1 Title:

2 ## Health and disease imprinted in the time variability
3 of the human microbiome

4 Running title:

5 ## Microbiota, are you sick?

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Abstract

Animal microbiota (including human microbiota) plays an important role in keeping the physiological status of the host healthy. Research activity into understanding whether changes in the composition and function of the microbiota are associated with disease is increasing. We analyzed 16S rRNA and shotgun metagenomic sequencing (SMS) published data from the gut microbiota of 99f individuals monitored over time. Temporal fluctuations in the microbial composition revealed significant differences due to factors such us dietary changes, antibiotic intake, age and disease. This article shows that a fluctuation scaling law describes the temporal changes in the gut microbiota. This law enables the temporal variability of the microbial population to be estimated and quantitatively characterizes the path toward disease via a noise-induced phase transition. The estimation of the systemic parameters for follow-up studies may have clinical use and, more generally, may also have applications in other fields where it is important to know whether a given community is stable or not.

Importance

Human microbiota is closedly linked to the health status of a person. This article analyzes the microbial composition of several subjects under different conditions, over a time span that ranged from days to months. Using the Langevin equation as the basis of our mathematical framework in order to evaluate microbial temporal stability, we proved that stable microbiotas can be distinguised from unstable microbiotas. This first step will help us to determine how microbiota temporal stability is related to the healthiness of people, and it will enable the development of a more comprehensive framework in order to obtain more in-depth knowledge of this complex system.

Keywords— microbiome, systems biology, ecological modeling, metagenomics, stability

Introduction

The desire to understand the factors that influence human health and cause disease has always been one of the major driving forces of biological research. As evidence of the new "holobiont" and "hologenome" concepts is increasing each day [1, 2], research not only focuses on the human physiology but also on the microbial population that surrounds us. However, these concepts are still under debate [3]. We are populated by a myriad of microorganisms that interact with us in several physiological processes such as the metabolism of bile acids [4], of choline [5] and key-route metabolites, such as short-chain fatty acids [6, 7] which are also involved in immune system maturation [8, 9]. Human microbiota has been suggested to be closely related to diseases like type 2 diabetes [10], cardiovascular disease (CVD) [11], irritable bowel syndrome [12], Crohn's disease [13], some affections like obesity [14, 15] and malnutrition [16] as well as other multiple diseases [17]. Current studies reveal that gut microbiota also influences brain function and behaviour and is related to neurological disorders like Alzheimer's disease through the brain-gut-microbiome axis [18, 19]. Recently, even a mystifying and elusive condition which is hard to diagnose like chronic fatigue syndrome, which has often been suggested to be a psychosomatic disease, has been closely related to reduced diversity and altered composition of the gut microbiome [20].

High throughput methods for microbial 16S ribosomal RNA gene and SMS (shotgun metagenomic sequencing) have now begun to reveal the composition of archaeal, bacterial, fungal and viral communities located both, in and on the human body. Modern high-throughput sequencing and bioinformatics tools provide a powerful means of understanding how the human microbiome contributes to health and its potential as a target for therapeutic interventions [21]. To define normal host-gut microbe interactions and how microbiota compositional changes can cause some diseases are important issues that still require scientific answers [22–24].

Biology has recently acquired new technological and conceptual tools to investigate, model and understand living organisms at system level, thanks to spectacular progress in quantitative techniques, large-scale measurement methods and the integration of experimental and computational approaches. In particular, Systems Biology has made great efforts to reveal the general laws governing the complex behaviour of microbial communities (*25–27*), including a proposal suggesting they have universal dynamics (*28*). Microbiota can be approached under the light of ecological theory which includes general principles like Taylor's law (*29, 30*) that relates the spatial or temporal variability of the population with its mean. This law, also known as fluctuation scale law, is ubiquitous in the natural world and can be found in several systems like random walks (*31*), stock markets (*32, 33*), tree (*34*) and animal populations (*30, 35, 36*), gene expression (*37*), and the human genome (*38*). Taylor's law has been applied to microbiota in a spatial way in the work of Zhang *et al.*, (2014) (*39*), where they show that this population tends to be an aggregated one rather than having a random distribution. Despite its ubiquity, it has only been studied in experimental settings (*40, 41*) but has never been applied in follow-up studies on microbiota, even though major efforts have been made to infer the community structure from a dynamic point of view (*42–44*)

This paper presents the imprints of health status (healthy or disease) in the macroscopic properties of microbiota, by studying its temporal variability. We analyzed more than 40000 time series of taxa from the gut microbiome of 99 individuals obtained from publicly available high throughput sequencing data about different conditions: diseases, diets, trips, obese status, antibiotic therapy and healthy individuals. Having seen that all the cases followed Taylor's law, we used this empirical fact to model how the relative abundances of taxa evolved over time thanks to the Langevin equation, in a similar way as the approach applied recently by Blumm *et al.* (*45*). We used this mathematical framework to explore the temporal stability of microbiota under different conditions in order to understand how this is related to the healthy status of the subjects.

Results

The microbiome temporal variability was analyzed to extract the global properties of the system. As fluctuations in total counts are plagued by systematic errors we worked on the temporal variability of relative abundances for each taxon. Our first finding was that, in all cases, changes in the relative abundances of taxa followed a ubiquitous pattern, known as the fluctuation scaling law (46) or Taylor's power law (30), i.e., the microbiota of all detected taxa followed $\sigma_i = V \cdot x_i^{\beta}$, a power law dependence between the mean relative abundance x_i and the dispersion σ_i. The law seem to be ubiquitous, spanning even to six orders of magnitude in the observed relative abundances. As shown in Figure 1, where V corresponds to the y-intercept and β is the slope of the fit, the most abundant species were less volatile in relative terms than those which were less abundant. The fitting to the power law was always robust ($R^2 > 0.88$) and did not depend on the microbiome condition. The power law (or scaling) index β and the variability V (hereafter Taylor's parameters) appear to be correlated with the stability of the community. On the one hand, β is a scaling index that gave us information about the statistical properties of the ecosystem. If it is 1/2, the system behaves like a Poisson distribution. If β is 1, the system behaves as an exponential distribution. Generally speaking, metagenomes vary with time with β between these two universal classes. In our case, the fact that β was less than 1 tells us that the most abundant taxa in the microbial community were less susceptible to any perturbation than the other taxa. On the other hand, the variability V was a direct estimator of the amplitude of fluctuations over time. V represents the maximum variability attainable by a hypothetical dominant genus (with relative abundance close to 1). It is an important parameter that characterizes the type of system. If V is small the ranking is stable, similar to the number of diagnoses of a particular disease recorded in Medicare during a month (47). If V is large, as it seems to be the case of metagenomic samples, the ranking might be unstable, like the number of hourly page views of articles in Wikipedia (45, 46). The Taylor parameters were related to the health status of the host, which we consider as

118 constituting the main finding contributed by this article.

119 Taylor's parameters describing the temporal variability of the gut microbiome in our sampled

120 individuals are shown in Supplementary Tables S1 to S4. Our results hint at ubiquitous be-

121 havior. Firstly, the variability (which corresponds to the maximum amplitude of fluctuations)

122 was large, which suggests the resilient capacity of the microbiota. Secondly, the scaling index

123 was always smaller than one, which means that more abundant taxa were less volatile than

124 less abundant ones. In addition, Taylor's parameters for the microbiome of healthy individu-

125 als in different studies were compatible with estimated errors. This enabled us to define an

126 area in the Taylor parameter space that we called the *healthy zone*.

127 In order to jointly visualize and compare the results of individuals from different studies

128 (*12, 48–53*), their Taylor parameters were standardized, with standardization meaning that

129 each parameter was subtracted by the mean value and divided by the standard deviation of

130 the group of healthy individuals for every single study independently. Due to the different

131 systematics in each study, we defined a healthy region for each one of them, standardized

132 to mean zero and variance one and computed mean and variance of ?unhealthy? with this

133 standardization (for details of the procedure, please see Standardization subsection in Mate-

134 rial and Methods). Therefore, different studies were isolated so that individuals from a given

135 study did not affect the results on the ?unhealthy? individuals of the other studies. We think

136 this statistical approach was safer, as we avoided to combine data with very different system-

137 atic errors. The healthy zone and the standardized Taylor parameters for individuals whose

138 gut microbiota was compromised (i.e., they were suffering from IBS, kwashiorkor, altered

139 diet, intake of antibiotics, a Salmonella infection, or had gone on a trip abroad) are shown in

140 Figure 2. The variability in children developing kwashiorkor was smaller than that of their

141 healthy twins. A meat/fish-based diet significantly increased variability when compared to

142 a plant-based diet. All other cases presented increased variability, which was particularly

143 severe and statistically significant at over 95% confidence level (CL), for grade III obese pa-

tients on a diet, individuals taking antibiotics, the subject who had a Salmonella infection, the subject who did a travel abroad or the IBS-diagnosed patients. One global property emerged from all the worldwide data collected: the Taylor's parameters characterized the statistical behavior of microbiome changes. Furthermore, we verified that our conclusions were robust to systematic errors as a result of taxonomic assignment (see Taxa level selection in Material and Methods).

Taylor's power law has been explained in terms of various effects, though none have brought a general consensus. It can be shown to have its origin in mathematical convergence which is similar to the central limit theorem, and thus virtually any statistical model designed to produce a Taylor law converges to a Tweedie distribution (*54*), providing a mechanistic explanation based on the statistical theory of errors (*55–57*). To reveal the generic mechanisms that drive different scenarios in the $\beta - V$ space, we modeled the system by assuming that taxon relative abundance followed a Langevin equation with, on the one hand, a deterministic term that captured the fitness of each taxon and, on the other hand, a randomness term associated with Gaussian random noise (*45*).Both terms were modeled by power laws, with coefficients that can be interpreted as the taxon fitness F_i and the variability V (see Model in Material and Methods). Fitness F_i captures the time scale that the system needs to reach equilibrium (the size of variability V may or may not allow to reach it). F_i has dimensions of 1/time and roughly corresponds to the half-life of the system when decaying to the stable state. In fact, it is exactly the half-life if β is one and V is negligible. In this model, when V is sufficiently low, abundances are stable in time. Differences in the variability V can induce a noise-induced phase transition in the relative abundances of taxa. The temporal evolution of the probability of a taxon having the abundance x_i, given its fitness, is governed by the Fokker–Planck equation. The results of solving this equation show that stability is best captured by a phase space determined by the fitness F and the amplitude of fluctuations V (see Figure 3).

The model predicted two phases for the gut microbiome: a stable phase with large variability that enabled some changes in the relative abundances of taxa; and an unstable phase with larger variability, above the phase transition, where the order of abundant taxa varies significantly over time. The microbiome of all healthy individuals was found to be in the stable phase, while the microbiome of several other individuals was shown to be in the unstable phase. In particular, individuals taking antibiotics and the IBS–diagnosed patient *P2* had the most severe symptoms. In this phase diagram, each microbiota state is represented by a point at its measured variability *V* and inferred fitness *F*. The model predicted high average fitness for all taxa, i.e., taxa were narrowly distributed in *F*. The fitness parameter was chosen with different values for demonstrative purposes. Fitness was larger for the healthiest subjects and smaller for the IBS–diagnosed patients.

Rank stability of the taxa

The rank dynamics and stability plots in Figure 4 and 5 show the variations in rank over time for the most dominant taxa and their calculated Rank Stability Index (RSI, as discussed in Material and Methods) for the gut microbiome taxa of a healthy subject, the individual *A* in the host lifestyle study (*53*). The Figure 4 covers the period when the individual is travelling abroad and the Figure 5 covers the subsequent period. The taxa were listed ordered by their accumulated frequency over the time series, with the y-axis being the overall dominance axis for each sample set. Generally speaking, we observed that the most dominant taxa had the highest rank stability.

