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| --- | --- |
|  | (1) |
| (Intercept) | 0.10\*\* [0.05, 0.19] |
| sexo\_trMasculino | 0.75 [0.55, 1.02] |
| escolaridade\_trNao Superior | 0.93 [0.69, 1.26] |
| estado\_civil\_trSingle/Divorced | 0.89 [0.69, 1.16] |
| etnia\_trBrancos | 1.55\*\* [1.17, 2.07] |
| atividade\_fisica\_trSedentário (<2x/semana) | 0.92 [0.70, 1.20] |
| igi\_escore | 1.14\*\* [1.10, 1.18] |
| ehad\_ansiedade\_escore | 1.02 [0.98, 1.06] |
| ehad\_depressao\_escore | 1.00 [0.96, 1.04] |
| Num.Obs. | 1067 |
| AIC | 1357.9 |
| BIC | 1402.7 |
| Log.Lik. | -669.962 |
| RMSE | 0.47 |

We fitted a logistic model (estimated using ML) to predict uso\_naouso with sexo\_tr, escolaridade\_tr, estado\_civil\_tr, etnia\_tr, atividade\_fisica\_tr, igi\_escore, ehad\_ansiedade\_escore and ehad\_depressao\_escore (formula: uso\_naouso ~ sexo\_tr + escolaridade\_tr + estado\_civil\_tr + etnia\_tr + atividade\_fisica\_tr + igi\_escore + ehad\_ansiedade\_escore + ehad\_depressao\_escore). The model's explanatory power is weak (Tjur's R2 = 0.08). The model's intercept, corresponding to sexo\_tr = Feminino, escolaridade\_tr = Superior, estado\_civil\_tr = Married/United, etnia\_tr = Pretos e Pardos, atividade\_fisica\_tr = Ativo (≥2x/semana), igi\_escore = 0, ehad\_ansiedade\_escore = 0 and ehad\_depressao\_escore = 0, is at -2.33 (95% CI [-3.03, -1.65], p < .001). Within this model:
- The effect of sexo tr [Masculino] is statistically non-significant and negative (beta = -0.29, 95% CI [-0.60, 0.02], p = 0.068; Std. beta = -0.29, 95% CI [-0.60, 0.02])
- The effect of escolaridade tr [Nao Superior] is statistically non-significant and negative (beta = -0.07, 95% CI [-0.37, 0.23], p = 0.659; Std. beta = -0.07, 95% CI [-0.37, 0.23])
- The effect of estado civil tr [Single/Divorced] is statistically non-significant and negative (beta = -0.11, 95% CI [-0.38, 0.15], p = 0.390; Std. beta = -0.11, 95% CI [-0.38, 0.15])
- The effect of etnia tr [Brancos] is statistically significant and positive (beta = 0.44, 95% CI [0.16, 0.73], p = 0.002; Std. beta = 0.44, 95% CI [0.16, 0.73])
- The effect of atividade fisica tr [Sedentário (<2x/semana)] is statistically non-significant and negative (beta = -0.09, 95% CI [-0.35, 0.18], p = 0.524; Std. beta = -0.09, 95% CI [-0.35, 0.18])
- The effect of igi escore is statistically significant and positive (beta = 0.13, 95% CI [0.10, 0.17], p < .001; Std. beta = 0.55, 95% CI [0.40, 0.70])
- The effect of ehad ansiedade escore is statistically non-significant and positive (beta = 0.02, 95% CI [-0.02, 0.06], p = 0.367; Std. beta = 0.08, 95% CI [-0.09, 0.24])
- The effect of ehad depressao escore is statistically non-significant and negative (beta = -1.19e-03, 95% CI [-0.04, 0.04], p = 0.952; Std. beta = -5.18e-03, 95% CI [-0.17, 0.16])
Standardized parameters were obtained by fitting the model on a standardized version of the dataset. 95% Confidence Intervals (CIs) and p-values were computed using a Wald z-distribution approximation.