

# HACK HEALTH CARE

## CVMS

# TEAM

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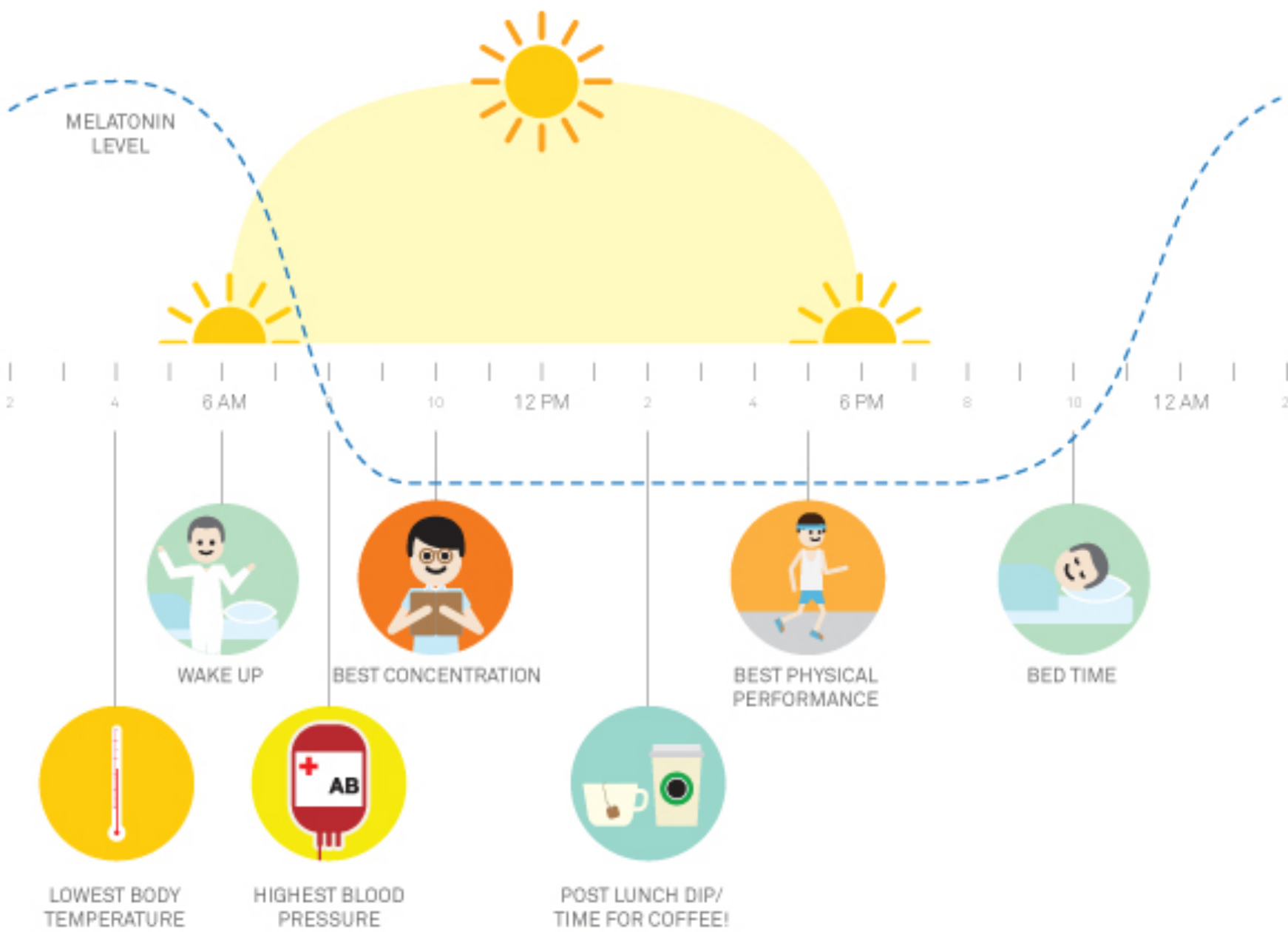
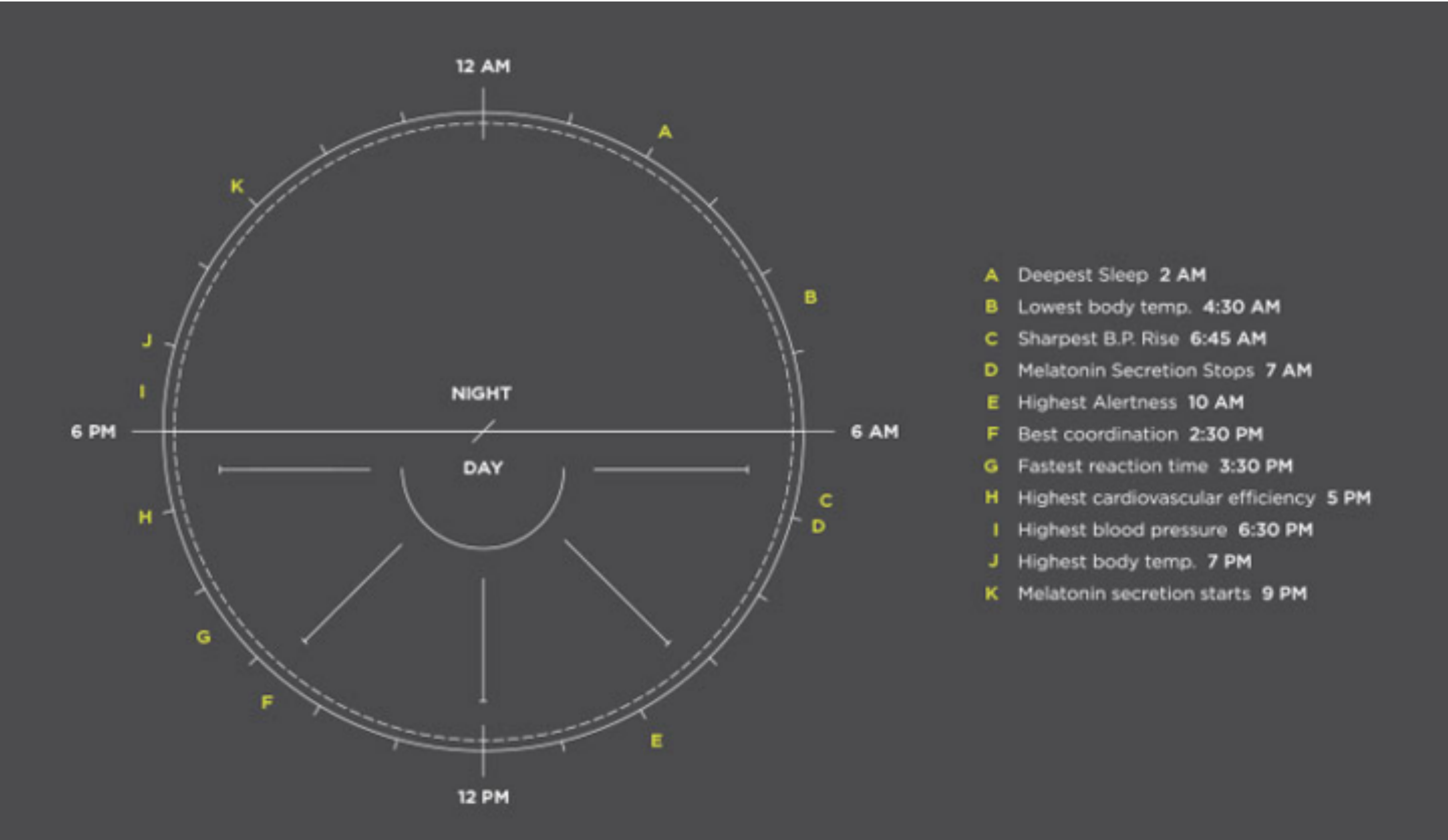
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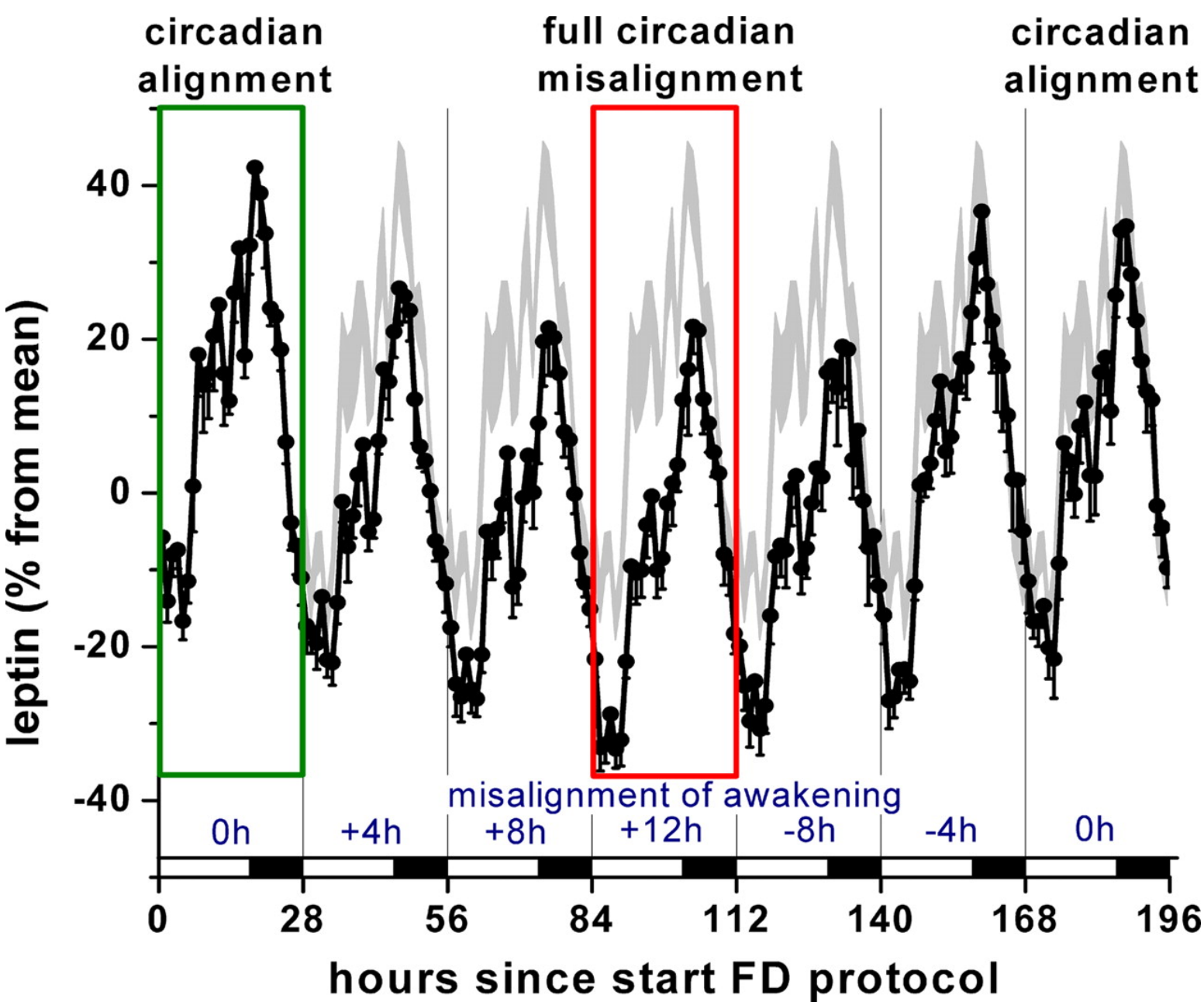
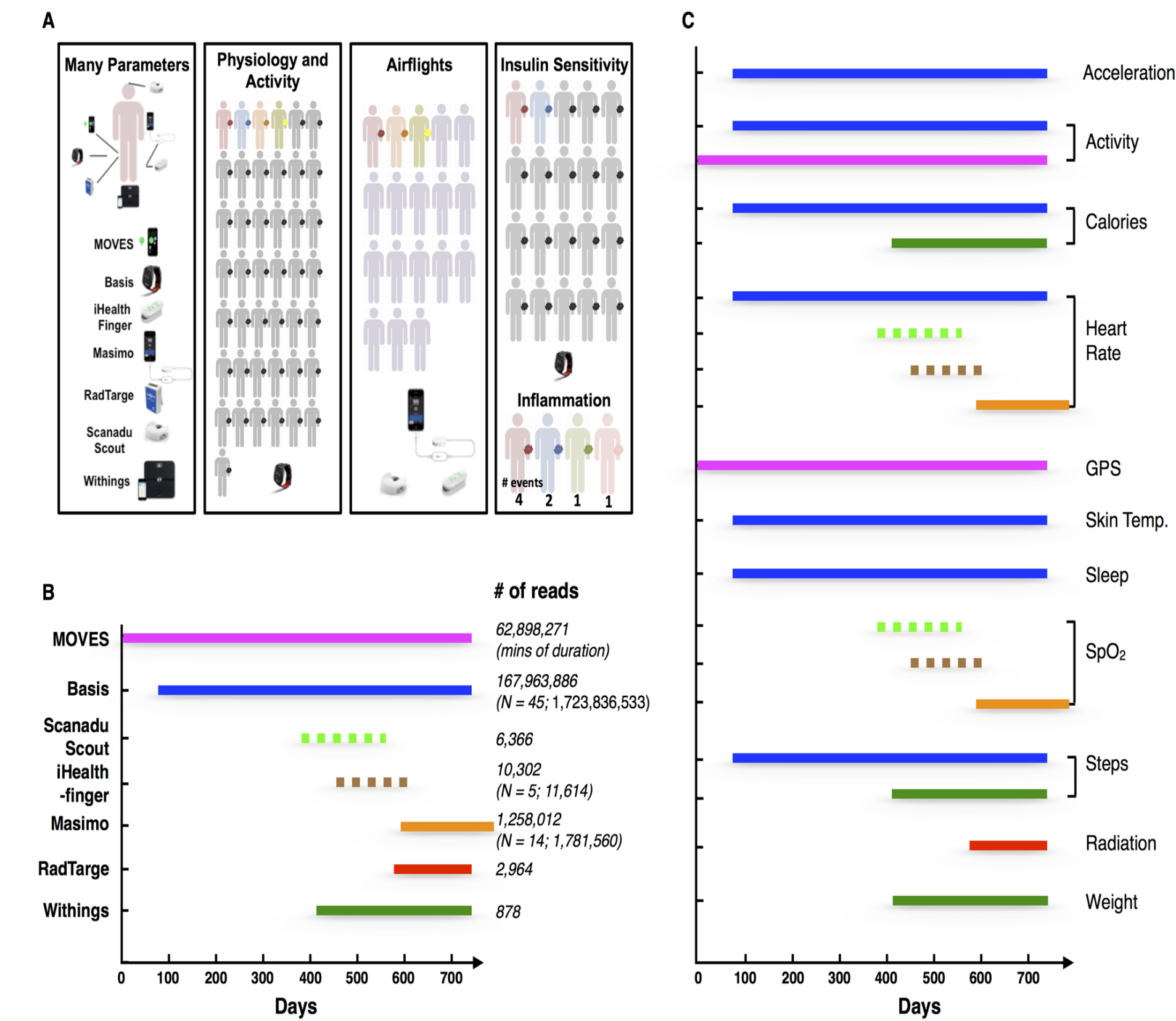
Siddharth Sekhsaria  
*Digital consultant*

