

Clinical UM Guideline

Subject: Wheeled Mobility Devices: Manual Wheelchairs - Standard, Heavy Duty and Lightweight

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Description

This document addresses the criteria for standard, heavy duty and lightweight manual wheelchairs. Manual wheeled mobility devices or wheelchairs are generally used by individuals with neurological, orthopedic, or cardiopulmonary conditions who cannot achieve independent or assisted movement with devices such as canes and walkers. Types of manual wheelchairs include standard, heavy duty and lightweight for pediatric and adult sizes. The appropriate type of wheelchair is determined by assessment and evaluation of body size, medical needs and physical deficits.

Note: Please see the following related documents for additional information:

- CG-DME-31 Powered Wheeled Mobility Devices
- · CG-DME-33 Wheeled Mobility Devices: Manual Wheelchairs-Ultra Lightweight
- <u>CG-DME-34 Wheeled Mobility Devices: Wheelchair Accessories</u>

Clinical Indications

Medically Necessary:

A standard, heavy duty or lightweight manual wheelchair is considered medically necessary when all of the following are met:

- A. A written assessment by a physician or other appropriate clinician which demonstrates criteria 1, 2, and 3 below:
 - The individual lacks the functional mobility to safely and efficiently move about to complete activities of daily living (ADLs) in the home setting; and
 - 2. The individual's living environment must support the use of a manual wheelchair; and
 - The individual is willing and able to consistently operate the manual wheelchair safely or a caretaker has been trained
 and is willing and able to assist with or operate the manual wheelchair when the individual's condition precludes selfoperation of the manual wheelchair; and
- B. Other assistive devices (for example, canes, walkers) are insufficient or unsafe to completely meet functional mobility needs; and
- C. The type of manual wheelchair ordered is based upon the individual's physical or functional assessment and body size. Criteria for these types of wheelchairs are as follows:
 - 1. Standard wheelchairs, when canes, walkers etc. are not sufficient to meet mobility needs;
 - 2. Lightweight wheelchairs, when the member cannot consistently self-propel in a standard wheelchair;
 - 3. Heavy duty wheelchairs, when the member's body size cannot be accommodated in a standard wheelchair.

Repairs, modifications and replacements for standard, lightweight or heavy duty manual wheelchairs are considered **medically necessary** when:

- A. Needed for normal wear or accidental damage; or
- B. The changes in the individual's condition warrant a different wheelchair, based on clinical documentation.

Not Medically Necessary:

A standard, lightweight or heavy duty manual wheelchair is considered not medically necessary for any of the following:

- A. When solely intended for use outdoors; or
- B. Exceeds the basic device requirements for the individual's condition or needs; or
- C. When used as a backup in case the primary device requires repair;or
- D. Used for leisure or recreational activities.

Modifications to the structure of the home environment to accommodate the device (for example, widening doors, lowering counters) are considered **not medically necessary.**

Coding

The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

When services may be Medically Necessary when criteria are met:

HCPCS E1050-E1070 E1083-E1086 E1087-E1090	Fully reclining wheelchairs [includes codes E1050, E1060, E1070] Hemi-wheelchairs [includes codes E1083, E1084, E1085, E1086] High-strength lightweight wheelchairs [includes codes E1087, E1088, E1089, E1090]
E1092-E1093 E1100 E1110	Wide, heavy-duty wheelchairs Semi-reclining wheelchair Semi-reclining wheelchair
E1130-E1160 E1161 E1170-E1190 E1195	Standard wheelchairs [includes codes E1130, E1140, E1150, E1160] Manual adult size wheelchair, includes tilt in space Amputee wheelchairs [includes codes E1170, E1171, E1172, E1180, E1190] Heavy duty wheelchair

E1200 Amputee wheelchair

E1220-E1224 Special size wheelchairs [includes codes E1220, E1221, E1222, E1223, E1224]

E1229 Wheelchair, pediatric size, not otherwise specified

E1231-E1234 Wheelchairs, pediatric size, tilt-in-space [includes codes E1231, E1232, E1233, E1234]
E1235-E1238 Wheelchairs pediatric size, rigid or folding [includes codes E1235, E1236, E1237, E1238]

