

2. Scaffold is placed on firm level ground resting on spreader boards and base plates.
3. Guardrails are at 1m height.
4. Proper boarding covering the full width.
5. Kick boards.
6. Scaffold is adequately tied to the structure at regular intervals.
7. Proper and safe access is provided to every landing stage.

18.1.21 Mobile Scaffold Towers

A. The following rules shall apply.

1. Must only be used on firm level ground.
2. Wheels must be locked before climbing tower.
3. Tower shall not be moved if there are persons or materials on the working platform.
4. Maximum height of freestanding tower should not be more than 3½ times the width of the shortest base. If height to base ratio has to be exceeded, outriggers must be used.
5. Adequate means of access to the working platform should be provided by means of internal ladders.

18.1.22 Ladders

A. For ladders the following rules shall apply.

1. Ladders shall be in good condition and free from obvious defects.
2. Properly secured near the top, or if this is not practicable, secured near the bottom, weighted or footed.
3. Set ladder at correct angle, 1m out for every 4m height.
4. Ensure that ladder rises at least 1.05m above the landing point.
5. When handling and using ladders, make sure that no overhead power lines are in the vicinity.