

assignment_5

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```
library(readr)
Cereals <- read_csv("/Users/hannahcronin/Desktop/GITHUB/64060_-HCRONIN-FML/Assignment_5/
Cereals.csv")
```

```
## Rows: 77 Columns: 16
## — Column specification —————
## Delimiter: ","
## chr (3): name, mfr, type
## dbl (13): calories, protein, fat, sodium, fiber, carbo, sugars, potass, vita...
##
## i Use `spec()` to retrieve the full column specification for this data.
## i Specify the column types or set `show_col_types = FALSE` to quiet this message.
```

```
Cereal <- na.omit(Cereals)
head(Cereal)
```

```
## # A tibble: 6 × 16
##   name      mfr  type  calor...1 protein    fat sodium fiber carbo sugars potass
##   <chr>    <chr> <chr>    <dbl>    <dbl> <dbl>  <dbl> <dbl> <dbl>  <dbl>  <dbl>
## 1 100%_Bran  N    C        70         4     1    130   10     5      6    280
## 2 100%_Natur... Q    C       120         3     5     15    2     8      8    135
## 3 All-Bran   K    C        70         4     1   260    9     7      5    320
## 4 All-Bran_w... K    C        50         4     0   140   14     8      0    330
## 5 Apple_Cinn... G    C       110         2     2   180   1.5  10.5    10     70
## 6 Apple_Jacks K    C       110         2     0   125    1    11     14     30
## # ... with 5 more variables: vitamins <dbl>, shelf <dbl>, weight <dbl>,
## #   cups <dbl>, rating <dbl>, and abbreviated variable name 1calories
```

```
library(cluster)
library(factoextra)
```

```
## Loading required package: ggplot2
## Welcome! Want to learn more? See two factoextra-related books at https://goo.gl/ve3WB
a
```

```
library(caret)
```

```
## Loading required package: lattice
```

```
library(dplyr)
```

```
##
## Attaching package: 'dplyr'
##
## The following objects are masked from 'package:stats':
##
##     filter, lag
##
## The following objects are masked from 'package:base':
##
##     intersect, setdiff, setequal, union
```

To get rid of any rows with Nulls/NAs

```
df = scale(Cereal[4:16]) #to trim categorical variables (non-nutritional)
head(df)
```

```
##           calories    protein      fat    sodium      fiber    carbo
## [1,] -1.8659155  1.3817478  0.0000000 -0.3910227  3.22866747 -2.5001396
## [2,]  0.6537514  0.4522084  3.9728810 -1.7804186 -0.07249167 -1.7292632
## [3,] -1.8659155  1.3817478  0.0000000  1.1795987  2.81602258 -1.9862220
## [4,] -2.8737823  1.3817478 -0.9932203 -0.2702057  4.87924705 -1.7292632
## [5,]  0.1498180 -0.4773310  0.9932203  0.2130625 -0.27881412 -1.0868662
## [6,]  0.1498180 -0.4773310 -0.9932203 -0.4514312 -0.48513656 -0.9583868
##           sugars    potass    vitamins    shelf    weight    cups
## [1,] -0.2542051  2.5605229 -0.1818422  0.9419715 -0.2008324 -2.0856582
## [2,]  0.2046041  0.5147738 -1.3032024  0.9419715 -0.2008324  0.7567534
## [3,] -0.4836096  3.1248675 -0.1818422  0.9419715 -0.2008324 -2.0856582
## [4,] -1.6306324  3.2659536 -0.1818422  0.9419715 -0.2008324 -1.3644493
## [5,]  0.6634132 -0.4022862 -0.1818422 -1.4616799 -0.2008324 -0.3038480
## [6,]  1.5810314 -0.9666308 -0.1818422 -0.2598542 -0.2008324  0.7567534
##           rating
## [1,]  1.8549038
## [2,] -0.5977113
## [3,]  1.2151965
## [4,]  3.6578436
## [5,] -0.9165248
## [6,] -0.6553998
```

