Unit 5

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| Vegetarian | She doesn’t eat meat. She’s a vegetarian. | Vegetarier/in |
| Afford | We can’t afford to go abroad this summer. | Sich leisten können |
| Feed | They have a large family to feed. | Ernähren |
| Hunger | Many people die of hunger every day. | Hunger |
| Intake | People in America have a higher intake of calories than people in Africa. | Aufnahme |
| Waste | We need to stop wasting food and help the hungry. | Verschwenden |
| Contain | What’s in that box? What does it contain? | Enthalten |
| Cookery | Learn to cook by watching a cookery programme on TV. | Koch-; Kochkunst |
| Diet | To stay fit you need a healthy diet. | Ernährung |
| Even though | I had to eat the spinach even though I didn’t like it. | Obwohl |
| Health | Good health is the most important thing in anyone’s life. | Gesundheit |
| Nutrition | Good nutrition means eating good food regularly. | Ernährung |
| Overweight | If you eat too much too often, you will soon be overweight. | Übergewichtig |
| Regularly | He plays football regularly every week. | Regelmäßig |
| Dislike | I like tomatoes, but I dislike spinach. | Nicht mögen |
| Habits | „Old habits die hard“ means it’s often difficult to change the way you do things. | Gewohnheiten |
| Accept | I didn’t get the job, so I’ll just have to accept their decision. | Hinnehmen; akzeptieren |
| Afterwards | Let’s watch TV. Afterwards we can have a pizza. | Nachher |
| Eating disorder | Some people might have an eating disorder because they imagine they are too fat. | Essstörung |
| Gain | He started to eat more and gained 10 kilos in a month. | Zunehmen |
| Gym | PE usually takes place in the school gym. | Turnhalle |
| Thin | You look very thin. You need to eat more. | Dünn |
| Throw up | She suddenly felt very sick and had to throw up. | Erbrechen |
| (be) ashamed | You don’t have to be ashamed if you get too fat. | Sich schämen |
| Trust | Trust me. I know what I’m talking about. | vertrauen |