

Clinician Search Results

Find providers within 20 miles of Fremont, CA who specialize in

For California Residents

Enrollees, potential enrollees, providers, and members of the public may request a printed copy of providers in your area by contacting the Plan by phone, 1-800-999-9585; by email bnswest@optum.com; or by mail: OptumHealth Behavioral Solutions of California P.O. Box 880609 San Diego, CA 92108.

Provider Accuracy: The accuracy of provider information is verified at least every 6 months for individual clinicians not affiliated with a provider group, and at least annually for provider groups and facilities. Information in the provider directory is updated at least on a weekly basis.

Reporting inaccuracies

California residents may report possible inaccurate, incomplete or misleading information listed in the provider directory by using the "Report Invalid Info" button found on the Provider's detail page, calling 1-800-999-9585, or emailing provider_feedback@optum.com

American Disabilities Act Notice

In accordance with the requirements of federal Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 ("ADA"), we provide full and equal access to covered services and does not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities.

Language Interpreter Services

Under California law, you may be entitled to free interpretation services. To get help in your language, please call 1-800-999-9585 or call the number on your member identification card. Language interpretation services are available at no cost to the member.

Servicios de Interpretación de Idiomas: Conforme a las leyes de California, usted puede tener derecho a servicios de interpretación gratuitos. Para obtener ayuda en su idioma, llame al o llame al número que figura en su tarjeta de identificación de membresía. Los servicios de interpretación de idiomas se ofrecen sin costo para el miembro.

語言口譯服務: 依據加州法律規定, 您可能有資格取得免費口譯服務。如欲使用您的語言 取得幫助, 請致電 1-800-999-9585 或撥打您會員卡上的號碼。語言口譯服務免費為 會員提供。

For Members Outside of California

Please check with your provider before scheduling your appointment or receiving services to confirm that the provider is participating in our network.

Provider information contained in this directory is updated weekly at a minimum, but may have changed since the last update.

Reporting Inaccuracies

Members may report possible inaccurate, incomplete or misleading information listed in the provider directory by using the "Report Invalid Info" button found on the Provider's detail page, calling 1-800-557-5745, or emailing provider_feedback@optum.com

Directory is accessible to individuals with disabilities and limited English.

Many benefit plans require you to call to obtain authorization, certification or referral before you obtain services.

Use the number on the back of your insurance card to confirm benefits and authorization requirements.

Criteria Description: Our provider network is built to provide an array of licensed qualified professionals and programs/facilities in mental health and substance use disorders. This network represents an array of clinical specialties and expertise to allow timely access and availability for our membership taking into account geographic access in terms of distance and travel time as well as member population density. In addition, we continually work to ensure the diversity of our network to enable us to meet the clinical, cultural, linguistic and geographic needs of our members.

Source Statement: The source of the information required to be included in this provider directory is our participating providers.

Disclosure Statement: The information provided or included in this directory is accurate as of the date posted to the web or as of the date of updating/printing. Covered persons or prospective covered persons should consult this electronic provider directory on this website or call the specified customer service telephone number on the covered person's insurance card to obtain more or current provider directory information.

Tiering: While every provider and group listed here has passed rigorous evaluation, Platinum providers have consistently demonstrated care and performance that exceeds both effectiveness and efficiency benchmarks as measured by an internal evaluation program

Disability/Language Assistance: This site offers web-based solutions that are accessible and usable to everyone, including those with disabilities. We have made every effort to ensure that all features on the site are accessible as possible, however because of technological constraints, some features cannot be fully accessible through assistive technologies, such as screen readers. If you find that you are having accessibility issues with any of our content, we'd like to know about it. We also offer language assistance services. These services are free and available to help you communicate with us and with your health plan. We are able to provide letters in other languages or you can ask for an interpreter. Details on how

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to obtain these services is available (<https://www.optum.com/nondiscrimination.html>).