```
df = as.data.frame(df)
df
```

##	calories	protein	fat	sodium	fiber	carbo
## 1	-1.8659155	1.3817478	0.0000000	-0.39102269	3.22866747	-2.50013957
## 2	0.6537514	0.4522084	3.9728810	-1.78041856	-0.07249167	-1.72926320
## 3	-1.8659155	1.3817478	0.0000000	1.17959872	2.81602258	-1.98622199
## 4	-2.8737823	1.3817478	-0.9932203	-0.27020566	4.87924705	-1.72926320
## 5	0.1498180	-0.4773310	0.9932203	0.21306247	-0.27881412	-1.08686623
## 6	0.1498180	-0.4773310	-0.9932203	-0.45143121	-0.48513656	-0.95838683
## 7	1.1576848	0.4522084	0.9932203	0.57551356	-0.07249167	0.84032469
## 8	-0.8580487	-0.4773310	0.0000000	0.45469653	0.75279812	0.06944832
## 9	-0.8580487	0.4522084	-0.9932203	0.57551356	1.16544301	-0.44446926
## 10	0.6537514	-1.4068705	0.9932203	0.69633060	-0.89778146	-0.70142805
## 11	0.1498180	3.2408266	0.9932203	1.54204982	-0.07249167	0.58336590
## 12	0.6537514	-1.4068705	1.9864405	0.57551356	-0.89778146	-0.44446926
## 13	0.1498180	0.4522084	0.9932203	-0.27020566	-0.07249167	-0.44446926
## 14	0.1498180	-1.4068705	0.0000000	0.21306247	-0.89778146	-0.70142805
## 15	0.1498180	-0.4773310	-0.9932203	1.42123279	-0.89778146	1.86815984
## 16	-0.3541153	-0.4773310	-0.9932203	1.54204982	-0.48513656	1.61120105
## 17	0.1498180	-1.4068705	-0.9932203	-0.87429082	-0.48513656	-0.44446926
## 18	0.1498180	-1.4068705	0.0000000	0.21306247	-0.89778146	-0.70142805
## 19	0.1498180	0.4522084	1.9864405	-0.27020566	0.75279812	-1.21534562
## 20	0.1498180	-0.4773310	-0.9932203	0.69633060	-0.48513656	1.61120105
## 21	-0.3541153	-0.4773310	0.0000000	-0.27020566	-0.07249167	-0.95838683
## 22	-0.3541153	-0.4773310	-0.9932203	0.33387950	-0.48513656	0.84032469
## 23	0.1498180	-0.4773310	0.0000000	-0.45143121	-0.48513656	-0.95838683
## 24	0.1498180	-1.4068705	-0.9932203	0.45469653	-0.48513656	-0.18751047
## 25	-0.3541153	0.4522084	-0.9932203	-1.96164410	0.34015322	-0.18751047
## 26	0.6537514	0.4522084	0.9932203	-0.02857160	1.16544301	-0.70142805
## 27	0.6537514	0.4522084	-0.9932203	0.93796466	1.16544301	-0.18751047
## 28	0.1498180	-1.4068705	0.0000000	-0.33061417	-0.89778146	-0.44446926
## 29	-0.3541153	-0.4773310	-0.9932203	-1.41796746	-0.89778146	-0.95838683
## 30	0.1498180	-1.4068705	0.0000000	1.42123279	-0.89778146	0.06944832
## 31	-0.3541153	0.4522084	0.0000000	-0.27020566	0.34015322	0.06944832
## 32	0.1498180	0.4522084	-0.9932203	0.09224544	0.34015322	0.58336590
## 33	0.6537514	0.4522084	1.9864405	-1.05551637	0.34015322	-0.44446926
## 34	0.6537514	-1.4068705	0.9932203	0.69633060	-0.48513656	-0.70142805
## 35	0.1498180	0.4522084	0.0000000	1.05878169	-0.27881412	-0.82990744
## 36	0.1498180	-1.4068705	-0.9932203	0.21306247	-0.89778146	-0.18751047
## 37	0.1498180	-0.4773310	0.0000000	0.09224544	-0.48513656	0.58336590
## 38	1.6616182	0.4522084	0.0000000	0.09224544	-0.07249167	1.35424227
## 39	0.1498180	-0.4773310	0.0000000	1.17959872	-0.89778146	1.61120105
## 40	-0.3541153	1.3817478	0.9932203	-0.14938863	-0.07249167	-0.70142805
## 41	0.1498180	-0.4773310	0.0000000	0.21306247	-0.89778146	-0.70142805
## 42	-0.3541153	1.3817478	0.0000000	-1.96164410	-0.89778146	0.32640711
## 43	2.1655516	1.3817478	1.9864405	-0.81388230	0.34015322	0.32640711
## 44	2.1655516	1.3817478	1.9864405	-0.14938863	0.34015322	0.32640711
## 45	2.6694849	0.4522084	0.9932203	-0.14938863	0.34015322	0.58336590
## 46	-0.3541153	-0.4773310	0.0000000	0.69633060	-0.07249167	0.06944832
## 47	0.6537514	-0.4773310	0.0000000	0.33387950	-0.89778146	0.06944832
## 48	1.6616182	0.4522084	0.9932203	0.69633060	0.34015322	1.61120105
## 49	-0.8580487	0.4522084	-0.9932203	0.09224544	0.34015322	0.84032469
## 50	1.1576848	0.4522084	0.9932203	0.09224544	-0.27881412	-0.31598986
## 51	0.6537514	0.4522084	0.0000000	0.45469653	1.57808790	-0.95838683