# Understanding Circadian Rhythm

CIRCADIAN



MONITORING & MISALIGNMENT



- PNAS Study; Adverse metabolic and cardiovascular consequences of circadian misalignment

# PROBLEMS

## CURRENT PROBLEMS

- People forget insurance free checks and queue up on the deadline month.
- When people fall sick they may not get the appointment quickly/ when they want
- There maybe different levels of anxiety, unpreparedness before the appointment. Children might be even more anxious and nervous.

Also ...

- Can we promote preventative measures?
- Can technology help with the overall experience- scheduling, treatment, recovery, medication etc?

# JOURNEY

## ***PREVENT***

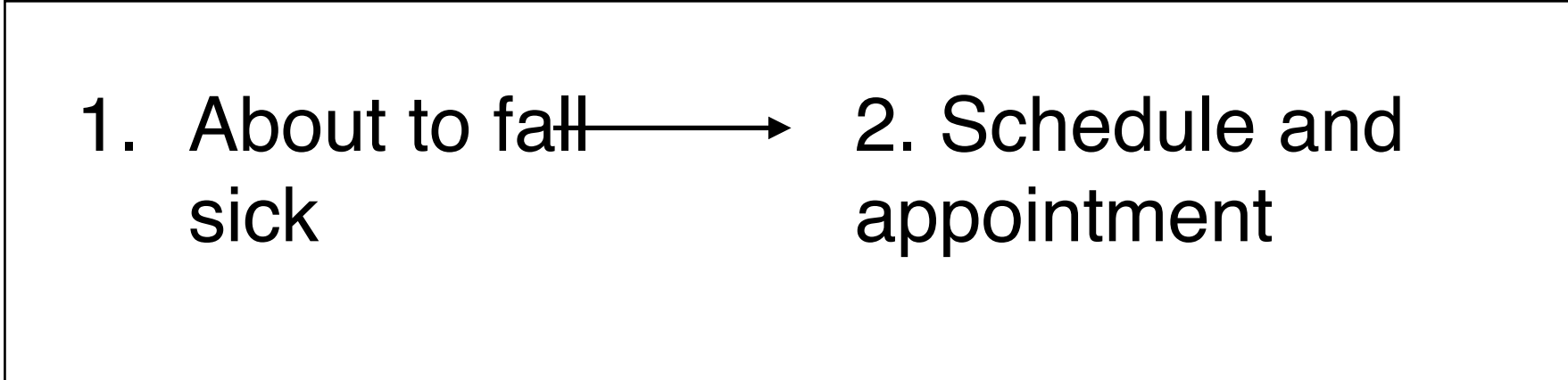


1. About to fall sick



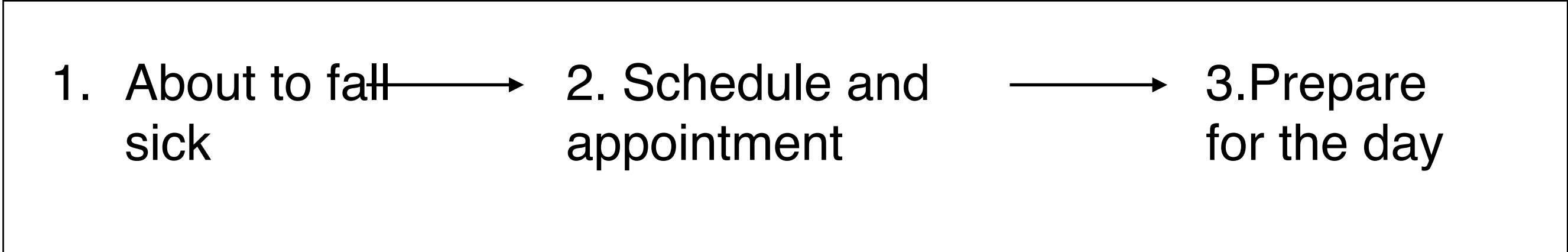
JOURNEY

***PREVENT***



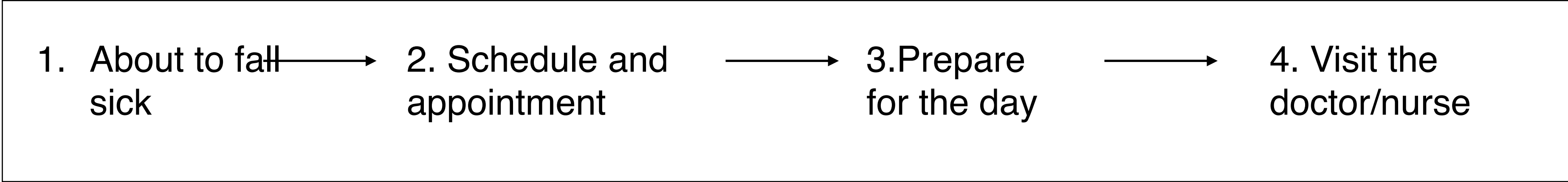
JOURNEY

***PREVENT***



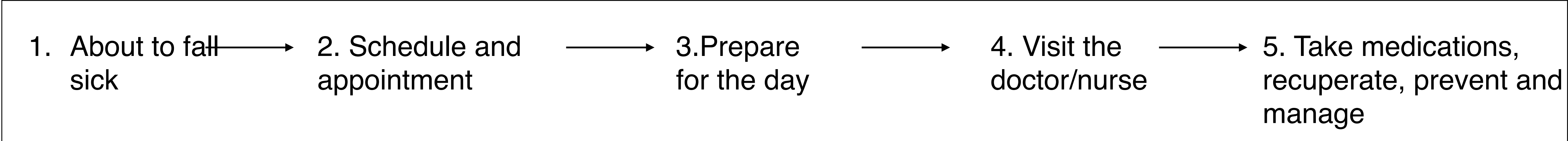
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***PREVENT***