Clinician Search Results

Hala Saleem		1811 Santa Rita Rd Ste 202 Pleasanton, CA 94566. (209) 835-4043	
Saleem,Hala MD - Physician/Psychiatrist		Hours of Operation	
1811 Santa Rita Rd Ste 202 Pleasanton CA 94566 Distance: 11 miles away EM: PH: (209) 835-4043 FX: (209) 835-4236		Monday: Tuesday: 09:00AM - 06:00PM Wednesday: 09:00AM - 06:00PM Thursday: Friday: 10:00AM - 05:00PM Saturday: Sunday:	
No Website Address			
Gender	Accepting?	Hospital Affiliation/Admitting Privileges	
Female	Y	Not Reported	
Group Name	Board Certified	Handicap Accessibility/ ADA Compliant	
Hala Saleem		Y	
Languages Spoken	Languages Interpreted		
Hindi, Urdu, English			
National Provider Identifier (NPI)	License Number	Coverage/Plan Type	
1326151473	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Commercial, Employee Assistance Program	
Areas of Expertise			
Anxiety, Attention Deficit Disorders (ADD, ADHD), Bipolar Disorder, Depression, Disabilities, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia, Trauma, Adult Therapy, Children's Therapy (ages 0-5), Children's Therapy (ages 13-18), Children's Therapy (ages 6-12), Medication Management			
Accessibility & Location Amenities			
Evening Appointments, Public Transportation Access, Wheelchair Access, Weekend Appointments, Exterior Building, Parking, Restroom			
Gender Limitation	Age Limitation		

Clinician Search Results

2680 Bayshore Pkwy Ste 214
Mountain View, CA 94043. (650)
254-2040

Steinberg, Anya MD - Physician/Psychiatrist

Hours of Operation

2680 Bayshore Pkwy Ste 214
Mountain View CA 94043

Distance: 10.2 miles away

EM:

PH: (650) 254-2040

FX:

Monday: 09:00AM - 04:30PM

Tuesday: 09:00AM - 04:30PM

Wednesday: 09:00AM - 04:30PM

Thursday: 09:00AM - 04:30PM

Friday: 09:00AM - 04:30PM

Saturday:

Sunday:

No Website Address

Gender	Accepting?	Hospital Affiliation/Admitting Privileges
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Female	Y	Not Reported
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Group Name	Board Certified	Handicap Accessibility/ ADA Compliant
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ABMS

N

Languages Spoken	Languages Interpreted
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English

National Provider Identifier (NPI)	License Number	Coverage/Plan Type
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1942320882	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Commercial, Employee Assistance Program
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Areas of Expertise

Anxiety, Bipolar Disorder, Depression, LGBT Issues, Adult Therapy, Cognitive Behavioral Therapy, Family Therapy, Medication Management

Accessibility & Location Amenities

Wheelchair Access

Gender Limitation	Age Limitation
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Clinician Search Results

662 Mowry Ave Fremont, CA 94536.
(510) 792-3863

Kahlon,Ravinder MD - *Physician/Psychiatrist*

Hours of Operation

662 Mowry Ave
Fremont CA 94536

Distance: 1.5 miles away

EM:

PH: (510) 792-3863

FX:

Monday: 09:00AM - 05:00PM

Tuesday: 09:00AM - 05:00PM

Wednesday: 09:00AM - 05:00PM

Thursday: 09:00AM - 05:00PM

Friday: 09:00AM - 06:30PM

Saturday:

Sunday:

No Website Address

Gender	Accepting?	Hospital Affiliation/Admitting Privileges
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Female	N	Washington Hospital, St Rose Hospital, BHC Fremont Hospital Inc
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Group Name	Board Certified	Handicap Accessibility/ ADA Compliant
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Not Board Certified	Y
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Languages Spoken	Languages Interpreted
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Hindi, Punjabi, Urdu, English

National Provider Identifier (NPI)	License Number	Coverage/Plan Type
1386741320	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Medicare, Medicaid/Medi-Cal, Commercial, Employee Assistance Program