```

## 52 -0.3541153 0.4522084 -0.9932203 1.90450091 -0.48513656 1.35424227
## 53 -2.8737823 -1.4068705 -0.9932203 -1.96164410 -0.89778146 -0.44446926
## 54 -2.8737823 -0.4773310 -0.9932203 -1.96164410 -0.48513656 -1.21534562
## 55 -0.3541153 1.3817478 0.0000000 -0.33061417 -0.07249167 -0.18751047
## 56 0.6537514 0.4522084 0.0000000 0.57551356 1.16544301 -0.18751047
## 57 -0.3541153 0.4522084 0.9932203 -0.27020566 0.13383078 -1.08686623
## 58 -0.8580487 -0.4773310 -0.9932203 -1.96164410 -0.07249167 0.06944832
## 59 0.1498180 -1.4068705 -0.9932203 0.93796466 -0.89778146 2.12511863
## 60 0.1498180 -0.4773310 -0.9932203 1.54204982 -0.89778146 1.86815984
## 61 -1.3619821 -0.4773310 -0.9932203 -1.96164410 0.34015322 0.32640711
## 62 -0.8580487 0.4522084 -0.9932203 -1.96164410 0.75279812 1.09728348
## 63 -0.8580487 0.4522084 -0.9932203 -1.96164410 0.34015322 1.35424227
## 64 0.1498180 -0.4773310 0.0000000 -1.11592488 -0.48513656 -1.47230441
## 65 0.1498180 3.2408266 -0.9932203 0.81714763 -0.48513656 0.32640711
## 66 -0.8580487 -0.4773310 -0.9932203 -1.78041856 0.34015322 0.06944832
## 67 0.1498180 -0.4773310 0.0000000 0.45469653 -0.89778146 1.61120105
## 68 1.6616182 0.4522084 0.0000000 0.33387950 0.75279812 0.06944832
## 69 -0.3541153 0.4522084 0.0000000 0.45469653 0.34015322 0.32640711
## 70 0.1498180 -0.4773310 0.0000000 1.05878169 -0.89778146 1.61120105
## 71 0.1498180 -1.4068705 0.0000000 -0.27020566 -0.89778146 -0.44446926
## 72 -0.3541153 0.4522084 0.0000000 0.81714763 0.34015322 0.58336590
## 73 -0.3541153 0.4522084 0.0000000 0.45469653 0.34015322 0.58336590
## 74 0.1498180 -0.4773310 0.0000000 0.45469653 -0.48513656 0.32640711
##          sugars      potass  vitamins      shelf      weight      cups
## 1 -0.25420505 2.56052289 -0.1818422 0.9419715 -0.2008324 -2.08565823
## 2 0.20460407 0.51477378 -1.3032024 0.9419715 -0.2008324 0.75675340
## 3 -0.48360961 3.12486748 -0.1818422 0.9419715 -0.2008324 -2.08565823
## 4 -1.63063240 3.26595362 -0.1818422 0.9419715 -0.2008324 -1.36444931
## 5 0.66341318 -0.40228617 -0.1818422 -1.4616799 -0.2008324 -0.30384795
## 6 1.58103142 -0.96663076 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 7 0.20460407 0.02097226 -0.1818422 0.9419715 1.9501886 -0.30384795
## 8 -0.25420505 0.37368763 -0.1818422 -1.4616799 -0.2008324 -0.64324039
## 9 -0.48360961 1.29074758 -0.1818422 0.9419715 -0.2008324 -0.64324039
## 10 1.12222230 -0.89608768 -0.1818422 -0.2598542 -0.2008324 -0.30384795
## 11 -1.40122785 0.09151534 -0.1818422 -1.4616799 -0.2008324 1.81735475
## 12 0.43400862 -0.75500154 -0.1818422 -0.2598542 -0.2008324 -0.30384795
## 13 -0.02480049 0.09151534 -0.1818422 0.9419715 -0.2008324 -1.36444931
## 14 1.35162686 -0.61391539 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 15 -0.94241873 -1.03717383 -0.1818422 -1.4616799 -0.2008324 0.75675340
## 16 -1.17182329 -0.89608768 -0.1818422 -1.4616799 -0.2008324 0.75675340
## 17 1.12222230 -1.10771690 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 18 1.35162686 -0.47282925 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 19 -0.02480049 0.86748914 -0.1818422 0.9419715 -0.2008324 -1.36444931
## 20 -0.94241873 -0.96663076 -0.1818422 0.9419715 -0.2008324 0.75675340
## 21 0.66341318 0.30314456 -0.1818422 0.9419715 -0.2008324 -0.30384795
## 22 -0.48360961 -0.26120003 -0.1818422 0.9419715 -0.2008324 -0.30384795
## 23 1.35162686 -0.96663076 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 24 0.89281774 -1.03717383 -0.1818422 -1.4616799 -0.2008324 -0.30384795
## 25 -0.02480049 0.02097226 -0.1818422 -0.2598542 -0.2008324 -0.09172768
## 26 0.66341318 1.43183372 -0.1818422 0.9419715 1.4287290 -0.64324039
## 27 1.12222230 1.29074758 -0.1818422 0.9419715 1.9501886 -0.64324039
## 28 1.12222230 -1.03717383 -0.1818422 -0.2598542 -0.2008324 -0.30384795

```

