# Targeted Minimum Loss-based Estimation (TMLE) for Causal Inference (in Biostatistics)

Helene Charlotte Wiese Rytgaard (hely@sund.ku.dk)

Thomas Alexander Gerds (tag@biostat.ku.dk)

Anders Munch (a.munch@sund.ku.dk)

Ann-Sophie Buchardt (asbu@sund.ku.dk)

#### Background theory

- \* Understanding key concepts of nonparametric efficiency theory.
- \* Estimation and inference based on the efficient influence function.

#### The TMLE procedure

- \* Targeted loss-based learning incorporating the efficient influence function.
- Data-adaptive estimation via machine learning.

#### Causal inference part

- \* Model-free (nonparametric) definition of statistical target parameter.
- \* Causal interpretation under certain assumptions.

#### Practical part

- \* Explore properties of estimation based on the efficient influence function.
- \* Assess model misspecification and estimator performance via simulations in R.

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#### I will say many basic things.

- For the larger part, we focus on the simple example of estimating an average treatment effect — with the general principles being similar for other parameters.
- For many (biostatistical) applications, it gets more interesting when dealing with time-varying settings.

Please give feedback ©

#### "Targeted learning"

- defining a (low-dimensional) (causal) target parameter to answer a specific scientific question.
- focus the statistical estimation procedure for estimation of that parameter specifically . . . incorporating tools from nonparametric efficiency theory.

#### "Targeted minimum loss-based estimation (TMLE)"

- a particular tool for estimation.
- machine learning based substitution estimation.

#### We are interested in both.

(And it is hard to discuss one without the other).

Across the days, we will move back and forth between theory and application.<sup>1</sup>

#### Day 1:

- targeted learning roadmap
- defining a (causal) parameter
- estimation, double robust estimation

#### Day 2:

- introduction to TMLE
- Targeting
- Super learning

#### Day 3:

- revisiting and broadening the theoretical basis
- bias/variance trade-off
- causal parameters in time-varying settings

#### Day 4:

- timedependent confounding
- estimation in time-varying settings
- longitudinal TMLE

<sup>&</sup>lt;sup>1</sup>Certain aspects and concepts will be repeated . . . multiple times.

#### Structure of the course

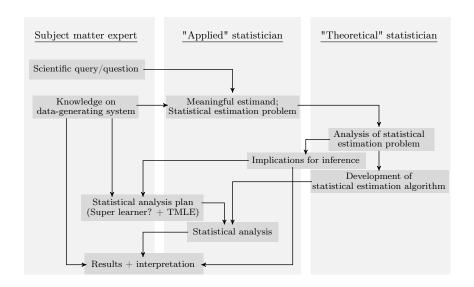
- ► Each day from 9:00 15:00.
- There is an extra hour in the morning for catching up; additionally, I am present in the room from 8:30–9:00, if you have any questions.
- ► Each day consists of lectures and practical exercises (mostly in R).
- ▶ There is not a sharp time-plan. Lessons take the time they require.
- You may not have time to finish all exercises during class, but all solutions are provided, and you can use the extra hour in the morning to catch up if you wish to do so.

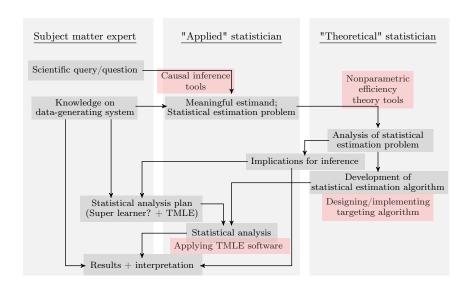
#### From the course description:

► "The main focus of the course is to understand the overall concept, the theory, and the application of TMLE."

#### From the learning objectives:

"Explain the fundamental principles of statistical inference using TMLE and its application as a general framework for estimation of causal effects."





My guess is that each of you have unique interests and distinct goals you aim to achieve from participating in this course  $\odot$ 

- ▶ The theoretical basis of TMLE?
- Applying TMLE?
- ► The potential of TMLE?
- **.**..

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- ▶ The theoretical basis of TMLE?
- Applying TMLE?
- The potential of TMLE?

#### What would you like to get out of the course?

- b take 3 minutes to write down 1−5 sentences;
   (in a place where you can find them again).
- b discuss briefly with the person sitting next to you.

If needed, the course description can be found here: https://phdcourses.ku.dk/detailkursus.aspx?id=110661&sitepath=SUND.