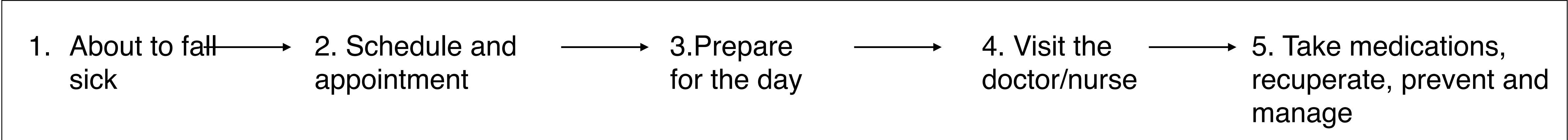
JOURNEY

***PREVENT***



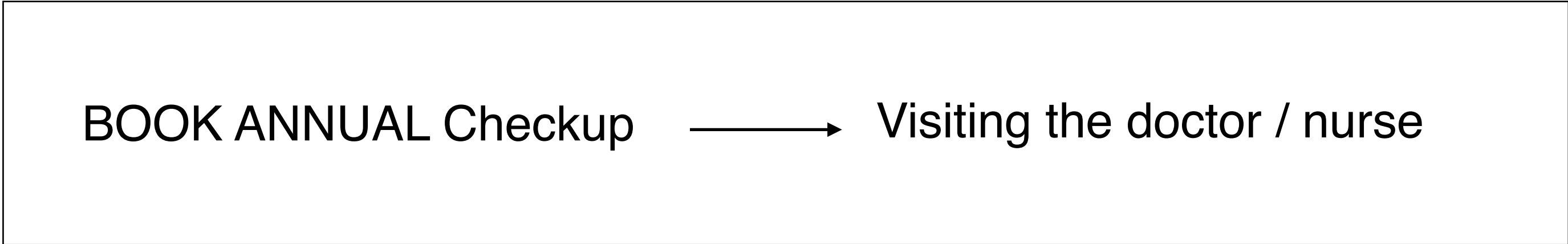
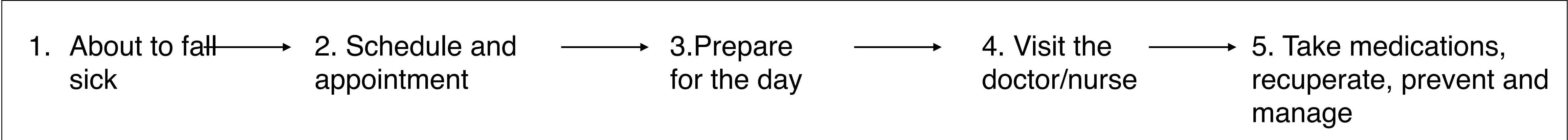
JOURNEY

***PREVENT***

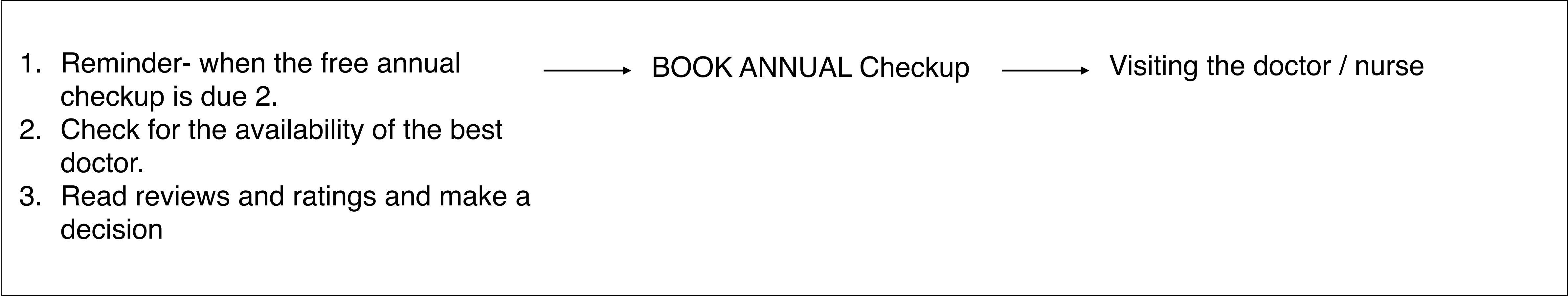
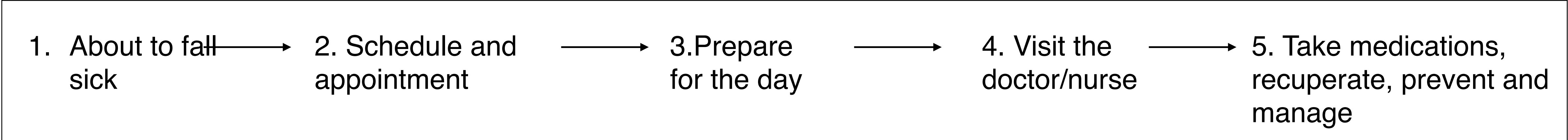


BOOK ANNUAL Checkup

**PREVENT**



**PREVENT**



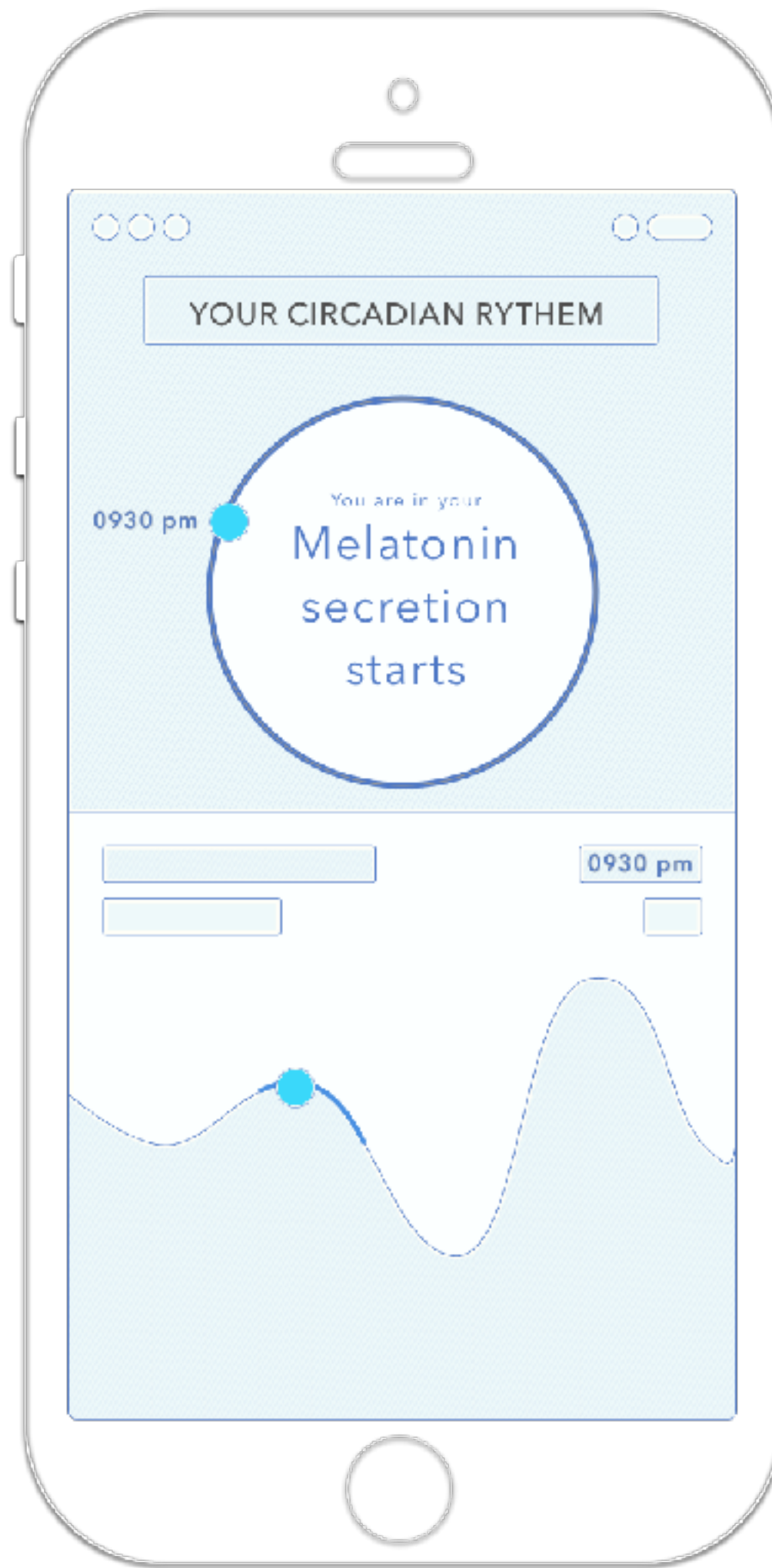
## Details of the solution:

