

SHINE

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**How to keep your house
clean and organized?**

Keeping House Clean
And Organised Is A Very
Big Task. It Consumes A
Lot Of Time And Ener-
gy But If You Have The
Right Guide And Equip-
ment By Your Side Then
It Is Very Easy To Main-
tain A Clean And Organ-
ised House

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**Health benefits of a clean
home**

A study done at Indiana
University found a cor-
relation between a clean
home and physical fit-
ness. Researchers found
participants with cleaner
homes exercised more.



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