For the trip abroad in Figure 4, beyond the differences in dominance for the particular taxa, we still observed that the most dominant were the most rank stable. Moreover, the medium-ranked taxa were quite rank unstable, mostly due to transient (often one or two consecutive samples) yet dramatic drops in their relative abundance, which usually occurred more than

194 twice during their time series.

195 Nevertheless, in the particular case of the next period, the one subsequent to the trip, in
196 Figure 5, some taxa showed higher stability than other more dominant taxa, forming a kind
197 of *rank stability islands* for medium–ranked taxa, since they show a moderately stable index
198 (RSI roughly over 70%). In particular, this is the case for the genera *Actinomyces*, *Leuconos-*
199 *toc*, *Lachnobacterium*, *Eggerthella*, *Clostridium* and *Collinsella*. For those genera, both the
200 overall rank and the RSI were clearly lower during the trip (RSI under 70%). *Actinomyces*
201 and *Lachnobacterium* are even not shown in Figure 4 because they sank to positions 56 and
202 77, respectively. On the contrary, *Leuconostoc* was the least sensitive to the change of lifestyle.
203 In addition, it is worth mentioning that *Lachnobacterium* showed anti-correlation over time
204 against the vast majority of the taxa classified in this study.

205 We also found those *rank stability islands* for medium-ranked taxa in the other periods be-
206 longing to the individual *A* in the host lifestyle study (*53*) (see Supplementary Figure S1 and
207 Supplementary Figure S2 for the corresponding rank plots). See Supplementary Table S5
208 for details about the rank and RSI for the above-mentioned taxa over the different periods
209 considered.

Time dependence of model parameters

211 Finally, we studied the time dependence of the variability V and power law index $β$ (see
212 Model in Material and Methods) by using a sliding window approach. The total number of
213 time points was divided into subsets of five points, where the following subset was defined
214 by adding the next time sampling and eliminating the earliest one. Both parameters were
215 calculated for each subset against the average time lapse. Figure 6 shows the variability V as
216 a function of time for the two individuals in Caporaso's study (*48*) corresponding to the gut
217 microbiota of a male (upper plot) and a female (lower plot). Both samples showed changes

in the variability *V* with quasi–periodic behavior peaking at about 10 days. Variability grew
more for the gut microbiota of the male and shared a minimal value of around 0.1 with the
gut microbiota of the female.

Figure 7 shows the time evolution of *V* for patient *P2* in the IBS study (*12*) (upper plot) and
patient *D* in the antibiotics study (*49*) (lower plot). The variability of the gut microbiota of
P2 decreased from over 0.3 to below 0.2, showing a slow tendency to increase the order of
the system. Antibiotic intake led to a quick increase in variability which lasted for a few days
to recover ordering. The second antibiotic treatment showed some memory traits (lower
increase of variability) with a slower recovery.

Discussion

One of the mains features of this work is to have demonstrated that, independently of its
condition, microbiota follows Taylor's law. We have seen that the value of the scaling index
in each case is always less than the unity (using standard deviation as the measurement
for dispersion), which provides us with information about the community structure. This
means that, in relative terms, the most abundant elements in the population are less volatile
to perturbations than the less abundant ones. The explanation for this universal pattern is
not clear although some hypotheses have been tested in other studies, such as the presence
of negative interactions in the population (*58*), and a demonstration that this may depend
on reproductive correlation (*59*). Nevertheless, none of these explanations are sufficient
when we are talking about microbiota, as the reproduction term is diffuse, the interactions
between its components are not only based on competition (*60–62*), and that even that kind
of negative interaction may not effectively yield values less than the unity when referring to
a bacterial species (*41*). Anyhow, the values obtained in all cases were very similar from one
to another, which could suggest that the community structure is preserved throughout the

242 different scenarios we studied.

243 The second parameter provides information about noise and can be directly linked to the
244 variability or fluctuation amplitude of the population over time. It is a direct estimator of
245 the stability of the system under study. As we have shown above, the healthy subset of each
246 study has lower variability than the non–healthy subset, when dealing with adult individuals.
247 Interestingly, the variability parameter was higher in the healthy subset in the study of the
248 discordant twins suffering from kwashiorkor disease (*51*). In this regard, it has been shown
249 that infant microbiota needs to develop toward a definite, adult state (*63*). This implies that
250 temporal variability is greater in children compared to a healthy adult state, which should
251 be temporally stable. Thus, our results could point to the need for this variability in order
252 to reach that adult state. Furthermore, as we wanted to see how this variability behaved
253 over time, we calculated the evolution of this parameter for the samples which had enough
254 time sampling. As shown in Figure 6, the variability of microbiota fluctuated over time. It is
255 interesting to note in Figure 7 how this parameter captured the two antibiotic intakes in one
256 of the patients from the study by Dethlefsen and Relman (*49*), especially in that there seems
257 to be some kind of a resilience process in the microbiota due to the lower variability increase
258 in the second antibiotic intake.

259 The primary hypothesis of this work is that, in adults, having a healthy microbiota means
260 that the population is stable over time and does not move into a state where it is highly
261 susceptible to external or internal perturbations, causing a dysbiotic state in the microbiota.
262 In order to use the valuable information provided by the empirical law of Taylor's work, we
263 proposed the use of Langevin's equation to model how ranking stability evolved over time.
264 While the system noise component can be directly measured as its variability, the other main
265 term needs to be inferred from the model. This term, which we named "fitness", is the one that
266 enables the system to be stable in the face of potential perturbations. In ecological terms, this
267 could represent the nature of interactions that are present among bacteria, between bacteria

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and other minority populations, such as fungi or archaea, between bacteria and the viral
component in microbiota, and interactions between the host and the whole microbiota. As
this is a first step to model the temporal stability of microbiota, and given its complex nature,
we calculated fitness using the Fluctuation Dissipation Theorem as a first approximation (*64*).
Thus, the fitness of microbiota will still need to be modeled in future works in order to make
the model more accurate and give it a higher predictive power.

By solving Langevin's differential equation, we can obtain a phase diagram where each mi-
crobiota sample can be placed according to its fitness and variability into one of two phases,
according to the ranking stability of the system. As we can see in the phase–space in Figure 3,
three different conditions that could occur are shown. First, we could have a healthy micro-
biota with some fluctuations, as shown by one of the subjects of Caporaso *et al.*'s study (*48*).
Because this case would have good fitness, its temporal variability would not place the mi-
crobiota in the unstable phase of the diagram. Second, we have a subject from the study
by Dethlefsen and Relman (*49*) who was perturbed twice by an antibiotic intake. His mi-
crobiota underwent sufficient change so as to lose its stability, and hence be placed in the
unstable part. In this location, it is more sensitive to potential perturbations such as, for ex-
ample, opportunist infections. In the third and last condition, the subject was already in the
unstable phase due to a health issue, i.e. IBS. This can be observed in one of the patients
from Durban *et al.*'s study (*12*). In addition, it was shown that this subject's health status
improved during the time the experiment was carried out, implying that his microbiota also
recovered the stability it had lost. It is interesting to note that in the subject's health from the
study made by David *et al.* (*53*) who suffered a Salmonella infection during the experiment,
there was a significant shift in variability and a final recovery from the perturbed state (see
Supplementary Figure S3).

Specifically, the analysis of the rank stability of different periods of time belonging to the in-
dividual *A* in the host lifestyle study (*53*), suggests that the presence of *rank stability islands*

among medium-ranked taxa is an interesting feature. Interestingly, this stability was compromised when the period was not an ordinary one, suggesting that those taxa were sensitive to changes in the lifestyle. Among the genera identified as *rank stability islands*, *Lachnobacterium* and *Clostridium* were catalogued as genera predictive of dysbiosis in the work of Larsen and Dai (*65*), which analysed the same dataset (*53*). Furthermore, very recently, it has been confirmed a clear relationship between *Actinomyces* and conventional adenoma (*66*), one of the two main precursors of the colorectal cancer. Finally,*Eggerthella* is an opportunistic pathogen that is often associated with serious gastrointestinal pathology (*67*).

It could be brought into question the role of these taxa as key players in the phase transition of the microbiota, or whether they are more susceptible to perturbations than the most abundant. The types of interactions that could sustain this particular behavior are not clear, as these non-abundant taxa are not usually included in dynamic studies in order to obtain a community matrix. Further experiments and data analysis are needed to clarify whether *rank stability islands* are a widespread feature of microbiotas and whether they appear at lower taxonomic levels too.

However, we have to be aware that the hypothesis above is too simplistic to be directly related to reality. It has been demonstrated that the situation is more complex than the outlook provided which separate healthy people from non-healthy people just by compositional terms, as Moya and Ferrer underlined in their recent review (*17*). There are several different feasible scenarios in which we can consider microbiota as being stablem irrespective of their compositional evolution over time. For example, depending on its ability to recover its initial composition (resilience), or whether it can recover its original function despite its composition (functional redundancy). What we have shown in this work could be explained as the transition of stable microbiota into a state of dysbiosis.

As a first step towards understanding microbiota stability, the model presents some limitations and there is still work to do. From a biological perspective, many questions arise from

320 this work. We have observed the same pattern in Taylor's parameters in all the different con-

321 ditions we studied, but a pertinent question is whether this is really a universal feature in the

322 huge diversity of microbial niches. Furthermore, another relevant question centers on which

323 mechanisms are involved in maintaining the population structure. The nature of the inter-

324 actions between the elements of community is surely of great importance in this matter, and

325 this is related to the fitness of the community, as mentioned above. How we should address

326 community fitness is not clear, but works such as the one by Tikhonov (*68*) could point us in

327 the right direction to unravel the complexity of microbiota.

Materials and Methods

Model

330 We modeled microbial abundances over time along the lines of Blumm *et al.* (*45*). The dy-

331 namics of taxon relative abundances was described by the Langevin equation:

$$\dot{x}_i = F_i \cdot x_i^{\alpha} + V \cdot x_i^{\beta} \xi_i(t) - \phi(t) \cdot x_i,$$

333 where F_i captured the fitness of the taxon i, V corresponded to the noise amplitude and $\xi_i(t)$

334 was a Gaussian random noise with zero mean $< \xi_i(t) >= 0$, and variance which was uncor-

335 related over time, $< \xi_i(t)\xi_i(t') >= \delta(t'-t)$. The function $\phi(t)$ ensured the normalization at

336 all times, $\sum x_i(t) = 1$, and corresponded to $\phi(t) = \sum F_i x_i^{\alpha} + \sum V x_i^{\beta} \xi_i(t)$. The temporal evo-

337 lution of the probability that taxon i had a relative abundance $x_i(t)$, $P(x_i, t)$, was determined

338 by the Fokker-Planck equation:

$$\frac{\partial P}{\partial t} = -\frac{\partial}{\partial x_i}[(F_i \cdot x_i^{\alpha} - \phi(t) \cdot x_i) \cdot P] + \frac{1}{2}\frac{\partial^2}{\partial x_i^2}(V^2 \cdot x_i^{2\beta} \cdot P).$$

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340 The microbiota evolved towards a steady state with a time-independent probability depen-

341 dent on the values of α, β, F_i and V. For $\alpha < 1$ (otherwise, systems are always unstable),

342 the steady state probability was localized in a region around a preferred value or broadly

343 distributed over a wide range, depending on whether the fitness F_i dominated or was over-

344 whelmed by the noise amplitude V. The steady-state solution of the Fokker–Planck equation

345 was given by:

346
$$P_0(x_i) \; = \; C_{ne}(\alpha, \beta, F_i, V) \cdot x_i^{-2\beta} \cdot \exp\left[\frac{2F_i}{V^2}\frac{x_i^{1+\alpha-2\beta}}{1+\alpha-2\beta} - \frac{\phi_0}{V^2}\frac{x_i^{2-2\beta}}{1-\beta}\right] \quad \text{if} \quad 2\beta \neq 1+\alpha,$$

347
$$P_0(x_i) \; = \; C_e(\alpha, \beta, F_i, V) \cdot x_i^{\frac{2F_i}{V^2}-2\beta} \cdot \exp\left[\frac{\phi_0}{V^2}\frac{x_i^{2-2\beta}}{1-\beta}\right] \quad \text{if} \quad 2\beta = 1+\alpha,$$

348 where $\phi_0 = (\sum_i F_i^{1/(1-\alpha)})^{1-\alpha}$ and C_{ne} and C_e were integrals that were solved numerically for

349 the parameters of interest. The ordered phase occurred when the solution had a maximum

350 in the physical interval $(0 < x_i < 1)$. For a larger V, the transition to a disordered phase

351 happened when the maximum shifted to the unphysical region $x_i < 0$, which sets the phase

352 transition region $V(\alpha, \beta, F_i)$. The phase transition region was calculated analytically in spe-

353 cific cases:

354
$$F_i^2 \; = \; 4\beta\phi_0 V^2 \quad \text{if} \quad \beta = \alpha \neq 1,$$

355
$$F_i \; = \; \beta V^2 \quad \text{if} \quad 2\beta = 1+\alpha,$$

356 where the first case, simplified to $F = 3V^2$ if $\beta = 0.75$ and the fitness of this taxon domi-

357 nated in ϕ_0. In many physical systems (Brownian motion is the classic example (*69*)), the

358 two terms of the Langevin's equation are related. The *Fluctuation Dissipation Theorem* states

359 out a general relationship between the response to an external disturbance and the internal

360 fluctuations of the system (*64*). The theorem can be used as the basic formula to derive the

361 fitness from the analysis of fluctuations of the microbiota, assuming that it is in equilibrium

362 (the ordered phase).

15

Standardization

In order to properly show all the studies under common axes, we decided to standardize the Taylor parameters using the group of healthy individuals for every single study independently. With this approach, all the studies can be visualized in a shared plot with units of Taylor–parameter standard–deviation on their axes.

For a Taylor's parameter, e.g. V, the estimate of the mean ($\widehat{V}$) for the healthy subpopulation, composed of h individuals, is:

$$\widehat{V} = \frac{1}{W_1} \sum_{i=1}^{h} V_i \omega_i = \sum_{i=1}^{h} V_i \omega_i$$

as $W_1 = \sum_i^h \omega_i = 1$, since ω_i are normalized weights calculated as:

$$\omega_i = \frac{\frac{1}{\sigma_{V_i}^2}}{\sum_i^h \frac{1}{\sigma_{V_i}^2}}$$

σ_{V_i} being the estimation of the uncertainty in V_i obtained together with V_i from the X-weighted power-law fit described in Section , for healthy individuals.

Likewise, the estimation of the standard deviation for the healthy population ($\widehat{\sigma}_V$) is:

$$\widehat{\sigma}_V = \sqrt{\frac{1}{W_1 - \frac{W_2}{W_1}} \sum_{i=1}^{h} \left[\omega_i \left(V_i - \hat{V} \right)^2 \right]}$$

with $W_2 = \sum_i^h \omega_i^2$, which finally yields to:

$$\widehat{\sigma}_V = \sqrt{\frac{1}{1 - \sum_i^h \omega_i^2} \sum_{i=1}^{h} \left[\omega_i \left(V_i - \hat{V} \right)^2 \right]}$$

Selection and Methods

The bacteria and archaea taxonomic assignations were obtained by analyzing 16S rRNA sequences, which were clustered into operational taxonomic units (OTUs) sharing 97% of their sequence identity using QIIME (*70*). Shotgun metagenomic sequencing (SMS) data (*51*) were analyzed and assigned at strain level by the Livermore Metagenomic Analysis Toolkit (LMAT) (*71*), according to their default quality threshold. Genus, with the best balance between error assignment and number of taxa, was chosen as our reference taxonomic level. We verified that our conclusions were not significantly affected by selecting family or species as the reference taxonomic level (see Supplementary Figure S4).

Sample selection

We chose studies about relevant pathologies containing metagenomic sequencing time data series of bacterial populations from humans in different healthy and non-healthy states. Only those individuals who had three or more time points of data available in databases were selected. The study by Caporaso *et al.* study (*48*) was selected as it featured two healthy individuals measured over a very long timespan, with almost daily sampling. The study of Faith *et al.* (*50*) was selected given the BMI differences between subjects. Moreover, some of them followed diets which could be treated as system perturbations. Only those individuals who had normal or overweight BMI were considered as healthy. The study by Smith *et al.* (*51*) was selected for both the age of the patients and the rare disease. We only worked with the discordant twins, and considered those who were not affected by kwashiorkor in each pair of patients as being healthy. The study by David *et al.* (*52*) was selected for its differential diets. The healthy part was considered to be the first time samples of each individual before the diet, while the rest of the time points were considered as perturbations. Dethlefsen and Relman's work (*49*) was selected due to the interesting treatment of two antibiotic intakes by three

17

different subjects of the same antibiotic. The healthy part was considered to be only those times before any antibiotic treatment, and the time of antibiotic intakes and the period after that as perturbations. The work by David *et al.* (*53*) was selected due to the comprehensive longitudinal data that it provides plus its complete metadata and the interesting events that happened to both subjects (an infection and a trip abroad). The healthy part was taken from time points before or after each event. Finally, we also considered a study from our group carried out by Durban *et al.* (*12*) in which the healthy subjects were considered as those who did not suffer from irritable bowel syndrome, while the patients who had this disease were taken as perturbations.

The metadata for each study is provided in Supplementary Tables S1 to S4. They all used 16S rRNA gene sequencing, except for the study of the discordant kwashiorkor twins (*51*), in which both SMS and 16S rRNA data were used. In the latter case, we chose to work with SMS data to show that our method was valid, regardless of the source of taxonomic information. Each of the datasets was treated as follows:

16rRNA sequences processing

Reads from the selected studies were first quality filtered using the FastX toolkit (*72*), allowing only those reads which had more than a quality score of over 25 in 75% of the complete sequence. 16S rRNA reads were then clustered at a 97% nucleotide sequence identity (97% ID) into operational taxonomic units (OTUs), using the QIIME software package (*70*) (version 1.8). We followed an open reference OTU picking workflow in all cases. The clustering method used was UCLUST, and the OTUs were matched against the Silva database (*73*) (version 111, July 2012) and were assigned to a taxonomy with a UCLUST-based consensus taxonomy assigner. The parameters used in this step were: similarity 0.97, prefilter percent id 0.6, maximum accepts 20, maximum rejects 500.

Metagenomic sequences processing

Shotgun metagenomic sequences were analyzed with LMAT (Livermore Metagenomics Analysis Toolkit) software package (*71*) (version 1.2.4, with Feb'15 release of the LMAT-Grand database). LMAT was run using a Bull shared-memory node belonging to the team?s HPC (high performance computing) cluster. It was equipped with 32 cores (64 threads available using Intel Hyper-Threading Technology) as it has two Haswell-based Xeons (22 nm technology), the E5-2698v3@2.3 GHz, sharing half a tebibyte of DRAM memory. This node is also provided with a PCIe SSD card as NVRAM, the Micron P420m HHHL, with 1.4 TB, and 750000 reading IOPS, 4 KB, achieving 3.3 GB/s. The computing node was supplied with a RAID-0 (striping) scratch disk area. We used the "Grand" database (*74*), released in Feb'15, provided by the LMAT team, where "Grand" refers to a huge database that contains k-mers from all the viral, prokaryote, fungal and protist genomes present in the NCBI database, plus the Human reference genome (hg19), plus GenBank Human, plus the 1000 Human Genomes Project (HGP) (this represents about 31.75 billion k-mers occupying 457.62 GB) (*74*). Before any calculations were made, the entire database was loaded into the NVRAM. With this configuration, the observed LMAT sustained sequence classification rate was 20 kpb/s/core. Finally, it is worth mentioning that a complete set of Python scripts was developed as back-end and front-end of the LMAT pipeline in order to manage the added complexity of time series analysis ([https://github.com/DLSteam/MAUS_scripts]).

Taxa level robustness

We selected genus as the taxonomic level for the subsequent steps of our work. In order to ensure that there were no crucial differences between adjacent taxonomic levels which could still be of relevance after standardization (see the last subsection of Material and Methods), we tested two different data sets. In the former, the antibiotics study (*49*) with 16S data,

we tested the differences between genus and family levels. The latter dataset tested was the
kwashiorkor discordant twins study (*51*) for both genus and species taxonomic levels. The
Supplementary Figures S4 (overview) and S5 (detail) plot the comparison between studies
(and so, 16S and SMS) and between adjacent taxonomic levels.

X-weighted power-law fit

When fitting the power-law of std vs. mean, we took into account that every mean has
uncertainty and can be estimated for a sample size n by the SEM (*Standard Error of the Mean*).
Here, the uncertainties affected the independent variable, so the fit was not as trivial as a Y-
weighted fit, where the uncertainties affect the dependent variable. A standard approach for
this fit is: a) to invert the variables before applying the weights, b) then perform the weighted
fit, and finally, c) revert the inversion. This method is deterministic, but the approximate
solution worsens with smaller coefficients of determination. To overcome this limitation, we
developed a stochastic method by using a bootstrapping-like strategy that avoided inversion
and could be applied regardless of the coefficient of determination.

The basic idea of bootstrapping is that inference about a population from sample data (sample
→ population) can be modeled by resampling the sample data and performing inference on
(resample → sample) (*75*). To adapt this general idea to our problem, we resampled the x-
data array using its errors array. That is, for each replicate, a new x-data array was computed
based on:

$$x_i^* = x_i + v_i$$

where v_i is a Gaussian random variable with mean $\mu_i = 0$ and standard deviation $\sigma_i = \text{SEM}_i$,
as defined previously. For each replicate, a complete unweighted power-law fit was per-
formed, where in order to choose between fitting power laws ($y = V x^\beta$) using linear regres-
sion on log-transformed (LLR) data versus non-linear regression (NLR) we mainly followed

the *General Guidelines for the Analysis of Biological Power Laws* (*76*). The parameters of the X-weighted fit were then estimated by averaging through all the replicate fits performed, and their errors were estimated by computing the standard deviation for all the fits. At the end of each step, the relative error was calculated by comparing the fit parameter estimation in the last step with the previous one. Finally, both the coefficient of determination of the fit and the coefficient of correlation between the fit parameters were estimated by averaging.

Rank Stability Index

The Rank Stability Index (RSI) is shown as a percentage in a separate bar on the right of the rank matrix plot in Figures 4 and 5 and Supplementary Figures S1 and S2. The RSI is strictly 1 for an element whose range never changes over time, and is strictly 0 for an element whose rank oscillates between the extremes over time. So, the RSI is calculated, per element, as 1 less the quotient of the number of true rank hops taken between the number of maximum possible rank hops, all powered to p:

$$\text{RSI} = \left(1 - \frac{\text{true rank hops}}{\text{possible rank hops}}\right)^p = \left(1 - \frac{D}{(N-1)(t-1)}\right)^p$$

where D is the total of rank hops taken by the studied element, N is the number of elements that have been ranked, and t is the number of time samples. The power index $p = 4$ was arbitrarily chosen to increase the resolution in the stable region.