1. Pre-empt: using health stats data
2. Scheduler/ Booking
3. Preparation for visit
4. On the day
5. After the visit



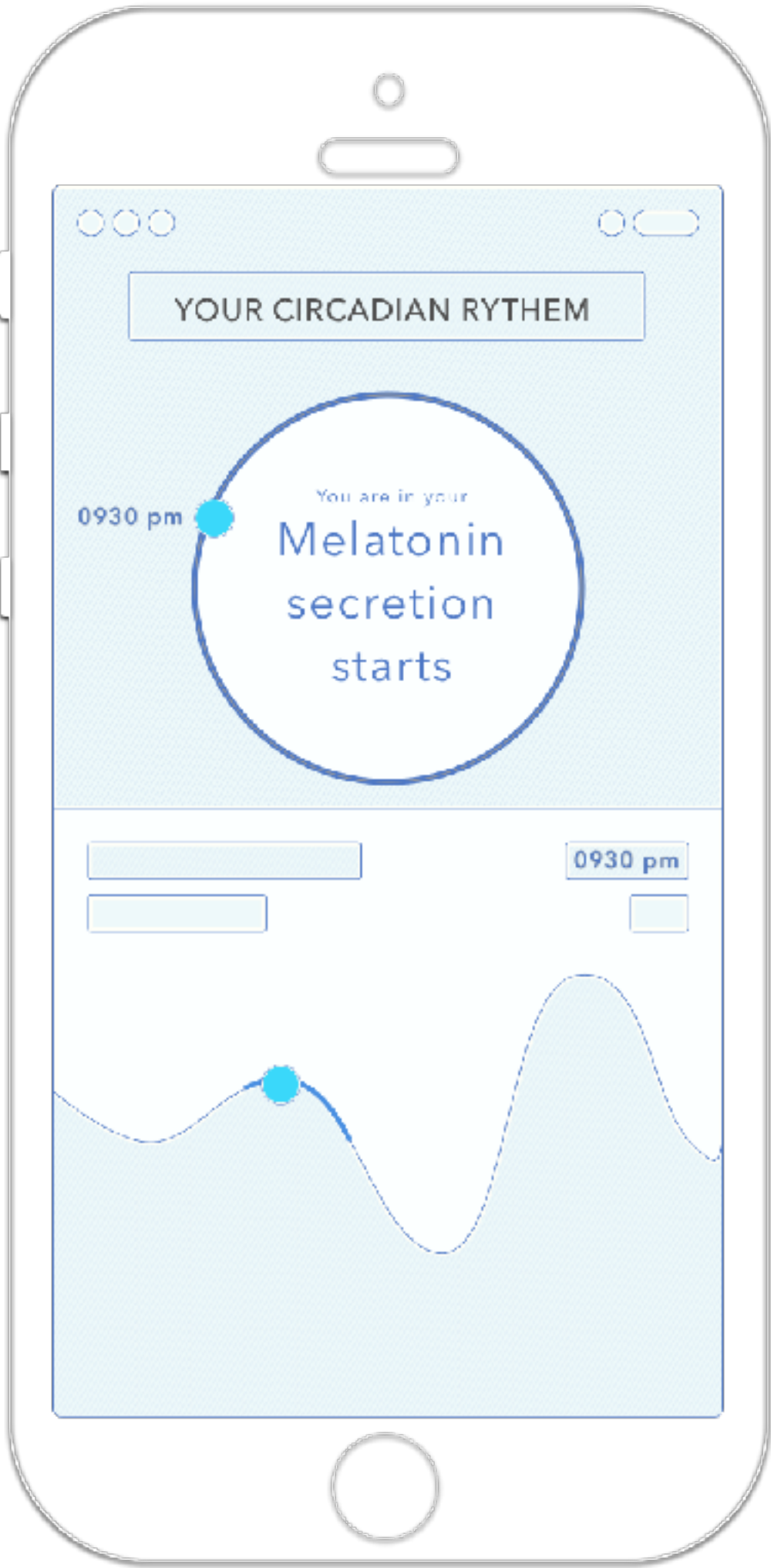
# Solution

# 1. PRE-EMPT stage



Monitor rhythm through various health apps and devices

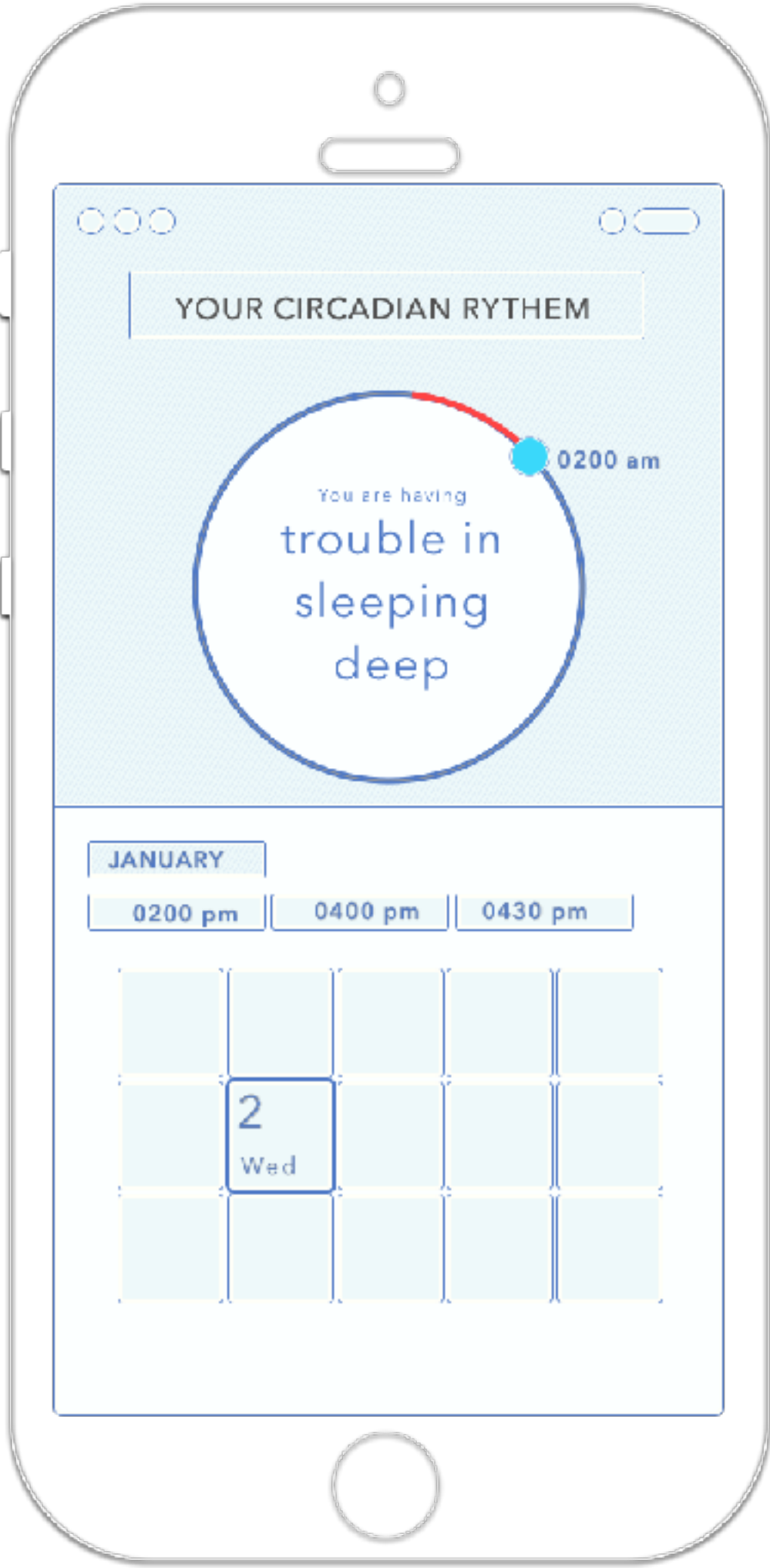
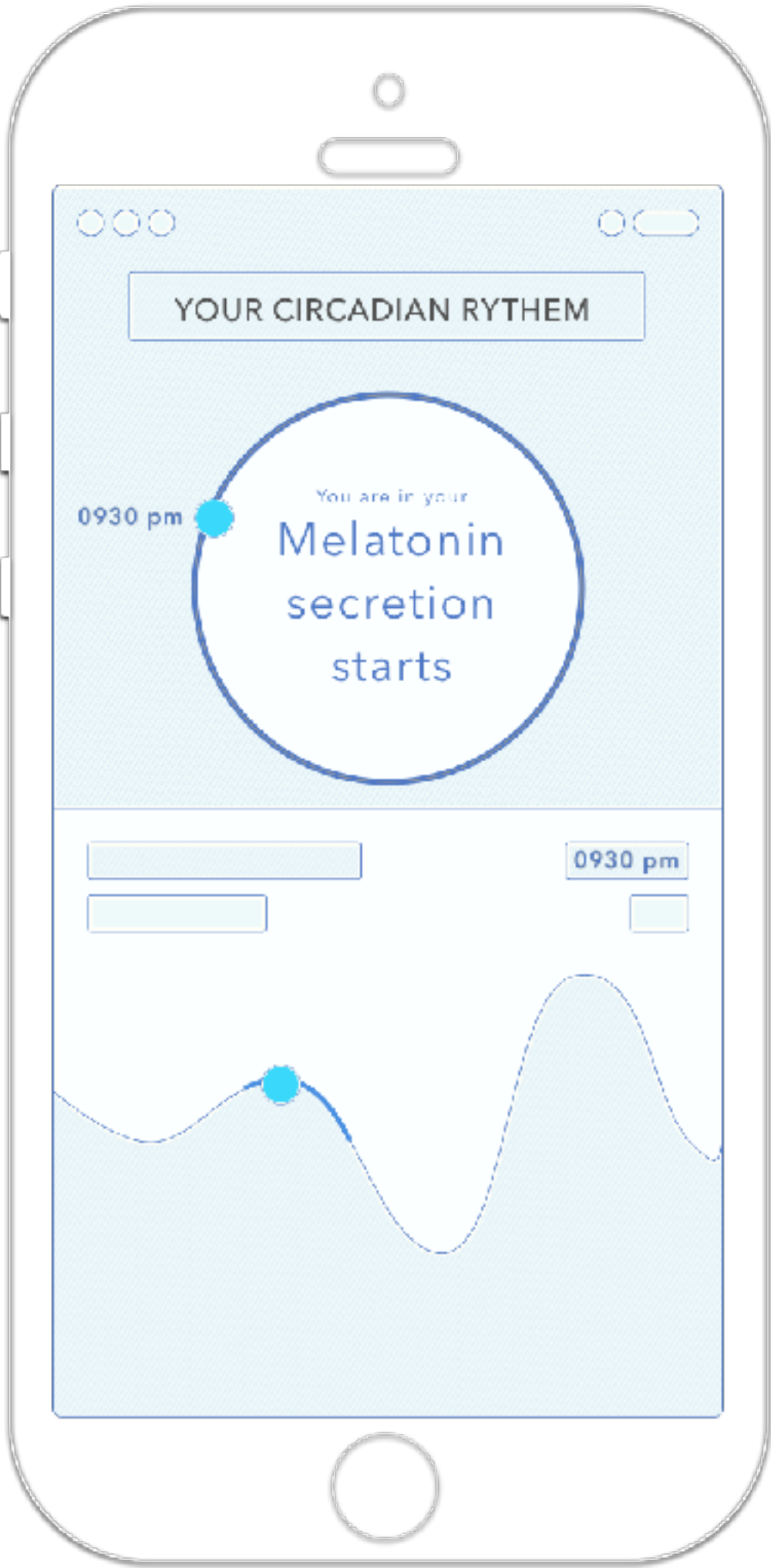
# 1. PRE-EMPT stage