```

## 29 1.81043598 -0.82554461 -0.1818422 -1.4616799 -0.2008324 0.24766475
## 30 0.43400862 -0.75500154 -0.1818422 -0.2598542 -0.2008324 -0.30384795
## 31 -0.48360961 -0.19065695 -0.1818422 0.9419715 -0.2008324 0.24766475
## 32 -0.94241873 -0.12011388 -0.1818422 0.9419715 -0.2008324 -2.42505066
## 33 -0.71301417 0.02097226 -0.1818422 0.9419715 -0.2008324 -2.08565823
## 34 0.89281774 -0.75500154 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 35 0.66341318 -0.12011388 -0.1818422 -1.4616799 -0.2008324 -0.30384795
## 36 0.89281774 -0.89608768 -0.1818422 -1.4616799 -0.2008324 2.15674718
## 37 -0.25420505 -0.54337232 3.1822385 0.9419715 -0.2008324 0.75675340
## 38 0.43400862 -0.04957081 3.1822385 0.9419715 1.7546413 -0.30384795
## 39 -0.94241873 -0.82554461 -0.1818422 -0.2598542 -0.2008324 2.87795610
## 40 -0.25420505 -0.04957081 -0.1818422 -0.2598542 -0.2008324 -0.64324039
## 41 1.12222230 -0.61391539 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 42 -0.94241873 -0.04957081 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 43 0.89281774 1.00857529 -0.1818422 0.9419715 -0.2008324 0.75675340
## 44 0.89281774 1.00857529 -0.1818422 0.9419715 -0.2008324 0.75675340
## 45 1.35162686 0.86748914 -0.1818422 0.9419715 3.0582904 -0.64324039
## 46 -0.25420505 -0.12011388 -0.1818422 -1.4616799 -0.2008324 0.75675340
## 47 0.43400862 -0.82554461 -0.1818422 -0.2598542 -0.2008324 -0.64324039
## 48 -0.02480049 0.44423070 -0.1818422 0.9419715 1.9501886 -0.64324039
## 49 -1.17182329 -0.12011388 -0.1818422 0.9419715 -0.2008324 0.75675340
## 50 0.66341318 0.30314456 -0.1818422 0.9419715 1.4287290 -1.36444931
## 51 1.58103142 2.27835060 -0.1818422 0.9419715 1.9501886 -0.64324039
## 52 -0.94241873 -0.75500154 3.1822385 0.9419715 -0.2008324 0.75675340
## 53 -1.63063240 -1.17825998 -1.3032024 0.9419715 -3.4599552 0.75675340
## 54 -1.63063240 -0.68445846 -1.3032024 0.9419715 -3.4599552 0.75675340
## 55 -0.25420505 0.16205841 -0.1818422 0.9419715 -0.2008324 -1.36444931
## 56 1.12222230 1.99617831 -0.1818422 -0.2598542 1.9501886 -0.30384795
## 57 0.20460407 0.58531685 -0.1818422 0.9419715 -0.2008324 -1.36444931
## 58 -0.25420505 0.16205841 -0.1818422 0.9419715 -0.2008324 -1.36444931
## 59 -1.17182329 -0.96663076 -0.1818422 -1.4616799 -0.2008324 1.30826610
## 60 -0.94241873 -0.89608768 -0.1818422 -1.4616799 -0.2008324 0.75675340
## 61 -1.63063240 -0.04957081 -1.3032024 -1.4616799 -1.3089342 0.75675340
## 62 -1.63063240 0.58531685 -1.3032024 -1.4616799 -0.2008324 -0.64324039
## 63 -1.63063240 0.30314456 -1.3032024 -1.4616799 -0.2008324 -0.64324039
## 64 1.81043598 -0.82554461 -0.1818422 -0.2598542 -0.2008324 -0.30384795
## 65 -0.94241873 -0.61391539 -0.1818422 -1.4616799 -0.2008324 0.75675340
## 66 -0.48360961 -0.12011388 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 67 -0.94241873 -0.89608768 3.1822385 0.9419715 -0.2008324 0.75675340
## 68 1.58103142 1.85509216 3.1822385 0.9419715 3.0582904 0.75675340
## 69 -0.94241873 0.16205841 3.1822385 0.9419715 -0.2008324 0.75675340
## 70 -0.94241873 -0.54337232 -0.1818422 0.9419715 -0.2008324 -0.30384795
## 71 1.12222230 -1.03717383 -0.1818422 -0.2598542 -0.2008324 0.75675340
## 72 -0.94241873 0.23260148 -0.1818422 -1.4616799 -0.2008324 -0.64324039
## 73 -0.94241873 0.16205841 -0.1818422 -1.4616799 -0.2008324 0.75675340
## 74 0.20460407 -0.54337232 -0.1818422 -1.4616799 -0.2008324 -0.30384795
## rating
## 1 1.85490376
## 2 -0.59771126
## 3 1.21519648
## 4 3.65784358
## 5 -0.91652483

```

