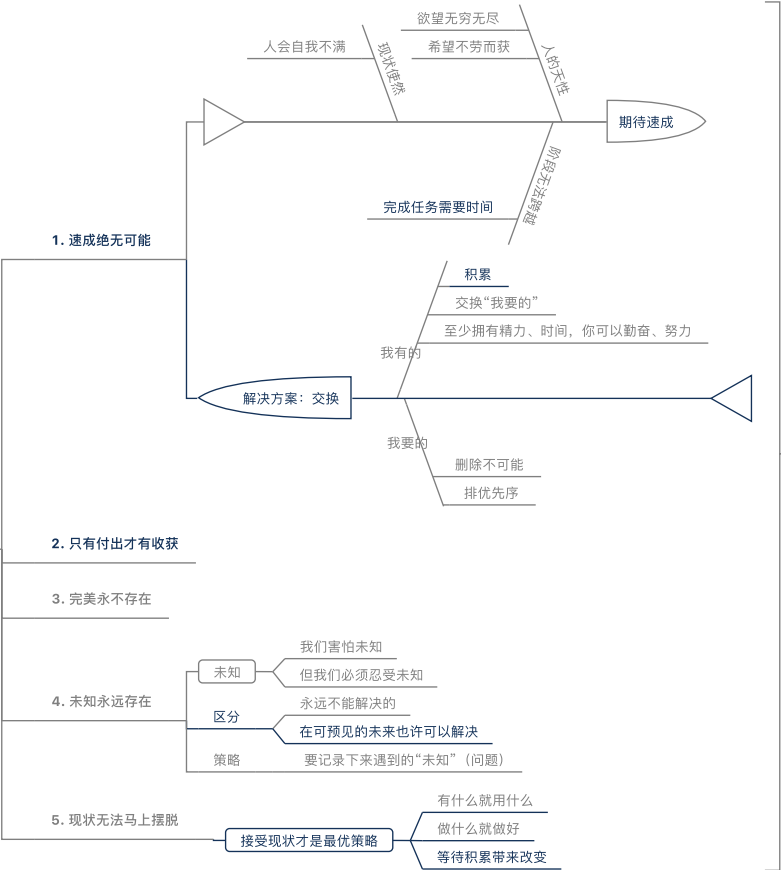


第2章 现实



用正确的方法做正确的事情

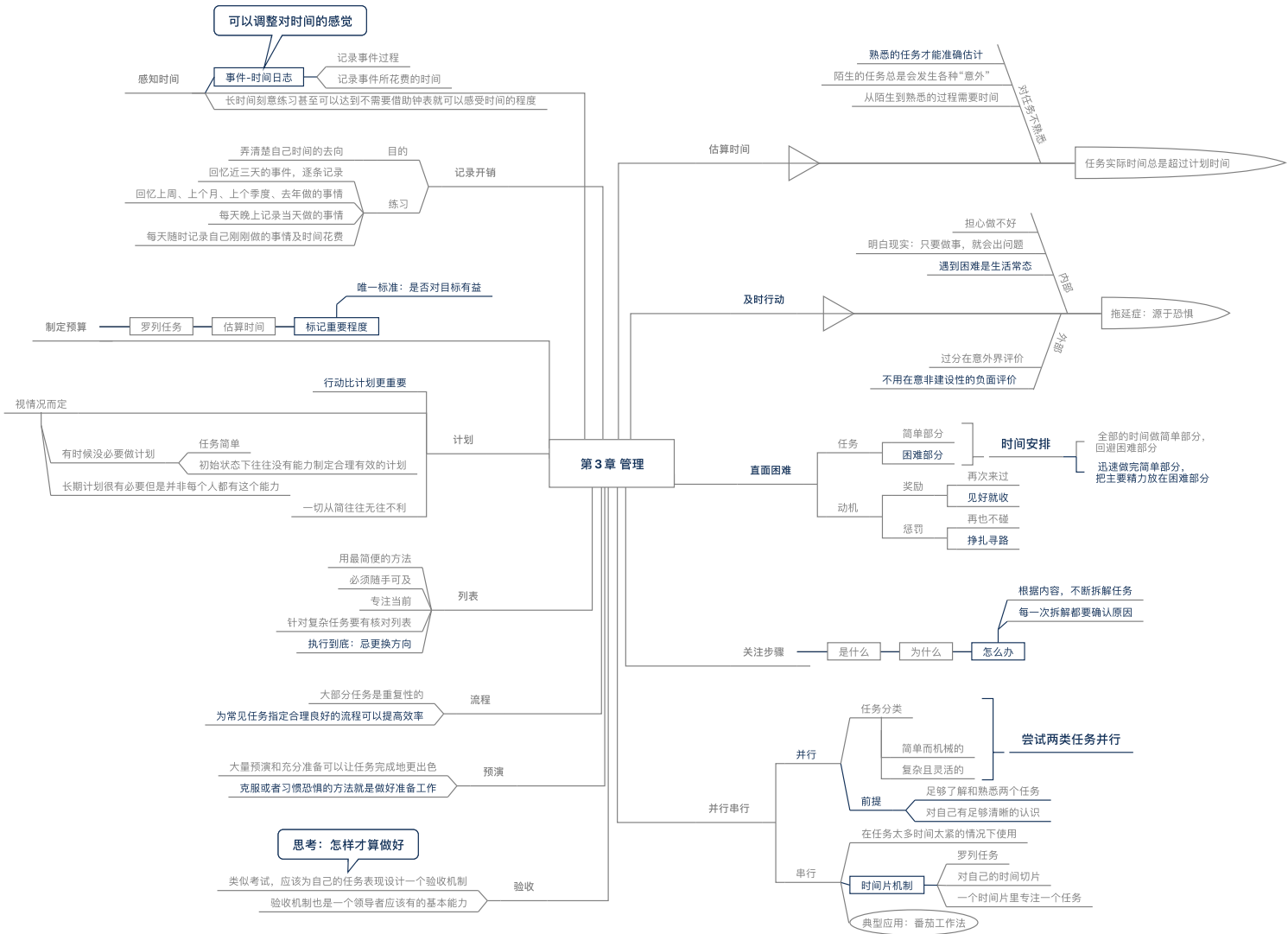
与时间做朋友

正确的事情

