2018 MK Point-in-Time Fact Sheet

miriam's kitchen
Ending chronic homelessness.

While the Point-in-Time survey is currently the best way for us to report the composition of our community and the guest we serve, there are many challenges to the survey and we should **use these data with caution**. These results are a **snapshot of our community** as the survey is only conducted on one day. Over the years, the number of guests who have agreed to take the survey have been decreasing (see page 4 for more details) and thus aren't as reliable. For these reasons, we also need to be **cautious in looking at trends**. The past four years of data has been included in the fact sheet, but we shouldn't draw strong conclusions from the changes over the years.

In addition, the survey is **conducted in a public location and the information is self-reported**. Questions on mental health, sexual orientation, episodes of homelessness, and more are hard to answer and are very likely to be under-reported. As always, when we report this type of analysis, we have to remember we are surveying people who make choices on when and how to represent themselves and might not feel comfortable answering direct questions about their lives, experiences, or identity.

Based solely on the length of time experiencing homelessness, **73% of MK guests are experiencing chronic homelessness.** 68 guests agreed to take the survey on January, 25, 2018.

Data below is from the dining room. Outreach and PSH demographic data are presented on page 5.
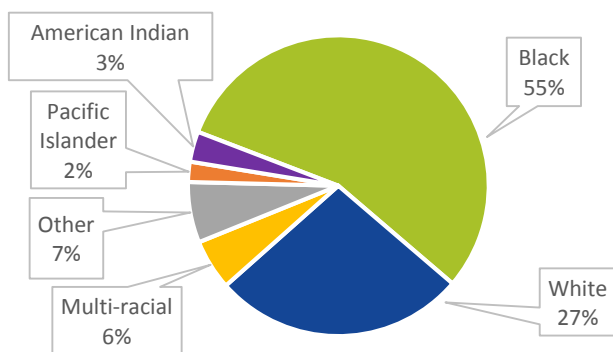
2018 Age breakdown:

- 18-29: 3%
- 30-49: 37%
- 50-61: 42%
- 62+: 18%
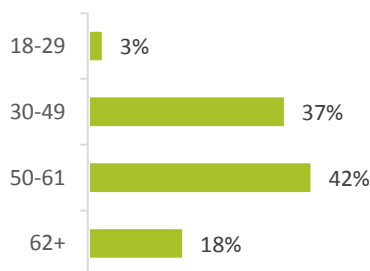
Past Age breakdown

	2018	2017	2016	2015	2014
18-29	3%	6%	8%	7%	7%
30-49	37%	27%	38%	42%	40%
50-61	42%	31%	43%	39%	38%
62+	18%	15%	11%	12%	15%
Average age	50	51	48	48	49
Median age	52	50	50	50	48

2018 Race/Ethnicity breakdown:

- American Indian 3%
- Pacific Islander 2%
- Other 7%
- Multi-racial 6%
- Black 55%
- White 27%

Past Race/Ethnicity breakdown

	2018	2017	2016	2015	2014
Black	55%	51%	48%	49%	52%
White	27%	33%	25%	24%	21%
Asian	0%	1%	3%	3%	3%
Multi-racial	6%	0%	7%	3%	4%
Other	7%	6%	13%	5%	7%
Pacific Islander	2%	0%	< 1%	0%	0%
American Indian	3%	0%	3%	0%	0%
Hispanic	16%	22%	19%	16%	13%

See page 4 for overlap of Race with Ethnicity

2018 Gender breakdown:

- Male 84%
- Female 9%
- Gender nonconforming 3%
- Trans Female 2%
- Unknown/Other 2%
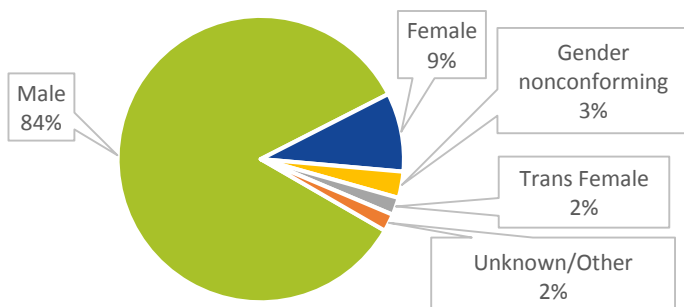
Past Gender breakdown

	2018	2017	2016	2015	2014
Male	84%	74%	84%	85%	82%
Female	9%	23%	15%	14%	17%
Transgender		1%	0%	< 1%	< 1%
Trans Female	2%				
Gender Non-conf.	3%				
Unknown/Other	2%	1%	1%	0%	0%

