

Student Studying Habits

- On average, students spend only 12 - 14 hours/week studying (50 % < than students a few decades ago).
- Combining hours studying and in class, students spend ≈ 16 % of their time each week on academic pursuits.
- When studying, students on average spend about 1/3 of time studying with peers in social settings that are not generally conducive to learning.
- Students average between 8 - 9 hours / week studying alone (35% spend five or fewer hours per week studying alone).

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Given the limited academic engagement shown by many students, it is not surprising that we find that gains in student performance are disturbingly low. On average, gains in critical thinking, complex reasoning, and writing skills (i.e., general collegiate skills) are empirically non-existent for large proportion of students:

- 45% did not demonstrate any significant improvement in learning during first two years of college.
- Considering four years of college, 36 % did not demonstrate any significant improvement in learning.