

For convenience, compliance
and safety, we are taking
things to the next level with
ThickenUp®



References:

1. Cichero, J. Nutrition Journal 2013; 12:54,
2. Nutrition & Dietetics 2007; 64 (Suppl. 2): S53-S76

Resource® ThickenUp® Sipper Lid sold separately, recommended for Level 150 and 400 only.

Resource® ThickenUp® Hydration and Resource® ThickenUp® Clear are food for special medical purposes for the dietary management of people with swallowing difficulties.

Must be used under medical supervision.

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Information for healthcare professional use only.

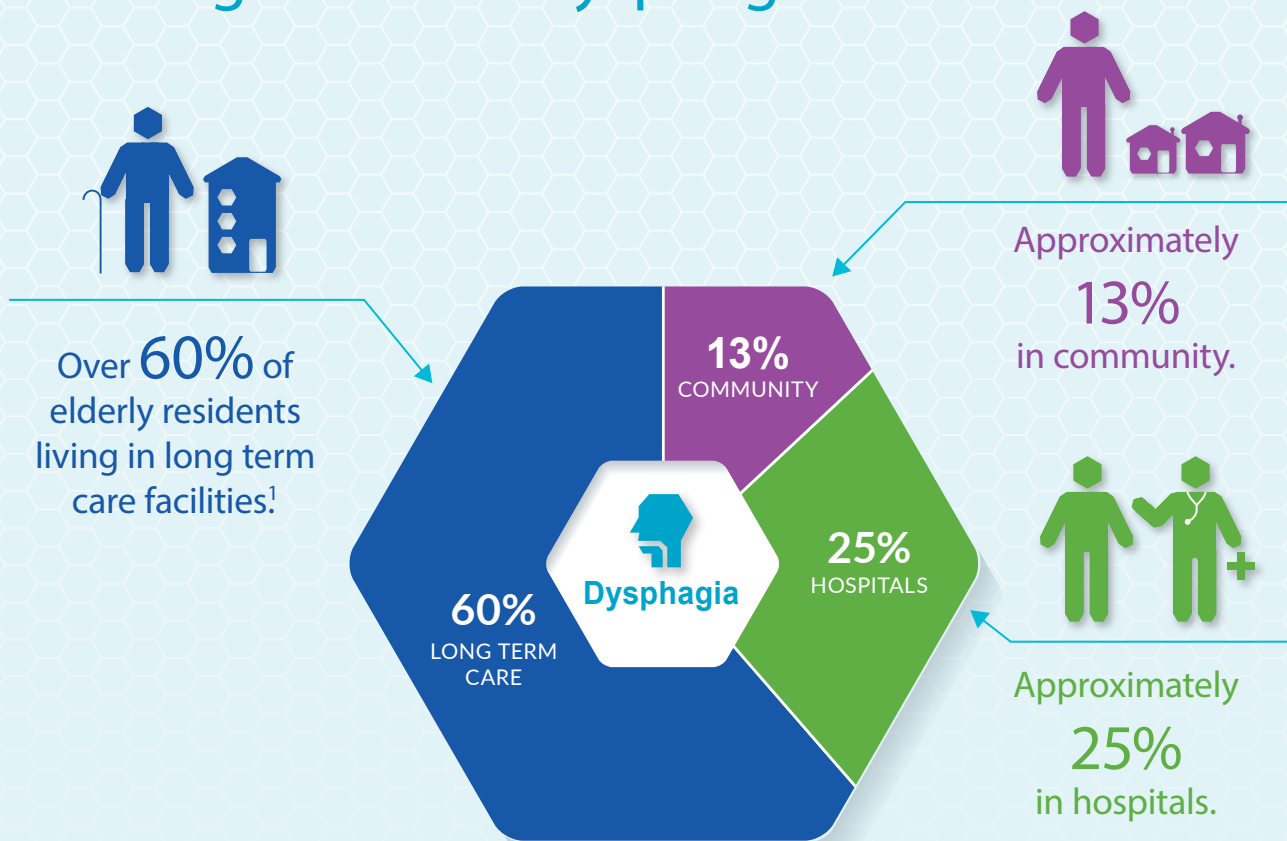


We want to support
**Hydration in
people with
dysphagia**

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How significant is dysphagia?



Dehydration can increase the chances of:

- Falls
- Constipation
- Urinary tract infection
- Impaired mental status
- Pressure ulcers associated with being bed-bound¹



We offer a range of ThickenUp® products to assist hydration:

ThickenUp® Clear powdered thickener:

- Doesn't thicken over time
- No taste
- Does not make clear fluids cloudy
- Changes only the consistency of fluids, not their look or taste
- Easy to mix
- Recipes available for thickening nutritional supplements.



ThickenUp® Hydration pre-thickened cups:

- Available in Mildly Thick Level 150, Moderately Thick Level 400 and Extremely Thick Level 900
- Designed in consultation with speech pathologists, dietitians and key opinion leaders
- Fluid designed around Australian Standards for Texture Modified Foods and Fluids²
- Made with non-artificial colours and flavours that impart refreshment and palatability
- Specially designed cap to control flow and delivery of fluid, limiting the risk of aspiration
- Cup with easy-hold ridge assisting people with dexterity issues.

Three levels of thickness²:

Mildly Thick Level
150

Moderately Thick Level
400

Extremely Thick Level
900

Concave space for nose.

Tilted spout to lessen neck bending.

Easy-hold ridge assists with dexterity issues.

Easy peel - Foil sealed for freshness.



Available in Lemon and Wildberry flavours.