```
## 6 -0.65539984
## 7 -0.38002951
## 8 0.48087533
## 9 0.77969576
## 10 -1.73360655
## 11 0.59807496
## 12 -1.60671768
## 13 -0.14048876
## 14 -1.39915514
## 15 -0.06603869
## 16 0.24879639
## 17 -0.46951197
## 18 -1.42337774
## 19 -0.13702824
## 20 0.32235640
## 21 -0.44147911
## 22 0.13959735
## 23 -0.72427057
## 24 -0.77925310
## 25 1.13821301
## 26 -0.10366038
## 27 -0.09664548
## 28 -1.02225423
## 29 -0.50730289
## 30 -1.32308140
## 31 0.69155685
## 32 0.78377123
## 33 0.24511896
## 34 -1.46080340
## 35 -0.80517325
## 36 -0.97118798
## 37 -0.41671824
## 38 -0.42043579
## 39 -0.22308231
## 40 0.21065609
## 41 -1.11426481
## 42 0.88922515
## 43 -0.37302488
## 44 -0.58658904
## 45 -0.85924775
## 46 -0.16145563
## 47 -0.88697142
## 48 -0.11967375
## 49 1.23068291
## 50 -0.84945049
## 51 -0.32287913
## 52 -0.06186866
## 53 1.31001152
## 54 1.47030646
## 55 0.50878106
## 56 -0.22179377
## 57 -0.19014120
```

```
## 58 0.92358705
## 59 -0.02656845
## 60 -0.12909114
## 61 1.84299757
## 62 2.28743193
## 63 2.16834997
## 64 -0.79392626
## 65 0.76669214
## 66 1.21081332
## 67 -0.25168258
## 68 -0.98185009
## 69 0.30548275
## 70 -0.23269772
## 71 -1.04166919
## 72 0.52841741
## 73 0.65701831
## 74 -0.44066942
```

```
d = dist(df, method = 'euclidean')
hc_single = agnes(df, method = 'single')
hc_complete = agnes(df, method = 'complete')
hc_average = agnes(df, method = 'average')
hc_ward = agnes(df, method = 'ward')
```

I tried to use C for the above work as well, but the Dendrogram had a height approaching 600 so I omitted # the categorical variables.

Also the focus of this is on nutritional value, so the categorical variables did not hold much value.

