

## -admin-

Assessment Report		
OSNAP Standard	Practice Status	Policy Status
Include 30 minutes of moderate physical activity for every child every day (include outdoor activity if possible).	Goal not met on the following day(s):	Goal partially met, as written in the following document(s):
	• 05/31/2013	<ul> <li>Parent Newsletters or Flyers</li> <li>Handbook (parent, staff, general)</li> <li>Schedules</li> <li>Other: sfghfd</li> </ul>
		Find specific help in the following locations:
		<ul> <li>Policy Language – Physical Activity</li> <li>Supplementary Policy Language – Physical Activity</li> </ul>
Offer 20 minutes of vigorous physical activity 3 times per week.	Goal met on all days entered. Congrats on a job well done!	Goal met! as written in the following document(s):  • Schedules
Limit computer and digital device time to homework or instructional only.	Goal not met on the following day(s):	This standard is not applicable for your program.
	• 05/31/2013	
Eliminate use of commercial broadcast TV/movies.	Goal not met on the following day(s):  • 05/31/2013	This standard is not applicable for your program.
Offer a fruit or vegetable option every day at snack.	Goal met on all days entered. Congrats on a job well done!	This standard is not applicable for your program.
When serving grains, serve whole grains.	Goal met on all days entered. Congrats on a job well done!	This standard is not applicable for your program.
Do not serve sugar-sweetened drinks.	Goal not met on the following day(s):	This standard is not applicable for your program.
	• 05/31/2013	
Offer water as a beverage at snack every day.	Goal met on all days entered. Congrats on a job well done!	This standard is not applicable for your program.
Do not allow sugar-sweetened drinks to be brought in during program time	Goal not met on the following day(s):	This standard is not applicable for your program.
	• 05/31/2013	

## **Goal Selection**

Use your self-assessment results to set goals for healthier nutrition, physical activity and screen time at your program. Please select three goals from the following list generated by your report. You can choose to focus on one topic area (e.g. snacks and beverages) or set goals in multiple areas. You can also always choose to write your own goal.

Continue



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