Finally, under the rank matrix of the aforementioned Figures there are plots relevant to the variability of the rank over time. On the one hand, the RV (Rank Variability) for a sampling point shows the absolute difference between every taxon?s rank and its accumulated abundance rank (the overall rank), averaged for all the taxa shown. On the other hand, the DV (Differences Variability) for a sampling point shows the absolute difference between every taxon?s rank at that time and the value that it had at the previous sampling point, averaged

21

for all the taxa shown.

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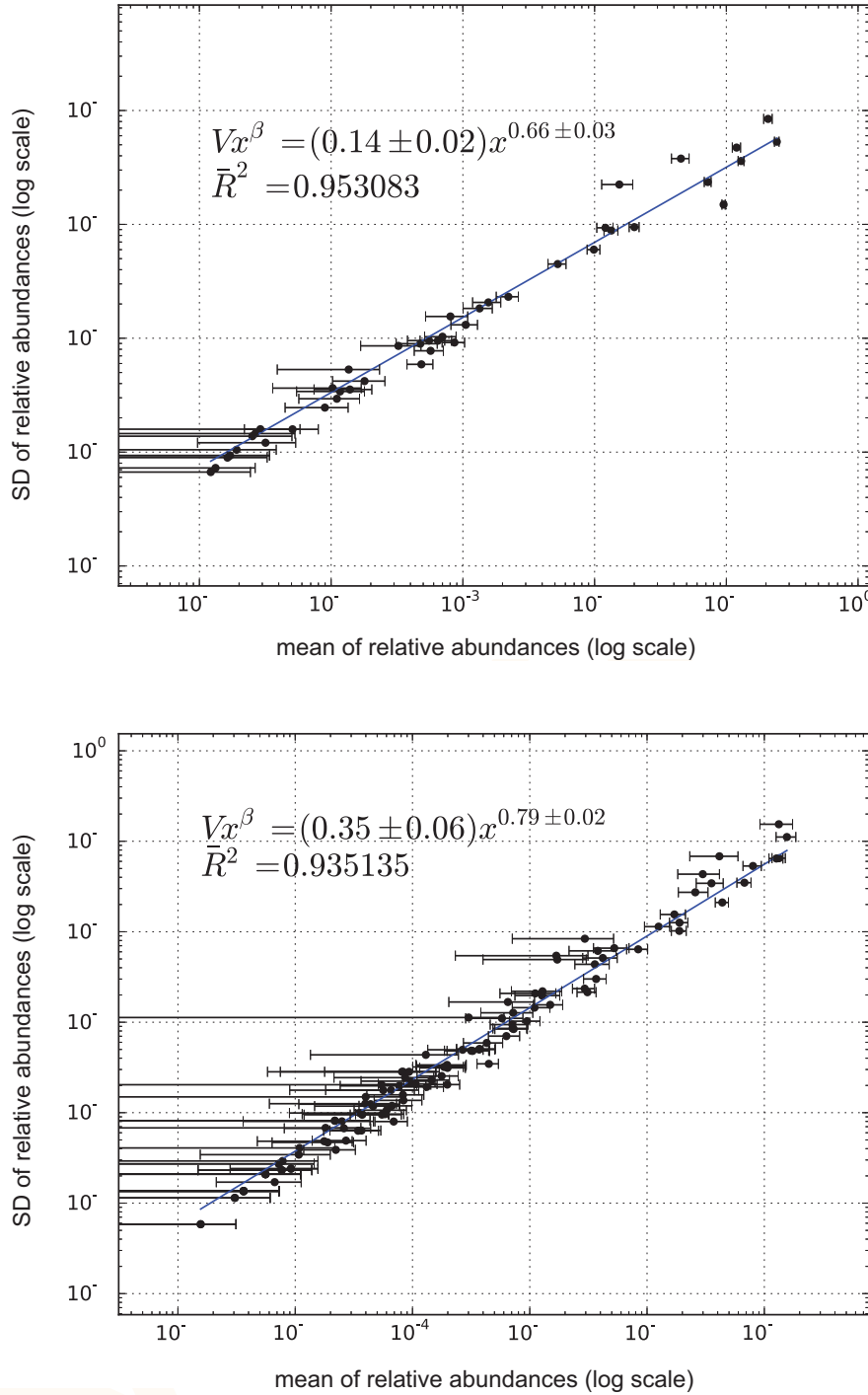
Figure 1. X-weighted power-law fits of the standard deviations versus the mean values for each bacterial genus monitored over time. The fit is shown for samples from a healthy subject (top) and from a subject diagnosed with irritable bowel syndrome (bottom), studied in our lab (*12*). Taylor's power law seems to be ubiquitous, spanning to six orders of magnitude. *V* corresponds to the y-intercept and *β* to the slope of the line. The error bars (*mean-axis*) are the SEM.
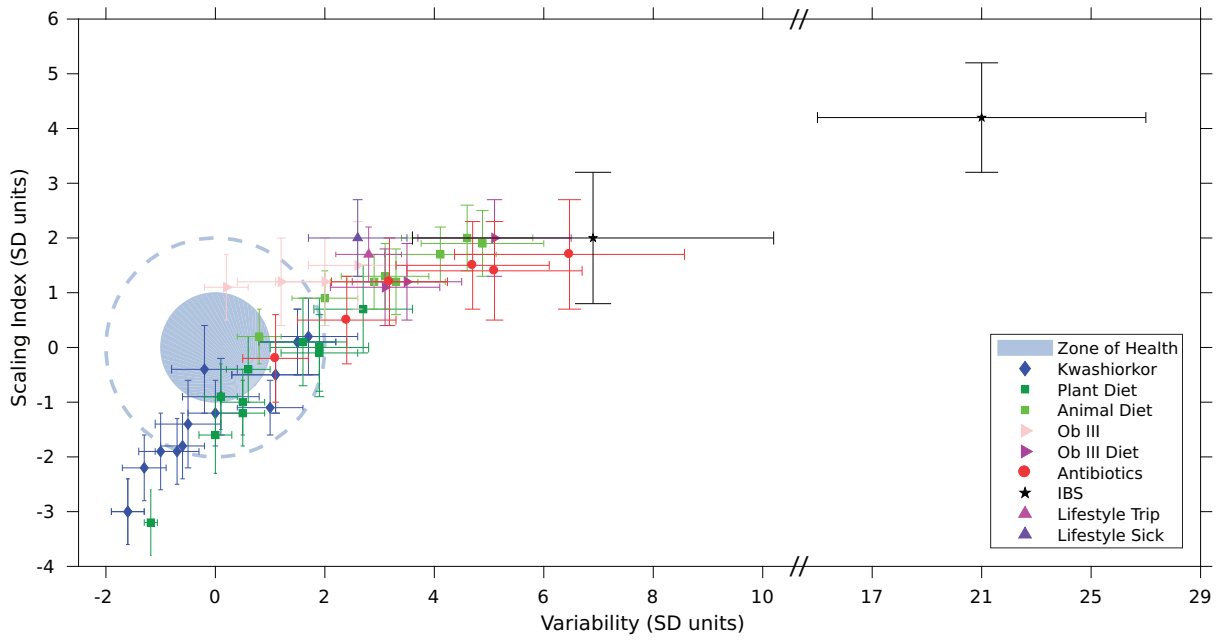
Figure 2. Taylor's law parameter space. All the data studied in this work were compiled here. The colored circle corresponds to a 68% confidence level (CL) region of healthy individuals in the Taylor's parameter space, while the dashed line delimites the 98% CL region. Points with errors place gut microbiome in the Taylor's parameter space, for each individual whose microbiota was compromised. It should be noted that the parameters were standardized (standard deviation units) to the healthy group in each study for every single study independently, for demonstrative and comparative purposes.
