Title:

Supplemental material of "Health and disease imprinted in the time variability of the human microbiome"

Running title:

Supplemental material of "Microbiota, are you sick?"

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Supplementary Table S1. Taylor's parameters. Individuals with either animal-based (A) or plant-based (P) diets (*1*). Previous to the diet, the population sampled is described by $\bar{V} = 0.09 \pm 0.05, \bar{\beta} = 0.77 \pm 0.04$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
A	0.26 ± 0.05	0.826 ± 0.025	0.918	3.1 ± 0.9	1.2 ± 0.6
A	0.32 ± 0.06	0.857 ± 0.025	0.924	4.4 ± 1.1	2.0 ± 0.6
A	0.194 ± 0.033	0.813 ± 0.024	0.918	1.9 ± 0.6	0.9 ± 0.6
A	0.24 ± 0.04	0.824 ± 0.020	0.924	2.7 ± 0.7	1.2 ± 0.5
A	0.34 ± 0.06	0.855 ± 0.024	0.931	4.7 ± 1.1	1.9 ± 0.6
A	0.30 ± 0.05	0.847 ± 0.022	0.921	3.9 ± 1.0	1.7 ± 0.5
A	0.133 ± 0.021	0.784 ± 0.023	0.916	0.7 ± 0.4	0.2 ± 0.6
A	0.25 ± 0.04	0.831 ± 0.024	0.929	3.0 ± 0.8	1.4 ± 0.6
P	0.23 ± 0.05	0.804 ± 0.035	0.885	2.6 ± 0.9	0.7 ± 0.8
P	0.097 ± 0.018	0.705 ± 0.031	0.891	0.03 ± 0.34	-1.6 ± 0.7
P	0.037 ± 0.006	0.642 ± 0.025	0.881	-1.12 ± 0.11	-3.1 ± 0.6
P	0.118 ± 0.019	0.723 ± 0.025	0.895	0.4 ± 0.4	-1.2 ± 0.6
P	0.17 ± 0.04	0.78 ± 0.04	0.842	1.5 ± 0.7	0.1 ± 0.9
P	0.123 ± 0.020	0.757 ± 0.026	0.914	0.5 ± 0.4	-0.4 ± 0.6
P	0.19 ± 0.05	0.77 ± 0.04	0.871	1.8 ± 0.9	-0.0 ± 0.9
P	0.121 ± 0.020	0.736 ± 0.027	0.921	0.5 ± 0.4	-0.9 ± 0.6
P	0.187 ± 0.034	0.771 ± 0.030	0.908	1.8 ± 0.7	-0.1 ± 0.7
P	0.097 ± 0.015	0.735 ± 0.025	0.922	0.05 ± 0.28	-0.9 ± 0.6

Supplementary Table S2. Taylor's parameters for individuals taking antibiotics (*2*). Prior to the antibiotics intake, the population sampled is described by $\bar{V} = 0.12 \pm 0.05$, $\bar{\beta} = 0.75 \pm 0.04$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
Ab	0.35 ± 0.07	0.81 ± 0.04	0.925	4.3 ± 1.4	1.3 ± 0.9
Ab	0.41 ± 0.09	0.82 ± 0.04	0.908	5.6 ± 1.8	1.6 ± 0.9
Ab	0.23 ± 0.04	0.770 ± 0.031	0.920	2.1 ± 0.8	0.5 ± 0.7
Ab	0.165 ± 0.029	0.738 ± 0.031	0.928	0.9 ± 0.6	-0.3 ± 0.7
Ab	0.34 ± 0.06	0.812 ± 0.032	0.936	4.1 ± 1.2	1.5 ± 0.7
Ab	0.26 ± 0.05	0.798 ± 0.033	0.931	2.8 ± 0.9	1.1 ± 0.8

Supplementary Table S3. Taylor's parameters for persons diagnosed with irritable bowel syndrome (IBS) (*3*). Healthy individuals sampled in this study are characterized by $\bar{V} = 0.135 \pm 0.010, \bar{\beta} = 0.692 \pm 0.024$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
IBS (minor)	0.205 ± 0.034	0.740 ± 0.029	0.917	6.9 ± 3.3	2.0 ± 1.2
IBS (severe)	0.35 ± 0.06	0.793 ± 0.025	0.934	21 ± 6	4.2 ± 1.0

