

# Spencer Helsley's Resume

## Spencer Helsley

Aspiring Psychologist, Student, Family Man

My email | My linkedin Page

## EDUCATION

### Psychology

#### Brigham Young University - Idaho

- Bachelors in Psychology

April 2024 - July 2028 Rexburg, Idaho ## High School Diploma Skyline High School

September 2017 - June 2021 Idaho Falls, Idaho

- Notable classes include: AP Physics, AP US History, AP Calculus, College-Level trigonometry, AP Government

## EXPERIENCE

June 2025 - Present Rexburg, ID Direct Care Staff A Bit of Love-CARF

Collaboration with direct care staff to assess needs of children with trauma • Teaching correct social behaviors of children using principles of ABA • Cleaning up a house based on standards of facility

August 2024 - Present Rexburg, Idaho New Student Mentor/Coordinator Brigham Young University-Idaho

- Directed a group of 44 students through first semester of college
- Developed interpersonal communication skills by open communication with new students
- Devised facilitation strategies included hearing ideas of mentors

April 2025 - July 2025 Rexburg Idaho Teacher's Assistant Brigham Young University-Idaho

- Encouraged students through grading assignments and giving feedback
- Collaborated with professor to assess needs of students

August 2021 - August 2023 Rio de Janeiro, Brazil

Representative The Church of Jesus Christ of Latter-Day Saints Rio de Janeiro

- Led weekly trainings of 8-10 volunteers to revamp communication with others, goal settings and following up on plans
- Persevered through long days of work
- De-escalated difficult interactions in a professional manner
- Collaborated with volunteers on weekly and monthly progress

## **AWARDS**

- The Eagle Scout Award

## **SKILLS**

Collaborative, Bilingual (Portuguese), and Goal-oriented

## **CERTIFICATIONS**

- QPR Certification
- CPR Certification
- RBT Certification/40hr Course
- MANDT Certification