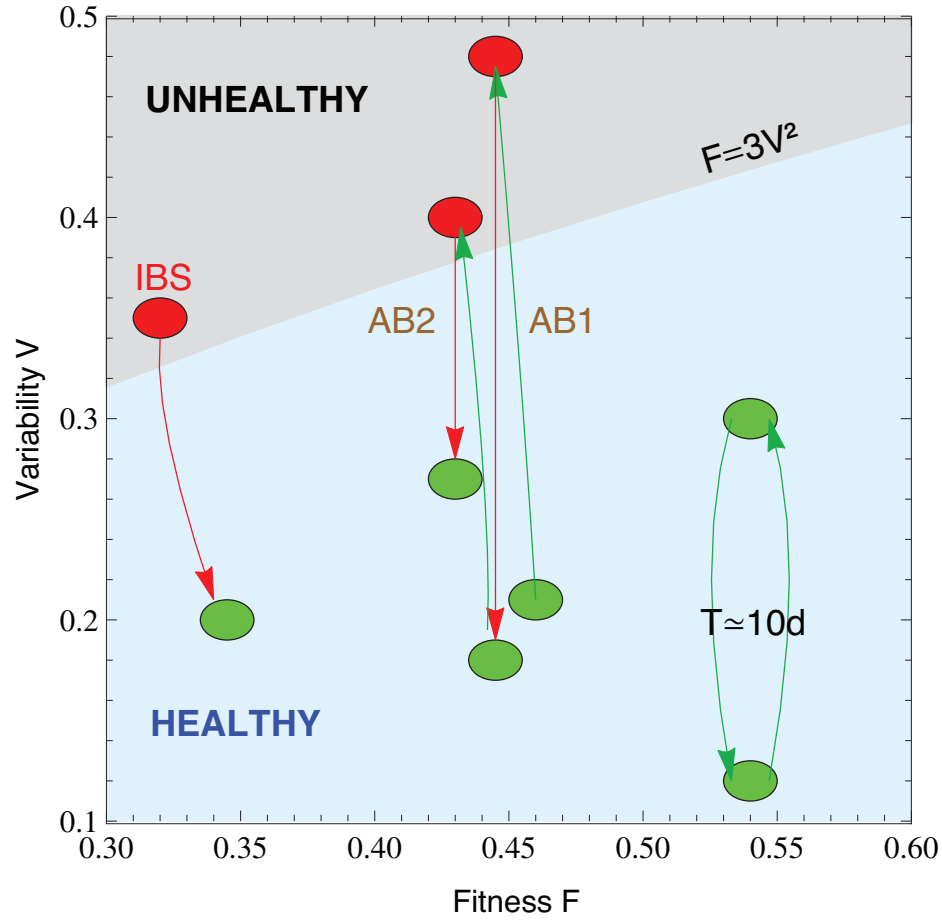
Figure 3. Microbiota states can be placed in the phase space $F - V$. The light-blue shaded region corresponds to the stable phase, while the grey shaded region is the unstable phase (the phase transition line is calculated for $\alpha = \beta = 0.75$). We placed healthy individuals (green) and individuals whose gut microbiota is threatened (antibiotics, IBS) in the phase space fitness–variability. The gut microbiota of healthy individuals over a long term span show a quasi–periodical variability (central period is ten days). We show that taking antibiotics (AB1 and AB2 correspond to the first and second treatment, respectively) induces a phase transition in gut microbiota, which impacts on future changes. We also show an IBS–diagnosed patient transiting from the unstable to the stable phase.
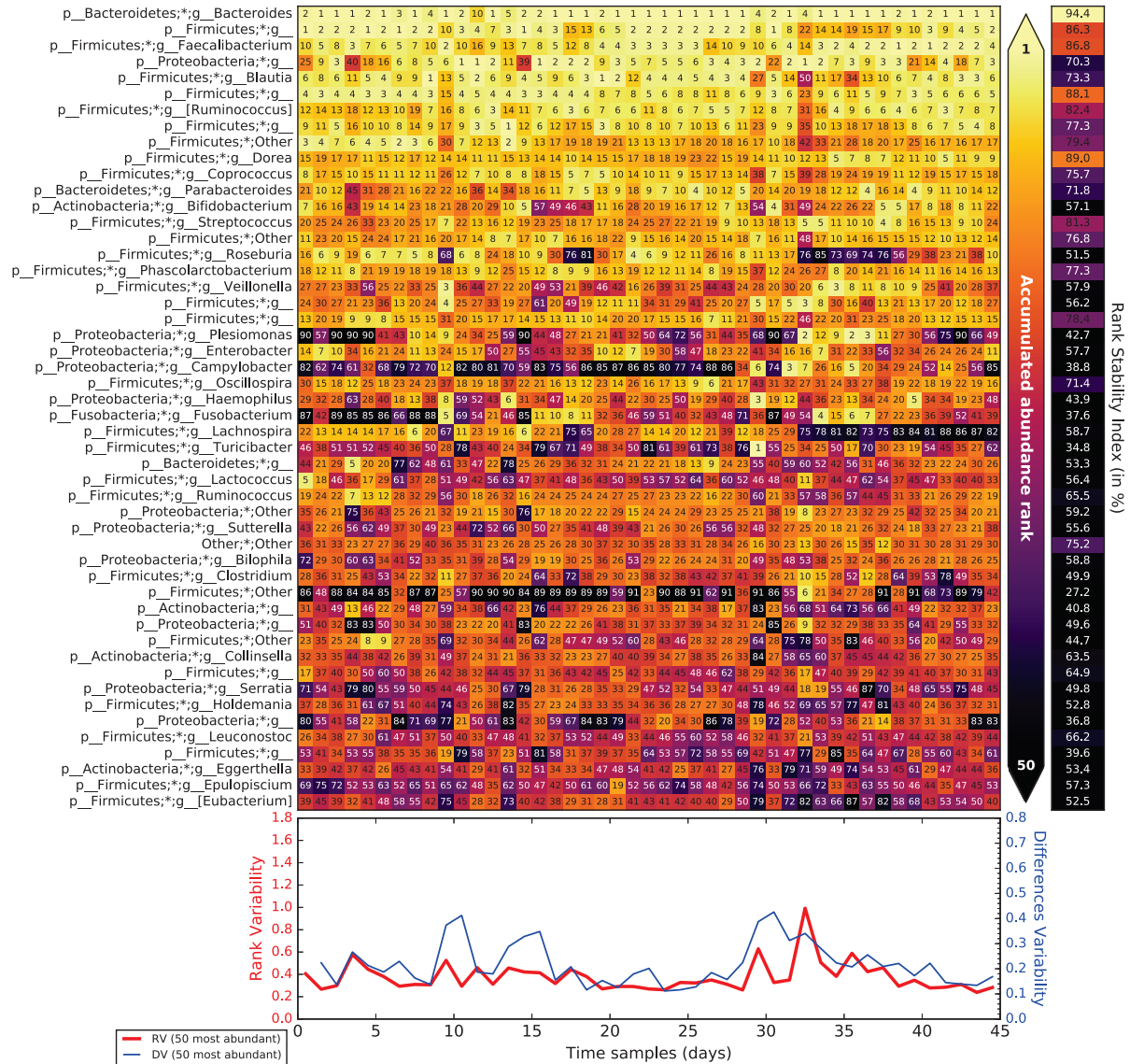
Figure 4. Rank variation over time for the 50 most dominant elements (taxa) and their calculated Rank Stability Index (as shown in Material and Methods) for a special period (days 72 to 122, travelling abroad) belonging to the individual *A* in the host lifestyle study (*53*).
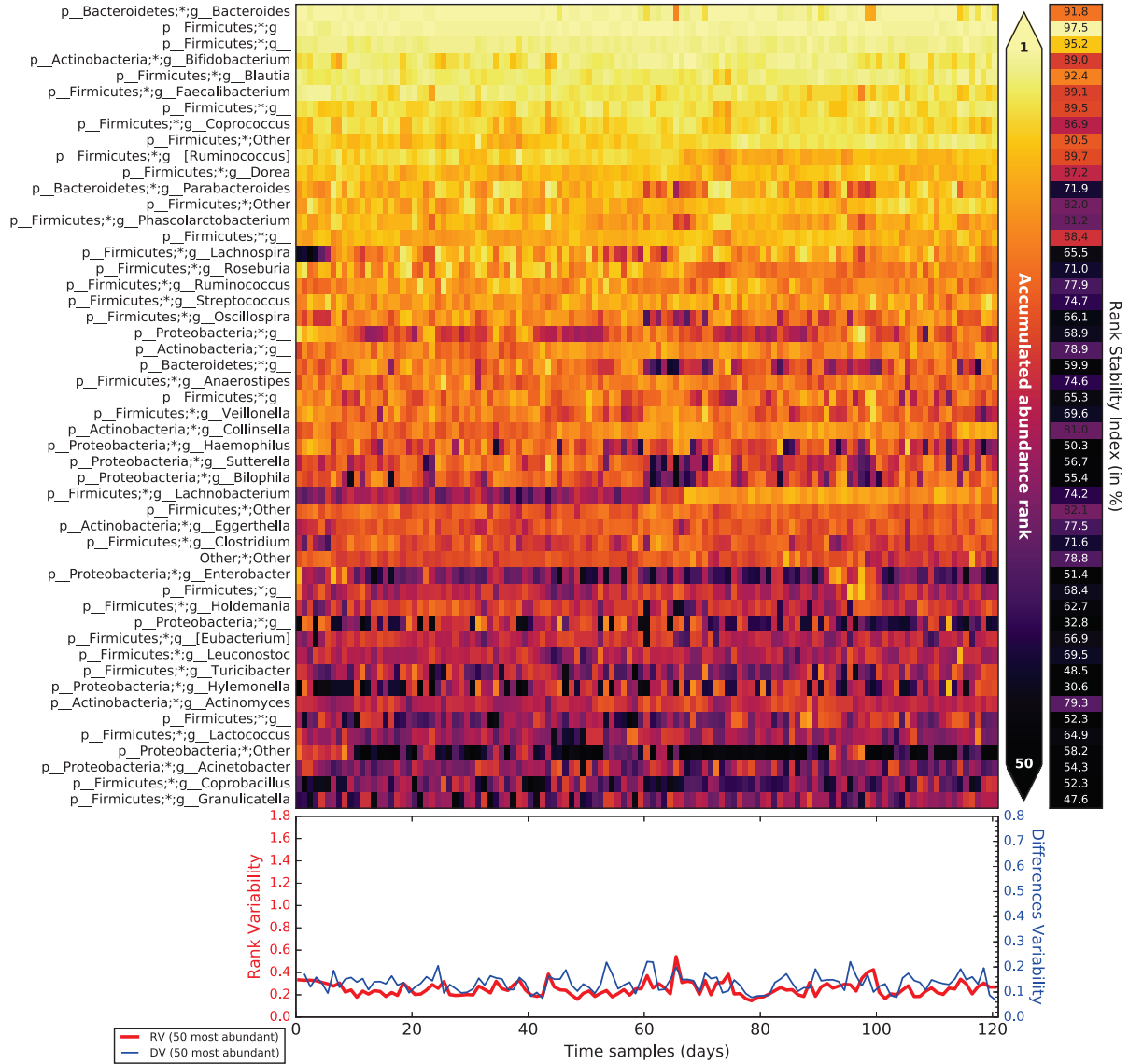
Figure 5. Rank variation over time for the 50 most dominant elements (taxa) and their calculated Rank Stability Index (as shown in Material and Methods) for an ordinary period (days 123 to 256, after the trip) belonging to the individual *A* in the host lifestyle study (*53*).
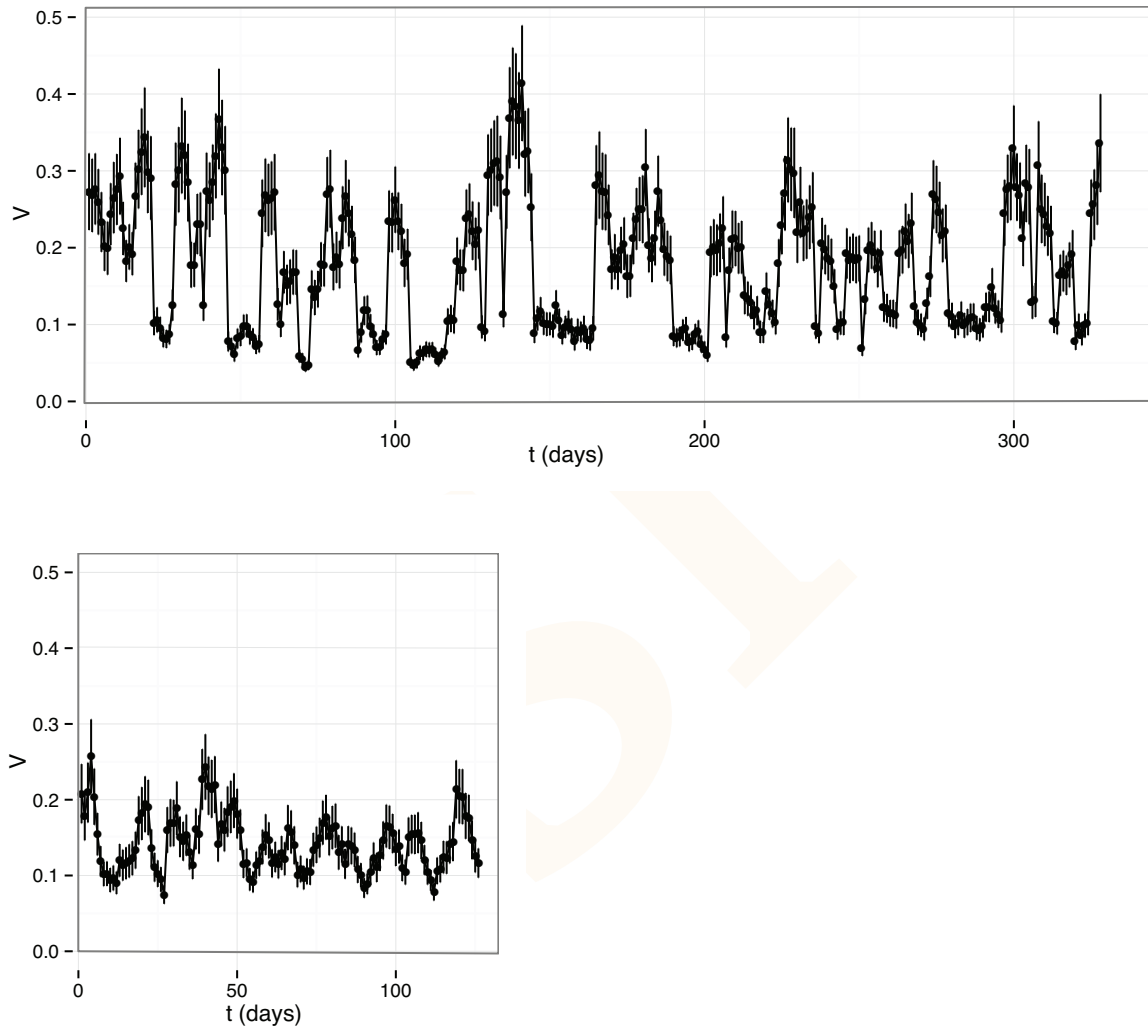
Figure 6. *V* as a function of time for the two individuals in Caporaso's study (*48*): samples