Areas of Expertise

Anxiety, Bipolar Disorder, Depression, Pain Management, Phobias, Post-Traumatic Stress Disorder (PTSD), Schizophrenia, Sleep Disorders, Traumatic Brain Injury (TBI), Adult Therapy, Electroconvulsive Therapy, Medication Management

Accessibility & Location Amenities

Evening Appointments, Public Transportation Access, Wheelchair Access, Exterior Building, Parking, Restroom

Gender Limitation	Age Limitation
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Clinician Search Results

Fremont Psychiatry Medical Group Inc			722 Mowry Ave Fremont, CA 94536. (510) 494-9313		
Waraich,Jaap MD - <i>Physician/Psychiatrist</i>			Hours of Operation		
722 Mowry Ave Fremont CA 94536 Distance: 1.5 miles away EM: PH: (510) 494-9313 FX:			Monday: 09:00AM - 05:00PM Tuesday: 09:00AM - 05:00PM Wednesday: 09:00AM - 05:00PM Thursday: 09:00AM - 05:00PM Friday: 09:00AM - 05:00PM Saturday: Sunday:		
No Website Address					
Gender	Accepting?	Hospital Affiliation/Admitting Privileges			
Female	Y	BHC Fremont Hospital Inc			
Group Name		Board Certified	Handicap Accessibility/ ADA Compliant		
Fremont Psychiatry Medical Group Inc		ABMS	Y		
Languages Spoken			Languages Interpreted		
Hindi, Punjabi, English					
National Provider Identifier (NPI)	License Number		Coverage/Plan Type		
1316132285	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738		Medicare, Medicaid/Medi-Cal, Commercial, Employee Assistance Program		
Areas of Expertise					
Anxiety, Bipolar Disorder, Depression, Eating Disorders, Obsessive Compulsive Disorder (OCD), Personality Disorders, Phobias, Post-Traumatic Stress Disorder (PTSD), Schizophrenia, Sleep Disorders, Substance Abuse, Traumatic Brain Injury (TBI), Adult Therapy, Disability Evaluation & Management, Medication Management					
Accessibility & Location Amenities					
Public Transportation Access, Wheelchair Access, Exterior Building, Parking, Restroom					
Gender Limitation		Age Limitation			

Clinician Search Results

Bay Area Psychiatric Group			5674 Stoneridge Dr Pleasanton, CA 94588. (925) 463-5674		
Aulakh,Rahat MD - <i>Physician/Psychiatrist</i>			Hours of Operation		
5674 Stoneridge Dr Pleasanton CA 94588 Distance: 11.2 miles away EM: bayareapsychiatricgroup@gmail.com PH: (925) 463-5674 FX: (925) 463-5675			Monday: Tuesday: 09:00AM - 07:00PM Wednesday: 09:00AM - 07:00PM Thursday: Friday: 09:00AM - 07:00PM Saturday: Sunday:		
			bayareapsychiatricgroup.org		
Gender	Accepting?	Hospital Affiliation/Admitting Privileges			
Female	Y	Not Reported			
Group Name		Board Certified	Handicap Accessibility/ ADA Compliant		
Bay Area Psychiatric Group		ABMS	Y		
Languages Spoken			Languages Interpreted		
Urdu, English					
National Provider Identifier (NPI)	License Number	Coverage/Plan Type			
1831200153	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Commercial, Employee Assistance Program			
Areas of Expertise					
Abuse, Anger, Anxiety, Attention Deficit Disorders (ADD, ADHD), Bipolar Disorder, Compulsive Gambling, Depression, Grief, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia, Trauma, Adult Therapy, Biofeedback, Medication Management, Sex Offender Treatment					
Accessibility & Location Amenities					
Evening Appointments, Public Transportation Access, Exterior Building, Parking, Restroom, Wheelchair Access					
Gender Limitation		Age Limitation			

