

SUSTAGEN

Comprehensive SUSTAGEN® product range

SUSTAGEN® provides your customer with protein, carbohydrates, fat, vitamins and minerals, which are required for optimal health.



SUSTAGEN® contains

27 vitamins & minerals

- ✓ For immune support
 - Selenium
 - Zinc
- ✓ For bone health
 - Vitamin D
 - Calcium

13.8g of protein per serve to help maintain muscle mass

- ✓ Low fat
- ✓ Gluten free
- ✓ Low GI
- ✓ Added fibre*

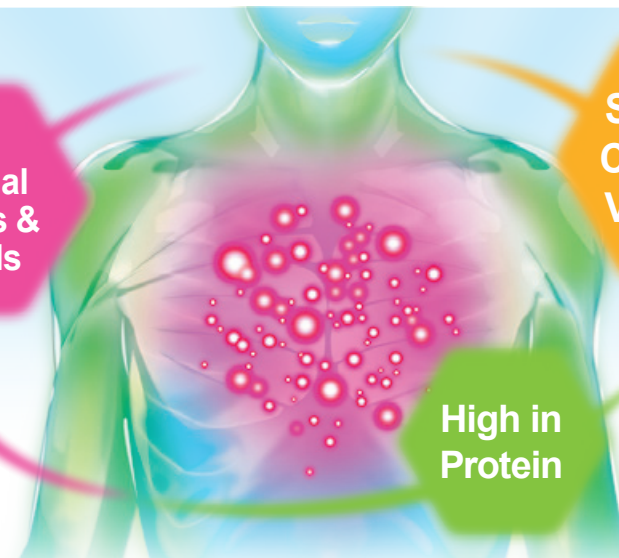


* SUSTAGEN® Hospital Formula Plus Fibre

27
Essential
Vitamins &
Minerals

Source of
Calcium &
Vitamin D

High in
Protein



SUSTAGEN

PRODUCT GUIDE



SUSTAGEN® Hospital Formula



SUSTAGEN® Hospital Formula Plus Fibre



SUSTAGEN® OPTIMUM™



SUSTAGEN® Diabetic



SUSTAGEN® KID ESSENTIALS®



SUSTAGEN® Instant Pudding

Size	400g / 840g Can	840g Can	800g Can	400g Can / 237mL Tetra	800g can / 237mL Tetra	420g Can
Form	Powder	Powder	Powder	Powder / Liquid	Powder / Liquid	Powder
Flavour	Vanilla / Chocolate / Coffee / Neutral	Vanilla / Chocolate	Vanilla	Vanilla	Vanilla	Vanilla
Vitamins & minerals	27	27	27	27	27	24
Calcium (mg per serve)	400	400	150	204	209	255
Vitamin D (ug per serve)	3.6	3.6	1.8	3.4	2.3	2.3
Low GI	Vanilla = 54, Chocolate = 49, Coffee = 48, Neutral = 53	Vanilla = 45, Chocolate = 42	44	Powder = 34 / Liquid = 30		40
Nutritionally complete	Y	Y	Y	Y	Y	N
Source of protein (g per serve)	13.8	13.8	10.1	11.3	7.6	9
Low in fat	Y*	Y*	N	N	N	N
Source of fibre (g per serve)	N	4.1	3.1	4.79	1.4	N
Low in lactose	N	N	Y	Y	Y	N
Probiotics	N	N	Y	N	Y	Y
Gluten free	Y	Y	Y	Y	Y	Y
Features and benefits	<ul style="list-style-type: none"> • Supports muscle and energy function. • Supports bone and muscle health. • Supports general wellbeing. 	<ul style="list-style-type: none"> • Supports digestive function with additional fibre. • Supports bone and muscle health. • Supports inner wellbeing. 	<ul style="list-style-type: none"> • Supports digestive health. • Supports bone and muscle health. • Supports immunity. 	<ul style="list-style-type: none"> • Supports muscle and energy function. • Supports bone and muscle health. • Supports general wellbeing for people with diabetes. 	<ul style="list-style-type: none"> • Supports healthy growth and development. • Supports strong bones. • Helps fill nutritional gaps. • High quality whey protein. 	<ul style="list-style-type: none"> • Supports energy function. • Supports bone and muscle health. • Supports general wellbeing.
Purpose	<ul style="list-style-type: none"> • To help provide additional energy requirements. • To help build muscle strength. • To be used as a supplement to dietary intake. • A drink to supplement nutrition between meals. • Positioned for food fortification (Neutral Flavour only). • Minimising the risks of falls and fractures in the elderly. • During or recovery from illness. 	<ul style="list-style-type: none"> • To help provide additional energy requirements. • To help build muscle strength. • To be used as a supplement to dietary intake. • A drink to supplement nutrition between meals. • For patients with bowel irregularity. • Patients who want additional fibre. • During or recovery from illness. 	<ul style="list-style-type: none"> • To help provide additional energy requirements. • To help build muscle strength. • To be used as a supplement to dietary intake. • A drink to supplement nutrition between meals. • For people with poor appetite. • For people who require additional digestive and immune support. • During or recovery from illness. • Pregnancy or breastfeeding mothers. 	<ul style="list-style-type: none"> • To help provide additional energy requirements. • To help build muscle strength. • To be used as a supplement to dietary intake. • A drink to supplement nutrition between meals. • For people with pre-diabetes. • For people with type 1 or type 2 diabetes. • For people with diabetes who are not eating well. 	<ul style="list-style-type: none"> • Children who aren't eating and drinking as much as they usually do. • Growth is suboptimal. • Help is needed with weight gain or slow down weight loss. • Nutritional intake is reduced due to illness. • Appetite is poor as a result of medical treatment. • For children who are fussy eaters. 	<ul style="list-style-type: none"> • To help provide additional energy requirements. • To be used as a supplement to dietary intake. • For people with poor appetite or cannot eat a regular diet. • A nutritious oral supplement for between meals.

® of GI Symbol Reg. Trademark of Glycemic Index Foundation. Nutritional supplements can only be of assistance where dietary intake is inadequate. Please seek advice on your individual dietary needs from an Accredited Practising Dietitian or your healthcare professional. SUSTAGEN® Hospital Formula is a formulated meal replacement and cannot be used as a total diet replacement. SUSTAGEN® Diabetic is a food for special medical purposes, specifically formulated for people with diabetes who cannot meet their nutritional needs through diet modification alone. Must be used under medical supervision. SUSTAGEN® OPTIMUM™, SUSTAGEN® KID SUSTAGEN® and SUSTAGEN® Instant Pudding are food for special medical purposes and are specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under the supervision of a healthcare professional. SAP 103775879.

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Information for healthcare professional use only.

* When made up with water or skim milk.



Nestlé HealthScience