of gut microbiome of a male (upper plot) and a female (lower plot).
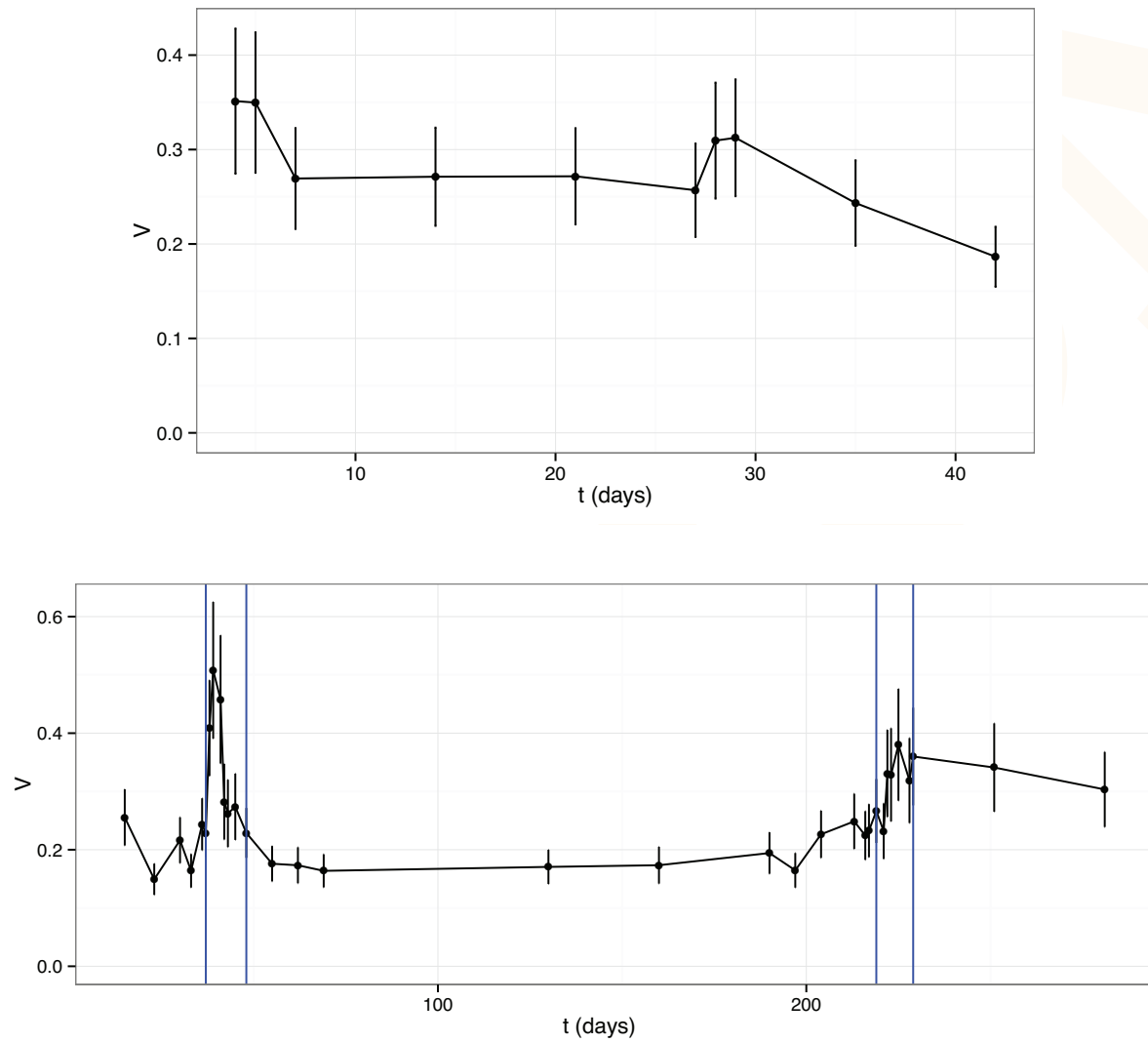
Figure 7. *V* as a function of time for patient *P2* in the IBS study (*12*) (upper plot) and patient *D* in the antibiotics study (*49*) (lower plot). The blue vertical lines in the lower plot show the periods of antibiotic treatment.

Supplementary Table S1. Taylor's parameters of individuals with either animal-based (A) or plant-based (P) diets (*52*). Previous to the diet, the population sampled was described by $\bar{V} = 0.09 \pm 0.05, \bar{\beta} = 0.77 \pm 0.04$.

| Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
A	0.26 ± 0.05	0.826 ± 0.025	0.918	3.1 ± 0.9	1.2 ± 0.6
A	0.32 ± 0.06	0.857 ± 0.025	0.924	4.4 ± 1.1	2.0 ± 0.6
A	0.194 ± 0.033	0.813 ± 0.024	0.918	1.9 ± 0.6	0.9 ± 0.6
A	0.24 ± 0.04	0.824 ± 0.020	0.924	2.7 ± 0.7	1.2 ± 0.5
A	0.34 ± 0.06	0.855 ± 0.024	0.931	4.7 ± 1.1	1.9 ± 0.6
A	0.30 ± 0.05	0.847 ± 0.022	0.921	3.9 ± 1.0	1.7 ± 0.5
A	0.133 ± 0.021	0.784 ± 0.023	0.916	0.7 ± 0.4	0.2 ± 0.6
A	0.25 ± 0.04	0.831 ± 0.024	0.929	3.0 ± 0.8	1.4 ± 0.6
P	0.23 ± 0.05	0.804 ± 0.035	0.885	2.6 ± 0.9	0.7 ± 0.8
P	0.097 ± 0.018	0.705 ± 0.031	0.891	0.03 ± 0.34	-1.6 ± 0.7
P	0.037 ± 0.006	0.642 ± 0.025	0.881	-1.12 ± 0.11	-3.1 ± 0.6
P	0.118 ± 0.019	0.723 ± 0.025	0.895	0.4 ± 0.4	-1.2 ± 0.6
P	0.17 ± 0.04	0.78 ± 0.04	0.842	1.5 ± 0.7	0.1 ± 0.9
P	0.123 ± 0.020	0.757 ± 0.026	0.914	0.5 ± 0.4	-0.4 ± 0.6
P	0.19 ± 0.05	0.77 ± 0.04	0.871	1.8 ± 0.9	-0.0 ± 0.9
P	0.121 ± 0.020	0.736 ± 0.027	0.921	0.5 ± 0.4	-0.9 ± 0.6
P	0.187 ± 0.034	0.771 ± 0.030	0.908	1.8 ± 0.7	-0.1 ± 0.7
P	0.097 ± 0.015	0.735 ± 0.025	0.922	0.05 ± 0.28	-0.9 ± 0.6

Supplementary Table S2. Taylor's parameters for individuals taking antibiotics (Ab) in the antibiotics study (*49*), persons diagnosed with irritable bowel syndrome (IBS) in the IBS study (*12*) and for special intervals concerning gut microbiota (HLS) in the host lifestyle study (*53*). Prior to the antibiotics intake, the population sampled in the antibiotics study (*49*) was described by $\bar{V} = 0.12 \pm 0.05, \bar{\beta} = 0.75 \pm 0.04$. Healthy individuals sampled in the IBS study (*12*) were characterized by $\bar{V} = 0.135 \pm 0.010, \bar{\beta} = 0.692 \pm 0.024$. The healthy and quotidian periods in the host lifestyle study (*53*) are characterized by $\bar{V} = 0.25 \pm 0.09, \bar{\beta} = 0.777 \pm 0.025$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
Ab	0.35 ± 0.07	0.81 ± 0.04	0.925	4.3 ± 1.4	1.3 ± 0.9
Ab	0.41 ± 0.09	0.82 ± 0.04	0.908	5.6 ± 1.8	1.6 ± 0.9
Ab	0.23 ± 0.04	0.770 ± 0.031	0.920	2.1 ± 0.8	0.5 ± 0.7
Ab	0.165 ± 0.029	0.738 ± 0.031	0.928	0.9 ± 0.6	-0.3 ± 0.7
Ab	0.34 ± 0.06	0.812 ± 0.032	0.936	4.1 ± 1.2	1.5 ± 0.7
Ab	0.26 ± 0.05	0.798 ± 0.033	0.931	2.8 ± 0.9	1.1 ± 0.8
IBS (minor)	0.205 ± 0.034	0.740 ± 0.029	0.917	6.9 ± 3.3	2.0 ± 1.2
IBS (severe)	0.35 ± 0.06	0.793 ± 0.025	0.934	21 ± 6	4.2 ± 1.0
HLS (abroad)	0.51 ± 0.06	0.820 ± 0.012	0.928	2.8 ± 0.6	1.7 ± 0.5
HLS (infection)	0.49 ± 0.08	0.828 ± 0.018	0.923	2.6 ± 0.9	2.0 ± 0.7
HLS (after infection)	0.36 ± 0.05	0.776 ± 0.015	0.922	1.1 ± 0.6	-0.0 ± 0.6

Supplementary Table S3. Taylor's parameters for the healthy subject (DH) and kwashiorkor part (DK) of the discordant twins (*51*). The population of healthy twins is characterized by $\bar{V} = 0.25 \pm 0.10, \bar{\beta} = 0.863 \pm 0.028$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
DH	0.27 ± 0.04	0.835 ± 0.016	0.925	0.2 ± 0.4	-1.0 ± 0.6
DH	0.36 ± 0.06	0.858 ± 0.015	0.929	1.1 ± 0.6	-0.2 ± 0.5
DH	0.35 ± 0.06	0.859 ± 0.014	0.926	1.0 ± 0.5	-0.1 ± 0.5
DH	0.25 ± 0.04	0.829 ± 0.014	0.911	0.0 ± 0.4	-1.2 ± 0.5
DH	0.30 ± 0.05	0.844 ± 0.014	0.920	0.5 ± 0.4	-0.7 ± 0.5
DH	0.29 ± 0.05	0.850 ± 0.016	0.915	0.4 ± 0.5	-0.5 ± 0.5
DH	0.28 ± 0.05	0.848 ± 0.016	0.921	0.3 ± 0.5	-0.5 ± 0.6
DH	0.35 ± 0.07	0.861 ± 0.017	0.918	0.9 ± 0.6	-0.0 ± 0.6
DH	0.31 ± 0.04	0.833 ± 0.012	0.916	0.6 ± 0.4	-1.1 ± 0.4
DH	0.33 ± 0.05	0.843 ± 0.013	0.925	0.8 ± 0.5	-0.7 ± 0.5
DH	0.31 ± 0.05	0.852 ± 0.014	0.925	0.6 ± 0.5	-0.4 ± 0.5
DH	0.31 ± 0.05	0.853 ± 0.015	0.930	0.6 ± 0.5	-0.4 ± 0.5
DH	0.203 ± 0.033	0.815 ± 0.015	0.907	-0.44 ± 0.32	-1.7 ± 0.5
DK	0.40 ± 0.07	0.859 ± 0.017	0.926	1.5 ± 0.7	-0.1 ± 0.6
DK	0.44 ± 0.08	0.868 ± 0.016	0.919	1.8 ± 0.8	0.2 ± 0.6
DK	0.196 ± 0.031	0.819 ± 0.014	0.916	-0.50 ± 0.30	-1.5 ± 0.5
DK	0.160 ± 0.026	0.798 ± 0.015	0.904	-0.85 ± 0.25	-2.3 ± 0.5
DK	0.30 ± 0.05	0.845 ± 0.014	0.924	0.5 ± 0.4	-0.6 ± 0.5
DK	0.23 ± 0.04	0.834 ± 0.014	0.908	-0.1 ± 0.4	-1.0 ± 0.5
DK	0.27 ± 0.05	0.848 ± 0.015	0.930	0.2 ± 0.4	-0.5 ± 0.5
DK	0.35 ± 0.07	0.860 ± 0.019	0.916	1.0 ± 0.7	-0.1 ± 0.7
DK	0.34 ± 0.05	0.835 ± 0.012	0.917	0.9 ± 0.5	-1.0 ± 0.4
DK	0.25 ± 0.04	0.831 ± 0.012	0.912	0.0 ± 0.4	-1.1 ± 0.4
DK	0.36 ± 0.06	0.858 ± 0.013	0.918	1.1 ± 0.5	-0.2 ± 0.5
DK	0.31 ± 0.06	0.851 ± 0.016	0.924	0.6 ± 0.6	-0.4 ± 0.6
DK	0.149 ± 0.022	0.799 ± 0.013	0.905	-0.96 ± 0.22	-2.2 ± 0.5

