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| **(603) 965-5732 • heidibethv@gmail.com** | | | |
| Heidi B. Viehoff | | | |
| Objective | | | |
| To obtain a position in the mental health field that will enable me to use my passion for public service, strong organizational skills, educational background, and fine attention to detail. | | | |
| Experience | | | |
| Feb 2018 – Aug 2021 | | Elliot Hospital | Manchester, NH |
| Licensed Nursing Assistant / Telemetry Technician  * Recognizes, identifies, analyzes, and documents arrhythmias, abnormal cardiac rhythms, rhythm changes and promptly reports pertinent findings or changes to the clinical nurse * Follows established departmental policies and procedures; objectives; quality improvement programs; safety/environment of care programs and infection control standards * Performs accurate and timely documentation of patient care information on appropriate patient medical record forms. * Performs basic procedures to include incentive spirometry; bedside testing such as blood glucose testing; non-sterile dressing changes and oral suctioning and maintains aseptic technique when appropriate. | | | |
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| Oct 2013 - Sept 2015 | | Whittier Pavilion | Haverhill, MA |
| Mental Health Worker  * Worked with medical staff to monitor the behavior of patients * Responsible for doing regular bed checks on each patient * Assisted in developing activities and meal routines for patients * Assisted in performing in-room procedures on certain patients, such as obtaining vitals | | | |
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| Sept 2012 - June 2013 | | Children’s Institute, Inc. | Los Angeles, CA |
| Volunteer Children’s Instructor  * Worked with children of families in high-need, low-resource communities * Instructed children ages 6-9 in a math and literacy program * Instructed children ages 8-12 in a summer reading program | | | |
| Education | | | |
| Aug 2014-May 2019 | University of New Hampshire | | Durham, NH |
| **B.A. in Psychology**   * Minors in Criminal Justice and Forensics | | | |