Alert when the rhythm is misaligned



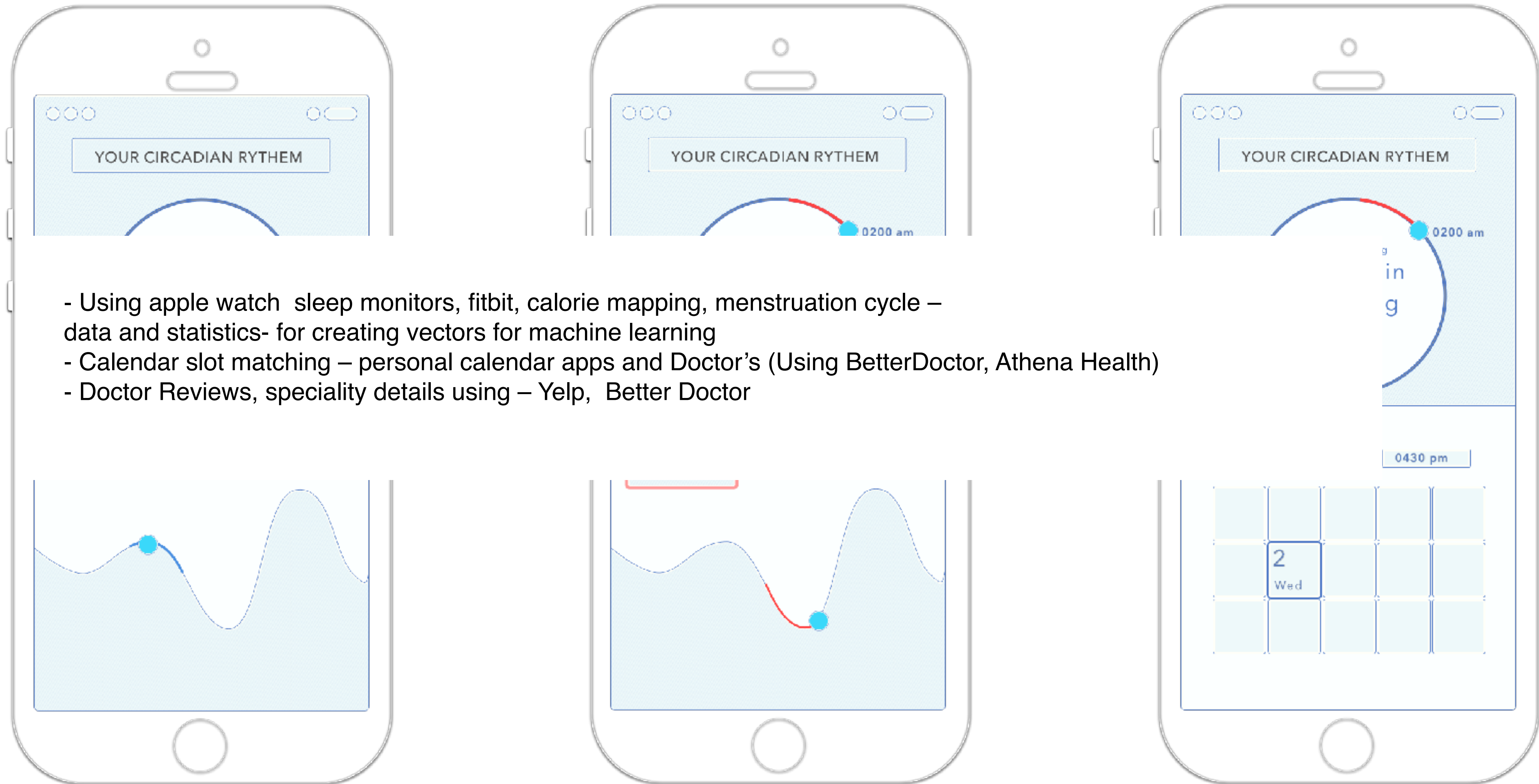
1. PRE-EMPT stage



Coordinate with calendar tentatively book appointment.

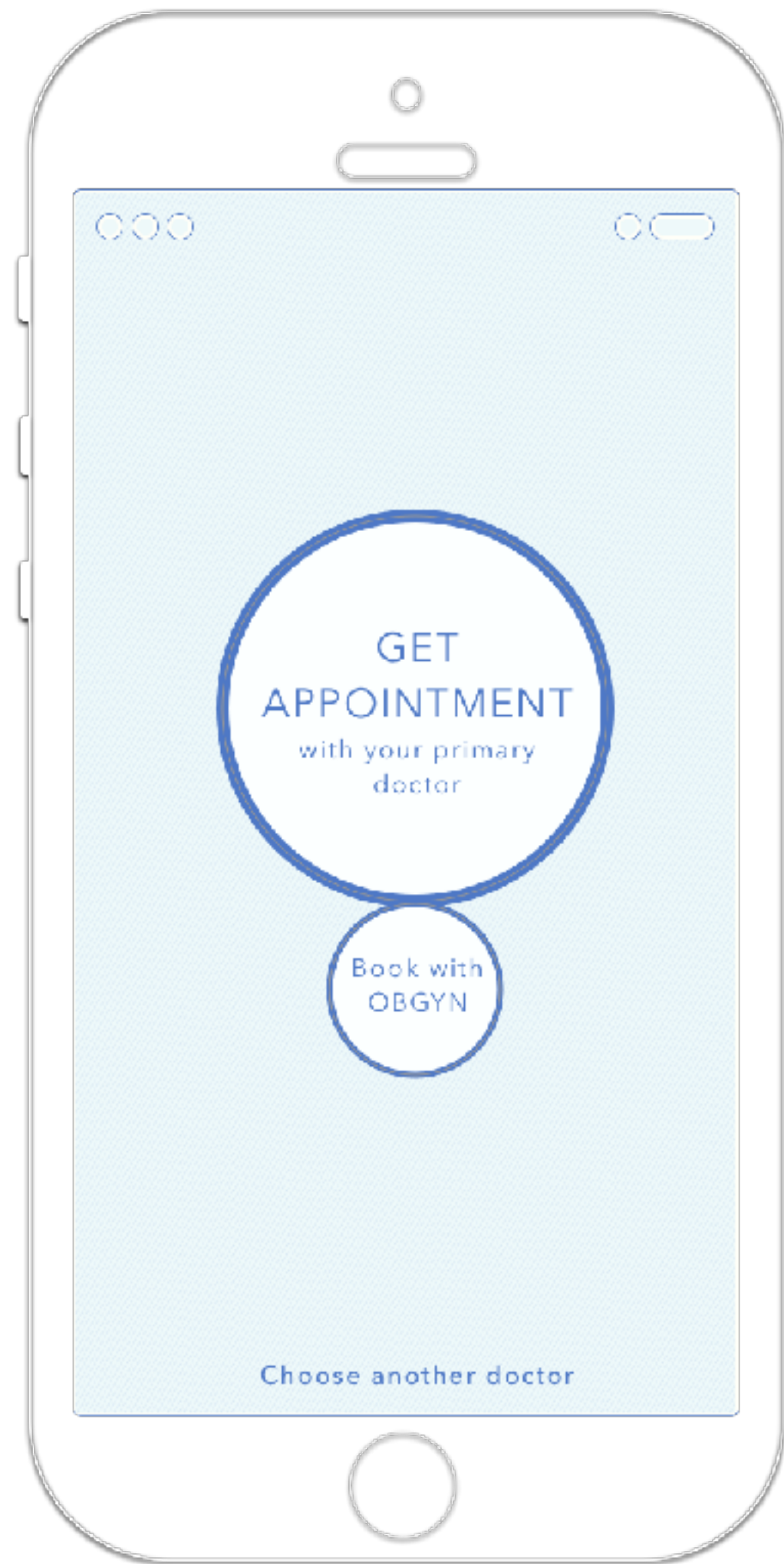


# 1. PRE-EMPT stage



Coordinate with calendar tentatively book appointment.

## 2. Booking and Scheduling



The app allows to book appointment with primary care doctor or other doctors; the patient has interacted before.



## 2. Booking and Scheduling



The app matches doctor's calendar and patients calendar to book appointment.



