

RESOURCE® ThickenUp® Hydration

Things are looking up for people with dysphagia.



Dysphagia can affect up to 25% of hospitalised patients and over 60% of long term care residents¹.

Features and benefits for using ThickenUp® Hydration.

Tilted spout to lessen neck bending.

Snug overcap to prevent leaks and spillages.

Two options: Lemon and Wildberry flavours.

Made with non-artificial colours with refreshment and palatability in mind.



Concave space for nose.

Specially designed cap to control flow and delivery of fluid, limiting the risk of aspiration.

Easy-hold ridge assists with dexterity issues.

Developed in consultation with speech pathologists, dietitians and key opinion leaders.

NUTRITION INFORMATION*

Serving Size: 165 mL		Ave Quantity Per Serving	Ave Quantity Per 100 mL
Units			
Energy	kcal	58	35
	kJ	240	150
Protein	g	LESS THAN 1 g	LESS THAN 1 g
Fat	g	0	0
Carbohydrate	g	14.5	8.8
- Sugars	g	14.5	8.8
Sodium	mg	51	31

Ingredients*

Water, Sugar, Thickener (Xanthan Gum), Acidity Regulator (330), Flavour, Colour (Lutein).
May contain Milk.

*Nutrition information and ingredients are for Mildly Thick Level 150 Lemon Flavour.

Reference: 1. Cichero, J. Nutrition Journal 2013; 12:54.

Resource® ThickenUp® Sipper Lid sold separately, recommended for Level 150 and 400 only.

Resource® ThickenUp® Hydration is a food for special medical purposes for the dietary management of people with swallowing difficulties. Must be used under medical supervision.

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