```
print(hc_single$sac)
```

```
## [1] 0.6067859
```

```
print(hc_complete$sac)
```

```
## [1] 0.8353712
```

```
print(hc_average$ac)
```

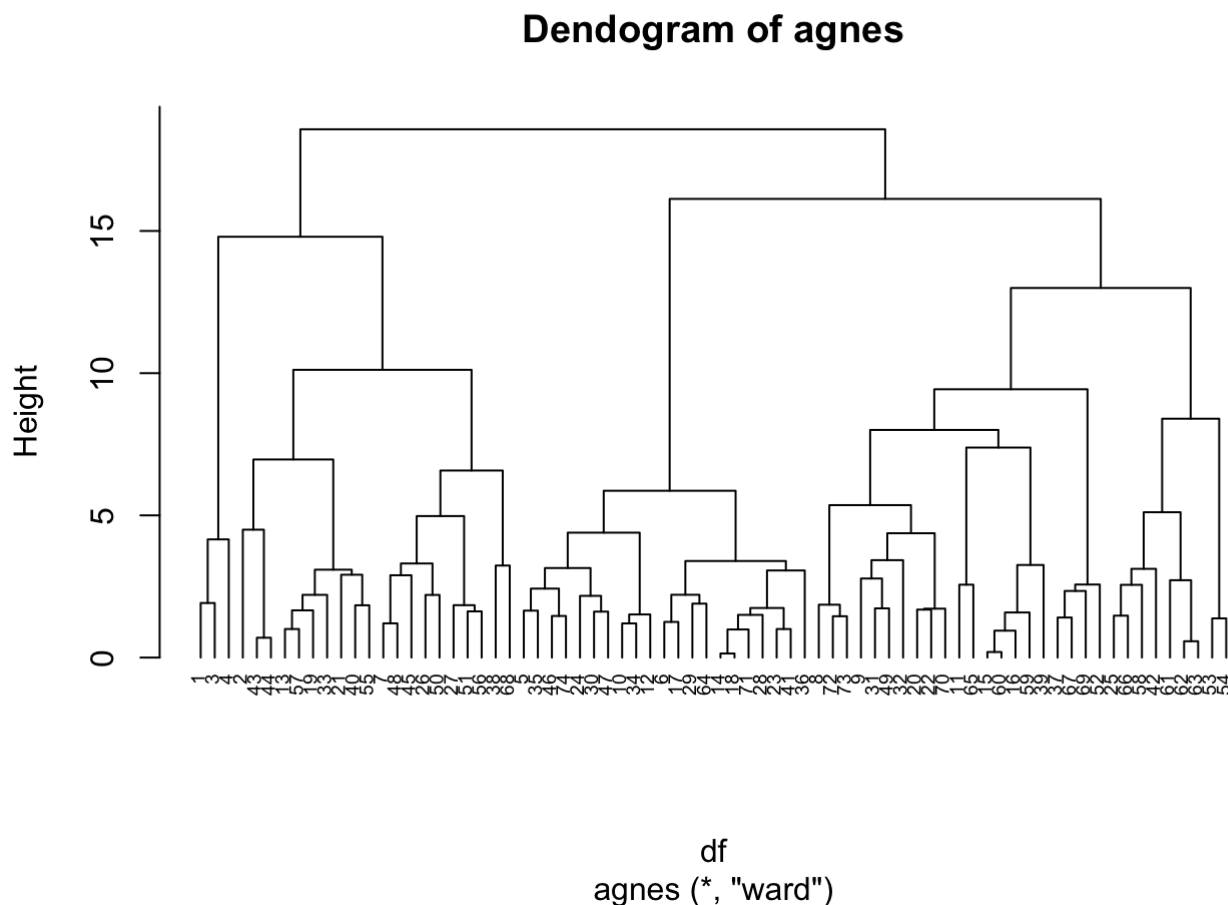
```
## [1] 0.7766075
```

