# Fitness Prediction Assignment

## Background

The goal of this report is to predict how well people do a particular activity. Data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants was used to build the prediction model.

# **Analysis**

### Data preprocessing

First, load the caret and ggplot2 packages in R, and read the training and testing files.

```
library(caret)

## Loading required package: lattice

## Loading required package: ggplot2

library(ggplot2)

finaltest <- read.csv(file = "./pml-testing.csv", header = TRUE)

traindata <- read.csv(file = "./pml-training.csv", header = TRUE)</pre>
```

Then, clean up the data before building the model. It includes removing variables with all NA values, constant and near zero variables, and variables that have high correlations.

```
na <- apply(is.na(traindata),2,sum)
traindata2 <- traindata[,!na==19216]

zerovar <- nearZeroVar(traindata2)
newdata1 <- traindata2[,-zerovar]

deCorr <- cor(newdata1[,6:58])
highCorr <- findCorrelation(deCorr,cutoff=0.9,exact = FALSE)
newdata2 <- newdata1[, -highCorr]
newdata3 <- newdata2[,6:52]</pre>
```

#### **Cross validation**

Use caret package to split the data to the training and the testing set.

```
set.seed(123456)
inTrain <- createDataPartition(y=newdata3$classe,p=0.7,list=FALSE)
training <- newdata3[inTrain,]
testing <- newdata3[-inTrain,]</pre>
```