Supplementary Table S4. Taylor's parameters for individuals with different degrees of overweight and obesity (*50*). Healthy people in this study, who were not obese, are characterized by $\bar{V} = 0.19 \pm 0.06, \bar{\beta} = 0.806 \pm 0.034$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
OW	0.59 ± 0.12	0.894 ± 0.034	0.920	6.6 ± 2.0	2.6 ± 1.0
OW	0.22 ± 0.04	0.830 ± 0.030	0.904	0.5 ± 0.6	0.7 ± 0.9
OBI	0.28 ± 0.04	0.855 ± 0.022	0.958	1.5 ± 0.6	1.4 ± 0.6
OBI	0.33 ± 0.07	0.870 ± 0.031	0.916	2.4 ± 1.1	1.9 ± 0.9
OBII	0.223 ± 0.032	0.823 ± 0.023	0.938	0.6 ± 0.5	0.5 ± 0.7
OBII	0.208 ± 0.029	0.844 ± 0.022	0.935	0.4 ± 0.5	1.1 ± 0.7
OBIII	0.34 ± 0.05	0.855 ± 0.025	0.943	2.5 ± 0.9	1.4 ± 0.7
OBIII	0.26 ± 0.04	0.845 ± 0.026	0.954	1.1 ± 0.7	1.2 ± 0.8
OBIII	0.33 ± 0.06	0.870 ± 0.027	0.908	2.4 ± 1.0	1.9 ± 0.8
OBIII	0.200 ± 0.026	0.843 ± 0.020	0.949	0.2 ± 0.4	1.1 ± 0.6
OBIII	0.30 ± 0.05	0.846 ± 0.026	0.929	1.9 ± 0.8	1.2 ± 0.7
OBIII	0.176 ± 0.029	0.826 ± 0.026	0.894	-0.2 ± 0.5	0.6 ± 0.8
OBIII	0.30 ± 0.06	0.841 ± 0.031	0.896	1.8 ± 0.9	1.0 ± 0.9
OBIII	0.28 ± 0.04	0.857 ± 0.025	0.941	1.5 ± 0.7	1.5 ± 0.7
OBIII	0.122 ± 0.018	0.822 ± 0.024	0.930	-1.05 ± 0.30	0.5 ± 0.7
OBIIId	0.47 ± 0.08	0.872 ± 0.023	0.945	4.7 ± 1.3	1.9 ± 0.7
OBIIId	0.38 ± 0.06	0.846 ± 0.023	0.951	3.2 ± 1.0	1.2 ± 0.7
OBIIId	0.36 ± 0.06	0.842 ± 0.022	0.954	2.9 ± 0.9	1.1 ± 0.6

Supplementary Table S5. Rank and Rank Stability Index (RSI, as discussed in Material and Methods) over different periods for the taxa listed as *rank stability islands* regarding the gut microbiome of the individual A in the host lifestyle study (*53*).