```
print(hc_ward$ac)
```

```
## [1] 0.9046042
```

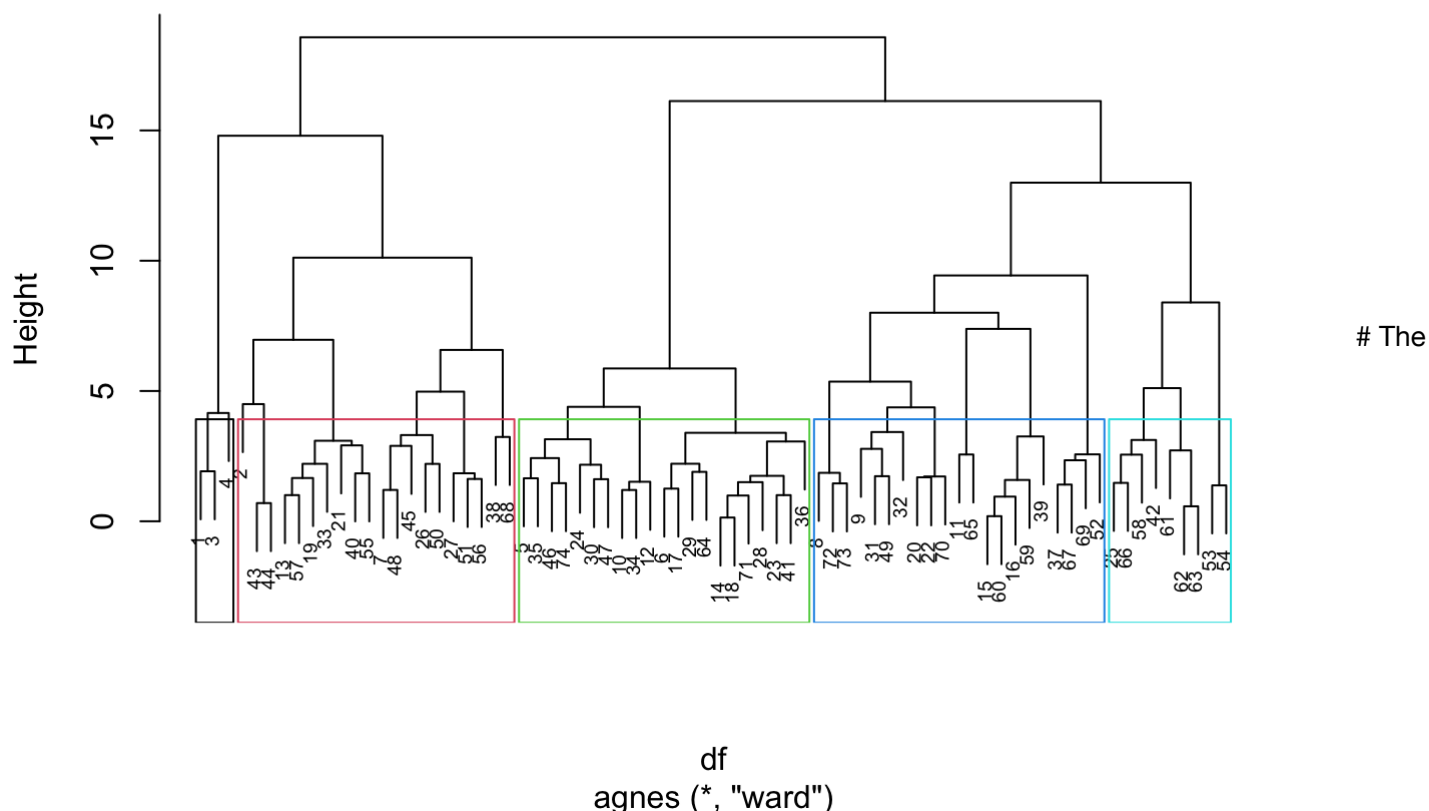
The Ward method is preferred as it provides the strongest clustering structure.

```
tree = pltree(hc_ward, cex = .6, hang = -1, main = 'Dendrogram of agnes')
```



```
pltree(hc_ward, cex = 0.6)
rect.hclust(hc_ward, k = 5, border = 1:5)
```


Dendrogram of agnes(x = df, method = "ward")

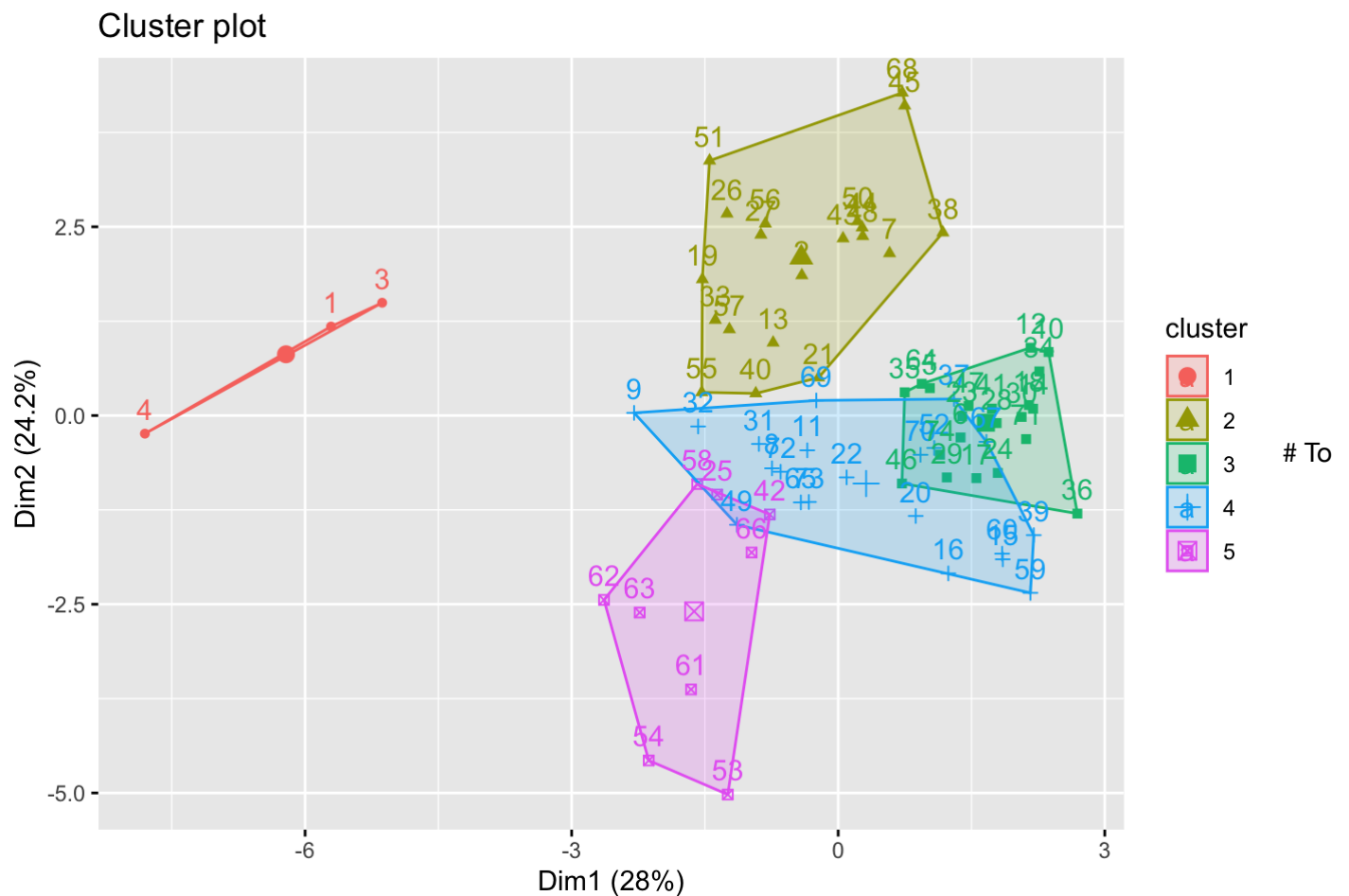


height I've chosen is 4- which results in 5 clusters based on Euclidean distance. I tried to build this same graph using the Agnes function however the height was always 5 or sub-5 which I didn't not believe to be an accurate distance.