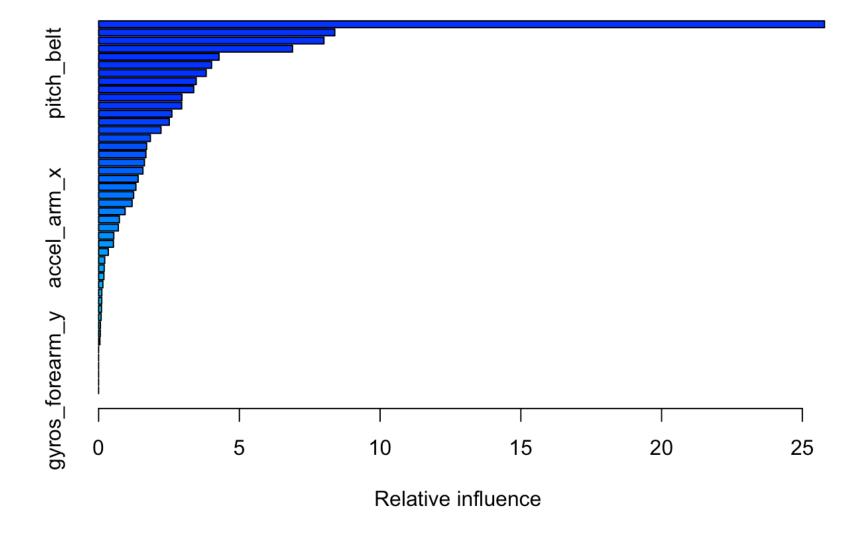
#### **Build the model**

Use gradient boosting method to build up the model.

```
set.seed(123456)
fitall<- train(classe~.,method="gbm",verbose=FALSE,na.action = na.omit,data=traini
ng)
fitall</pre>
```

```
## Stochastic Gradient Boosting
##
## 13737 samples
      46 predictor
##
##
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Bootstrapped (25 reps)
## Summary of sample sizes: 13737, 13737, 13737, 13737, 13737, ...
## Resampling results across tuning parameters:
##
##
     interaction.depth n.trees
                                Accuracy
                                            Kappa
##
                         50
                                 0.7177215 0.6400952
     1
##
                                 0.7896509 0.7328423
     1
                        100
                                 0.8318507 0.7866375
##
     1
                        150
                                 0.8402195 0.7972603
##
     2
                         50
##
     2
                                 0.8929296 0.8644165
                        100
                                 0.9185761 0.8969493
##
     2
                        150
##
     3
                                 0.8835112 0.8524087
                         50
##
     3
                        100
                                 0.9300122 0.9114448
##
     3
                                 0.9487861 0.9352117
                        150
##
## Tuning parameter 'shrinkage' was held constant at a value of 0.1
##
## Tuning parameter 'n.minobsinnode' was held constant at a value of 10
## Accuracy was used to select the optimal model using the largest value.
## The final values used for the model were n.trees = 150,
    interaction.depth = 3, shrinkage = 0.1 and n.minobsinnode = 10.
##
```

```
summary(fitall)
```



```
##
                                                 rel.inf
                                         var
## roll belt
                                   roll belt 25.78926628
## roll forearm
                                roll forearm 8.39125049
## magnet dumbbell y
                           magnet dumbbell y
                                              8.00626142
## magnet dumbbell z
                           magnet dumbbell z 6.88915395
## accel forearm x
                             accel forearm x 4.27810927
## magnet belt z
                               magnet belt z 4.01502133
## pitch belt
                                  pitch belt 3.82262519
## magnet forearm z
                            magnet forearm z
                                              3.46824088
## roll dumbbell
                               roll dumbbell
                                              3.37897800
## gyros belt z
                                gyros belt z
                                              2.95712369
## magnet arm x
                                magnet arm x 2.95170690
## accel dumbbell y
                            accel dumbbell y 2.60215844
                                     yaw arm 2.51030666
## yaw arm
                            gyros_dumbbell y
## gyros dumbbell y
                                              2.21665595
                            accel dumbbell z 1.84060656
## accel dumbbell z
## magnet dumbbell x
                         magnet dumbbell x 1.70722005
## accel_forearm_z
                             accel forearm z 1.68085864
## accel dumbbell x
                            accel dumbbell x 1.62853706
## magnet belt y
                               magnet belt y 1.57419283
                                   pitch arm 1.40457919
## pitch arm
## magnet forearm x
                            magnet forearm x
                                              1.32517609
## magnet belt x
                               magnet belt x
                                              1.24389303
                                              1.18929221
## magnet arm y
                                magnet arm y
## total accel dumbbell total accel dumbbell
                                              0.94016130
                                 gyros_arm_y 0.73673677
## gyros arm y
## accel arm x
                                 accel arm x = 0.70035535
                                gyros belt y 0.53975078
## gyros belt y
## gyros dumbbell x
                            gyros dumbbell x 0.52667619
                             gyros forearm z
## gyros forearm z
                                              0.34325568
## gyros dumbbell z
                            gyros dumbbell z
                                              0.21799134
## accel arm z
                                 accel arm z 0.19849137
## total accel forearm
                         total accel forearm 0.18864001
## yaw forearm
                                 yaw forearm 0.15120635
## accel belt z
                                accel_belt_z
                                              0.11399101
                                 gyros_arm_x 0.11127082
## gyros_arm_x
## magnet_forearm_y
                            magnet_forearm_y
                                              0.10339630
## accel forearm y
                             accel forearm y
                                              0.08890921
## accel belt y
                                accel belt y
                                              0.06267026
## pitch dumbbell
                              pitch dumbbell
                                              0.05872902
## gyros_forearm_x
                             gyros_forearm_x
                                              0.04655412
## accel belt x
                                accel belt x
                                              0.0000000
## total accel arm
                             total_accel_arm
                                              0.0000000
## gyros arm z
                                              0.0000000
                                 gyros arm z
## accel arm y
                                 accel_arm_y
                                              0.0000000
## yaw dumbbell
                                              0.0000000
                                yaw dumbbell
## gyros_forearm_y
                             gyros_forearm_y
                                              0.0000000
```

As is shown, the final model's accuracy is 0.95 and kappa is 0.94. So the model fits quite well. Among these variables, roll\_belt has the largest influence on the model.

### Out of sample error

Apply the model to the testing set, and compare the result from prediction and actual classe.

```
predictionall <- predict(fitall,testing[,-52])
confusionMatrix(predictionall, testing$classe)</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
                            C
## Prediction
                  Α
                                  D
                                       \mathbf{E}
##
            A 1647
                      50
                             1
                                       0
                                  5
                                       9
##
            В
                  9 1042
                            38
##
            C
                 12
                      40
                           977
                                 48
                                      16
                  4
##
            D
                       3
                            10
                                907
                                      20
##
            Ε
                  2
                       4
                             0
                                  3 1037
##
## Overall Statistics
##
##
                   Accuracy: 0.9533
##
                     95% CI: (0.9476, 0.9585)
##
       No Information Rate: 0.2845
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                      Kappa : 0.9409
##
    Mcnemar's Test P-Value : < 2.2e-16
##
## Statistics by Class:
##
##
                         Class: A Class: B Class: C Class: D Class: E
                                               0.9522
## Sensitivity
                            0.9839
                                     0.9148
                                                         0.9409
                                                                  0.9584
## Specificity
                            0.9877
                                     0.9871
                                               0.9761
                                                         0.9925
                                                                  0.9981
## Pos Pred Value
                                     0.9447
                                               0.8939
                            0.9694
                                                         0.9608
                                                                  0.9914
## Neg Pred Value
                            0.9935
                                     0.9797
                                               0.9898
                                                        0.9885
                                                                  0.9907
## Prevalence
                            0.2845
                                     0.1935
                                               0.1743
                                                         0.1638
                                                                  0.1839
## Detection Rate
                                               0.1660
                                                         0.1541
                            0.2799
                                     0.1771
                                                                  0.1762
## Detection Prevalence
                            0.2887
                                     0.1874
                                               0.1857
                                                         0.1604
                                                                  0.1777
## Balanced Accuracy
                                               0.9642
                                                         0.9667
                            0.9858
                                     0.9510
                                                                  0.9783
```

As is shown, the prediction accuracy is 0.96, which is a bit higher than the in sample accuracy. In general, this model fits well.

#### **Prediction**

Finally, predict the 20 different test cases.

```
finalpredict <- predict(fitall,finaltest)
finalpredict</pre>
```

```
## [1] BABAAEDBAABCBAEEABBB
## Levels: ABCDE
```