Clinician Search Results

1220 University Dr Ste 204 Menlo
Park, CA 94025. (650) 329-9111

Lipner, Sharon MD - Physician/Psychiatrist

Hours of Operation

1220 University Dr Ste 204
Menlo Park CA 94025

Distance: 12.8 miles away

EM:

PH: (650) 329-9111

FX:

Monday: 08:30AM - 05:00PM

Tuesday: 08:30AM - 01:00PM

Wednesday:

Thursday:

Friday:

Saturday:

Sunday:

Gender	Accepting?	Hospital Affiliation/Admitting Privileges	
Female	Y	Stanford Medical Center	
Group Name		Board Certified	Handicap Accessibility/ ADA Compliant
		ABMS	Y
Languages Spoken		Languages Interpreted	
English			
National Provider Identifier (NPI)	License Number	Coverage/Plan Type	
1902933120	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Commercial, Employee Assistance Program	
Areas of Expertise			
Anxiety, Bipolar Disorder, Depression, Adult Therapy, Medication Management			
Accessibility & Location Amenities			
Public Transportation Access, Wheelchair Access			
Gender Limitation		Age Limitation	

Clinician Search Results

Carmen Roman MD		825 Oak Grove Ave Ste C503 Menlo Park, CA 94025. (650) 465-3129	
Roman,Carmen MD - <i>Physician/Psychiatrist</i>		Hours of Operation	
825 Oak Grove Ave Ste C503 Menlo Park CA 94025 Distance: 12.7 miles away EM: PH: (650) 465-3129 FX: (650) 361-1899		Monday: Tuesday: 12:00PM - 07:00PM Wednesday: 05:00PM - 07:00PM Thursday: 12:00PM - 06:00PM Friday: 12:00PM - 07:00PM Saturday: 02:00PM - 05:30PM Sunday:	
www.carmenromanmd.com			
Gender	Accepting?	Hospital Affiliation/Admitting Privileges	
Female	Y	MILLS PENINSULA HEALTH SERVICES, Peninsula Hospital	
Group Name		Board Certified	Handicap Accessibility/ ADA Compliant
Carmen Roman MD		ABMS	Y
Languages Spoken		Languages Interpreted	
Spanish, English			
National Provider Identifier (NPI)	License Number	Coverage/Plan Type	
1831249572	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Medicare, Medicaid/Medi-Cal, Commercial, Employee Assistance Program	
Areas of Expertise			
Anxiety, Attention Deficit Disorders (ADD, ADHD), Autism, Bipolar Disorder, Depression, Disabilities, Learning Disabilities, Phobias, Post-Traumatic Stress Disorder (PTSD), Schizophrenia, Adult Therapy, Children's Therapy (ages 0-5), Children's Therapy (ages 13-18), Children's Therapy (ages 6-12), Disability Evaluation & Management, Family Therapy, Medication Management			
Accessibility & Location Amenities			
Public Transportation Access, Wheelchair Access, Evening Appointments, Exterior Building, Parking, Restroom			
Gender Limitation		Age Limitation	

Clinician Search Results

305 N California Ave # 2A Palo Alto,
CA 94301. (650) 327-7468

Werne,Joellen MD - Physician/Psychiatrist

Hours of Operation

305 N California Ave # 2A
Palo Alto CA 94301

Distance: 11.5 miles away

EM:

PH: (650) 327-7468

FX: (650) 327-7652

Monday: 09:00AM - 05:00PM

Tuesday: 09:00AM - 05:00PM

Wednesday: 09:30AM - 05:30PM

Thursday: 09:00AM - 05:00PM

Friday: 09:00AM - 04:00PM

Saturday:

Sunday:

No Website Address

Gender	Accepting?	Hospital Affiliation/Admitting Privileges
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Female	Y	Stanford Hospital and Clinics
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Group Name	Board Certified	Handicap Accessibility/ ADA Compliant
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ABMS	N
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Languages Spoken	Languages Interpreted
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English