E1240-E1270 Lightweight wheelchairs [includes codes E1240, E1250, E1260, E1270] E1280-E1295 Heavy duty wheelchairs [includes codes E1280, E1285, E1290, E1295]

K0001 Standard wheelchair

K0002 Standard hemi (low seat) wheelchair

K0003 Lightweight wheelchair

K0004 High strength, lightweight wheelchair
K0006 Heavy-duty wheelchair (bariatric)
K0007 Extra heavy-duty wheelchair (bariatric)
K0008 Custom manual wheelchair/base
K0009 Other manual wheelchair/base

ICD-10 Diagnosis

All diagnoses

When services are Not Medically Necessary:

For the procedure codes listed above when criteria are not met or for situations designated in the Clinical Indications section as not medically necessary.

Discussion/General Information

The Centers for Medicare and Medicaid Services (CMS, 2005) Mobility Assistive Equipment National Coverage Decision (NCD), which considers the clinical indications for the appropriate types of mobility assistive devices were utilized in the development of this document. Assessments of clinical indications are based upon the ability of the individual to perform mobility-related activities of daily living (MRADLs).

Mobility impairments include a broad range of disabilities that affect a person's independent movement and cause limited mobility. In 2022, the National Center for Medical Rehabilitation Research (NCMRR) Program estimates that 31 million people have mobility impairments, which may take the form of paralysis, muscle weakness, nerve damage, stiffness of the joints, or balance/coordination deficits. According to the Centers for Disease Control and Prevention (2020) there are three dimensions of disability: impairment, activity limitations, and participation restrictions. In the Americans with Disabilities Act the census estimated that over 4% of the United States population has moderate to severe disability requiring an individual to use a wheelchair to assist with mobility. Nearly 4 million Americans, aged 15 years and older are required to use a wheelchair (National Census Bureau, 2012).

Selection of a manual wheelchair or a manual lightweight or heavy duty wheelchair is individualized and must consider the user's impairment(s), weight and morphology, level of function, positioning needs and environment.

In 2009, Salminen and colleagues performed a systematic review of the literature to determine the effectiveness of mobility assistive devices. The review found that mobility devices improve users' participation and mobility; however, it was not possible to draw any general conclusions about the effectiveness of mobility device interventions. The authors emphasized that well-designed research is required to accurately assess the effectiveness of mobility assistive devices.

Souza and colleagues (2010) found that 68% of those with multiple sclerosis (MS) used wheelchairs for mobility assistance. This disease causes a wide variety of neurological deficits with ambulatory impairment being the first symptom and most common form of disability in those with MS. The authors found only a limited number of articles with higher levels of evidence addressing mobility assistance specifically for persons with MS and concluded that further research is necessary to develop an accurate assessment and measurable clinical performance model addressing the use of mobility assistive devices for the different aspects of MS-related motor impairments.

Cherubini and colleague (2012) conducted an observational study of 150 wheelchair users (n=80 men, n=70 women) with an average age of 46.7 ± 17.3 years, to analyze the congruence of the prescribed wheelchair and the individual's mobility needs. The individuals had varied disabilities, 24% spinal cord injury, multiple sclerosis 18%, cerebral infantile paralysis 18% and skull trauma 10%. The authors found that 68% of the prescribed wheelchairs were not suitable in reference to the wheelchair and accessories. After finding a correlation between the prescription sources and the suitability of the wheelchair for the individual, it was concluded that wheelchair prescriptions should be based on careful assessment of mobility needs and improved collaboration between physicians and technicians.

Definitions

Activities of daily living (ADLs): Self-care activities such as transfers, toileting, grooming and hygiene, dressing, bathing, and eating.

