

3.11

work station

combination and spatial arrangement of work equipment, surrounded by the work environment under the conditions imposed by the work tasks

NOTE Adapted from EN ISO 6385:2004.

4 Lighting design criteria

4.1 Luminous environment

For good lighting practice it is essential that as well as the required illuminances, additional qualitative and quantitative needs are satisfied.

Lighting requirements are determined by the satisfaction of three basic human needs:

- visual comfort, where the workers have a feeling of well-being; in an indirect way this also contributes to a higher productivity level and a higher quality of work;
- visual performance, where the workers are able to perform their visual tasks, even under difficult circumstances and during longer periods;
- safety.

Main parameters determining the luminous environment with respect to artificial light and daylight are:

- luminance distribution;
- illuminance;
- directionality of light, lighting in the interior space;
- variability of light (levels and colour of light);
- colour rendering and colour appearance of the light;
- glare;
- flicker.

Values for illuminance and its uniformity, discomfort glare and colour rendering index are given in Clause 5; other parameters are described in Clause 4.

NOTE In addition to the lighting there are other visual ergonomic parameters which influence visual performance, such as:

- the intrinsic task properties (size, shape, position, colour and reflectance properties of detail and background),
- ophthalmic capacity of the person (visual acuity, depth perception, colour perception),
- intentionally improved and designed luminous environment, glare-free illumination, good colour rendering, high contrast markings and optical and tactile guiding systems can improve visibility and sense of direction and locality. See *CIE Guidelines for Accessibility: Visibility and Lighting Guidelines for Older Persons and Persons with Disabilities*.

Attention to these factors can enhance visual performance without the need for higher illuminance.