Day 1, Lecture 1

Introduction: The roadmap of targeted learning

Overall statistical paradigm that TMLE is based on

### Overview of today

#### Before lunch (9-12):

- Introduction to the roadmap of targeted learning.
- Brief introduction to causal inference.
- Estimation and double robust estimation.
- \* alignment with respect to "basic" (causal inference) concepts.
- \* introduction to critical notation.
- \* observed and counterfactual data simulation in R.
- \* simple application of software.

### Overview of today

#### After lunch (13 - 15):

- Key theoretical concepts in analyzing an estimation problem.
- Construction of asymptotically linear estimation based on the efficient influence curve.
- ▶ The average treatment effect (ATE) as a concrete example.
- \* overall conditions for validity of (nonparametric) inference based on the efficient influence curve.
- Our focus today is practical: why this matters for understanding TMLE.

### The roadmap of targeted learning

#### Theoretical angle The roadmap of targeted learning

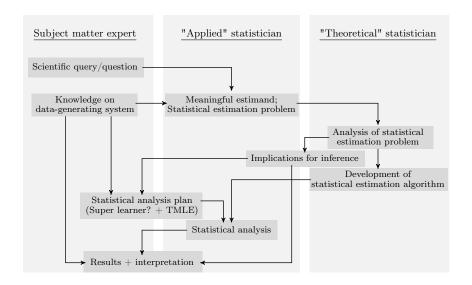
data as a random variable having a probability distribution, scientific knowledge represented by a large statistical model, a statistical target parameter representing an answer to the question of interest.

#### Applied angle The roadmap of targeted learning / causal inference

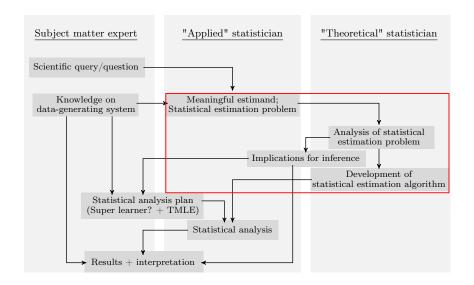
- translation from real-world data applications to a mathematical and statistical formulation of the relevant estimation problem.
- statistical analysis tailored towards answering that question.

Opposed to choosing a parametric model for the data-generating process and using that model to answer all questions.

### The roadmap of targeted learning



### The roadmap of targeted learning



- 1. Data is a random variable O with a probability distribution  $P_0$
- 2.  $P_0$  belongs to a statistical model  $\mathcal{M}$
- 3. Our target is a parameter  $\Psi : \mathcal{M} \to \mathbb{R}$
- 4. Construct estimator  $\hat{P}_n$  for (relevant part of)  $P_0$  and estimate the target parameter by  $\hat{\psi}_n = \Psi(\hat{P}_n)$
- 5. Quantify uncertainty for the estimator  $\hat{\psi}_n = \Psi(\hat{P}_n)$

1. Data is a random variable O with a probability distribution  $P_0$ 

$$O_1,\ldots,O_n\stackrel{iid}{\sim} P_0$$

 $O_i$  is the observation for individual i of the dataset

For example, O consists of

- ▶ Covariates:  $X \in \mathcal{X} \subseteq \mathbb{R}^d$
- Exposure/treatment:  $A \in \{0, 1\}$
- ▶ Outcome:  $Y \in \{0,1\}$  or  $Y \in \mathbb{R}$

2.  $P_0$  belongs to a statistical model  $\mathcal{M}$ 

What do we know about the probability distribution of the data?

The statistical model  $\mathcal M$  is the set of all probability distributions that we believe are possible for our observed data.

Limited statistical knowledge?  $\Rightarrow \mathcal{M}$  should be large to reflect that.

Consider a parametric<sup>2</sup> model for the distribution of  $Y \in \{0,1\}$  given  $X \in \mathbb{R}^d$  and  $A \in \{0,1\}$ :

<sup>&</sup>lt;sup>2</sup>i.e., distribution can be characterized by a finite number of parameters.

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$$logit \mathbb{E}[Y \mid A, X] = \alpha_0 + \alpha_A A + \alpha_X^{\mathsf{T}} X$$
 (M1)

assumption of convenience?

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Another parametric model could be

$$\operatorname{logit} \mathbb{E}[Y \mid A, X] = \gamma_0 + \gamma_A A + \gamma_X^{\mathsf{T}} X + \gamma_{A, X}^{\mathsf{T}} A X$$
 (M2)

• (M1) and (M2) cannot be true at the same time (except if  $\gamma_{A,X} = 0$ ).