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2018 Sexual Orientation breakdown:

Heterosexual 86%
Gay 5%
Bisexual 3%
Lesbian 3%
Don't know 3%
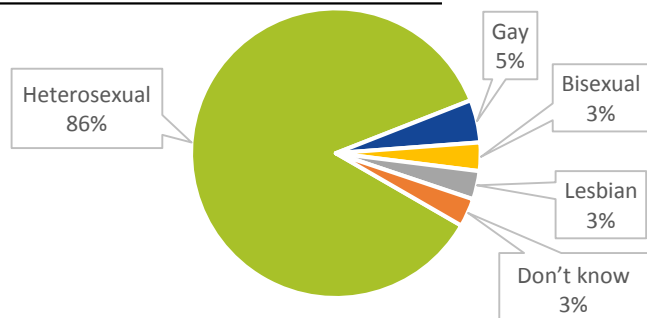
Past Sexual Orientation breakdown

	2018	2017	2016
Heterosexual	86%	93%	85%
Gay	5%	0%	2%
Bisexual	3%	3%	2%
Lesbian	3%		
Other		2%	2%
Don't know	3%	2%	8%

2018 Where guests slept the previous night:

On the Street/ Outside 41%
Doubled Up/ Family and Friends 4%
PSH/ Own House 24%
Shelter/ Transitional Housing 28%
Other 3%
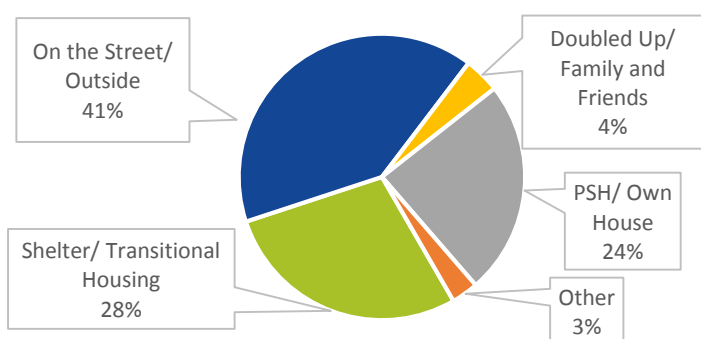
Past previous night locations

	2018	2017	2016	2015	2014
Shelter/Transitional Housing	28%	23%	24%	36%	54%
Street/ Outside	41%	43%	45%	37%	20%
Doubled Up/ Family or Friends	4%	14%	10%	9%	11%
PSH/ Own House	24%	13%	14%	6%	4%
Other PSH				9%	9%
Other	3%	7%	8%	3%	2%

2018 Years coming to MK:

On average, guests have been coming to MK for **6.75 years**

Past average length coming to MK

	2018	2017	2016	2015	2014
Years coming to MK	6.75	5.5	5.25	4.8	3.8

2018 Veteran breakdown:

6% of guests experiencing homelessness were Veterans

Past Veteran percentage

	2018	2017	2016	2015	2014
Guests experiencing homelessness were Veterans	6%	7%	5%	6%	13%

2018 Health conditions:

Guests were asked if living with/experiencing <u>each</u> of the health areas below

Long term health problem/chronic 42%
HIV/AIDS 3%
Physical disability 25%
Developmental disability 16%
Mental H condition 45%
Problem with Alcohol 25%
Problem with drugs 21%
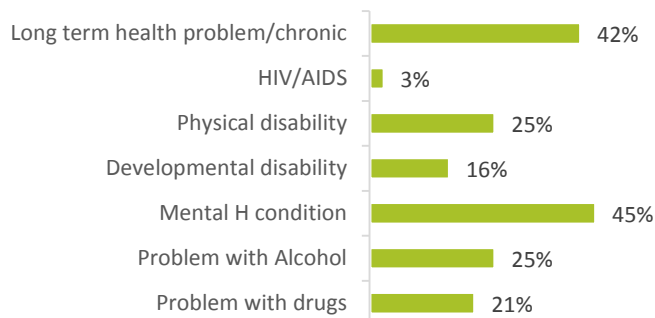
Past health conditions

	2018	2017	2016	2015	2014
Long term health problem/ chronic	42%	63%	55%	44%	53%
Told problem with drugs or alcohol	30%	9%	15%	40%	39%
Told have mental health problem	45%	44%	36%	52%	48%