Functional mobility: The ability to consistently move safely and efficiently, with or without the aid of appropriate assistive devices (such as prosthetics, orthotics, canes, walkers, wheelchairs, etc.), at a reasonable rate of speed to complete an individual's typical mobility-related activities of daily living. Functional mobility can be altered by deficits in strength, endurance sufficient to complete tasks, coordination, balance, speed of execution, pain, sensation, proprioception, range of motion, safety, shortness of breath, and fatigue.

Mobility-related activities of daily living (MRADLs): Daily self-care such as toileting, feeding, dressing, grooming, and bathing that require ambulatory movement to an area for these activities.

References

Peer Reviewed Publications:

- Cherubini M, Melchiorri G. Descriptive study about congruence in wheelchair prescription. Eur J Phys Rehabil Med. 2012; 48(2):217-222.
- 2. McLaurin CA, Axelson P. Wheelchair standards: an overview. J Rehabil Res Dev Clin Suppl. 1990; (2):100-103.
- 3. Salminen AL, Brandt A, Samuelsson K, et al. Mobility devices to promote activity and participation: a systematic review. J Rehabil Med. 2009; 41(9):697-706.
- 4. Souza A, Kelleher A, Cooper R, et al. Multiple sclerosis and mobility-related assistive technology: systematic review of literature. J Rehabil Res Dev. 2010; 47(3):213-223.

Government Agency, Medical Society and Other Authoritative Publications:

- Centers for Disease Control and Prevention. Disability and health overview. September 16, 2020. Available at: https://www.cdc.gov/ncbddd/disabilityandhealth/disability.html. Accessed on August 21, 2023.
- Centers for Medicare & Medicaid Services National Coverage Decision (NCD) for Mobility Assistive Equipment (MAE) NCD# 280.3. Effective May 5, 2005. Available at: http://www.cms.hhs.gov/mcd/index_chapter_list.asp. Accessed on August 21, 2023
- 3. National Census Bureau. Facts for Features: Anniversary of Americans with Disabilities Act: July 26, 2021. Available at: Anniversary of Americans With Disabilities Act: July 26, 2021 (census.gov) Accessed on August 21, 2023.
- National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). Last updated August 01, 2022. Available at: https://www.acl.gov/about-acl/about-national-institute-disability-independent-living-and-rehabilitation-research. Accessed on August 21, 2023.

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Bariatric Wheelchairs
Hemi-height Wheelchairs
Lightweight Wheelchairs
Manual Mobility Device
Manual Wheelchair
Pediatric Wheelchair
Standard Wheelchair
Wheelchair

The use of specific product names is illustrative only. It is not intended to be a recommendation of one product over another, and is not intended to represent a complete listing of all products available.

