

THE HEALING GROUNDS

CO-OP

220 GRANT ST, BUFFALO, NY 14213

CAFE



DRINKS



HOT DRINKS 8oz / 12oz / 16oz

CACAO.....	5.50
TEA.....	2.75
DRIP COFFEE.....	1.90/2.75/2.85
LATTE.....	3.70/3.90/4.20
ESPRESSO.....	2.45/2.80
CAPPUCCINO.....	4/4.15/4.75
MACCHIATO.....	2.90
RED EYE.....	3/3.15/3.45
MOCHA.....	4.50/5/5.50
AMERICANO.....	3/3.75/4.25
HOT COCOA.....	3.25/3.60/4
MATCHA.....	3.75/4.25/4.75
CHAI LATTE.....	3.75/4.45/5
GOLDEN MILK LATTE.....	4/4.50/5

COLD DRINKS 16oz *BLEND IT +\$1

ICED TEA.....	3.95
ICED COFFEE.....	2.75
COLD BREW.....	4.3
*ICED CACAO.....	5.50
*LATTE.....	3.90
*MOCHA.....	4.90
*MATCHA.....	5.80
*CHAI LATTE.....	5.80
SEASONAL FRUIT SMOOTHIE.....	6

TEA

Peppermint (CF)
Turmeric Ginger (CF)
Hibiscus (CF)
Chamomile (CF)
Ginger (CF)
Chai
Jasmine Green
Black Tea
Earl Grey
Irish Breakfast
Echinacea Immune Support (CF)
Peach Bergamot
Egyptian Licorice

JUICE & BUBBLY

Orange Juice(ORG).....	4.75
Apple Juice(ORG).....	4.75
San Pellegrino.....	4.30
Limonata.....	4.30
Italian Soda.....	5.00

MILK OPTIONS

WHOLE, LOW FAT, OAT

FLAVORS

Vanilla (ORG) Hazelnut (ORG) Caramel (ORG) Pumpkin Spice Toasted Almond White
Chocolate Gingerbread Maple Spice Chai Hibiscus Coconut Macadamia Nut Rose
Vanilla (SF) Hazelnut (SF)



(CF) Caffeine Free (SF) Sugar Free (ORG) Organic