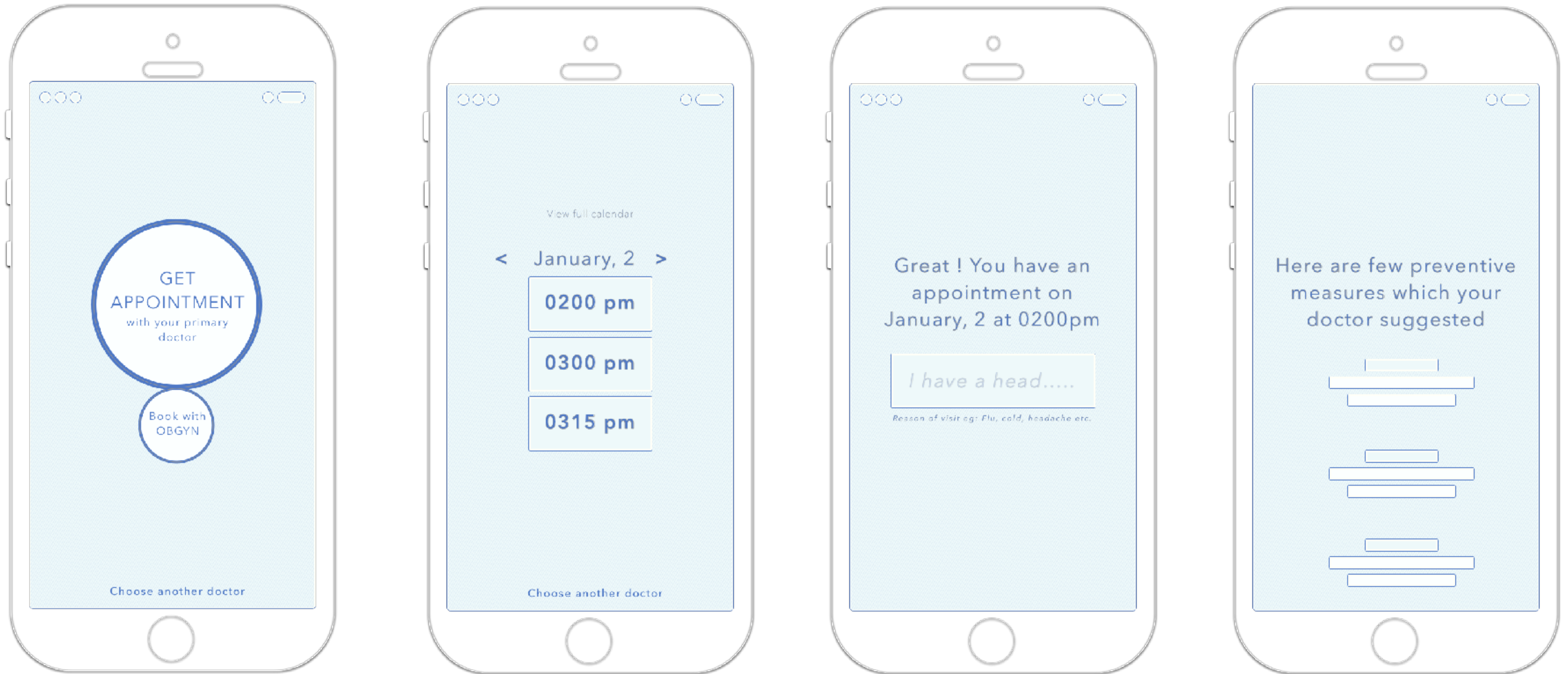
## 2. Booking and Scheduling



The app identifies basic cause of meeting doctor and pushes relevant resources to the patient.



## 2. Booking and Scheduling





### 3. Before patients visit - Prepare

UPCOMING APT  
JAN 2, 0200 pm

**PREFILL THE  
FORM**

PREVENTIVE MEASURES

The form contains two rows of input fields. Each row starts with a square area containing a small image icon, followed by three horizontal input fields of varying lengths.



The app shows current appointment and any forms which are needed to be filled before meeting the doctor.



### 3. Before patients visit - Prepare

UPCOMING APT  
JAN 2, 0200 pm

PREFILL THE  
FORM

PREVENTIVE MEASURES

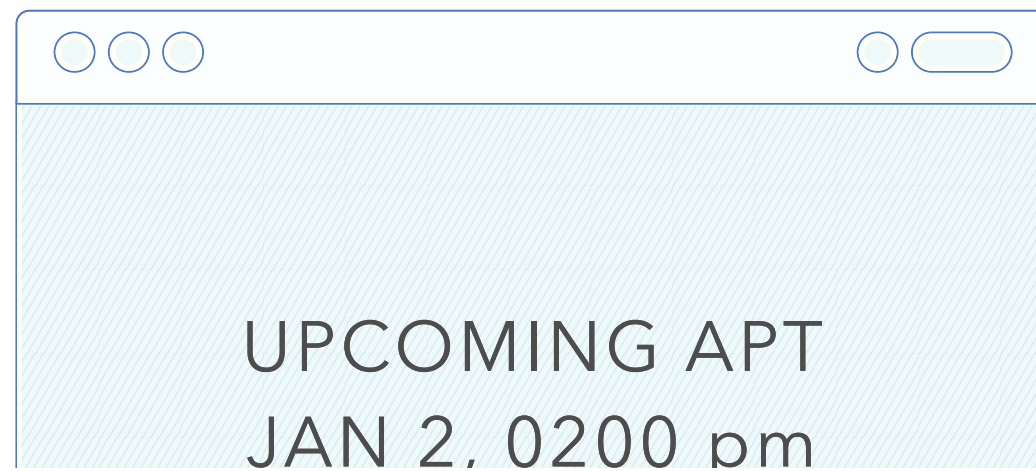




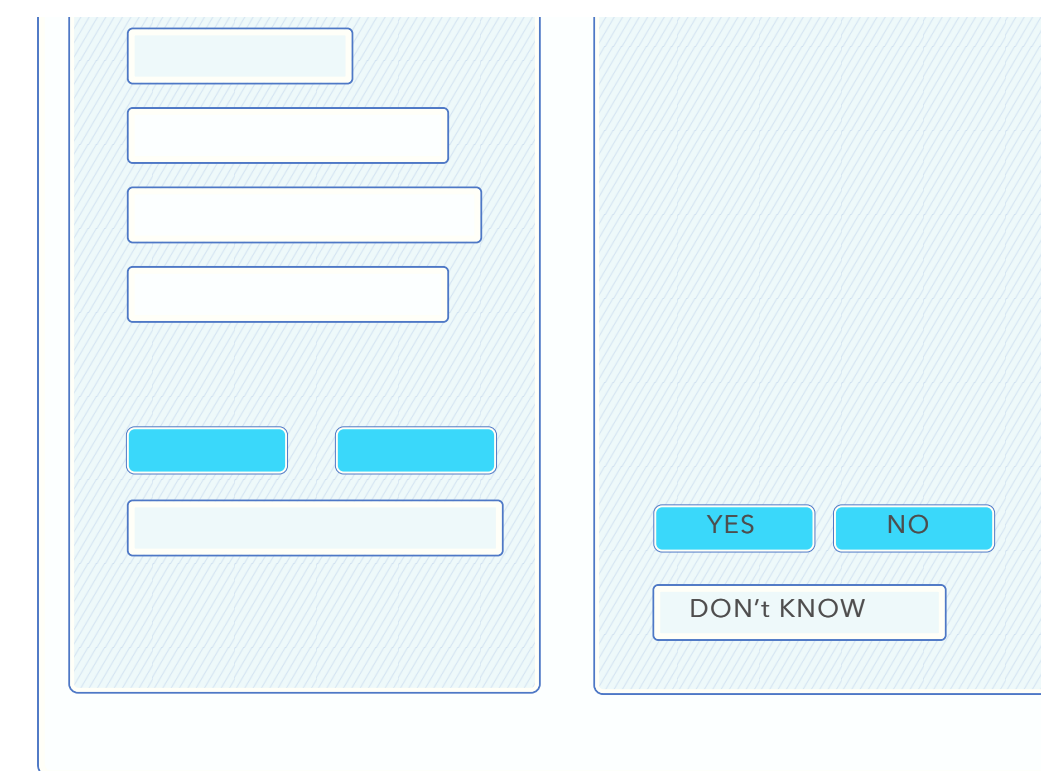
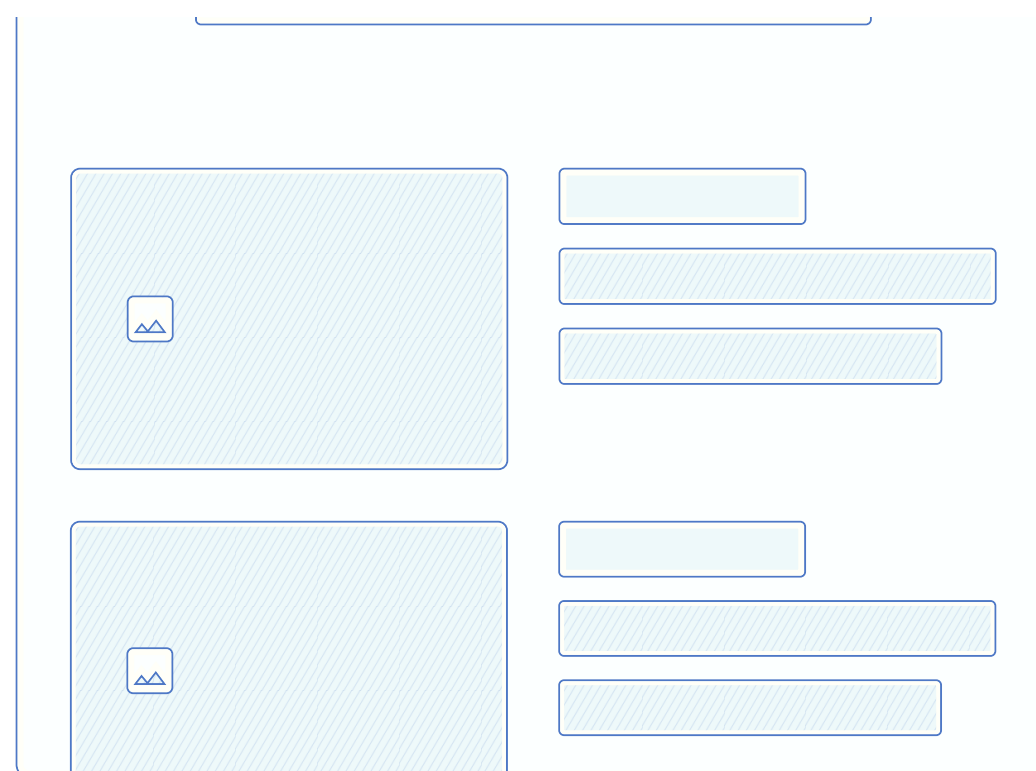
Pre Treatment questions

Have you or a family member (related by blood) ever had a serious reaction to anesthesia (other than nausea and vomiting)?