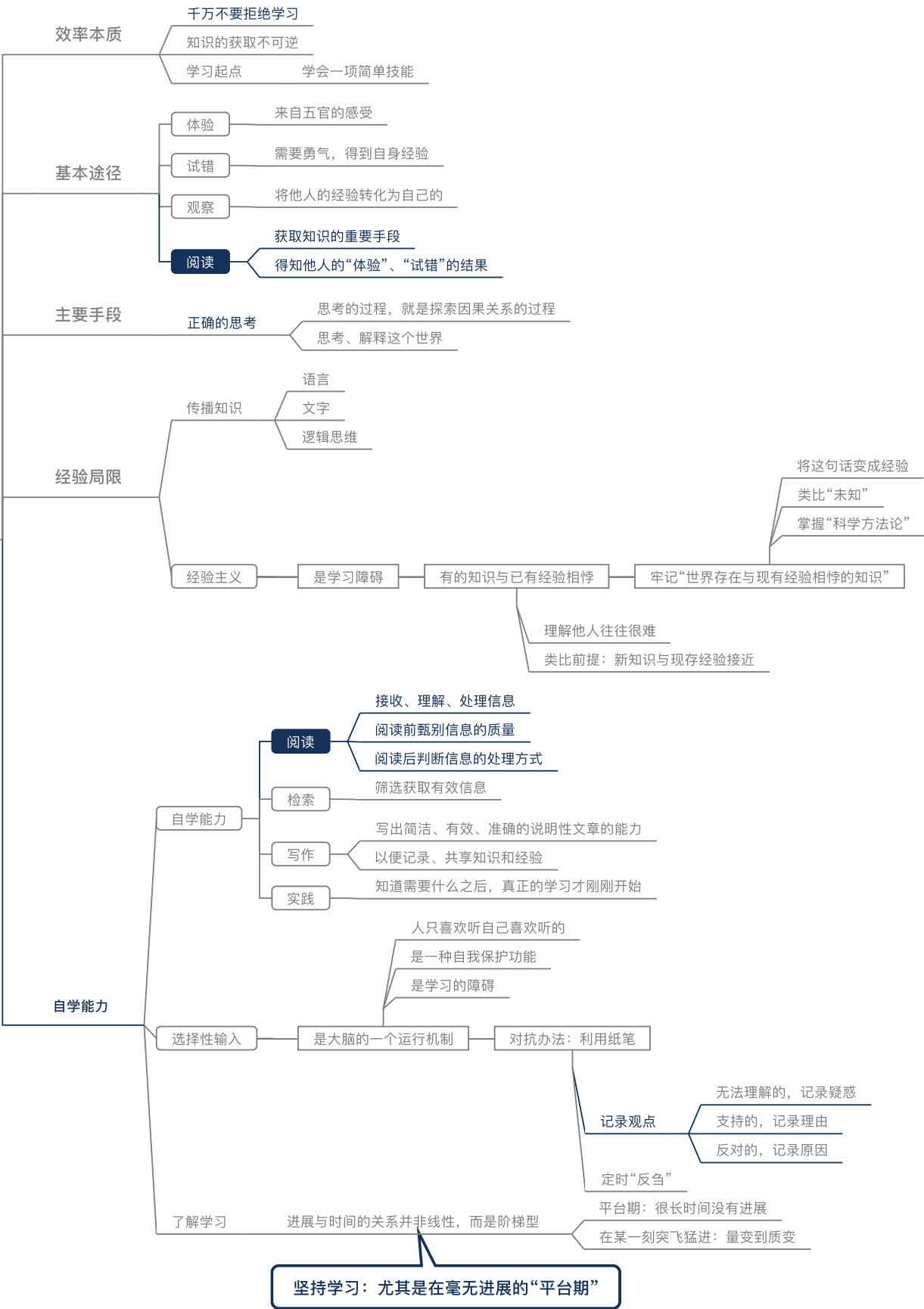
看该事情是否现实

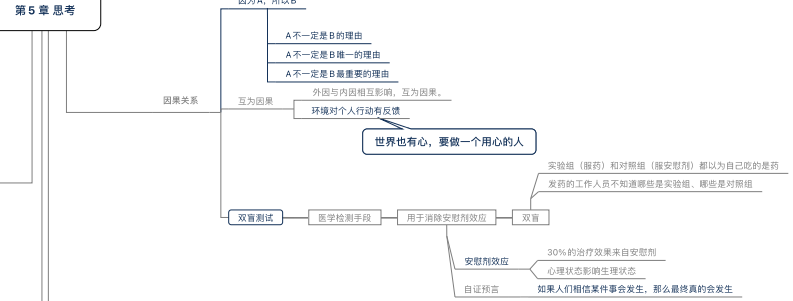
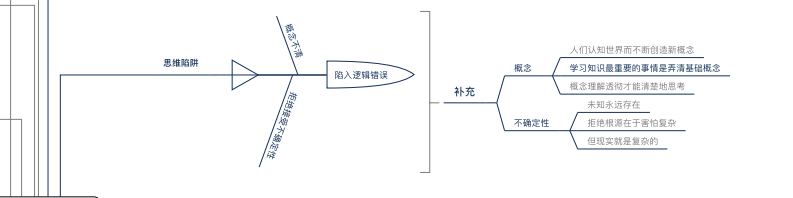
