

## 2.8 Visual Discomfort

There are four situations in which lighting installations may cause visual discomfort.

They are:

- Visual task difficulty, in which the lighting makes the required information difficult to extract (Figure 19).



Figure 19

Visual discomfort – the beach in front is not visible, it is not possible to walk safe.

- Under- or over-stimulation, in which the visual environment is such that it presents too little or too much information (Figure 20, 21).

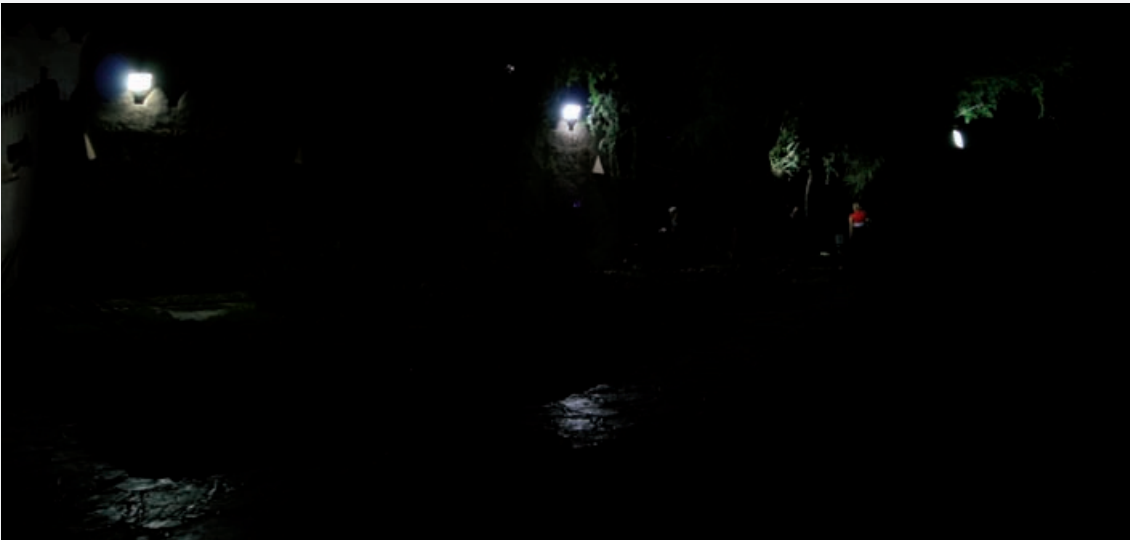


Figure 20

Under-stimulation – walkways are not recognisable.