History Status Date Action Revised 11/09/2023 Medical Policy & Technology Assessment Committee (MPTAC) review. Revised grammatical error in Clinical Indications and Definitions sections. Updated References Reviewed 11/10/2022 MPTAC review. Updated Discussion and References sections. Reviewed 11/11/2021 MPTAC review. Updated Discussion and References sections. Reviewed 11/05/2020 MPTAC review. Updated Discussion and Reference sections. Reformatted Coding Reviewed 11/07/2019 MPTAC review. Updated Discussion and References sections. Reviewed 01/24/2019 MPTAC review. Updated References section. MPTAC review. The document header wording updated from "Current Effective Date" Reviewed 02/27/2018 to "Publish Date." Updated grammatical error in MN criteria and ADLs and MRADLs definitions. Updated References section. Revised 02/02/2017 MPTAC review. Reformatted title. Removed "Note" from MN statement for repairs, modifications and replacements for standard, lightweight or heavy duty manual wheelchairs. Updated formatting in clinical indications section. Updated Discussion and References. Revised 02/04/2016 MPTAC review. Revised medically necessary clinical indication to require a "written" assessment for standard, heavy duty or lightweight manual wheelchair. Reformatted clinical indication section. Added note to medically necessary criteria for repairs. modifications and replacements for standard, lightweight or heavy duty manual wheelchairs. Updated References. Removed ICD-9 codes from Coding section. Revised 02/05/2015 MPTAC review. Reformatted medically necessary and not medically necessary statements. Clarified medically necessary criteria. Updated Description and References 02/13/2014 MPTAC review. Updated Websites. Reviewed Updated Coding section with 07/01/2013 HCPCS changes. 07/01/2013 Revised 02/14/2013 MPTAC review. Clarified medically necessary and not medically necessary statement. Updated Description, Discussion and Websites. 02/16/2012 Reviewed MPTAC review. Discussion and References updated. Reviewed 02/17/2011 MPTAC review. Discussion and References updated. MPTAC review. Title changed. Medically necessary and not medically necessary 02/25/2010 Revised criteria revised to only address manual wheelchairs-standard, heavy duty and lightweight. Medically necessary and not medically necessary accessories removed and now addressed in CG-DME-34. Description, coding, discussion and references Revised 11/19/2009 MPTAC review. Medically necessary criteria revised from requiring the individual to be confined to bed/chair to functional impairments. References updated. Updated coding section with 01/01/2010 HCPCS changes; removed E2223 deleted 12/31/2009. Reviewed 05/21/2009 MPTAC review. Place of service removed, references updated. 01/01/2009 Updated coding section with 01/01/2009 HCPCS changes. Reviewed 05/15/2008 MPTAC review. References updated. Updated coding section with 01/01/2008 HCPCS changes; removed HCPCS E2618 01/01/2008 deleted 12/31/2007. Revised 05/17/2007 MPTAC review. Criteria revised. References updated. Revised 03/08/2007 MPTAC review. Power mobility devices split off and addressed in a separate clinical UM guideline. Title changed to Manual Wheeled Mobility Devices. References updated. Revised 12/07/2006 MPTAC review. Revisions made include clarification of general criteria. References and coding updated. 01/01/2007 Updated coding section with 01/01/2007 CPT/HCPCS changes; removed HCPCS E0977, E0997, E0998, E0999, E2320, K0090, K0091, K0092, K0093, K0094,

K0095, K0096, K0097, K0099 deleted 12/31/2006 and K0452 deleted 12/31/2005.

Revised	12/01/2005	MPTAC review. Revision based on Pre-merger Anthem and Pre-merger WellPoint
		Harmonization

Pre-Merger Organizations	Last Review Date	Document Number	Title
Anthem Virginia	06/28/2002	Memo 1103	Wheelchairs
Anthem CO/NV	10/29/2004	DME.205	Motorized/Power Wheelchair Bases
Anthem CO/NV	10/29/2004	DME.206	Wheelchair Options & Accessories
Anthem CO/NV	10/29/2004	DME.207	Wheelchair Seating
Anthem CO/NV	10/29/2004	DME.208	Power Operated Vehicles
Anthem Connecticut	09/2004	Guideline	DME Guidelines
Anthem Connecticut	11/2004	Guideline	DME Guidelines Summary
Anthem Midwest	05/27/2005	DME 006	Wheelchairs: Manual, Motorized Powered, And
			Accessories
Anthem Midwest	05/27/2005	DME 022	Power Operated Vehicles
WellPoint Health Networks, Inc.	09/23/2004	Guideline	Motorized Assistive Devices

Federal and State law, as well as contract language, and Medical Policy take precedence over Clinical UM Guidelines. We reserve the right to review and update Clinical UM Guidelines periodically. Clinical guidelines approved by the Medical Policy & Technology Assessment Committee are available for general adoption by plans or lines of business for consistent review of the medical necessity of services related to the clinical guideline when the plan performs utilization review for the subject. Due to variances in utilization patterns, each plan may choose whether to adopt a particular Clinical UM Guideline. To determine if review is required for this Clinical UM Guideline, please contact the customer service number on the member's card.

Alternatively, commercial or FEP plans or lines of business which determine there is not a need to adopt the guideline to review services generally across all providers delivering services to Plan's or line of business's members may instead use the clinical guideline for provider education and/or to review the medical necessity of services for any provider who has been notified that his/her/its claims will be reviewed for medical necessity due to billing practices or claims that are not consistent with other providers, in terms of frequency or in some other manner.

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