70% of guests reported living with any of the above conditions
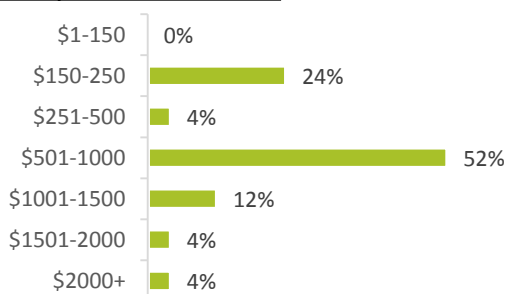
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2018 Income sources:

Source	Percentage
No income	22%
Employment	9%
SS retirement/ pension	7%
SSI/SSDI	42%
TANF/Public Asst	20%
Alimony/ Other Spousal Support	2%
Medicare/ Medicaid/Insurance	16%
Other	4%
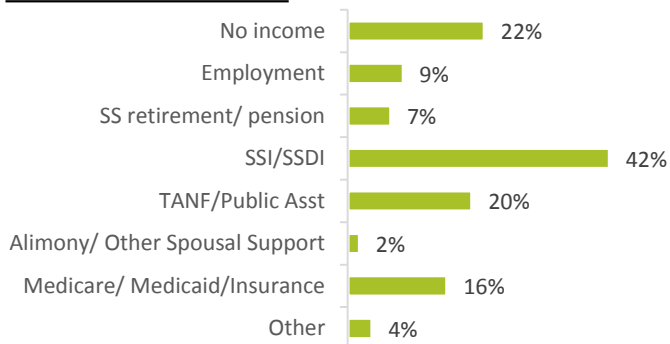
Past Income sources

	2018	2017	2016	2015	2014
No income	22%	49%	53%	37%	45%
Employment	9%	8%	5%	10%	14%
SS retirement/pension	7%	2%	11%	3%	3%
SSI/SSDI	42%	27%	25%	25%	23%
TANF/ Public Asst	20%				
Alimony/Other Spousal Support	2%				
Medicare/Medicaid	16%				
Other	4%	5%	7%	25%	17%

2018 Total Monthly Income amount:

Amount	Percentage
$1-150	0%
$150-250	24%
$251-500	4%
$501-1000	52%
$1001-1500	12%
$1501-2000	4%
$2000+	4%

Past monthly income amounts

	2018	2017	2016	2015	2014
$1-150	0%	3%	0%	8%	7%
$150-250	24%	22%	13%	21%	12%
$251-500	4%	16%	8%	14%	18%
$501-1000	52%	28%	63%	39%	47%
$1001-1500	12%	25%	13%	12%	8%
$1501-2000	4%	0%	5%	3%	6%
$2000+	4%	0%	0%	3%	0%

2018 Where living prior to experiencing homelessness:

Other 32%
VA 8%
MD 10%
DC 50%
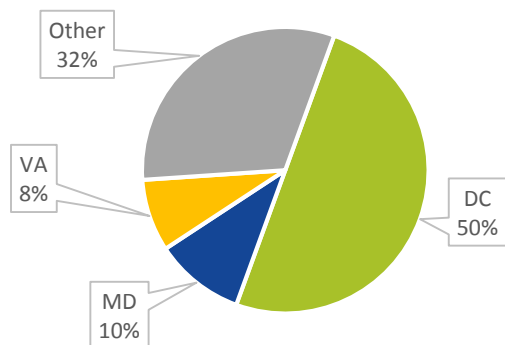
Past location prior to experiencing homelessness

	2018	2017	2016	2015
DC	50%	66%	46%	43%
MD	10%	11%	23%	17%
VA	8%	0%	4%	8%
Other	32%	23%	27%	31%

2018 Housing Situation prior to experience homelessness:

Their own housing (w/rental assistance) 13%
Other 7%
Institutional setting 3%
Their own housing (rent or own) 39%
Family/friends 38%
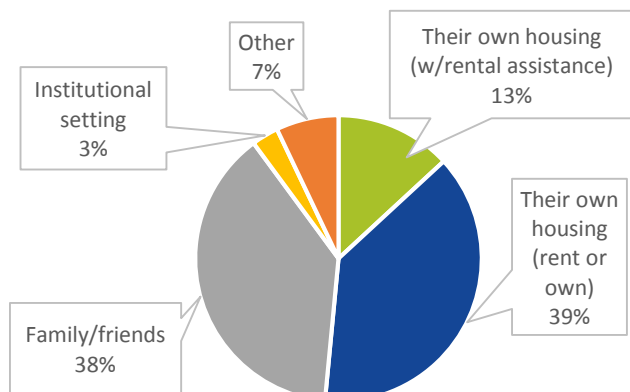
Past housing situation prior to homelessness breakdown

