



Figure 1. a: the distribution of age amongst the top 50 placed runners; b: the proportion of gender and age within each age grouping of the first 50 placed runners; white dashes divide each frequency value from 1 to 5. c: the distribution of age amongst the last 50 placed runners; d: the proportion of gender within each age grouping of the last placed 50 runners; white dashes divide each frequency value from 1 to 4. Data from the Mount Desert Island half-marathon, Josh Merlis (2018).