```
cut = cutree(hc_ward, k = 5)
cut
```

```
## [1] 1 2 1 1 3 3 2 4 4 3 4 3 2 3 4 4 3 3 2 4 2 4 3 3 5 2 2 3 3 3 4 4 2 3 3 3 4 2
## [39] 4 2 3 5 2 2 2 3 3 2 4 2 2 4 5 5 2 2 2 5 4 4 5 5 5 3 4 5 4 2 4 4 3 4 4 3
```

```
clusters <- fviz_cluster(list(data = df, cluster = cut))
clusters
```



partition data to check stability

```
mod = kmeans(df, centers = 5, nstart = 50)
mod$betweenss / mod$totss
```

```
## [1] 0.5252257
```

About 52.5% of data stays within initial cluster

```
#cer = createDataPartition(df$calories, p = .5) #I can't get this code chunk to work
#part1 = df[cer,]
#part2 = df[-cer,]
# I wanted to do more data partitioning, but I can't seem to figure it out
```

```
#cere = createDataPartition(Cereal$calories, p = .5) #I also tried this could chunk and
  could not get it to work. I was thinking of using the data before it was normalized and
  then normalize it after words, but it does not seem to like it.
#parta = Cereal[cere,]
#partb = Cereal[-cere,]
```

```
c = kmeans(Cereal[4:12], centers = 5, nstart = 50)
Cereal = data.frame(Cereal, c$cluster)
c$center
```

```
##      calories  protein      fat    sodium    fiber    carbo    sugars    potass
## 1 100.00000 3.333333 0.7777778 193.33333 7.000000 11.00000 8.666667 248.88889
## 2  91.53846 2.461538 0.7692308  16.92308 1.923077 13.76923 4.846154  86.92308
## 3 108.75000 2.437500 0.7500000 255.62500 0.843750 17.90625 4.812500  55.00000
## 4 116.31579 3.105263 1.5789474 162.63158 2.684211 15.26316 7.105263 120.26316
## 5 110.58824 1.529412 0.8823529 169.11765 0.500000 13.85294 10.176471  44.41176
##    vitamins
## 1 33.33333
## 2 13.46154
## 3 29.68750
## 4 32.89474
## 5 33.82353
```

Here we do not want to use standardized data, because the nutritional value is important to see on its own. For example, the ratio between carbohydrates and fiber (simple sugar vs complex sugars). Each factor becomes important to know rather than the scaled version. Based on these results, I'd recommend Cereal#1, because it has the fewest calories, a moderate amount of protein, a lower amount of fat, low sodium, higher fiber, moderate amount of carbs, low sugar, some potassium, and vitamins.