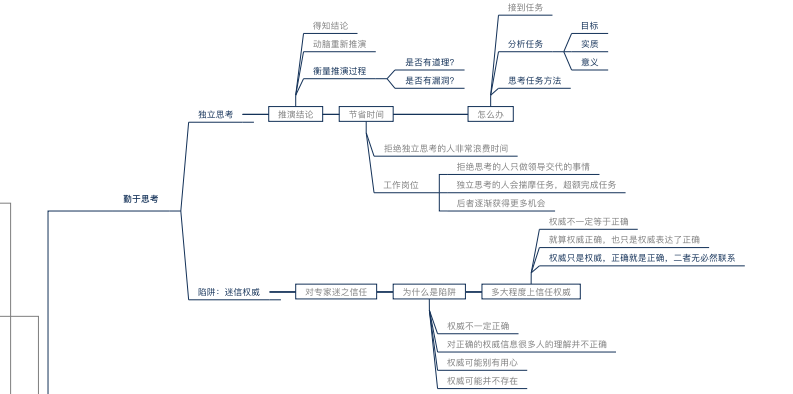
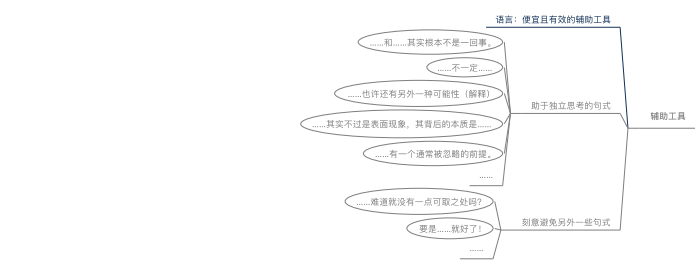
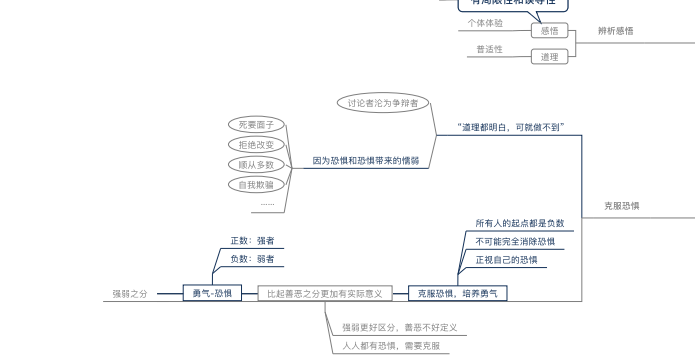
