

Specimen Requirements and Shipping Instructions

Standard Operating Procedure for blood sample:

(Delivery accepted: Monday – Thursday)

- **Volume:** 4 mL or 2X 3mL of whole sterile blood collected in a plastic whole blood tube with spray-coated K₂EDTA.
- **Labeling:** The tube must be labeled with the Patient Acronym, Date of Collection and Consultancy Referral Number.
- **Rejection:** Blood specimens will be rejected if frozen, hemolyzed or clotted.
- **Shipping:** The sample must be shipped at room temperature in a padded envelope. Immediately shipping within 48h of blood withdrawn (Monday-Thursday).
- **Company:** Any express courier service (DHL, FEDEX, ...)

Standard Operating Procedure for DNA sample:

(Delivery accepted: Monday – Friday)

- **Volume:** Genomic DNA should be eluted in pure sterile water. The preferred DNA concentration range is 35 to 250 ng/μL. Minimum total amount: 300ng.
- **Conditions:** The purification method must be detailed. The A260/A280 ratio should be 1.8-2.0. DNA sample should run on an agarose gel as a single band, showing no degradation. The quality and quantity of DNA will be tested at HeartGenetics's Lab.
- **Labeling:** The tube must be labeled with the Patient Acronym, Date of Collection and Consultancy Referral Number.
- **Shipping:** The sample must be shipped at room temperature in a padded envelope. Immediately shipping within 48h (Monday-Friday).
- **Company:** Any express courier service (DHL, FEDEX, ...)

Shipping address

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