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RE: Case Conference summary email

David Berlusconi

Sent: Tuesday, 30 June 2020 11:29 AM

To: Robert Pappalardo; BrendonN@PinnacleRehab.com.au; sam.rich@allianz.com.au; Avinesh_1@yahoo.com

Hello all,

Please note, it is not the policy of AAG to engage in return to work plans for injuries that are not work related in nature and as such, we are not in a position offer a suitable duties. I understand Avinesh is already aware of this.

We look forward for Avinesh being able to resume his pre-injury duties and request a medical certificate giving him full clearance when that time arises.

Regards.

David Berlusconi
Human Resources Manager
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NSW, 2015, Australia
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From: Robert Pappalardo
Sent: Friday, 26 June 2020 1:18 PM
To: David Berlusconi
Subject: FW: Case Conference summary email

FYI.

Rob...

From: Brendon Ng [mailto:BrendonN@PinnacleRehab.com.au]
Sent: Friday, 26 June 2020 10:43 AM
To: Robert Pappalardo; sam.rich@allianz.com.au
Cc: Avinesh_1@yahoo.com
Subject: Case Conference summary email

Intervention Detail: To discuss Mr Lal's recent MRI report, confirm his current functional capacity, timeframes of recovery and ongoing treatment plan. In attendance was Mr Lal, Dr Darzikolahi, Treating physiotherapist Mr Tieu, and Pinnacle Rehab

Diagnosis: Whiplash injury, and re-exacerbation of lower back pain

Agreed RTW Goal: Same Job; Same Employer

Workplace / RTW Update:

- * Pinnacle Rehab advised that they completed an workplace assessment with Mr Lal and his employer on the 11/06/2020 to assess the demands of his pre-injury duties and discuss possible suitable duties.
- * Dr Darzikolahi advised that Mr Lal was previously completing suitable duties as a delivering cars and refuelling. Mr Lal confirmed that these suitable duties have since been withdrawn.
- * Pinnacle Rehab advised after speaking to the employer they have sent through the RAW program information to them for them to review. Pinnacle Rehab advised they had spoken to the employer earlier and confirmed they have forwarded the form to their HR to review and will update Pinnacle Rehab if they are suitable duties available.
- * Dr Darzikolahi advised that the recovery timeframes is difficult to guess, he advised that Mr Lal should return to full hours within 6 weeks and back to pre-injury duties in another 6 weeks after that (In total of 12 weeks till pre-injury duties)

Treatment Needs / Practitioner Update:

- * Mr Lal's MRI has returned clear of any anatomical abnormalities
- * Mr Tieu advised that Mr Lal was having difficulty lifting 2kg from the floor, however the main restriction was the movement of bending rather than the weight itself.
- * Mr Tieu reported that Mr Lal's symptoms are sporadic
- * Pinnacle Rehab enquired if Mr Lal had any difficulty lifting weight from waist to chest level however Mr Lal advised he has not attempted this.

Certification for Capacity Update:

- Mr Lal's certificate of capacity was updated to 4 hours a day, 5 days a week with the following physical restrictions:
- * Lifting/Carrying: To be avoided below waist level, 2kg above waist level
 - * Sitting: 15 minutes followed by 5 minutes of standing
 - * Standing: 15 minutes followed by 5 minutes of sitting
 - * Pushing/Pulling: To be avoided
 - * Bending/Twisting/Squatting: To be avoided
 - * Driving: 20 minutes at one time

General Worker Feedback:

- * Mr Lal reported nil improvements in his symptoms as of recent
- * He reported that is currently having difficulties with sleeping, and he is able to sleep for approximately 2 hours at a time before waking up due to lower back pain.
- * Dr Darzikolahi advised he will prescribe Mr Lal with some muscle relaxant and sleeping tablets in combination to assist with sleeping and advised Mr Lal to continue with Pandeine fort for pain management.

Strategies to assist support RTW:

- * Pinnacle Rehab will follow up with Mr Lal's employer on the availability of suitable duties.
- * Pinnacle Rehab will liaise with Mr Tieu on a fortnightly basis to discuss Mr Lal's progress with treatment, and ongoing treatment plan.
- * Dr Darzikolahi advised that if Mr Lal's pain persists then a referral to a pain specialist/clinic may be warranted down the line.

Please kindly find attached Mr Lal's new certificate of capacity

Kind Regards,

Brendon

Ng

Principal Consultant

Physiotherapist

B. Health Sci, M. Physio | AHPRA: PHY0002078033

Pinnacle Rehab

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Working Days

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W

www.pinnacelerehab.com.au<<http://www.pinnacelerehab.com.au>>

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