	2017
Own house	50%
Family/friends	45%
Institutional setting	2%
Other	2%

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2018 MK helping Meeting Needs:

On average, **81%** of guests report MK is helping meet their needs

When asked, what is the main thing you need that you don't have right now, the top answers are:

Housing	29%
Job	14%
Money	13%
ID documents	5%

2018 Access to documents:

Guests were asked if they have access to <u>each</u> of these documents

ID card or Driver's License	73%
Birth Certificate	66%
Social Security Card	65%
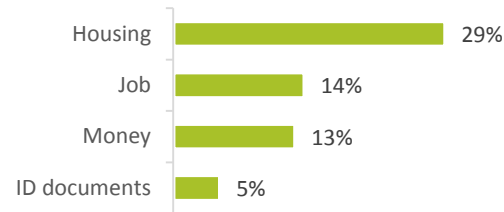
2018 Race and Ethnicity overlap:

Of the 16% Hispanic/Latino for, the race breakdown is

White	18%
Black	18%
Pacific Islander	9%
Other	9%
Don't know	18%
Refused	27%
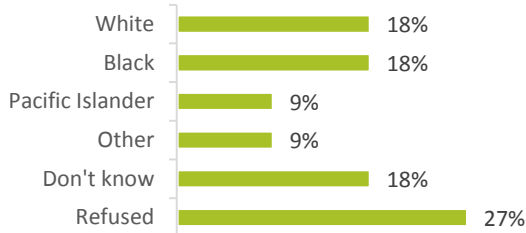
Of the 51% Black, 6% are Hispanic/Latino

Of the 25% White, 12% are Hispanic/Latino

2018 Sample size analysis:

Using the number of meals served on January 25th, we can estimate about 200 guests were in the dining room that day. That is estimating about 88 guests had both breakfast and dinner at MK. We are a low barrier service provider, thus do not ask for information in order to receive services, including a meal. **So 200 guests is an estimate**, however helps us know how confident we can be in these survey results. Completing surveys for 68 guests is 34% of 200 guests. Given that, we can say with **95% confidence that our data is accurate with a 10% plus or minus range.**

Over the years, the number of surveys completed has decreased. We have looked at a number of factors (see table below) however, none of them point to a solid reason why the number of completed surveys has decrease. Some additional reason that are harder to measure are shelters increasing use, longer surveys, and it is more voluntary to complete the survey. Overall, we should use these numbers with caution and only to note estimates of our community.

Factors for how many surveys completed

On the day the survey was conducted:	2018	2017	2016	2015	2014
Number surveys completed	68	85	97	154	167
Number of breakfasts served	136	112	125	170	
Average breakfasts served in January	130	106	128	156	159
Number of dinners served	152	109	139	170	
Average dinners served in January	157	112	137	158	158
Guests obtaining an intense service	32	23	14	25	13
Guests obtaining any service	57	44	41	61	62
High temperature	42	61	40	40	26
Low temperature	31	43	25	26	13

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Demographics for all three programs:

Age

Age bar chart:
- 18-29: Social Services 3%, Outreach 0%, PSH 4%
- 30-49: Social Services 37%, Outreach 20%, PSH 27%
- 50-61: Social Services 42%, Outreach 73%, PSH 35%
- 62+: Social Services 18%, Outreach 6%, PSH 35%

Legend: Social Services, Outreach, PSH

Race/Ethnicity

Race/Ethnicity bar chart:
- Black: Social Services 51%, Outreach 68%, PSH 81%
- White: Social Services 25%, Outreach 20%, PSH 19%
- Multi-racial: Social Services 5%, Outreach 3%, PSH 0%
- Other: Social Services 6%, Outreach 3%, PSH 0%
- Pacific Islander: Social Services 2%, Outreach 0%, PSH 0%
- American Indian: Social Services 3%, Outreach 0%, PSH 0%
- Asian: Social Services 0%, Outreach 3%, PSH 0%
- Hispanic: Social Services 16%, Outreach 4%, PSH 4%

Legend: Social Services, Outreach, PSH

Gender

Gender bar chart:
- Male: Social Services 85%, Outreach 80%, PSH 73%
- Female: Social Services 9%, Outreach 19%, PSH 24%
- Gender nonconforming: Social Services 3%
- Transgender: Social Services 2%, Outreach 1%, PSH 2%
- Unknown/Other: Social Services 2%, Outreach 0, PSH 0

Legend: Social Services, Outreach, PSH