What is it and is it Semidefinite Programming?

Seminar Modern Methods in Combinatorial Optimization

What does the following Program model and is it a Semidefinite Program?

Exercise:

Given sets of vectors a_i, b_j both in \mathbb{R}^n and a vector c also in \mathbb{R}^n consider the problem

$$\max \quad \rho$$
s.t.
$$(a_i - c)^T E(a_i - c) \le 1 \quad \forall i$$

$$(b_j - c)^T E(b_j - c) \ge \rho^2 \quad \forall j$$

$$E \in \mathbb{S}^n_+$$