

**Sir Ganga Ram Hospital**

Sir Ganga Ram Hospital Marg, Rajinder Nagar,
New Delhi-110060, INDIA Tel : +91-11-4225 4000

Medical Superintendent (Offg.)

Sir Ganga Ram Kolmet Hospital, 7-B, Pusa Road,
New Delhi-110005. Tel : +91-11-45099999, (D) 45099980

Dr. Raj Kamal Agarwal

Sr. Consultant

Deptt. of Anaesthesiology

Pain & Peri Operative Medicine

Mobile : +91 98101 52201

E-mail : kamalagarwal300@gmail.com

TO WHOM IT MAY CONCERN

As per ICMR guideline, the contacts of COVID+ve cases should be put on HOME ISOLATION even with Mild Symptoms.

It is advised that everybody takes these preventive medication apart from following SOCIAL DISTANCING, HAND HYGIENE & WEARING MASK

Rx

- TAB HYDROXYCHLOROQUINE 400mg once a week
- TAB VITAMIN C one gram once a day
- TAB ZINC 50 mg once a day

In case of fever

- * • TAB CROCN/CALPOL 650 mg SOS

In case of throat pain & cough

- * • TAB CETRIZINE 10mg once a day.
- SYRUP ALEX 2/3 Tea spoon 3 times a day.

Dr. RAJ KAMAL AGARWAL
MBBS, DA
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SENIOR CONSULTANT
DEPTT. OF ANAESTHESIOLOGY
PERIOPERATIVE MEDICINE & PAIN
SIR GANGARAM HOSPITAL
RAJINDER NAGAR, NEW DELHI-110060
P: 9810152201

Residence :

181, Roylton Tower, Princeton Estate, DLF Phase-V, Gurugram, Haryana