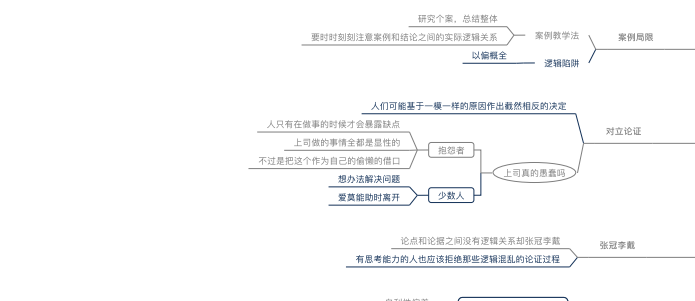
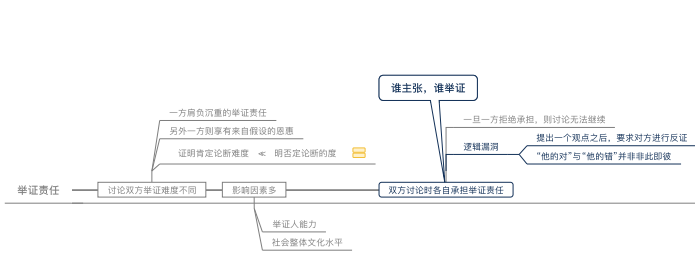
逐一与左侧 5 条进行审视比较

接受现实，坦然面对



第4章 学习





第6章 交流