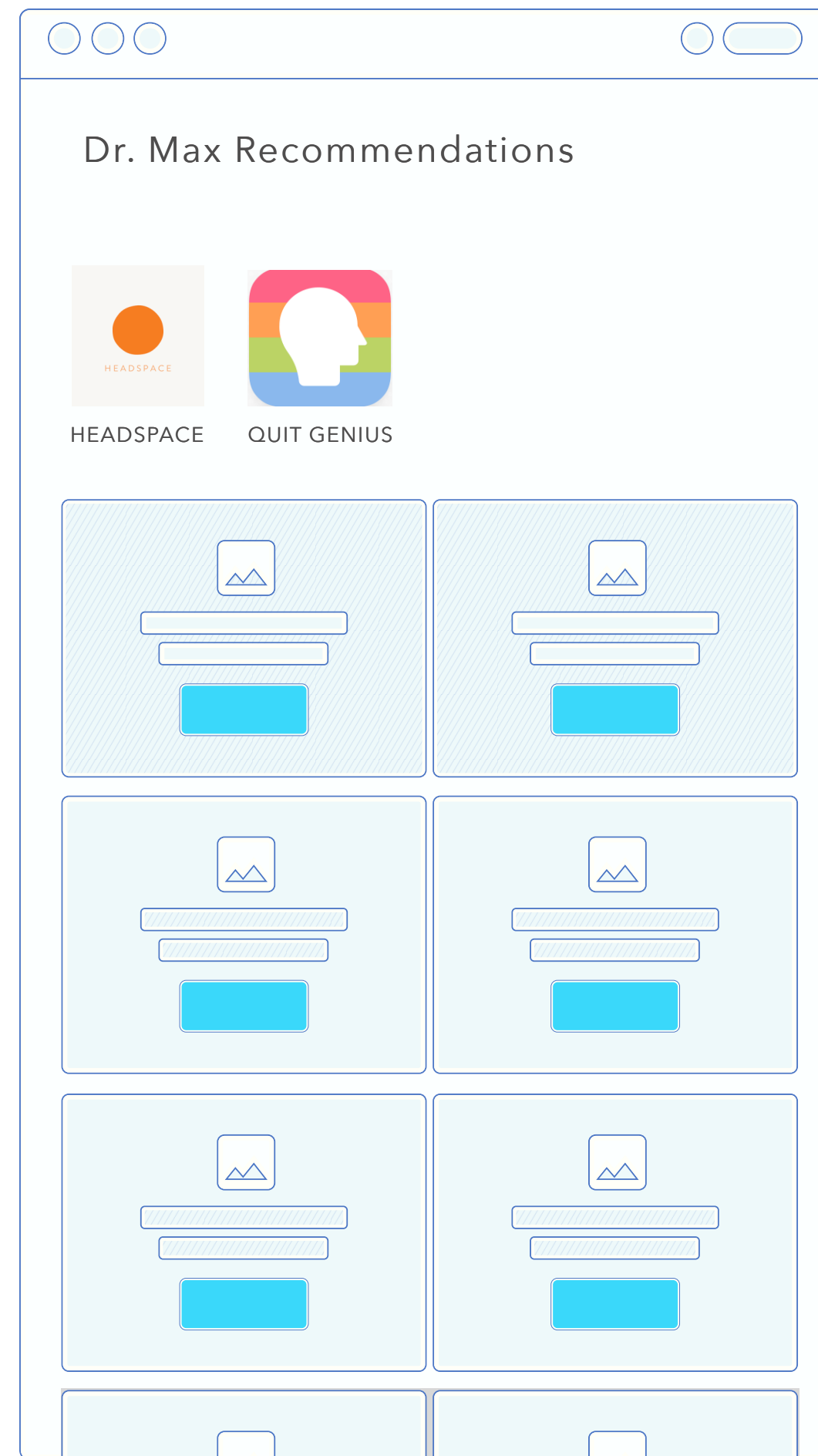
### 3. Before patients visit - Prepare



- Educational material, videos added. Community and specific queries can be addressed via chatbots

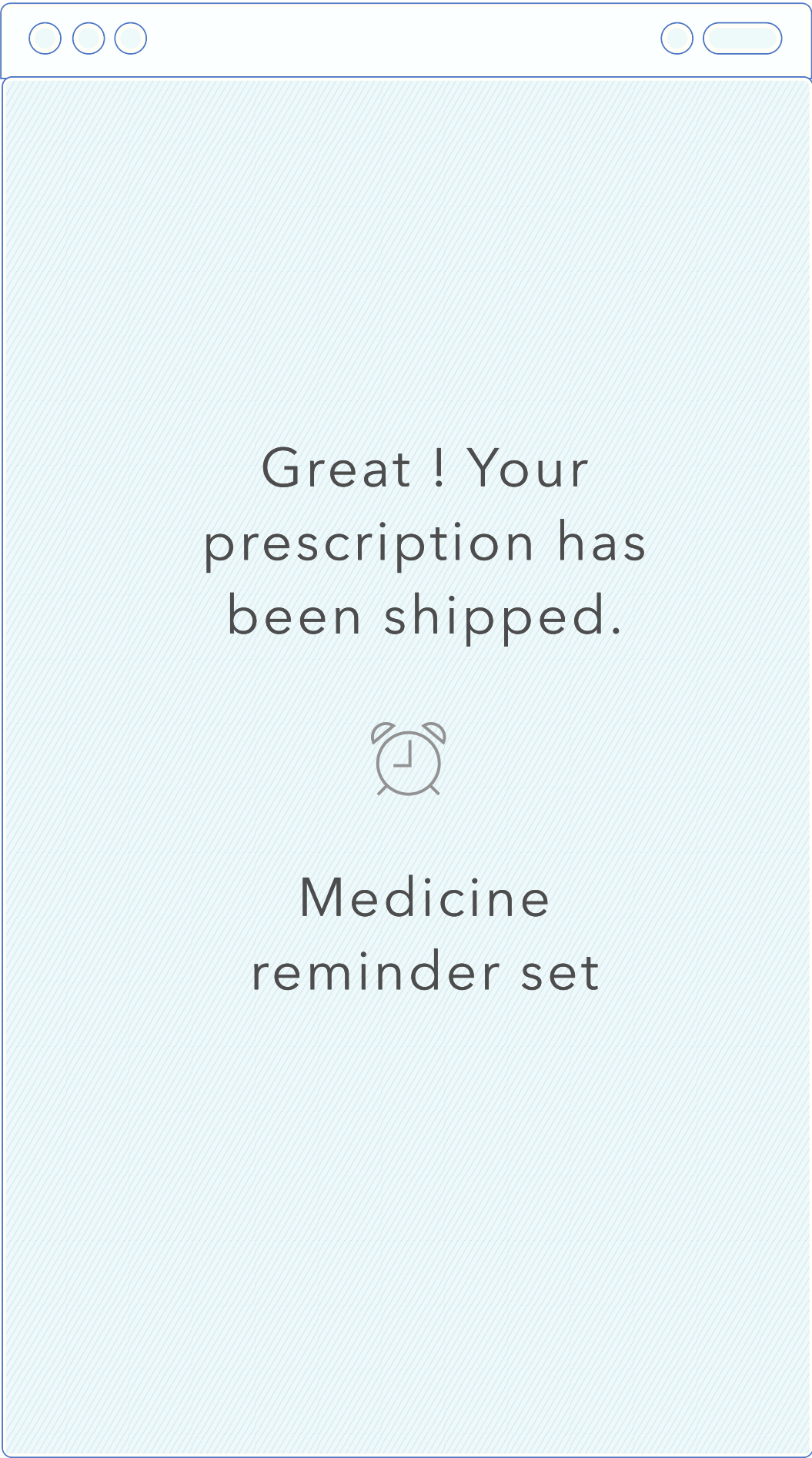
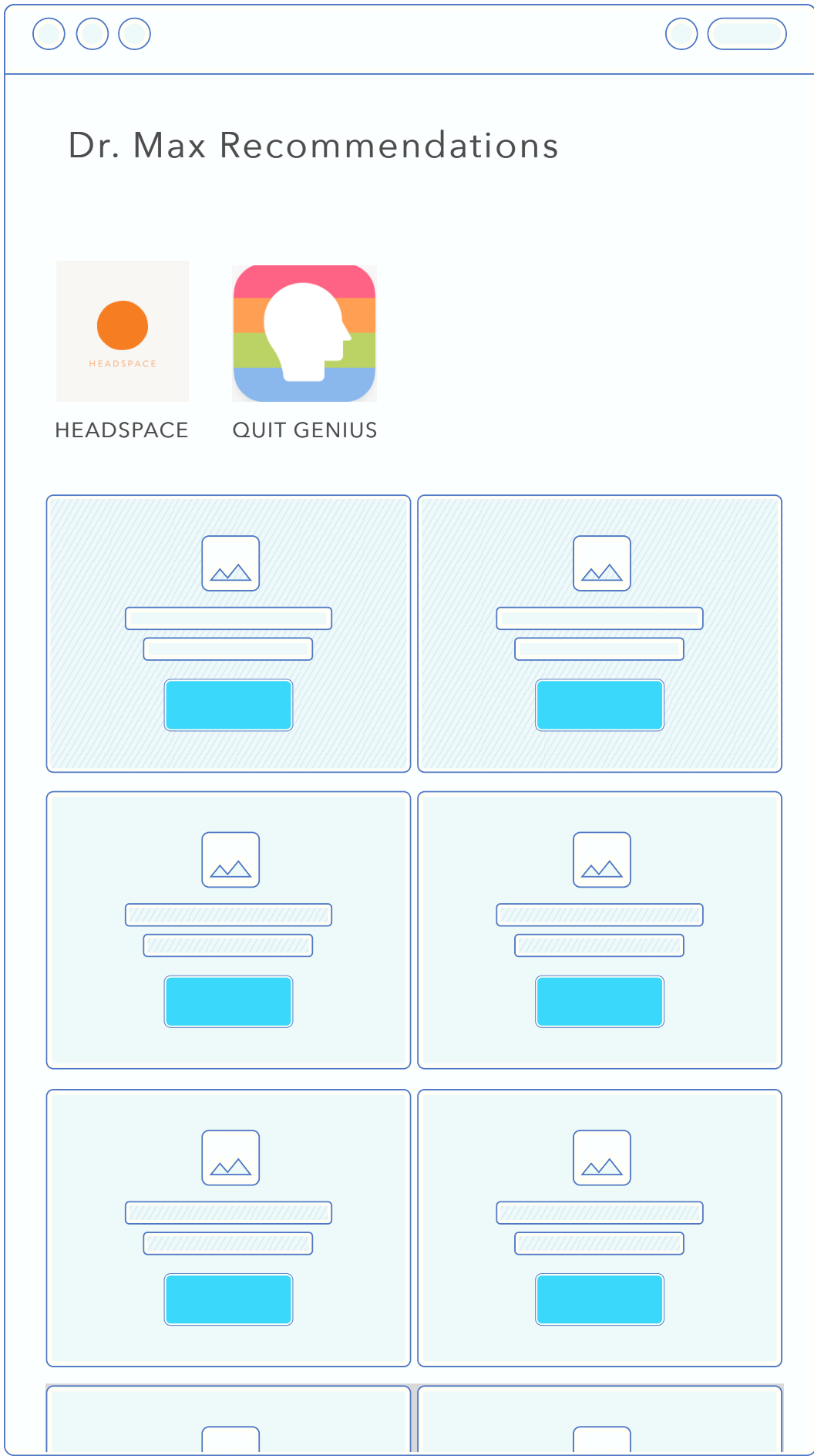