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#### **EXAMPLE**:

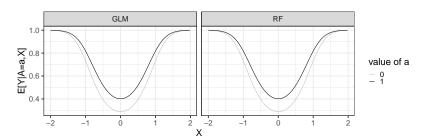
- $O = (X, A, Y) \in [-2, 2] \times \{0, 1\} \times \{0, 1\}$
- ▶ True model is

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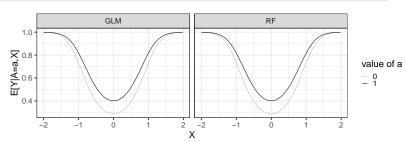


[ Truth shown with solid lines ]

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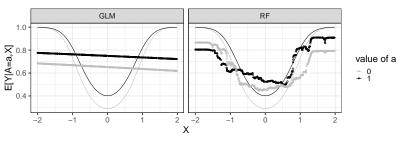
GLM: logit  $\mathbb{E}[Y \mid A, X] = \alpha_0 + \alpha_A A + \alpha_X X$ 

RF: Random forest (untuned)

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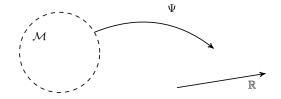
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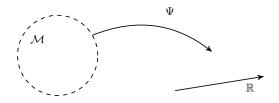
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What are we trying to learn from the data?



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#### EXAMPLE: Average treatment effect (ATE)

- $O = (X, A, Y) \in \mathbb{R}^d \times \{0, 1\} \times \{0, 1\}$
- ▶ The ATE is defined for  $P \in \mathcal{M}$  as

$$\Psi(P) = \mathbb{E}_P[\mathbb{E}_P[Y \mid A=1,X] - \mathbb{E}_P[Y \mid A=0,X]]$$

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The ATE can also be written, for  $P \in \mathcal{M}$ :

$$\Psi(P) = \tilde{\Psi}(\mu_X, f) = \int_{\mathbb{R}} (f(1, x) - f(0, x)) d\mu_X(x),$$

where  $f(a,x) := \mathbb{E}_P[Y \mid A = a, X = x]$  and  $\mu_X$  is the marginal distribution of X

 $f, \mu_X$  are called *nuisance parameters* 

This suggests a straightforward two-step estimation strategy:

- 1. estimate the nuisance parameters
- 2. plug estimates into the expression for the target parameter

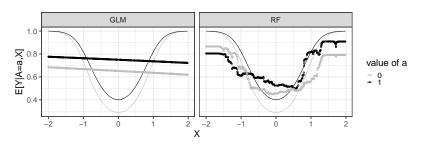
A straightforward estimate of the ATE would be

$$\hat{\psi}_n^{\text{ATE}} = \frac{1}{n} \sum_{i=1}^n \left\{ \hat{f}_n(1, X_i) - \hat{f}_n(0, X_i) \right\}$$

where  $\hat{f}_n$  denotes some estimator for  $f(a,x) = \mathbb{E}_P[Y \mid A = a, X = x]$ 

→ logistic regression, random forest, neural network, lasso, ...

In the previous example we had two different estimators for  $f(a,x) = \mathbb{E}_P[Y \mid A = a, X = x]$ 



$$\hat{\psi}_{n}^{\text{ATE,GLM}} = \frac{1}{n} \sum_{i=1}^{n} \left\{ \hat{f}_{n}^{\text{GLM}}(1, X_{i}) - \hat{f}_{n}^{\text{GLM}}(0, X_{i}) \right\} = 0.0975$$

$$\hat{\psi}_{n}^{\text{ATE,RF}} = \frac{1}{n} \sum_{i=1}^{n} \left\{ \hat{f}_{n}^{\text{RF}}(1, X_{i}) - \hat{f}_{n}^{\text{RF}}(0, X_{i}) \right\} = 0.0551$$

Contrast this to fitting a logistic regression model

$$\operatorname{logit} \mathbb{E}[Y \mid A, X] = \beta_0 + \beta_A A + \beta_X^{\mathsf{T}} X \tag{1}$$

to estimate the conditional odds ratio  $\exp(\beta_A)$ 

- valid interpretation when model is correct
- statistical inference when model is correct.
- conditional interpretation (crude and adjusted models target different parameters)

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... and: (1) must be a priori specified (the same data cannot be used for testing and for fitting the final model).

4. Construct estimator  $\hat{P}_n$  for (relevant part of)  $P_0$  and estimate the target parameter by  $\hat{\psi}_n = \Psi(\hat{P}_n)$ 

A priori specified algorithm that maps the data to an estimate in the parameter space for the target parameter

- a pre-specified logistic regression model
- a random forest
- cross-validated selection between a pre-specified library of different models ("super learning")

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#### "Initial estimation":

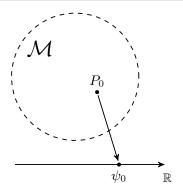
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#### Estimation paradigm

- 1.  $P_0$  is assumed to belong to a nonparametric model  ${\cal M}$
- 2. Construction of  $\sqrt{n}$ -consistent and asymptotically linear estimation of  $\psi_0 = \Psi(P_0)$  based the efficient influence function.