Supplementary Table S4. Taylor's parameters for the healthy subject of the discordant twins (*4*). This table continues in Supplementary Table 5. The population of healthy twins is characterized by $\bar{V} = 0.25 \pm 0.10, \bar{\beta} = 0.863 \pm 0.028$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
DH	0.27 ± 0.04	0.835 ± 0.016	0.925	0.2 ± 0.4	-1.0 ± 0.6
DH	0.36 ± 0.06	0.858 ± 0.015	0.929	1.1 ± 0.6	-0.2 ± 0.5
DH	0.35 ± 0.06	0.859 ± 0.014	0.926	1.0 ± 0.5	-0.1 ± 0.5
DH	0.25 ± 0.04	0.829 ± 0.014	0.911	0.0 ± 0.4	-1.2 ± 0.5
DH	0.30 ± 0.05	0.844 ± 0.014	0.920	0.5 ± 0.4	-0.7 ± 0.5
DH	0.29 ± 0.05	0.850 ± 0.016	0.915	0.4 ± 0.5	-0.5 ± 0.5
DH	0.28 ± 0.05	0.848 ± 0.016	0.921	0.3 ± 0.5	-0.5 ± 0.6
DH	0.35 ± 0.07	0.861 ± 0.017	0.918	0.9 ± 0.6	-0.0 ± 0.6
DH	0.31 ± 0.04	0.833 ± 0.012	0.916	0.6 ± 0.4	-1.1 ± 0.4
DH	0.33 ± 0.05	0.843 ± 0.013	0.925	0.8 ± 0.5	-0.7 ± 0.5
DH	0.31 ± 0.05	0.852 ± 0.014	0.925	0.6 ± 0.5	-0.4 ± 0.5
DH	0.31 ± 0.05	0.853 ± 0.015	0.930	0.6 ± 0.5	-0.4 ± 0.5
DH	0.203 ± 0.033	0.815 ± 0.015	0.907	-0.44 ± 0.32	-1.7 ± 0.5

Supplementary Table S5. Taylor's parameters for the kwashiorkor part of the discordant twins (*4*). This is a continuation of Supplementary Table 4. The population of healthy twins is characterized by $\bar{V} = 0.25 \pm 0.10, \bar{\beta} = 0.863 \pm 0.028$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
DK	0.40 ± 0.07	0.859 ± 0.017	0.926	1.5 ± 0.7	-0.1 ± 0.6
DK	0.44 ± 0.08	0.868 ± 0.016	0.919	1.8 ± 0.8	0.2 ± 0.6
DK	0.196 ± 0.031	0.819 ± 0.014	0.916	-0.50 ± 0.30	-1.5 ± 0.5
DK	0.160 ± 0.026	0.798 ± 0.015	0.904	-0.85 ± 0.25	-2.3 ± 0.5
DK	0.30 ± 0.05	0.845 ± 0.014	0.924	0.5 ± 0.4	-0.6 ± 0.5
DK	0.23 ± 0.04	0.834 ± 0.014	0.908	-0.1 ± 0.4	-1.0 ± 0.5
DK	0.27 ± 0.05	0.848 ± 0.015	0.930	0.2 ± 0.4	-0.5 ± 0.5
DK	0.35 ± 0.07	0.860 ± 0.019	0.916	1.0 ± 0.7	-0.1 ± 0.7
DK	0.34 ± 0.05	0.835 ± 0.012	0.917	0.9 ± 0.5	-1.0 ± 0.4
DK	0.25 ± 0.04	0.831 ± 0.012	0.912	0.0 ± 0.4	-1.1 ± 0.4
DK	0.36 ± 0.06	0.858 ± 0.013	0.918	1.1 ± 0.5	-0.2 ± 0.5
DK	0.31 ± 0.06	0.851 ± 0.016	0.924	0.6 ± 0.6	-0.4 ± 0.6
DK	0.149 ± 0.022	0.799 ± 0.013	0.905	-0.96 ± 0.22	-2.2 ± 0.5

