**Staesys Start Screen Welcome Message**

**Equanimity** [ek-w*uh*-**nim**-i-tee]

*noun*

Mental or emotional stability or composure, especially under tension or strain; calmness; equilibrium.

**Option 1:**

Welcome to Staesys, a place of peace and belonging. In a world driven by the need for things to be done as quickly as possible, Staesys provides you with an oasis that allows you to escape the chaos of the modern world and travel to a state of true relaxation.

For the best quality of experience, it is recommended that you set aside 15 minutes to experience the environment, use headphones, and sit or stand in a quiet and empty room.

**Option 2:**

In our ever-developing world, it’s hard not to get caught up in the chaos of constant change and productivity. Welcome to Staesys, a place where you can pause your day and temporarily get away from the constant commotion of everyday life.

To optimize your relaxation experience

  ../../../headphones.png

Stay for 15 Minutes Sit in a Quiet, Empty Room Use Headphones

**Option 3:**

Welcome to Staesys, a place of peace and belonging. In our ever-developing world, it’s hard not to get caught up in the chaos of constant change and productivity. Sit down, take a deep breath and enjoy Staesys, an oasis accepting of anyone and everyone who wishes to escape the commotion of their everyday lives and travel to a place of true relaxation.

To optimize your relaxation experience

  ../../../headphones.png

Stay for 15 Minutes Sit in a Quiet, Empty Room Use Headphones