

**Helen Do**  
(206) 295-4428  
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**Related Skills:**

|   |                                      |
|---|--------------------------------------|
| Proper Sterilization Techniques   | Alginate Impressions                 |
| Periodontal & Dental Charting   | Pouring and Trimming of Study Models |
| Set up Treatment Rooms  | Fabrication of Bleach Trays          |
| Coronal Polishing   | Fabrication of Temporary Crowns      |
| Mixing of Cements and Liners  | Dental Terminology                   |
| Rubber Dam Placement  | Digital/ Film X-Ray & Processing     |
| Local Anesthesia  | Placing Amalgam & Composite Fillings |
| Prophylaxis   |                                      |
| Digital Charting (Dentrix, Axium, Evasoft, NextGen)                             |                                      |
| Chair Side Assisting in DDS Exam, Ortho, Implant, Endo, Prosthesis, Extractions |                                      |

**Education:**

|   |                 |
|---|-----------------|
| <b>BASDH</b> Seattle Central College                | Class of 2018   |
| Registered Dental Hygienist                         |                 |
| <b>BA Degree</b> University of Washington-Sociology | Class of 2014   |
| <b>RDA</b> Dental Assistant Training Center         | June- Sept 2011 |
| Registered Dental Assistant                         |                 |
| <b>AA Degree</b> South Seattle Community College    | Class of 2010   |
| <b>HS Diploma</b> Evergreen High School             | Class of 2009   |

**Work:**

|                               |                   |
|-------------------------------|-------------------|
| Brighton Dental (Seattle, WA) | Aug 2011- Present |
| Dental Assistant              |                   |

**Externship Experience:**

|  |                    |
|--|--------------------|
| <b>Neighbor Care Clinics</b>                             | June 2017- Present |
| (PacMed, Rainer Beach, Georgetown, Meridian)             |                    |
| <b>UW School of Dentistry (DECOD)</b>                    | Jan 2018- Present  |
| <b>Seattle Children's Odessa Brown Children's Clinic</b> | June 2017- Present |
| <b>The Kid's Dentist</b> (Renton, WA)                    | June- Aug 2011     |

**Volunteer Experience:**

|   |                    |
|---|--------------------|
| <b>UW School of Dentistry</b>   | Sept 2015-Present  |
| Clinic Escort- Provide a warm and welcoming environment for visitors. Help patients navigate their way to and from various locations. |                    |
| <b>Vietnamese Eucharistic Youth Movement-</b> Youth Leader  | April 2014-Present |

**Skills and Traits:**

Motor skills, hand eye coordination, critical thinking, empathy, respect for others, time management, teamwork, reliability, organized, self-aware, bilingual (English & Vietnamese)