Supplementary Table S6. Taylor's parameters for individuals with different degrees of overweight and obesity (*5*). Healthy people in this study, who were not obese, are characterized by $\bar{V} = 0.19 \pm 0.06, \bar{\beta} = 0.806 \pm 0.034$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
OW	0.59 ± 0.12	0.894 ± 0.034	0.920	6.6 ± 2.0	2.6 ± 1.0
OW	0.22 ± 0.04	0.830 ± 0.030	0.904	0.5 ± 0.6	0.7 ± 0.9
OBI	0.28 ± 0.04	0.855 ± 0.022	0.958	1.5 ± 0.6	1.4 ± 0.6
OBI	0.33 ± 0.07	0.870 ± 0.031	0.916	2.4 ± 1.1	1.9 ± 0.9
OBII	0.223 ± 0.032	0.823 ± 0.023	0.938	0.6 ± 0.5	0.5 ± 0.7
OBII	0.208 ± 0.029	0.844 ± 0.022	0.935	0.4 ± 0.5	1.1 ± 0.7
OBIII	0.34 ± 0.05	0.855 ± 0.025	0.943	2.5 ± 0.9	1.4 ± 0.7
OBIII	0.26 ± 0.04	0.845 ± 0.026	0.954	1.1 ± 0.7	1.2 ± 0.8
OBIII	0.33 ± 0.06	0.870 ± 0.027	0.908	2.4 ± 1.0	1.9 ± 0.8
OBIII	0.200 ± 0.026	0.843 ± 0.020	0.949	0.2 ± 0.4	1.1 ± 0.6
OBIII	0.30 ± 0.05	0.846 ± 0.026	0.929	1.9 ± 0.8	1.2 ± 0.7
OBIII	0.176 ± 0.029	0.826 ± 0.026	0.894	-0.2 ± 0.5	0.6 ± 0.8
OBIII	0.30 ± 0.06	0.841 ± 0.031	0.896	1.8 ± 0.9	1.0 ± 0.9
OBIII	0.28 ± 0.04	0.857 ± 0.025	0.941	1.5 ± 0.7	1.5 ± 0.7
OBIII	0.122 ± 0.018	0.822 ± 0.024	0.930	-1.05 ± 0.30	0.5 ± 0.7
OBIIId	0.47 ± 0.08	0.872 ± 0.023	0.945	4.7 ± 1.3	1.9 ± 0.7
OBIIId	0.38 ± 0.06	0.846 ± 0.023	0.951	3.2 ± 1.0	1.2 ± 0.7
OBIIId	0.36 ± 0.06	0.842 ± 0.022	0.954	2.9 ± 0.9	1.1 ± 0.6

Supplementary Table S7. Taylor's parameters for special intervals concerning gut microbiota in the host lifestyle study (*6*). The healthy and quotidian periods are characterized by $\bar{V} = 0.25 \pm 0.09, \bar{\beta} = 0.777 \pm 0.025$.

Metadata	V	β	$\bar{R}^2$	V_{st}	β_{st}
HLS (abroad)	0.51 ± 0.06	0.820 ± 0.012	0.928	2.8 ± 0.6	1.7 ± 0.5
HLS (infection)	0.49 ± 0.08	0.828 ± 0.018	0.923	2.6 ± 0.9	2.0 ± 0.7
HLS (after infection)	0.36 ± 0.05	0.776 ± 0.015	0.922	1.1 ± 0.6	-0.0 ± 0.6

Supplementary Table S8. Rank and Rank Stability Index (RSI, as discussed in Material and Methods) over different periods for the taxa listed as *rank stability islands* regarding the gut microbiome of the individual *A* in the host lifestyle study (*6*).

Period		Genera											
		Actinomyces		***Leuconostoc***		***Lachnobacterium***		***Eggerthella***		***Clostridium***		***Collinsella***	
name	days	rank	RSI	rank	RSI	rank	RSI	rank	RSI	rank	RSI	rank	RSI
before	0 to 70	46	72.5	44	76.3	45	70.2	35	73.3	28	77.2	25	84.2
abroad	72 to 122	56	67.1	46	66.2	77	53.3	48	53.4	36	49.9	41	63.5
returned	123 to 256	44	79.3	41	69.5	31	74.2	33	77.5	34	71.6	27	81.0
after	257 to 364	43	79.0	39	72.2	33	68.4	30	78.5	34	76.7	26	80.4
Overall		47	76.4	43	71.0	36	69.2	35	74.1	34	70.7	28	79.5

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