

Student Studying Habits

Given the limited academic engagement shown by many students, it is not surprising that we find that gains in student performance are disturbingly low. On average, gains in critical thinking, complex reasoning, and writing skills (i.e., general collegiate skills) are empirically non-existent for large proportion of students:

- 45% did not demonstrate any significant improvement in learning during first two years of college.
- Considering four years of college, 36 % did not demonstrate any significant improvement in learning.

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Results identified:

- Students who spent more hours studying alone had greater gains.
- Students who took courses requiring both significant reading (more than 40 pages per week) and writing (more than 20 pages over the course of the semester) had higher rates of learning.
- Students reporting faculty with high expectations had higher rates of learning.