

# Michael O'Connor

Dublin, Ireland

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## Education

Trinity College Dublin

Bachelor of Science in Psychology

Sep 2016 - Jun 2020 | Dublin, Ireland

GPA: 3.6/4.0

Activities: Psychology Society Treasurer, Volunteer Counselor

Relevant Coursework: Behavioral Psychology, Cognitive Neuroscience, Developmental Psychology, Statistical Methods

## Work Experience

Clinical Psychologist | Dublin Mental Health Clinic | Aug 2020 - Present | Dublin, Ireland

- Provided psychological assessments and therapeutic interventions for patients.
- Led cognitive-behavioral therapy (CBT) groups for adolescents with anxiety and depression.
- Conducted research on the effectiveness of CBT in treating PTSD.

## Skills

Psychological Assessment: Cognitive Behavioral Therapy (CBT), Psychoanalysis

Research: Data Collection, Statistical Analysis, SPSS

Languages: English (native), Irish (intermediate)

## Certificates

British Psychological Society: Clinical Psychology Certificate

Psychology Today: CBT Training Program

## Awards

Mental Health Professional of the Year - Dublin Mental Health Clinic 2023

Best Research Paper - Trinity College Psychology Department 2020