## 4. After the visit - Prescription management

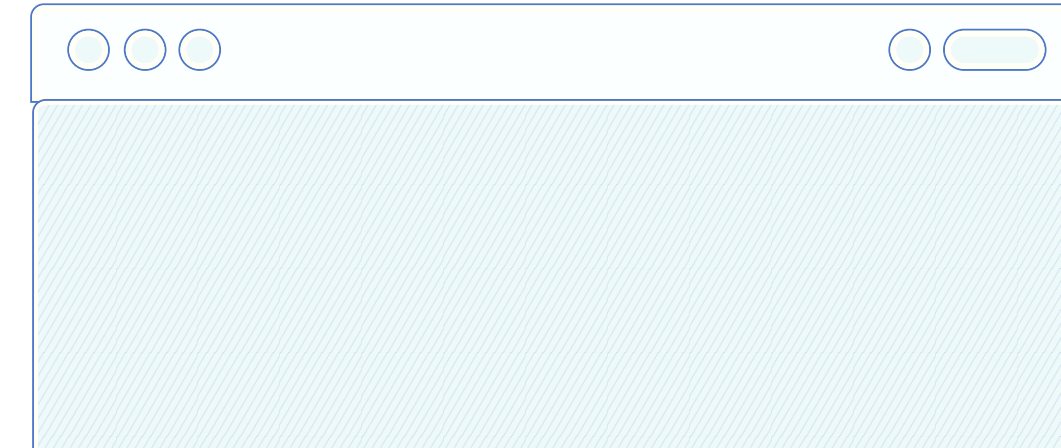
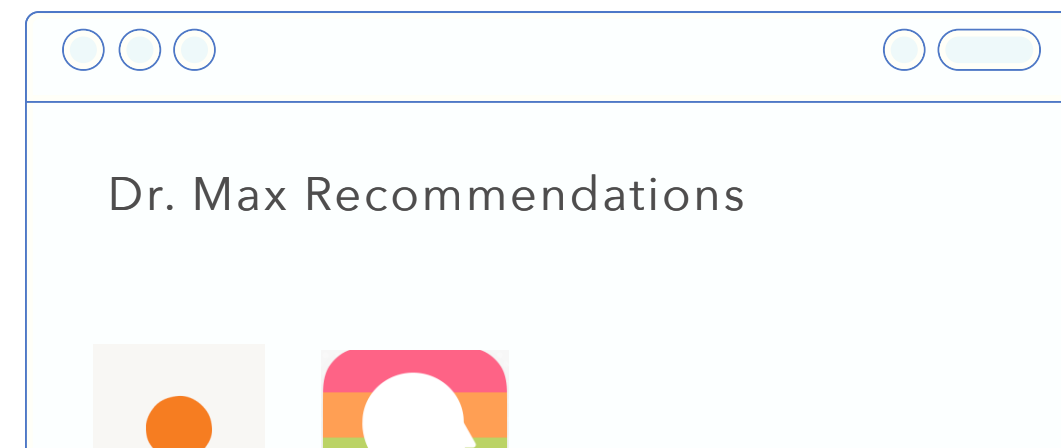


The doctor recommends relevant applications and resources to help patient.

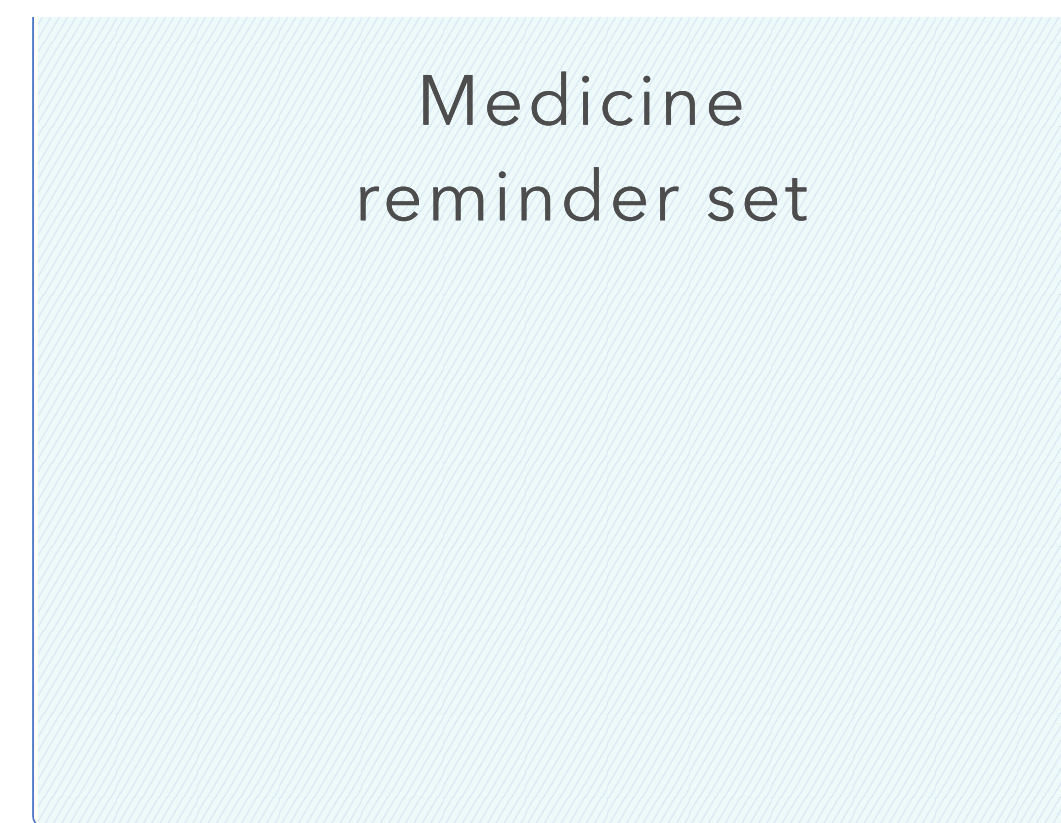
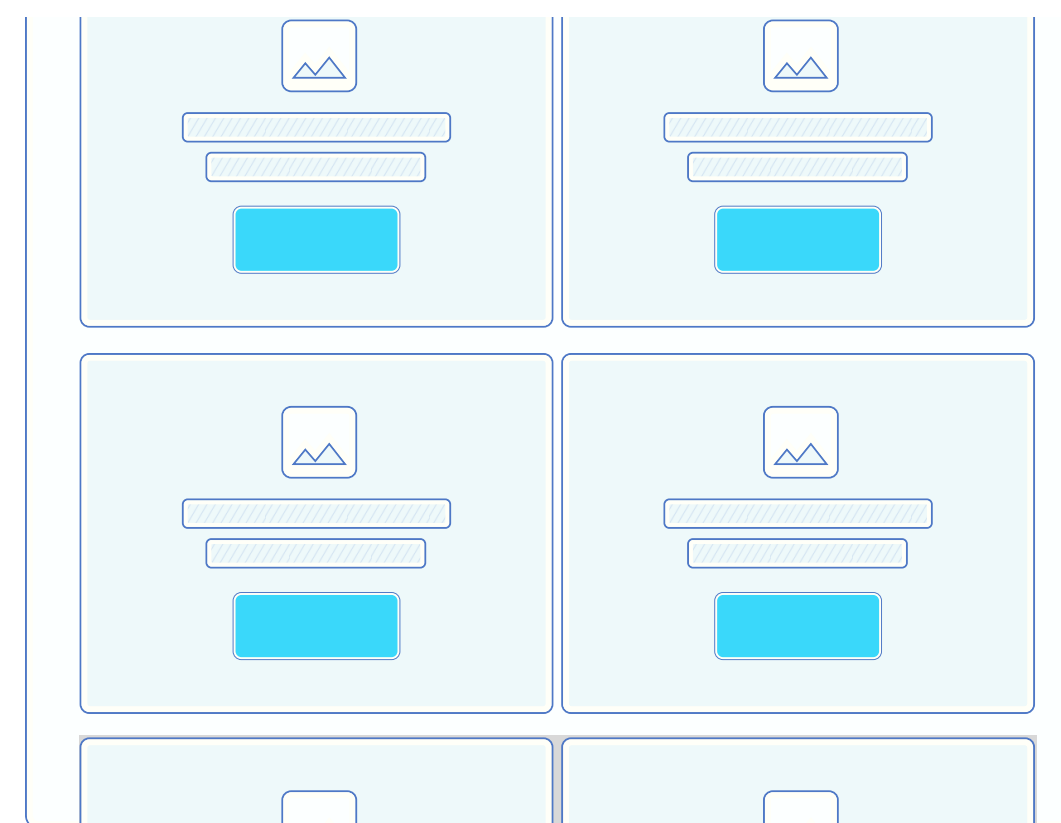
# 4. After the visit - Prescription management



## 4. After the visit - Prescription management



- Prescriptions tied to alarms and calendar reminders



## How are we using APIs

1. Calendar slot matching – personal calendar apps and Doctor's (Using BetterDoctor, Athena Health)
2. Doctor Reviews, speciality details using – Yelp, Better Doc
3. Prescriptions tied to alarms and calendar reminders
4. Using apple watch sleep monitors, fitbit, calorie mapping, menstruation cycle – data and statistics-  
for creating vectors for machine learning
5. Educational material, videos added. Community and specific queries can be addressed via chatbots



# Summary and Outlook

## Moving forward

Create awareness amongst stakeholders– patients, doctors, hospitals, API providers. Decide on pricing model and revenue generation.

Refine details and components for possible solutions. Robust testing for the build-up. Ensure scalability and penetration

Ensure data security. Robust machine learning. Avoid overbooking/ clashes.

## Overall goals

Utilizing convergent design, establish a system that incorporates ID, UX and VD to tackle the issue from all angles.

Create digital application that showcase multispecialty capability

Envision a better, easier healthcare experience –for everyone involved and introduce further modules and upgrades

# Thank you.

Chandni Kabra

*Interaction Designer*

Varun Loiwal

*Software Engineer*

Megha Agrawal, PhD

*Biomedical Engineer*

Siddharth Sekhsaria

*Digital consultant*