National Provider Identifier (NPI)	License Number	Coverage/Plan Type
1194800524	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Commercial, Employee Assistance Program

Areas of Expertise

Anxiety, Bipolar Disorder, Depression, Eating Disorders, Grief, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Adult Therapy, Couples Therapy, Family Therapy, Medication Management

Accessibility & Location Amenities

Evening Appointments, Public Transportation Access

Gender Limitation	Age Limitation
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Clinician Search Results

Rosalinda Taymor	706 Cowper St Ste 201 Palo Alto, CA 94301. (650) 321-0112
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Taymor, Rosalinda MD - Physician/Psychiatrist

Hours of Operation

706 Cowper St Ste 201
Palo Alto CA 94301

Distance: 11.6 miles away

EM:

PH: (650) 321-0112

FX: (650) 326-7775

Monday: 08:00AM - 04:00PM

Tuesday: 09:00AM - 02:00PM

Wednesday: 09:00AM - 02:00PM

Thursday: 09:00AM - 02:00PM

Friday: 10:00AM - 03:00PM

Saturday:

Sunday:

Gender	Accepting?	Hospital Affiliation/Admitting Privileges
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Female	Y	El Camino Hospital
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Group Name	Board Certified	Handicap Accessibility/ ADA Compliant
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Rosalinda Taymor	Not Board Certified	N
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Languages Spoken	Languages Interpreted
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Spanish, English

National Provider Identifier (NPI)	License Number	Coverage/Plan Type
1457455800	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Medicare, Medicaid/Medi-Cal, Commercial, Employee Assistance Program

Areas of Expertise

Abuse, Anxiety, Attention Deficit Disorders (ADD, ADHD), Bipolar Disorder, Chronic Illness, Compulsive Gambling, Depression, Eating Disorders, Employee Assistance Professional (EAP), Geriatric Issues, Grief, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia, Sexual Dysfunction, Sleep Disorders, Substance Abuse, Trauma, Traumatic Brain Injury (TBI), Adult Therapy, Children's Therapy (ages 13-18), Couples Therapy, Dialectical Behavioral Therapy, Disability Evaluation & Management, Family Therapy, Medication Management

Accessibility & Location Amenities

Wheelchair Access, Public Transportation Access

Gender Limitation	Age Limitation
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Clinician Search Results

1057 El Monte Ave Ste E Mountain View, CA 94040. (650) 494-9360

Bland, Jeanette MD - Physician/Psychiatrist

Hours of Operation

1057 El Monte Ave Ste E
Mountain View CA 94040

Distance: 12.5 miles away

EM:

PH: (650) 494-9360

FX: (650) 968-2977

Monday: 08:00AM - 02:00PM

Tuesday: 08:00AM - 03:00PM

Wednesday: 09:00AM - 07:00PM

Thursday: 09:00AM - 07:00PM

Friday: 10:30AM - 04:00PM

Saturday: 09:00AM - 12:00PM

Sunday:

Gender	Accepting?	Hospital Affiliation/Admitting Privileges
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Female	Y	Not Reported
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Group Name	Board Certified	Handicap Accessibility/ ADA Compliant
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	Not Board Certified	N
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Languages Spoken	Languages Interpreted
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English

National Provider Identifier (NPI)	License Number	Coverage/Plan Type
1851459192	76754, 67720, A50823, G67904, G65006, G60463, 49540, A36968, A35997, 23738	Commercial, Employee Assistance Program

Areas of Expertise

Anxiety, Attention Deficit Disorders (ADD, ADHD), Bipolar Disorder, Depression, Grief, Post-Partum Depression, Post-Traumatic Stress Disorder (PTSD), Adult Therapy, Children's Therapy (ages 13-18), Children's Therapy (ages 6-12), Medication Management

Accessibility & Location Amenities

Evening Appointments, Public Transportation Access, Weekend Appointments, Wheelchair Access

Gender Limitation	Age Limitation
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