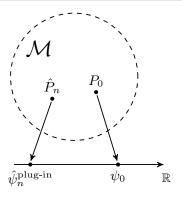
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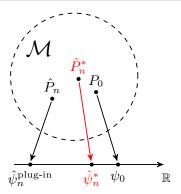
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Tools from semiparametric efficiency theory and empirical process theory tell us how conditions required for 2.

5. Quantify uncertainty for the estimator  $\hat{\psi}_n = \Psi(\hat{P}_n)$ 

If we repeat the experiment of drawing n observations we would every time end up with a different realization of our estimator.

Across the repetitions, the estimator has a sampling distribution that we wish to quantify.

Under some conditions, we may use the asymptotic distribution

$$\hat{\psi}_n \stackrel{\text{as}}{\sim} N(\psi_0, \sigma^2/n)$$

to provide statistical inference.

#### The roadmap of targeted learning

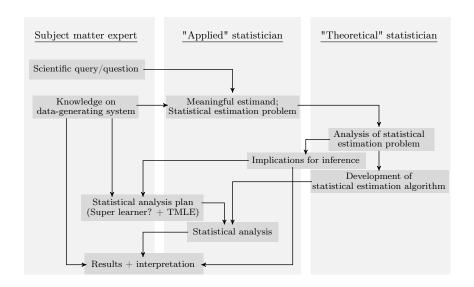
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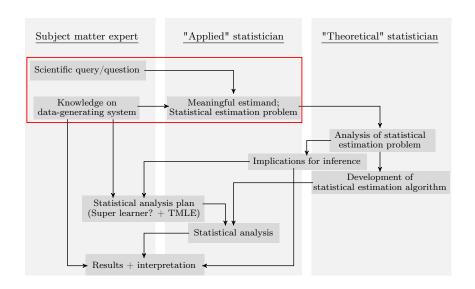
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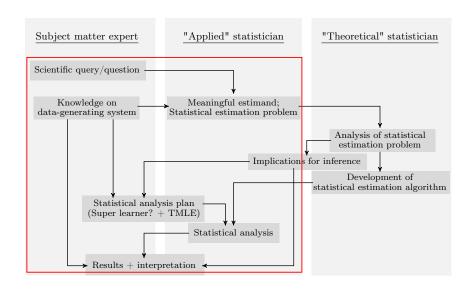
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- statistical analysis tailored towards answering that question.

Opposed to choosing a parametric model for the data-generating process and using that model to answer all questions.







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- 3. Causal question and target causal estimand
- 4. Identifiability
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- 7. Interpret results
- ... putting things into the right boxes.
- ... make the statistical analysis about the targeted scientific question (and not the other way around).
- ... focus on statistical parameters that have a meaningful interpretation.

#### A formal causal framework can help us<sup>3</sup>

- designing a statistical analysis that come as close as possible to answering scientific/causal questions.
- b understand how far away from a causal conclusion we may be.

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Clearly defining what an EFFECT is and WHAT effect we are interested in

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#### A formal causal framework can help us<sup>3</sup>

- by designing a statistical analysis that come as close as possible to answering scientific/causal questions.
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# Clearly defining what an EFFECT is and WHAT effect we are interested in

this gets even more relevant when we deal with time-varying settings.

<sup>&</sup>lt;sup>3</sup>The output of the analysis is not causal just because we use causal inference methods.

- 1. Observed data O = (X, A, Y)
- Causal model what we know/believe/assume about directions of effects
- Causal question and target causal estimand formulating the scientific question as a contrast between counterfactual outcomes (e.g., in terms of ideal hypothetical experiment)
- 4. Identifiability is data sufficient to estimate the causal effect?

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This is the topic of the next lecture.

#### Summarizing comments

#### Statistical theory for parametric models

- meant for settings where the model is known a priori
  - the model is rarely known a priori
  - theory does not reflect how data are in fact analyzed (e.g., due to use of model selection strategies)
- the model is chosen for its simplicity and convenience
  - simple summary measures of associations

#### Targeted learning paradigm

- translating scientific question into predefined model-free target parameter
- machine learning based estimators can be constructed and still combined with valid/honest inference (allowing full prespecification of the statistical analysis)