| Period		Genera											
		Actinomyces		*Leuconostoc*		*Lachnobacterium*		*Eggerthella*		*Clostridium*		*Collinsella*	
name	days	rank	RSI	rank	RSI	rank	RSI	rank	RSI	rank	RSI	rank	RSI
before	0 to 70	46	72.5	44	76.3	45	70.2	35	73.3	28	77.2	25	84.2
abroad	72 to 122	56	67.1	46	66.2	77	53.3	48	53.4	36	49.9	41	63.5
returned	123 to 256	44	79.3	41	69.5	31	74.2	33	77.5	34	71.6	27	81.0
after	257 to 364	43	79.0	39	72.2	33	68.4	30	78.5	34	76.7	26	80.4
Overall		47	76.4	43	71.0	36	69.2	35	74.1	34	70.7	28	79.5
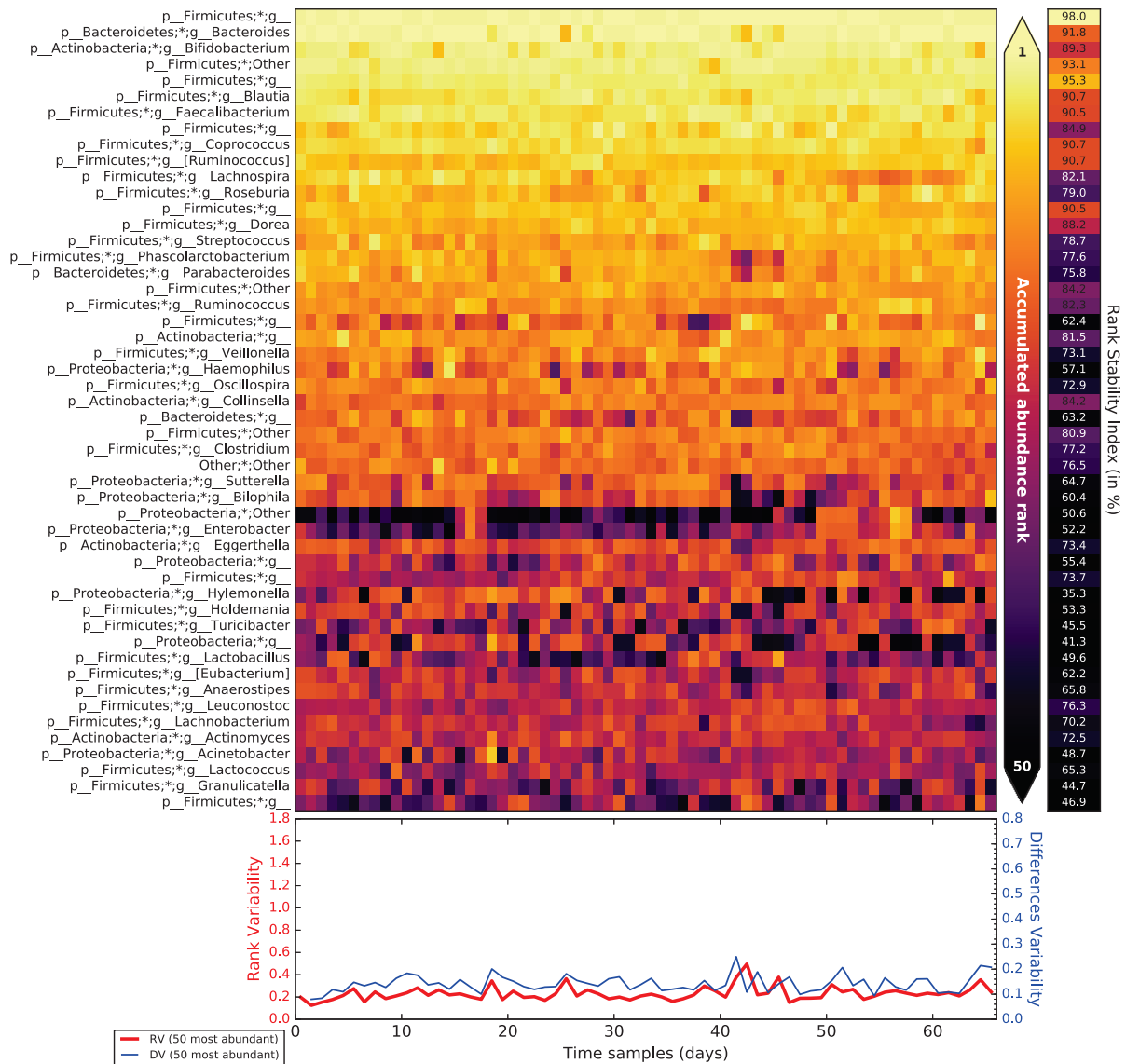
Supplementary Figure S1. Rank variation over time for the 50 most dominant elements (taxa) and their calculated Rank Stability Index (as shown in Material and Methods) for an ordinary period (days 0 to 70, before the trip) belonging to the individual *A* in the host lifestyle study (*53*).
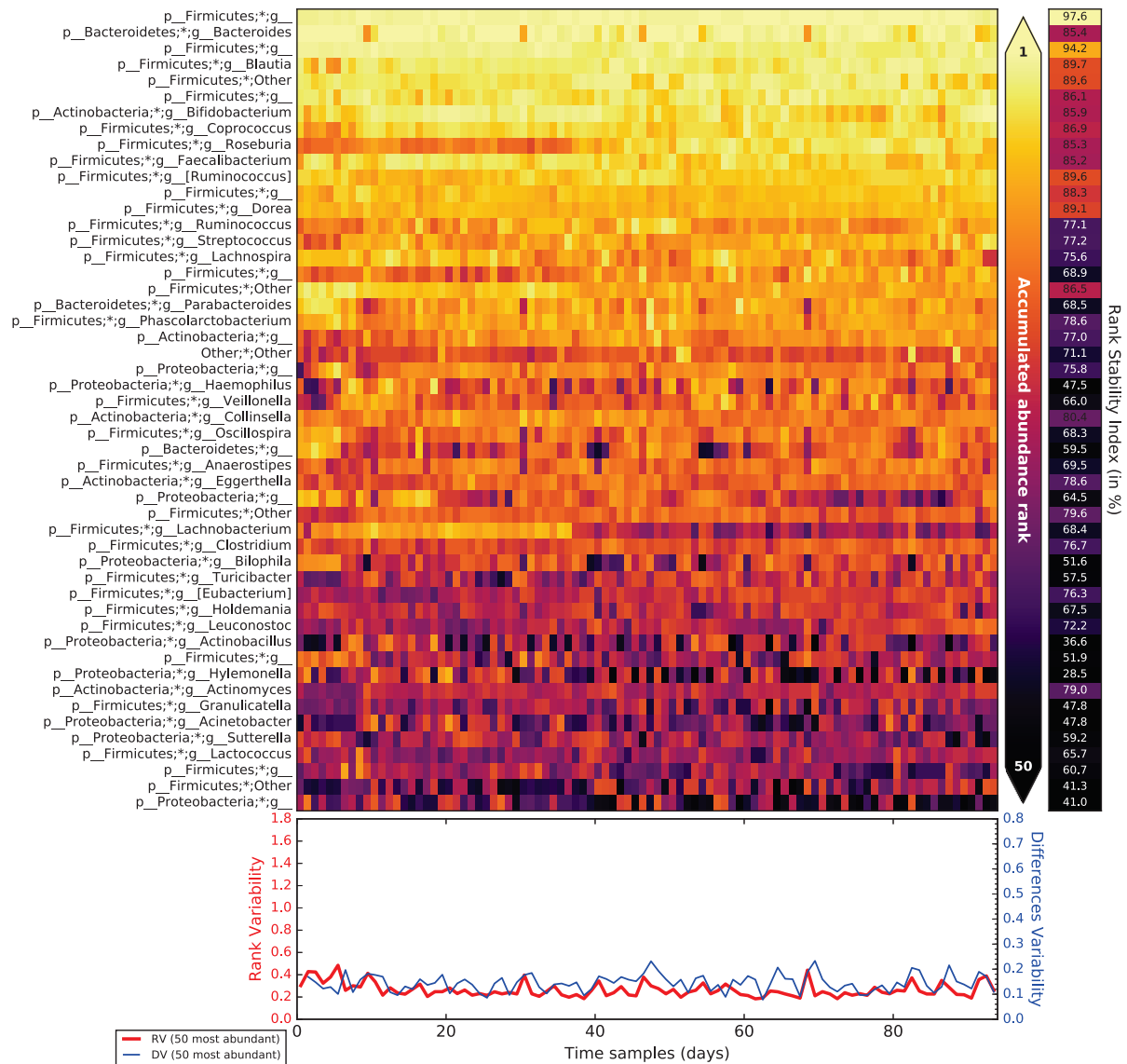
Supplementary Figure S2. Rank variation over time for the 50 most dominant elements (taxa) and their calculated Rank Stability Index (as shown in Material and Methods) for an ordinary period (days 257 to 364, further after the trip) belonging to the individual *A* in the host lifestyle study (*53*).
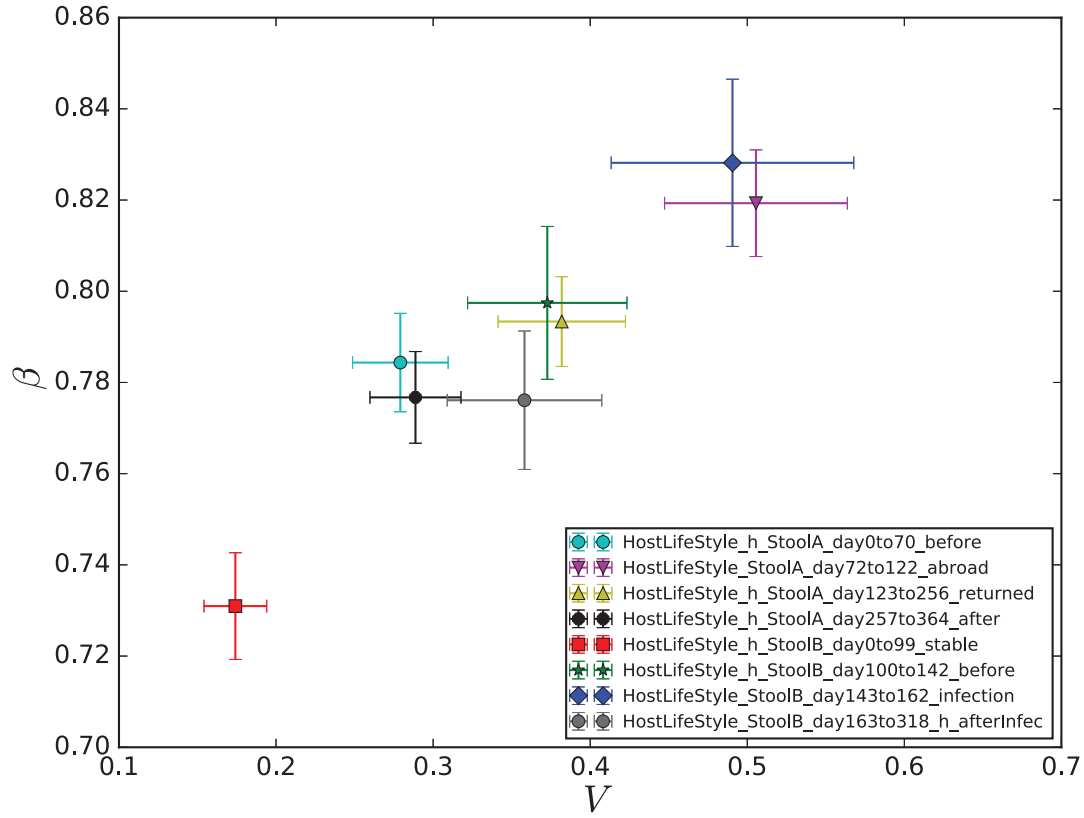
Supplementary Figure S3. Taylor's law parameter space for intervals concerning gut micro-biota in the host lifestyle study (*53*). We observe that subject *B*, who suffered a Salmonella infection during the experiment, had a relevant shift in the parameters from _before to _infec-tion and a final recovery from the perturbed state to _afterinfec, which lies in the parameter area compatible with the healthy and stable intervals (see Supplementary Table S2). Subject *A* also had a shift in variability from _before to _abroad and back to _returned, also in the proximity zone of healthy and stable periods.
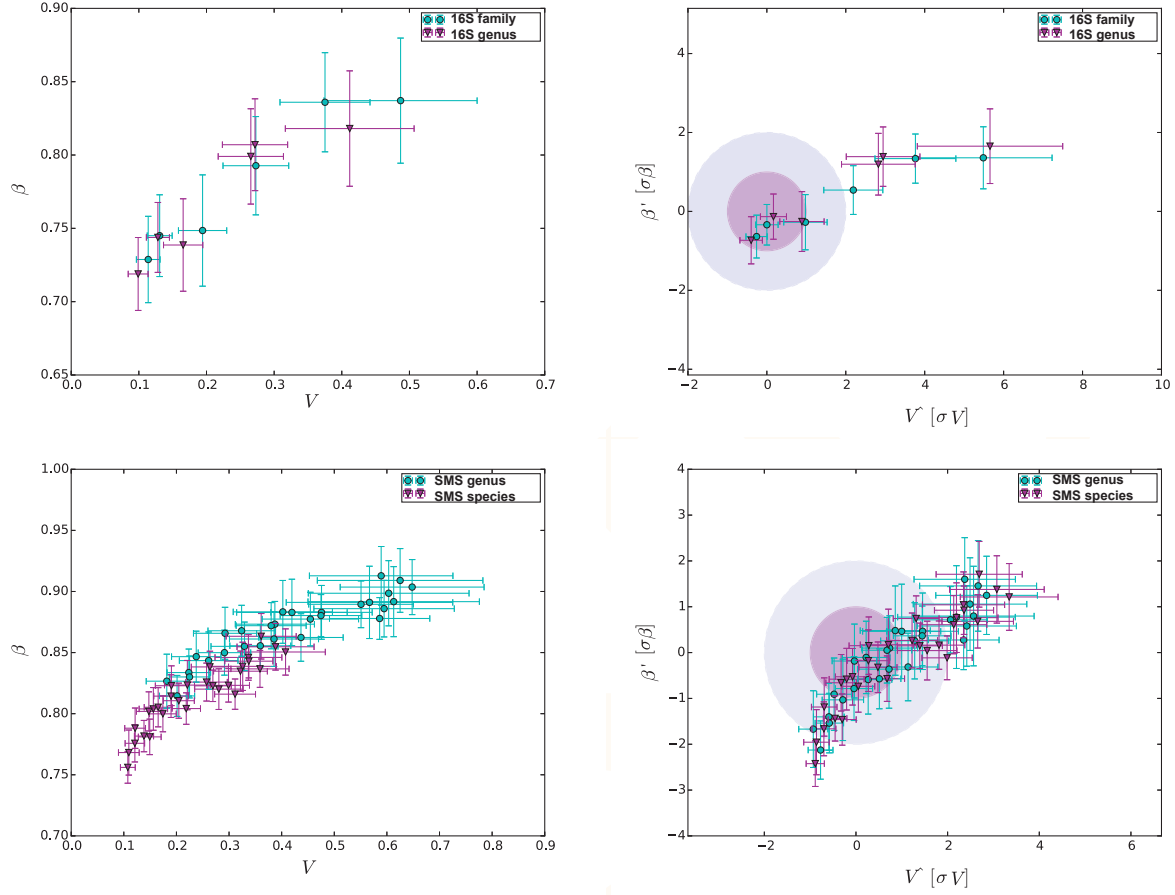
Supplementary Figure S4. Overview of the comparison of different approaches based on adjacent taxonomic levels using plots in the Taylor-parameters space. The former row of subfigures is for 16S, where levels are family (blue circles) vs. genus (purple triangles), whereas the latter row of subfigures is for SMS, where levels are genus (blue circles) vs. species (purple triangles). The left column shows the raw results and the right column plots the standardized results (see Standardization in Material and Methods).
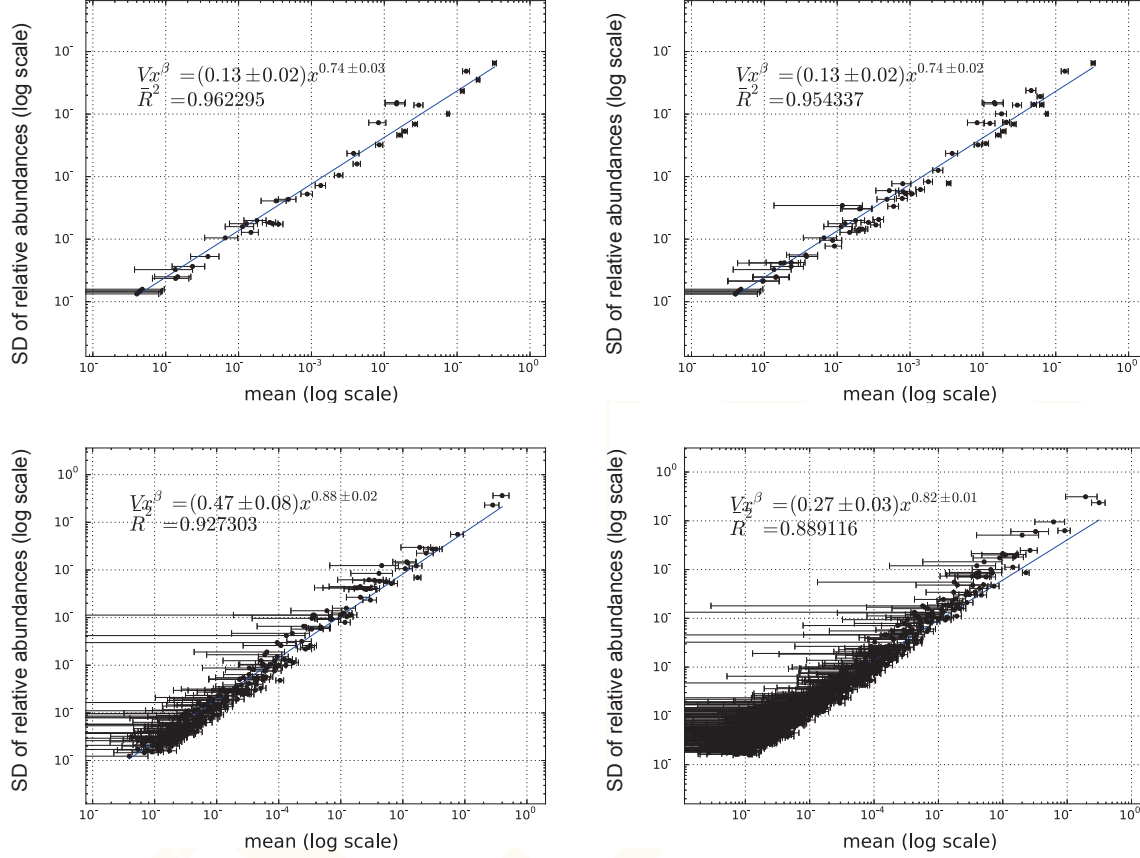
Supplementary Figure S5. Detail of comparison of different approaches based on adjacent taxonomic levels using plots of X-weighted power-law fits (see Material and Methods). The former row of subfigures shows examples for 16S, whereas the latter row of subfigures plots examples for SMS. The left column shows results for the superior taxonomic level (family for 16S, genus for SMS), while the right column shows results for the inferior level (genus for 16S, specie for SMS).